



Program Design

EDCO 287
Summer 2007



Role of School Counselors

- **Develop lesson plans and design materials**
- **Deliver instruction, workshop and present information**
- **Help students in making decisions**
- **Resolve conflicts, problems and crises**
- **Change behaviors**
- **Provide prevention, intervention and treatment services**
- **Schedule student classes**
- **Consult with parents, teachers and administrators**
- **Coordinate programs and refer services and programs**
- **Enhance transition**
- **Administer and interpret assessment inventories**



Role of School Counselors

Baker (1992) studied researches in school counseling from 1985 to 1991 and concluded:

- **The role of school counselors is not well defined**
- **Student-to-counselor ratios are too high**
- **Counselors are engaged in auxiliary work too often; and**
- **Different publics have conflicting expectations**

Stanley B. Baker (1992) School Counseling for Twenty-First Century, Prentice Hall Columbus, OH. Pg.65



Counseling for Social Change

- **Traditional Carl Roger's nondirective or person-centered approach to counseling in the 1960's led most school counselors to view their role as clinical in nature.**
- **That approach led to dissatisfaction because school counselors seemed too passive and uninvolved.**
- **School counselors need to be more active, more directive and challenging, and more helpful to individuals confronted by issues whose resolutions were beyond their own self-directed efforts.**

Baker (1992)



Menacker's Social Activist Guidance Mode

- **Menacker (1976) advocates a shift away from philosophical foundation rooted in psychology toward a greater emphasis on sociology, anthropology, and political science. He believes this will bring about increased understanding of the importance of social class and race in schooling, the impact of social change on communities and the schools, the importance of socioeconomic status, the importance of reference groups, and the effect on learning of the environment outside school.**

School Transformation – Ed. Trust Model

Traditional Focus

New Vision

•Mental Health Clinical Model	•Academic / Student Achievement Focus
•Individual Counseling	•Whole School, Community and System Concerns/Issues
•Psychological Issues, Focus on Student Deficits	Building Student Strengths and Self-Esteem
•Service Provider,1-1 and Small Groups	•Leadership, Planning, Coordinating, Program Developer
•Primary Focus on Mental Health and Behavior Modification	•Focus on Academic Learning and Achievement, Supporting Student Success
•Ancillary Support Personnel	•Building Student Success Team
•Not Well Defined Role and Responsibility	•Focused Mission and Role Identification
•Record Keepers	•Use of Data to Effect Change and Planning
•Scheduling	•Advocating for Inclusion in Rigorous Preparation for All-Especially Minority Youth from Low Social-economic Community
•Working In Isolation or with Other Counselors	•Teaming and Collaboration with All Educators in School in Resolving Issues Involving the Whole School and Community



Theoretical Foundation

- Belief system

- **Psychological Foundation**
- **Social Foundation**
- **Educational Foundation**
- **Anthropological Foundation**



Program Objectives and Activities

- Counselors' role/what do counselors do

- **Academic development**
 - College requirement
 - Academic at risk prevention and intervention
 - After school tutoring
 - Study skills workshops
- **Social/personal development**
 - Self-esteem workshops
 - Communication workshops
 - Leadership building
 - Anger management
 - Stress management
- **Career development**
 - Self-assessment
 - Occupational exploration/field trips
 - Career fair/ college fair/college night/college week



Delivery and Management Strategies

- How do counselors do it?

- Individual counseling
- Group counseling
- Family consultation
- Instruction
- Teacher/Administrator collaboration and consultation
- Prevention program
- Early intervention program
- Treatment program



Key Component (example)

- **Guidance Curriculum**
 - Classroom Activities
 - Group Activities
 - Interdisciplinary Curriculum Development
- **Individual Student Planning**
 - Educational Planning
 - Individual Appraisal
 - Individual Advisement
 - Placement
- **Responsive Services**
 - Consultation
 - Personal Counseling
 - Crisis Counseling
 - Referral
- **System Support**
 - Professional Development
 - Staff and Community Relations
 - Community Outreach
 - College Committees and In-Service



Implementations Plan (Example)

August

Academic Success	Education and Career Planning	Personal/Social Development

September

Academic Success	Education and Career Planning	Personal/Social Development

October



Program Assessment

- **Evaluation Plan**
- **Outcome data**
- **Assessment tools**
- **Assessment schedule**