

Student Emergency Supplies

Earthquakes may occur along any of our three local Faults at any time. No one can accurately predict the exact moment when an earthquake may occur. It could happen while your child is at school. In order to be sure that your child is comfortable while waiting for you to pick them up, you should create an emergency supply kit in a backpack, duffel bag, or gym bag. While schools will try to provide basic water and first aid, the rest of the items will make a difference in your child's comfort and emotional security after a disaster.

WATER/BEVERAGES:

One quart of bottled drinking water in a plastic commercial bottle with a screw on cap. Nine boxed drinks with straws (fruit juice, milk, etc.).

FOOD:

Select food that the child enjoys. Be sure it has tear open or flip top packaging. Do not include candy or chocolate. Suggested items: fruit or pudding in single serving packages, crackers and peanut butter, plain cookies, graham crackers, small water packed tuna, or any canned or packaged nutritious food that can be eaten at room temperature. Include sufficient food for nine light meals. Include plastic flatware and napkins.

CLOTHING:

A sweater or jacket, cap or sun visor, complete change of clothing including underclothes and socks. A jogging suit is a good choice because it is comfortable to sleep in. Avoid tight clothing and anything with loose decorations.

PSYCHOLOGICAL CARE ITEMS:

Blanket, stuffed toy or similar security item. A photo of the family together at a happy time will help the child as he or she waits for parents to return. Parents may wish to include a brief, reassuring note, reminding the child that traffic will be bad following a disaster and they will get there as quickly as they can.

ESSENTIAL CONTACT INFORMATION:

Daytime phone numbers and cell phone numbers for each parent, each parent's work address, phone numbers and address for any other close family member or friend authorized to pick up the child, number and address of the family's designated out-of-state contact person. BE SURE THAT THE SCHOOL'S OFFICIAL EMERGENCY RELEASE FORM IS KEPT UP TO DATE.

MEDICAL:

No medical items should be stored in backpacks. Children with special health concerns should be registered with the school nurse or principal. Children needing life sustaining medication should have a minimum three-day supply provided to the appropriate school site person on the first day of school, including a written authorization to administer the medication with exact instructions. Psycho-acting drugs (e.g.. Ridilin) will only be administered with a doctor's statement certifying that the drugs are essential. Check with your school principal for the district's specific policies on medical matters.

