Research your options

PREP WORK
- Continue to consider your interests by looking at which courses are your favorites.
- Start a list of industries and professions that interest you.
- Find out about informational interviewing and how it can benefit you.

EXPLORE
- Check out the "What can I Do with My Major" database on the Career Center website.
- Contact professionals who are willing to share their insights on companies, industries, and trends through information interviews.
- Search the Internship Journey Video Series on the Career Center website.
- Use the Career Center's online internship resources to find internships and learn about requirements and deadlines.
- Attend career panels on specific topics.
- Check out "Road Trip Nation" in the Career Resource Lab.
- Check out the "What can I Do with My Major" database on the Career Center website.
- Look for resources on internships, industries, and jobs in the Career Resource Lab.

TAKE ACTION!
- Become a Career Center member.
- Log on to the Career Center website to access SpartaJOBS – a database of jobs and internships.
- Create an online career interest profile to receive targeted access to job listings and career resources.
- Explore the "Exploring Majors and Careers" tutorial on the Career Center website.
- Look for resources on internships, industries, and jobs in the Career Resource Lab.

Launch your job search

PREP WORK
- Evaluate what you know and disliked about the summer, part-time, or full-time job(s) that you’ve held.
- Keep a log of your skills, values, attributes, interests, and accomplishments.
- Review the Career Resources Lab’s career planning and self-assessment sections for resources on how to get started.

EXPLORE
- Start doing informational interviews with professionals in the workforce.
- Build contacts in the fields of interest through your classes, and professional and student organizations.
- Use the Career Center’s online internship resources to find internships and learn about requirements and deadlines.
- Research companies and industry trends using Hoovers’s Online and other resources.
- Begin checking deadlines and requirements for graduate school admissions.

TAKE ACTION!
- Update your online career interest profile and post your resume on our Web site.
- Review your resume. Have it critiqued by a career consultant.
- Visit the Career Center website to learn more about using a portfolio in your job search.
- Set up an appointment with a career consultant to clarify your career objectives and goals.
- Take advantage of Perfect Interview on the Career Center website, which utilizes webcam technology to capture and playback interview responses.
- Practice using your career portfolio by participating in mock interviews.
- Fine-tune your “One Minute Commercial” and other marketing strategies by attending Career Center workshops.
- Attend employer presentations available through the Career Center and professional associations.
- Attend the fall and spring job fairs.
- Set up a search agent on SpartaJOBS to alert you to new internship opportunities.
- Send your resume to the school’s career center.

Finally! Report your job offer(s) to the Career Center.

www.careercenter.sjsu.edu