Course Description
This course is designed to give a beginning level of understanding of the execution and integration of the combined elements of time, space, and energy in a style or varied styles of hip hop dance. Class will consist of technical work, focusing on body alignment and organization, movement proficiency and execution, and movement in relationship to time (musicality, rhythm, tempo), space (levels, planes, directions and facings), and energy (varying dynamics and movement qualities).

Content
• Center floor warm-up
• Strength and flexibility exercises
• Rhythmic phrasing
• Choreographic phrases will expand weekly, becoming progressively longer and more challenging by the end of the week.

Course Goals and Student Learning Objectives
Activity 4 hours. One unit may be used one time towards the two unit Physical Education graduation requirement. Repeatable for credit. 2 units.
Students will develop their dance technique at the beginning level. They will cultivate their understanding of the combined elements of time, space, and energy in hip hop dance. Students will demonstrate an integration of musicality and will execute phrasing with varying tempos, use of accent, movement with acceleration and deceleration in relationship to gravity, momentum, and speed and accuracy. They will integrate the use of space and perform movement with relationship and connection to use of levels, planes, directions and facings. Students will also demonstrate an integration of energy as the potential for force, and will perform movement material with varying dynamics and movement qualities.

Students will achieve clear, precise body organization and alignment. They will also gain strength, increase range and further their movement articulation. They will work on movement quality, initiation and intention. Upon the successful completion of this course the student will have a beginning level understanding of and the ability to display and/or execute the following in hip hop technique:

**Integration and understanding of the elements of time, space, and energy:** Ability to integrate musicality and rhythm and execute phrasing with varying tempo and use of accent in relationship to speed and accuracy. Ability to integrate the use of space and perform movement in connection to use of directions and facings. Ability to perform movement material with varying dynamics and movement qualities in relationship to energy as the potential for force.
- Level 1: should demonstrate integration of the elements of time, space and energy 25% of the time
- Level 2: should demonstrate integration of the elements of time, space, and energy 50% of the time
- Level 3: should demonstrate integration of the elements of time, space, and energy 75% of the time
- Level 4: should demonstrate integration of the elements of time, space, and energy 90%-100% of the time

**Core Support:** Ability to engage core in a way that supports spine, trunk, pelvis and can allow for efficiency in technique.
- Level 1: should demonstrate mastery of core support 25% of the time
- Level 2: should demonstrate mastery of core support 50% of the time
- Level 3: should demonstrate mastery of core support 75% of the time
- Level 4: should demonstrate mastery of core support 90%-100% of the time

**Alignment:** Correct alignment of spine (with natural curve in lower back), neutral pelvis, lengthened abdominals, arms engaged into back, ability to stretch back of legs, understanding of and ability to engage and maintain turnout from hip joint.
- Level 1: should demonstrate correct alignment 25% of the time
- Level 2: should demonstrate correct alignment 50% of the time
- Level 3: should demonstrate correct alignment 75% of the time
Level 4: should demonstrate correct alignment 90%-100% of the time

**Strength:** Dancers should demonstrate necessary strength to maintain alignment, avoid injury and to allow for dynamic movement.
Level 1: begin to demonstrate strength
Level 2: demonstrate a good degree of strength some of the time
Level 3: demonstrate a great degree of strength most of the time
Level 4: demonstrate significant degree of strength all of the time

**Flexibility:** Dancers should have a high degree of flexibility to allow for greater range of movement and to satisfy dance aesthetic. Flexibility is required throughout the body, but particularly in hip joints, hip flexors, hamstrings, quadriceps, ankle joint, and spine.
Level 1: beginning range of flexibility in some areas
Level 2: some range of flexibility in most areas
Level 3: good range of flexibility in all areas
Level 4: great range of flexibility in all areas

**Coordination/Movement mechanics:** Ability to coordinate different parts of the body at the same time in a variety of ways within a sense of phrasing. Ability to integrate movement within the entire body
Level 1: some of the time
Level 2: half of the time
Level 3: most of the time
Level 4: all of the time

**Refinement and Articulation:** Clarity in the details of movement, clear and specific choice making in phrasing.
Level 1 and 2: not assessed
Level 3: some of the time
Level 4: most of the time

