

Education – Counselor Education

Connie L. Lurie College of Education

Sweeney Hall 404
408-924-3634

Faculty

PROFESSORS

Lewis Aptekar
Xiaolu Hu, Chair
Andrew R. Hughey

ASSOCIATE PROFESSORS

Lisa Oliver, Graduate Coordinator

ASSISTANT PROFESSORS

Dolores Mena
Caitlin Williams

Curricula

- Credential,
K-12 School Counseling Specialization
- Credential,
K-12 School Counseling Internship
- Credential,
School Child Welfare
Attendance Specialization
- MA, Education,
Concentration in Counseling
and Student Personnel

The primary purpose of the program is to provide professional preparation in guidance, counseling and student personnel work. The graduate program encompasses both School Counseling Specialization Credential and Master of Arts degree programs.

Lower division and upper division students can select from the career guidance class, EDCO 004, to gain the skills needed for academic and career planning, and career orientation. EDCO 010 (Adjunct Learning) provides study skill strategies for selected majors.

Credentials

The three credential options available to candidates include the regular approved program for K-12 School Counseling Specialization credential, the K-12 School Counseling Specialization Internship credential and School Child Welfare Attendance Specialization credential. To qualify for the School Counseling Internship credential, candidates must be recommended by a school district and have passed the CBEST.

MA – Education, Concentration in Counseling and Student Personnel

The Master of Arts degree provides for the following professional specializations:

School Counseling

- Career and Education Development
- Crisis Management and Conflict Resolution
- Student Advocacy
- Alternative School Counseling
- Community Education Development
- Action-Centered Counseling and Consultation

Adult Counseling

- College and University Counseling and Student Personnel
- Career Development and Vocational Counseling
- Human Resource Development Training
- Transitions Counseling for Adults
- Psychodrama Methods and Training

The Master of Arts degree with the specialization in College and University Counseling and Student Personnel will qualify the candidate for the Community College Counseling requirements under SB 1725.

Advisement

San José State University is authorized to offer graduate programs leading to the Master of Arts in Education with a specialization in Counseling and Student Personnel and the School Counseling Specialization Credential. These programs are designed to prepare persons as counselors and/or consultants in human development services for schools and community colleges, business and industry, and community agencies and organizations.

Program flexibility permits the candidate to pursue the credential and the master's degree simultaneously in evening and weekend classes. However, the applicant needs to consider that:

- Admission to the university and selection in the Counselor Education Department are based on different criteria and require applications to the designated program and to the university.
- The master's degree and the credential areas are distinct from each other.
- The completion of the master's degree does not automatically provide a designated credential.
- It is possible to combine master's degree requirements with credential requirements. Further assistance or advisement can be obtained through the Counselor Education Department Office.

Requirements for Admission to Classified Standing

Applicants who meet the admission requirements for the Graduate Division and meet the further requirements of the area of specialization for the master's degree may be admitted to graduate classified standing.

Requirements for Admission to Conditionally Classified Standing

Applicants who meet the admission requirements for the Graduate Division but who fail to meet the requirements for classified standing in the area of specialization for the master's degree may be admitted to conditionally classified standing in the master's degree program. Individuals being admitted on this basis should contact Counselor Education for the specific prerequisites they must complete before being granted classified standing.

