The Fourth Annual Center for Healthy Aging in Multicultural Populations (CHAMP) Conference on Health and Aging

**Current Trends: Research and Practice in Aging**
8:00 am – 12:30 pm, Friday April 24th, 2015
San José City Hall

**FINAL CONFERENCE PROGRAM**

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<th>Time</th>
<th>Activity</th>
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<tr>
<td>8:00-9:00</td>
<td>REGISTRATION <em>(Rotunda)</em></td>
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<td>9:00-10:00</td>
<td><strong>POSTER PRESENTATIONS (Rotunda)</strong>&lt;br&gt;Posters will include the following topics: <em>(See Abstract Booklet for details)</em>&lt;br&gt;- Assistive Devices&lt;br&gt;- Cognitive Function&lt;br&gt;- Complementary and Alternative Therapies (music, dance, animal assisted therapy)&lt;br&gt;- Senior Peer Coaching&lt;br&gt;- Working with Ethnic Groups&lt;br&gt;Judges for Poster Awards:&lt;br&gt;Jack Wall, Ph.D.&lt;br&gt;Gigi Smith, Ph.D., OTR/L&lt;br&gt;Caroline Haas, M.A.&lt;br&gt;Elizabeth Weiss, Ph.D.&lt;br&gt;Hardeep Obhi, Psychology Graduate Student&lt;br&gt;Victor Kwan, Psychology Graduate Student</td>
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<td>10:00-10:10</td>
<td>BREAK – Announcement of Poster Session Awards <em>(Rotunda)</em></td>
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<td>10:10– 11:15</td>
<td><strong>CONCURRENT PRESENTATION SESSIONS</strong></td>
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<td><strong>Session I: Innovative Research on Diversity and Healthy Aging</strong> <em>(Committee Room W118/119)</em>&lt;br&gt;Session Chair: Van Ta Park, Ph.D., M.P.H.&lt;br&gt;- Perceived control and psychosocial/physiological functioning in substance abusing older African American veterans&lt;br&gt;  o Robert Pope, RN, MSN, PhD, School of Nursing, San Francisco State University&lt;br&gt;- Perceptions and help-seeking behaviors of elder mistreatment among older Chinese and Korean immigrants: Directions toward culturally competent preventions&lt;br&gt;  o Yeon-Shim Lee, PhD, School of Social Work, San Francisco State University</td>
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<td><strong>Session II: Cultural Immersion as an Educational Tool for Nursing Students</strong> <em>(Committee Room W120)</em> CANCELLED&lt;br&gt;Session Chair: Elizabeth Weiss, Ph.D.&lt;br&gt;- Mentoring Students in Best Coaching Practices to Reduce Hospital Readmissions.&lt;br&gt;  o Michelle D. Kelly DNP, FNP, PHN, Nursing Department, Sonoma State University&lt;br&gt;- Shaping Service-Academia Partnerships to Facilitate Safe Transitions in Care.&lt;br&gt;  o Michelle D. Kelly DNP, FNP, PHN and T. Starr, Nursing Department, Sonoma State University</td>
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| 10:10–11:15 | **Session III: Listening to the Community to Develop Better Programs (Council Chambers, 2nd Floor)**  
Session Chair: Megan Chang, Ph.D., OTR/L  
- Listening to Seniors: Results of a University-Community Partnership to Implement a Community Assessment Plan in a Senior Living Community  
  - Deborah A Roberts, EdD, RN, Breanna Caton, Jenna Fenton, Sean Rogers, and Kiley Tonsing, Nursing Department, Sonoma State University  
- Integrating CBPR and indigenous research approaches in partnership development to address health disparities in an American Indian and Alaska Native urban community.  
  - Jan Vasquez, CHES, MPH Pathways to American Indian & Alaska Native Wellness (PAAW); Goldman Rosas, L., Stanford Prevention Research Center (SPRC); Naderi, R. (PAAW); Evans, J. Stanford School of Medicine (SSM); McClinton-Brown, R. (SSM); Stafford, R. (SPRC). |
| 11:15–11:20 | BREAK |
| 11:20–12:30 | **CONCURRENT PRESENTATION SESSIONS**  
**Session IV: Current Issues and Trends in Diversity and Healthy Aging (Committee Room W118/119)**  
Session Chair: Caroline Haas, M.A., RD  
- Successful aging and its discontents: Exclusionary models of health and aging  
  - Marty Martinson, DrPH, Department of Health Education, San Francisco State University and Clara Berridge, PhD, Post-Doctoral Fellow, Center for Gerontology and Healthcare Research, Brown University School of Public Health  
- Diversity in aging issues: Caring for LGBT residents in assisted living settings  
  - Andrea Renwanz Boyle, PhD, ANP, Department of Nursing, Dominican University of California  
- Minority women’s health: Living longer, living better  
  - Darlene Yee-Melichar, EdD, CHES, Gerontology Program, San Francisco State University  
**Session V: Mental Health Issues in Older Veterans (Council Chambers, 2nd Floor)**  
Session Chair: Carolyn Glogoski, Ph.D., OTR/L  
- Treating late life depression through primary care  
  - Kathleen McConnell, LCSW, VA Palo Alto Health Care System, Geriatric Research Education and Clinical Center  
- Reducing anxiety and improving functioning using self-directed relaxation  
  - Christine E. Gould, PhD, VA Palo Alto Health Care System, Geriatric Research Education and Clinical Center & Stanford University School of Medicine, Department of Psychiatry and Behavioral Sciences  
**Session VI: Skeletal and Joint Health (Committee Room W120)**  
Session Chair: Gigi Smith, Ph.D., OTR/L  
- Why can’t I do that anymore? Knee osteoarthritis and functionality: data from the Osteoarthritis Initiative and their implications for sex, ethnic, and body mass effects.  
  - Elizabeth Weiss, Department of Anthropology, San José State University  
- Within subject design, analysis of a tool designed to perform spinal joint mobilization  
  - Clare Lewis, Hendrix A., & Padilla J., Department of Physical Therapy, California State University at Sacramento |

*Note: The program, including presenters, topics & times, is subject to change.*