**Expressive Phrasing:** Ability to connect with accompanying music, interpret it, or phrase and add movement dynamics that relate to music even in the absence of accompaniment, in a way that is unique or interesting
Level 1: some of the time
Level 2: half of the time
Level 3: most of the time
Level 4: all of the time

**Kinesthetic awareness:** Ability to coordinate movement and to feel and be aware of one’s body in space and time
Level 1: some of the time
Level 2: half of the time
Level 3: most of the time
Level 4: all of the time

Knowledge of movement material and vocabulary: Ability to memorize, conceptually understand and demonstrate movement material and vocabulary given in the class
Level 1: some of the time
Level 2: most of the time
Level 3, 4: all of the time

Positive Attitude, respect, maturity, capacity to accept new challenges, self-cueing:
Level 1, 2: most of the time
Level 3, 4: all of the time

Ability to pick up and adapt material quickly:
Level 1: some of the time
Level 2: half of the time
Level 3: most of the time
Level 4: all of the time

Course Requirements and Assignments
Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.

Outside Requirements
Attendance of three concerts is a requirement for this course. Failure to meet this requirement will result in losing credit. One missed concert will result in losing 6 points (6% of overall grade.) An additional 3 points will be lost with each additional missed concert. Please see attached for a performance schedule for specific dates, times, and costs of scheduled concerts. You will receive a performance card that will need to be stamped at each concert, and then turned in at the end of the semester. Please observe deadlines for turning in these performance cards. You are required to remain for the entire concert. Leaving before the conclusion of the concert constitutes Academic Dishonesty. If you are participating in a required concert you must attend an additional, instructor-approved concert.

It is Dance Program policy that all students must attend the concerts assigned on the concert calendar green sheet or lose credit. DO NOT ASK IF YOU MAY ATTEND AN ALTERNATIVE CONCERT FOR CREDIT. There will be no exceptions for non-attendance except for those who may be performing in a required concert. At the beginning of the semester these students should speak with their instructors.
Remember, that students who are performing need not make up one concert in which they are involved, but must make up a second concert, should they be performing in two concerts.

Dance Performance Calendar 2015-16

Sept. 30  Choreography II Showing 1:45 PM WSQ 204
Informal presentation of site-specific projects in choreography. Free

Oct. 16-17  sjDANCEco in Concert* at the California Theatre
8PM General $35/Students $20

Oct. 29-31  University Dance Theatre
Thursday & Friday at 7PM, Saturday at 2pm
General $20/Students $12, Seniors $10

Nov. 4  Choreography II Showing 1:45PM WSQ 204
Informal presentation of classroom projects in choreography. Free

Nov. 20-21  sjDANCEco’s Choreo Project Awards
Friday 7 PM-Saturday 2:30 and 7PM
Curated concert of original works by professionals
General $20/Students, Seniors $15

Dec. 3-5  Images in Dance*
7PM
Concert of works by advanced students.
General $15/Students, Seniors $10

Dec. 7  Choreography II Final Projects 7PM WSQ 204
Works by second semester choreography students
Tues, TR class and Wed. MW class

General $10/Students, Seniors Free

*Italicized concerts (four) are required for SJSU students in Dance Technique classes.

Assignments and Grading Policy
This course is a technique class. Therefore, dancers will be graded on a daily basis on their learning outcomes and must demonstrate growth and development throughout the term. It is only through consistent attendance and participation that students can gain the necessary skills to progress and succeed. Students’ skills will be continuously evaluated during class projects. An absence will result in losing that day’s evaluation grade, lowering the overall grade. Students may make up a maximum of two excused absences by attending instructor approved SJSU classes. A student missing more than two class meetings, for any reason, must meet with the instructor to discuss the viability of continuing the course. Students that are injured are required to notify the instructor of the injury and must still attend the entire class to take notes if at all possible. Any injured student who cannot participate in class more than twice will begin to lose daily credit.

