Promoting Evidence-Based Practice for Healthy Aging
The Nurse Managed Centers Model of faculty, student, and community collaboration

Presented by:
- Daryl Canham, EdD, RN, BC; Professor, Coordinator, Nurse Managed Centers
- Toby Adelman, PhD, RN, Associate Professor, CHAMP Steering Committee

A Little History
- SJSU Academic Nurse Managed Centers initiated 30 years ago in response to community needs
- Identified community partners through a focused community assessment in conjunction with an NIH grant project
- Fostered and maintained community contacts; consistently developed new partnership opportunities

Nurse Managed Centers
- PURPOSES:
  - Provide nursing services for medically underserved, multicultural clients
  - Arena for community health nursing educational experiences for students
  - Opportunity for faculty and student research regarding outcomes of nursing care
  - Collaborate with community partners in both service and research

Omaha System in NMCs
- BSN students easily develop understanding of system
- Framework for evidence based practice
- Facilitates documentation and information management

Findings: Adult Elder Population
- Multi-ethnic population (Caucasian, Hispanic, Asian/Pacific Islander, African American) N=134
- 50-99 years; 71% female
- Intervention Target Examples:
  - NMS function: exercises, safety, mobility/gait training, positioning
  - Pain: signs/symptoms physical, med. Action, relaxation techniques, coping skills, medical care
Outcomes of the Faculty-Student-Community Collaborative Model

- Developed a plan for research and a protocol for data collection
- Students actively participated in data collection and client care
- Analyzed data to determine populations’ problems, nursing interventions, and client/population outcomes
- Utilized data for program (curriculum & service) improvements and identifying strategies for more effective client care

Faculty, Student, and Community Collaboration

- Faculty facilitate the student learning experiences and role model the collaborative process
- Address community agency missions and goals, and integrate into the learning experience
- Agencies are active partners in the health care delivery model (we rely on input from the community partners to assist us in providing effective interventions)

SJSU Academic Nurse Managed Centers

- We bring healthcare to the neighborhood
- NMCs partner with community agencies throughout Santa Clara and Santa Cruz counties to deliver client focused care to diverse populations
- The future: incorporating Electronic Health Records with the Nightingale Notes web based project