

Highlights of CHAMP activities (2009 – 2012)



CHAMP affiliated faculty have been very successful in:

- Developing **interdisciplinary learning opportunities** for students and faculty
- Conducting **applied research** and
- **Engaging in community partnerships** to enhance the capacity of non-profit organizations to better address the healthy aging needs of diverse populations.

INTERDISCIPLINARY EDUCATION

- **CHAMP Wellness & Resource Fair Partnership with Timpany Center and the Department of Adult & Aging Services**

In Fall 2010 CHAMP faculty piloted a model for interdisciplinary learning by developing a wellness fair for Timpany Center members. This was expanded to the larger community in Fall 2011 by partnering with the Santa Clara County Department of Adult & Aging Services. About 170 graduate and undergraduate students from eight academic departments have participated in these events to provide wellness education, screenings, and physical activity demonstrations to seniors. We plan to further develop this model and incorporate it into the curricula to promote interdisciplinary education on healthy aging in Fall 2012.

- **Partnership with the Stanford Geriatric Education Center**

In Fall 2009, an multidisciplinary group of CHAMP faculty (Occupational Therapy, Nursing, Nutrition, & Social Work) developed an online Cultural Competence training module which has been used each year by six departments to train over 200 students in ethnogeriatrics and cultural competence when working with older adults. Our SGEC partnership has expanded to include the department of Communicative Disorders.

APPLIED RESEARCH PROJECTS

- **Jeanne D'Arc Manor Health Promotion Intervention**

In Spring 2009, with funding through the California Endowment, CHAMP faculty from Social Work, Nursing, and

Kinesiology collaborated in the implementation of two health promotion interventions at this senior housing facility.

- **Community Agency Needs Assessment Survey on Healthy Aging**

In Spring 2011, we completed a telephone survey of fifteen senior services agencies in Santa Clara County and the City of Fremont to assess needs for specific health education and screening activities.

- **Examining Availability and Need for Caregiver Support Services**

In Spring 2011, a survey and focus group interview of fifteen agencies providing caregiver services were completed by two Master's of Social Work students for the Aging Services Collaborative in Santa Clara County.

- **The Asian Indian Healthy Aging Needs Survey**

In Spring 2012, faculty (from Social Work & Psychology) from CHAMP and the Indian Diaspora Project completed a key informant survey of leaders of seven cultural/religious organizations regarding healthy aging needs of seniors in the Asian Indian community. Research assistance was provided by the Silicon Valley Center for Global Studies.

COMMUNITY ENGAGEMENT & BUILDING COMMUNITY CAPACITY

- **Community Forum**

In Spring 2010, CHAMP hosted a community forum with representatives from twenty-two aging-services agencies across the South Bay. The agencies learned about CHAMP research and student activities, shared their pressing

concerns, and discussed areas of partnership to enhance healthy aging in the community.

- **Training Curriculum for the Senior Peer Advocate program**

In Fall 2012, CHAMP faculty (Social Work) developed and implemented a training curriculum for the Senior Peer Advocate Program administered by The Health Trust and funded by the Silicon Valley Council on Aging.

- **Silicon Valley Healthy Aging Partnership project (SVHAP)**

In Spring 2011, CHAMP faculty (Kinesiology) received funding from The Health Trust to lead a community partnership to ensure the on-going availability of evidence-based health promotion programs for older adults in Santa Clara County.

RESEARCH PRESENTATIONS & CONFERENCES

- **Research Colloquia**

Nine faculty members from seven different departments have presented their research at three separate research colloquia organized by CHAMP.

- **The CHAMP conference on Health & Aging**

In Spring 2012, CHAMP hosted its first conference on health and aging to foster collaboration in aging research and education across four Bay Area CSU campuses (SJSU, SFSU, East Bay, & Monterey Bay. 110 attendees (33 faculty, 53 students, and 24 community service providers) participated in the conference which showcased faculty and student research, service learning projects, and community partnerships. We plan to host the conference again in Spring 2013 – so stay tuned!

WE INVITE YOU TO BROWSE OUR WEBSITE TO REVIEW MORE INFORMATION ON ANY OF THE HIGHLIGHTS PRESENTED HERE