Evaluation
0-45 skill level (includes daily evaluation grade)
0-15 two midterm exams: Oct 9th - Nov 25th
0-10 final exam: Tues, Dec 16th 9:45am - 12:00pm
0-15 concert requirement
Possible points: 100

Grades A-F

| 98-100: A+ | 97-94: A | 93-90: A- |
| 89-87: B+ | 86-84: B | 83-80: B- |
| 79-77: C+ | 76-74: C | 73-70: C- |
| 69-67: D+ | 66-64: D | 63-60: D- |
| 59 or below: F Unsatisfactory |

Classroom Protocol

Topics in Jazz I, 42A, Spring 2015
• Participation- this is a participation intensive activity; regular attendance is essential in order to progress. Each student will be evaluated on a class by class basis. If you are injured and unable to participate, you are required to attend and observe/note take class.
• Lateness- If a student arrives more than 15 minutes late for class she/he must observe and take notes during class and turn them into the instructor at the end of class. One point will be subtracted for every tardy. Excessive lateness will affect your final grade. If you arrive after roll has been taken, it is your responsibility to check in with the instructor after class to insure your attendance has been recorded.
• Attire- Students should wear clothing that outlines the body. No jeans please. No long earrings or chewing gum. Sneakers are the preferred style of shoe for this class. Students must have a dedicated pair of dance shoes that are **ONLY worn inside the dance studio.**

**University Policies**

**Dropping and Adding**

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at [http://info.sjsu.edu/static/catalog/policies.html](http://info.sjsu.edu/static/catalog/policies.html). Add/drop deadlines can be found on the current academic year calendars document on the Academic Calendars webpage at [http://www.sjsu.edu/provost/services/academic_calendars/](http://www.sjsu.edu/provost/services/academic_calendars/). The Late Drop Policy is available at [http://www.sjsu.edu/aars/policies/latedrops/policy/](http://www.sjsu.edu/aars/policies/latedrops/policy/). Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at [http://www.sjsu.edu/advising/](http://www.sjsu.edu/advising/).

**Consent for Recording of Class and Public Sharing of Instructor Material**

University Policy S12-7, [http://www.sjsu.edu/senate/docs/S12-7.pdf](http://www.sjsu.edu/senate/docs/S12-7.pdf), requires students to obtain instructor’s permission to record the course.

“Common courtesy and professional behavior dictate that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. Such permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.”

• Permission will be granted orally by the professor on a **class by class basis.**

• In classes where active participation of students or guests may be on the recording, permission of those students or guests should be obtained as well.

• “Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent.”
Academic Integrity
Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University Academic Integrity Policy S07-2 at http://www.sjsu.edu/senate/docs/S07-2.pdf requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sjsu.edu/studentconduct/.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Integrity Policy S07-2 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act
If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 at http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf requires that students with disabilities requesting accommodations must register with the Accessible Education Center (AEC) at http://www.sjsu.edu/aec to establish a record of their disability.

In 2013, the Disability Resource Center changed its name to be known as the Accessible Education Center, to incorporate a philosophy of accessible education for students with disabilities. The new name change reflects the broad scope of attention and support to SJSU students with disabilities and the University’s continued advocacy and commitment to increasing accessibility and inclusivity on campus.
Jazz I, Dance 42A Fall 2015 Course Schedule

This schedule is subject to change with fair notice. If need be, students will be notified during class.

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<th>Date</th>
<th>Topics, Reading Assignments, Deadlines</th>
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<td>8/20</td>
<td>Introductions</td>
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<td>2</td>
<td>8/25-8/27</td>
<td>Center warm-up, progressions (coordination)</td>
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<td>3</td>
<td>9/1-9/3</td>
<td>Center warm-up, Center combo Beginning 1</td>
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<td>9/8-9/10</td>
<td>Center warm-up, Center combo Beginning 1</td>
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<td>5</td>
<td>9/15-9/17</td>
<td>Center warm-up, Center Combo Beginning 1</td>
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<td>9/22-9/24</td>
<td>Center warm-up, Center Combo Beginning 1</td>
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<td>9/29-10/1</td>
<td>Center warm-up, Center Combo Beginning 1</td>
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<td>8</td>
<td>10/6-10/8</td>
<td>Review for Midterm Exam 1/Midterm Exam 1 during class time</td>
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<td>10/13-10/15</td>
<td>Center warm-up, Center Combo Beginning 2</td>
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<td>10/20-10/22</td>
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<td>11/17-11/19</td>
<td>Center warm-up, Center Combo Beginning 2</td>
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<td>12/1-12/3</td>
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<td>18</td>
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<td>Work on Final Project</td>
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<td>19</td>
<td>12/15</td>
<td>Final Project presentation</td>
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<td>Tues. Dec.15th 9:45am - 12pm</td>
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