Requirements for Admission to Candidacy

- A. Basic requirements. The student in Counselor Education must (1) see his/her advisor for any prerequisite courses that may be required and (2) complete a minimum of twelve units of Counselor Education courses, including EDCO 215, EDCO 218, EDCO 219, EDCO 227, EDCO 248, and/or other equivalent courses with a 3.0 ("B") grade point average prior to being considered for advancement to candidacy. Approval for all courses in the Counselor Education area is required.
- B. Required areas. Because credential requirements are subject to legislative changes, specific course requirements may vary. However, students should complete approved course work in the following areas:
- Human Behavior and Development
 - Student Development and Prevention
 - Assessment and Research
 - Law and Ethics
 - Personal and Professional Development
 - Communication and Group Relationship Dynamics
 - School/Community Relations Dynamics
 - Multicultural and Multiethnic Perspectives
 - Career and Life-Span Transitions
 - Organization Development
 - Supervised Experience in Counseling
- C. Requirements for master's degree candidates, including courses selected for a thirty-unit contract including:
- EDCO 221 Research Seminar in Education
 - EDCO 289 Seminar in Professional Counseling
 - EDCO 298 Special Studies for 3 units, or additional course work planned with approval of the advisor as necessary.
 - EDCO 288 Seminar in Counseling Theory and Practice.
- D. The University requires that all graduate students demonstrate competency in written English as a condition for advancement to candidacy. Please refer to the SJSU catalog section titled "Competency in Written English" for details. For graduate courses that meet the competency in written English requirement, please refer to the Graduate Studies and Research website at www.sjsu.edu/gradstudies.

Courses

COUNSELOR EDUCATION

LOWER DIVISION

EDCO 004. Personal, Academic and Career Exploration

This course explores the concepts and applications of personal decision-making. Introduction to life-span development concepts through the use of self-assessment instruments and procedures. Orientation to San Jose State University.

Normal Grade Rules
GE: E
3 units

EDCO 010. Adjunct Learning

Reading/writing/learning skills necessary for comprehension of textbooks and lectures in various disciplines; includes notetaking, exam preparation and library techniques. Not repeatable for graduation credit.

Repeatable for credit
No Degree Credit
1-2 units

UPPER DIVISION

EDCO 180. Individual Studies

Supervised study in specific fields of counselor education not covered by other courses.

Prerequisite: Program director consent.
Repeatable for credit
Credit/No Credit
1-3 units

GRADUATE

EDCO 215. Introduction to Counseling and Guidance

Introduction to the theories, concepts and competencies of counseling and guidance. Overview of the related professional roles and settings.

Normal Grade Rules
3 units

EDCO 218. Practicum in Guidance I

Develops skills in the use of a systematic communication process and psychodynamic action methods. In Program courses, these processes together are basic to all further individual and group counseling and teaching courses. One weekend required.

Credit/No Credit
3 units

EDCO 219. Practicum in Guidance II

Provides for the expansion and extension of the skills with a focus on group systems communication. Media will be used to help students be aware of constructive and destructive elements of interpersonal functioning in group systems. Two intensive training weekends.

Repeatable for credit
Credit/No Credit
3 units

EDCO 221. Research Seminar in Counselor Education

An overview of the theory, procedures, application and use of research in educational settings; assist in the study of a specific area of applied research from the current professional literature; and assist in the development of a specific research proposal.

Normal Grade Rules
3 units

EDCO 227. Dynamics of Community/School Relations

Psychological dynamics and social relationships influencing community and school. A major focus on increased understanding of multiethnic and historical traditions in relation to pupil personnel services.

Normal Grade Rules
3 units

EDCO 232. Laws and Ethics for Counselors

Meets the requirement "Laws relating to children and child welfare" in the Student Counseling Programs. Covers local, state and federal laws relating to children, youth and family.

Normal Grade Rules
2-3 units

EDCO 244G. Seminar in Cultural Perspectives in Counseling

Advanced study of concepts and procedures of counseling and consulting with an emphasis on understanding human behavior dynamics in the context of specific ethnic and cultural experiences.

Normal Grade Rules
3 units

EDCO 248. Dynamics of Behavior and Development

Study of the dynamics of individual and group behavior over the lifespan. Specific study of selected personality and development theory and practices.

Normal Grade Rules
3 units

EDCO 266. Education and Career Planning

Study of theory and practice of educational and career planning. Includes sources, uses, evaluation and filing of educational and career information and procedures for working with both individuals and groups.

Normal Grade Rules
3 units

EDCO 267. Practicum in Lifespan and Career Development

Practicum in lifespan development and career planning with emphasis on the development of applied skills in career counseling. May be repeated for credit when an alternate focus is shown in the Schedule of Classes.

