

# Promoting Evidence-Based Practice for Healthy Aging

The Nurse Managed Centers Model of faculty, student, and community collaboration

## Presented by:

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## A Little History

- SJSU Academic Nurse Managed Centers initiated 30 years ago in response to community needs
- Identified community partners through a focused community assessment in conjunction with an NIH grant project
- Fostered and maintained community contacts; consistently developed new partnership opportunities

## Nurse Managed Centers

- PURPOSES:
- Provide nursing services for medically underserved, multicultural clients
- Arena for community health nursing educational experiences for students
- Opportunity for faculty and student research regarding outcomes of nursing care
- Collaborate with community partners in both service and research

## Omaha System in NMCs

- BSN students easily develop understanding of system
- Framework for evidence based practice
- Facilitates documentation and information management



## Findings: Adult Elder Population

- Multi-ethnic population (Caucasian, Hispanic, Asian/Pacific Islander, African American)  
N=134
- 50-99 years; 71% female
- Intervention Target Examples:
  - NMS function: exercises, safety, mobility/gait training, positioning
  - Pain: signs/symptoms physical, med. Action, relaxation techniques, coping skills, medical care

## Outcomes of the Faculty-Student-Community Collaborative Model



- Developed a plan for research and a protocol for data collection
- Students actively participated in data collection and client care
- Analyzed data to determine populations' problems, nursing interventions, and client/population outcomes
- Utilized data for program (curriculum & service) improvements and identifying strategies for more effective client care

## Faculty, Student, and Community Collaboration

- Faculty facilitate the student learning experiences and role model the collaborative process
- Address community agency missions and goals, and integrate into the learning experience
- Agencies are active partners in the health care delivery model (we rely on input from the community partners to assist us in providing effective interventions)



## SJSU Academic Nurse Managed Centers

- We bring healthcare to the neighborhood
- NMCs partner with community agencies throughout Santa Clara and Santa Cruz counties to deliver client focused care to diverse populations
- The future: incorporating Electronic Health Records with the Nightingale Notes web based project