

Explore Majors/Careers Checklist

Use this checklist to find your top occupations and related majors.

START HERE:

Take the [Focus2](#) Work Interest and Personality assessments. Fill out your top occupations and 1-2 majors related to each occupation below.

Consider your [work values](#) and see how they fit into your occupations.

Explore [Career Pathways](#) to find career outcomes and related student organizations.

Conduct an [informational interview](#) with someone in your major or field of interest.

Make an appointment with a career counselor on [SJSU Handshake](#) for more in-depth assessments or information about careers/ majors.

If you need to declare or change your major, continue to second column →

If you are undeclared, check [MySJSU](#) often for messages about deadlines from AARS.

Evaluate your majors of interest by reading the course descriptions in the [SJSU catalog](#).

Review the [Colleges and Departments website](#) for overview of the major and career paths.

Once you've decided on your major →

If you are undeclared, meet with an [AARS advisor](#).

Meet with an [academic advisor](#) in the college success center to check for eligibility.

Submit the [add/change of major form](#).

Occupation: _____

Major: _____

Major: _____

Occupation: _____

Major: _____

Major: _____

Occupation: _____

Major: _____

Major: _____

Advising Quick Reference

If you need help exploring careers, see a career counselor by making an appointment on [SJSU Handshake](#).

If you are undeclared and need academic advising, see an [academic advisor at AARS](#).

If you are declared and need academic advising, see an [academic advisor at your college success center](#).