Prerequisite: Core curriculum.
Repeatable for credit
Normal Grade Rules
1-3 units

EDCO 268. Lifespan Development Theory

Study of lifespan and career development across cultures and ages. Emphasis on the holistic integration of cognitive, affective and physiological aspects of development over the lifespan. This development considered in the context of diverse cultural and ethnic perspectives.

Normal Grade Rules
3 units

EDCO 269. Transpersonal Development Theory

Development of further understanding of theoretical material focusing on transpersonal theory and its application to individual and institutional renewal, creativity, curricula and workshops. Recommended for further journal practice.

Normal Grade Rules
3 units

EDCO 279. Advanced Group Process Theory and Practice

Focus on diverse theoretical approaches in group dynamics, group facilitation/leadership and the group as an instrument of learning within varying institutional settings.

Prerequisite: Core curriculum and instructor consent.
Normal Grade Rules
3 units

EDCO 280. Practicum in Multicultural Counseling

Focus on individual and group counseling skills with emphasis on unique aspects of varying cultures. May be repeated for credit when an alternate focus is shown in the Schedule of Classes.

Prerequisite: Core curriculum.
Repeatable for credit
Normal Grade Rules
3 units

EDCO 282. Educational Assessment for Counselors

Utilization of standardized group tests and other evaluative techniques of ability and achievement with special emphasis upon interpretation and use of test results in the improvement of instruction and in administrative procedures. Elementary statistical techniques essential for test interpretation.

Normal Grade Rules
3 units

EDCO 283. Advanced Educational Assessment

Concept and practice in uses of standardized evaluative instruments in school and community. Emphasis on generating curriculum and guidance hypotheses for groups.

Prerequisite: Core curriculum.
Normal Grade Rules
3 units

EDCO 286. Theory of Organization Change

Organizational development theory and practice with emphasis given to school and related agency settings. Knowledge and skill development in using institutional change strategies and innovations stressed.

Prerequisite: Core curriculum.
Normal Grade Rules
3 units

EDCO 287. Seminar in Guidance Systems Analysis

Problems of handling data in school systems. In addition to the functional analysis, includes development of computer software applications. Flexibility given in terms of the special areas of interest to the students.

Prerequisite: Core curriculum and instructor consent.
Normal Grade Rules
3 units

EDCO 288. Seminar in Counseling Theory and Practice

Assists students in the clarification of philosophical and psychological theory and develops a consistent individual and group counseling theory in relation to a defined lifestyle and the study of practice in school and agency settings.

Prerequisite: Core curriculum.
Corequisite: EDCO 280.
Normal Grade Rules
3 units

EDCO 289. Seminar in Professional Counseling

A culminating seminar which emphasizes a critical review and critique of theory and research in application of human development specialties. May be repeated for credit when an alternate focus is shown in the Schedule of Classes.

Prerequisite: Instructor consent.
Repeatable for credit
Normal Grade Rules
3 units

EDCO 292. Supervised Experience in Counseling

Supervised field experience in guidance and counseling. Assignments to public schools or agencies.

Prerequisite: Core curriculum.
Repeatable for credit
Credit/No Credit
3-6 units

EDCO 293. Practicum in Child and Substance Abuse

A practicum in peer group systems and psychodrama counseling intervention for treatment of addiction, physical and sexual abuse, teen pregnancy and other at-risk groups. Required participation in a peer group counseling process.

Prerequisite: Instructor consent.
Repeatable for credit
Normal Grade Rules
3 units

EDCO 294. Practicum in Self-Development

Facilitates training in individual and group counseling methods, including transpersonal journal, psychodrama and peer group techniques.

Prerequisite: EDCO 218, EDCO 219 and instructor consent.
Repeatable for credit
Normal Grade Rules
3 units

EDCO 298. Special Studies in Education

Supervised study in the field of counseling and guidance.

Prerequisite: Consent of program director or designated faculty.
Repeatable for credit
Credit/No Credit
1-3 units