

San Jose State University
EDCO 004: Personal, Academic, and Career Exploration
Fall 2008 – MUSE
Calendar

August 26, Tuesday	Introduction to University Culture Syllabus and Expectations Guest Speaker – CME Student
August 28, Thursday	Personal Belief Systems Campbell – Chapter 1 – The Road Somewhere, Choices Guest Speaker – CME Student
September 2, Tuesday	Maslow's Hierarchy of Needs Campbell – Chapter 1 – The Road Somewhere, Goal Setting
September 4, Thursday	Strong Interest Inventory Administration Class Visitation- Writing Center
September 9, Tuesday	Cognition & Cognitive Schemas *****DUE Autobiography***** Article Brain Based Learning Principals Class Visitation- Counseling Center: Are you Hitting the Goal Mark?
September 11, Thursday	Gardner's Multiple Intelligence Theory Campbell – Chapter 2 – If You Have It Use It, Talents and Skills, Emotional Intelligence Class Visitation– Learning Assistance Resource Center (LARC)
September 16, Tuesday	Library Tour and Learning Labs Orientation Hands on computer lab workshop demonstrates how to locate scholarly sources within the Library database Class Visitation- MLK, Jr. Library
September 18, Thursday	Article Surgeon General - Physical Activity and Health Lifestyle choices – Stress Management & Diet Guest Speaker –Counseling Center: Services offered & Stress Management Guest Speaker– Health Center: Services offered & Healthy Lifestyles
September 23, Tuesday	Cultural Awareness and Diversity Campbell – Chapter 2 – If You Have It, Use It Motivation, Friends, Education
September 25, Thursday	MBTI – Administration/ Scoring/ Interpretation
September 30, Tuesday	Campus Resources / Social Relationships and Health Putnum Chapter: Health and Happiness
October 2, Thursday	Campbell – Chapter 2 – If You Have It, Use It Family, Experience Guest Speaker – Study Abroad Program
October 7, Tuesday	Life Span Theories / Career and Lifestyle Choices Campbell – Chapter 2 – If You Have It, Use It Appearance, Health

October 9, Thursday	Midterm Review
October 14, Tuesday	Midterm ****DUE OOH Printouts**** Results Strong Interest Inventory
October 16, Thursday	The World Of Work Campbell – Chapter 3 – Your Career Career and Occupational Exploration College Catalog Researches Class Visitation- Counseling Center: Concentration Cafe
October 21, Tuesday	Values Clarification – Part 1 Guest Speaker-University Ombudsman
October 23, Thursday	Values Clarification – Part 2 Career and Occupational Exploration College Catalog Researches
October 28, Tuesday	Skills and Abilities – Part 1
October 30, Thursday	Skills and Abilities – Part 2 Career and Occupational Exploration College Catalog Researches
November 4, Tuesday	Class Visitation-Career Center
November 6, Thursday	Campbell – Chapter 4 – Live, Love and Laugh Guest Speaker-Student Conduct & Civility Coordinator
November 11, Tuesday	Informational Interviews *****DUE Summary Career Center*****
November 13, Thursday	Interviewing Skills ***DUE Information Interview*****
November 18, Tuesday	Resume Writing
November 20, Thursday	Decision Making Guest Speaker- Aspire/ McNair Programs Guest Speaker- Student Involvement, Leadership, Organizations
November 25, Tuesday	Personal, Academic and Career Planning Part 1
November 27, Thursday	No Class - Happy Thanksgiving
December 2, Tuesday	Personal, Academic and Career Planning Part 2
December 4, Thursday	Final Review ****DUE OOH Printouts****
December 9, Tuesday	Final / Portfolio Review *****Last day to hand in late papers*****