

Top 3 Most Valued Services for Assistance from SJSU

Top 3 Most Valued services for SJSU assistance

Hearing (some already get this from SJSU- Communicative Disorders)	8
Screening for Depression	7
Physical activity	6
Fall prevention	5
Screening or education for Nutrition	5
Balance and home safety	4
Other	4
Blood pressure (many already get this from SJSU- Nursing)	2
Elder abuse and exploitation	1
Blood sugar screening	0

13

How are health education & screenings delivered?

- One day health fairs and/or
- Ongoing monthly programming
- 4 had discontinued health fairs due lack of staff and/or funding
- No clearinghouse for all health fairs
- Too many health fairs in the community – agencies needed to be selective.
- Mall walks, legislators' events, specialty screenings – no need for developing another event!
- The largest health fair for seniors is run by DAAS

14

When are health fairs generally held?

- Generally once a year in the summer between late April and August – some on weekends;
- Typically one-day or half day event (3-4 hours) at their sites
- DAAS fair is late October –always on a weekday

15

Who comes to these health fairs?

- Mostly female
- Ethnically diverse including Caucasian, Chinese, Indian, Latino, Portuguese, and "Asian"
- Generally English-speaking
- Mostly well (active, healthy) elders

16

What are the common languages requested?

- Several agencies asked for help with translating their materials into other languages – e.g., Chinese (Mandarin and Cantonese), Spanish, Vietnamese, Hindi, Russian, Farsi (Iranian), & Portuguese.
- Screenings and education done through monthly programs in agencies may require special language capabilities whereas health fair attendees were generally English-speaking
- The most commonly requested bilingual capability was Mandarin

17

DAAS Resource Fair

- **Timing:** Usually in October/November. Always on a week day. The length varies but it is at least half a day (10 -2 or 10 -3)
- **Location:** The Santa Clara Convention Center –a little more central location and on a public transportation route. We used the San Jose Fairground last year because the space was free.
- **Size:** About 300 seniors came last year. (Didn't track the actual numbers but we gave bags only to seniors).
- **Partnership with SJSU:** Our goal is to increase the number of seniors and disabled individuals – would like to give them more reasons to attend. We can set up space for classes, speakers, or demonstrations for certain periods during the fair. We want to make it bigger next year. Invite you to be on planning committee.

18