

# Spring 2012 EOP Workshops

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Workshop Type	Date	Time	Workshop Title	Description	Dept Info	RSVP, Registration Info, Event Location
Career Readiness	Wed February 1, 2012	6pm - 7pm	Ph.d, MSW, PsyD, What THE???: Why I Chose this Graduate School Path in the Helping Professions	Are you a social work, psychology or other helping profession student who wonders what graduate school path to take? Come to this panel and hear Carolina Jimenez, PhD in Psychology, Jennifer Morazes, MSW and PhD in Social Work, and Karisman Roberts-Douglass, PsyD in Psychology talk about why they chose their respective path in helping professions.	Counseling Services	Royce Hall Formal Lounge
Financial Education	Thu February 2, 2012	3:30pm - 5pm	FAFSA Workshop	This workshop is to answer any questions you may have regarding completing the FAFSA before the March 2nd deadline.	EOP	Clark 224
Financial Education	Fri February 3, 2012	3:30pm - 5pm	FAFSA Workshop	This workshop is to answer any questions you may have regarding completing the FAFSA before the March 2nd deadline.	EOP	Clark 224
Probation	Mon February 6, 2012	2pm - 3pm	Probation Workshop	Students on Academic Probation (SJSU GPA of 2.0 and below) are required to attend one of these workshops.	EOP	MLK 255
Academic Support	Tue February 7, 2012	1pm - 2pm	Make Learning Styles Work for you	Discover your preferred style and how you can use it to improve your performance in all of your classes.	Counseling Services	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> , Clark 100H
Career Readiness	Wed February 8, 2012	1pm - 2:15pm	Choosing a Major	Find out how to decide on a major that's a good "fit" for you, as well as methods & resources for exploring areas of study at SJSU.	Career Center	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> MOD A
Academic Support	Wed February 8, 2012	3pm - 4pm	First Generation Students: Sharing Our Stories	Come and meet other first-generation students and share the stories of how you got here, give and receive support, and receive information on this series of workshops.	Counseling Services	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> , Royce Hall Formal Lounge
Writing	Thu February 9, 2012	10:30am - 11:30am	Analyzing Essay Prompts	Learn how to analyze prompts and quickly accurately for timed-writing situations. This workshop focuses solely on prompts	Writing Center	Clark 100H
Career Readiness	Thu February 9, 2012	3pm - 4:15pm	Resume 101	Discover resume writing basics. Check out these proven strategies for effectively presenting yourself on paper to employers.	Career Center	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> MOD A

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Workshop Type	Date	Time	Workshop Title	Description	Dept Info	RSVP, Registration Info, Event Location
Writing	Mon February 13, 2012	1pm - 2pm	APA Basics	APA style is required in many majors, not just psychology. This workshop provides basic information on in-text citation formats and reference lists to ensure that your paper will be in compliance with the latest guidelines.	Writing Center	Clark 100H
Probation	Mon February 13, 2012	2pm - 3pm	Probation Workshop	Students on Academic Probation (SJSU GPA of 2.0 and below) are required to attend one of these workshops.	EOP	MLK 255
Academic Support	Tue February 14, 2012	12pm - 1pm	Strengths and Relationships: Enhancing Your Connections	We have many relationships in our lives: parents, teachers, siblings, roommates and others. But in all your relationships, who is your best cheerleader? Viewing your relationships through the lense of strengths can give you a new perspective on how you relate to the people in your life.	Counseling Services	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> , Clark 100H
Academic Support	Tue February 14, 2012	1pm - 2pm	Learning & Memory Techniques: The Answer Is On pg. 436, But I Don't Remember What It Says	Some of the difficulty that you encounter in learning new information can be due to previous experiences, your organization and retrieval of information, your interest in the subject, your beliefs around your own capabilities and your intentions. In this workshop, you will be introduced to some strategies that when used properly, can maximize your study time.	Counseling Services	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> , SSC 603
Career Readiness	Tue February 14, 2012	2:30pm - 3:45pm	Interview Skills	Get over your interview jitters. Learn proven techniques to present yourself like a professional before, during and after an interview.	Career Center	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> MOD A
Writing	Wed February 15, 2012	11am - 12pm	A Writing Process for Successful Papers	Want a no-fail method for writing papers? In this workshop you will learn a method to guide you through the process from beginning to end.	Writing Center	Clark 100H
Academic Support	Wed February 15, 2012	12pm - 1pm	Notes 101: Cn U Rd Ths?	Find out how Cornell and SQ5R can help you learn that material. Discuss what other techniques may be to your advantage. Become the note taking guru of your class!	Counseling Services	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> , Clark 100H
Career Readiness	Wed February 15, 2012	3:30pm - 4:45pm	Job and Internship Search	Gain job search strategies and techniques that are key to finding a job or internship.	Career Center	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> MOD A

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Workshop Type	Date	Time	Workshop Title	Description	Dept Info	RSVP, Registration Info, Event Location
Academic Support	Fri February 17, 2012	12pm - 1:30pm	Raising GPA's	Are you disappointed with your grades? Are you on probation or disqualified? Do you want to learn how you may improve your GPA? Then come to this workshop and we will provide you with some of the insider tips.	Counseling Services	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> , Clark 100H
Career Readiness	Mon February 20, 2012	2pm - 3:15pm	Resume 101	Discover resume writing basics. Check out these proven strategies for effectively presenting yourself on paper to employers.	Career Center	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> MOD A
Writing	Mon February 20, 2012	2pm - 3pm	Body Paragraphs	Learn how to write well-developed , well written body paragraphs that support a thesis statement and clearly explain quotes or other arguments. You will receive an accompanying packet of handouts on essay form	Writing Center	Clark 100H
Probation	Mon February 20, 2012	2pm - 3pm	Probation Workshop	Students on Academic Probation (SJSU GPA of 2.0 and below) are required to attend one of these workshops.	EOP	MLK 255
Financial Education	Tue February 21, 2012	1:30pm-2:30pm	Money Management For Students	There is always something more that is being asked of you tuition, books, food, housing, social activities, etc. How can you afford to be a student? Come and see how to put the jingle back in your pockets.	Counseling Services	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> , SSC 603
Probation	Tue February 21, 2012	2pm - 3pm	Probation Workshop	Students on Academic Probation (SJSU GPA of 2.0 and below) are required to attend one of these workshops.	EOP	MLK 255
Career Readiness	Tue February 21, 2012	2pm-3:15pm	Job Search 2.0: Managing Your Online Presence	Develop your online presence and enhance your job search through the use of social media tools (Linkedin, Facebook, Visual CV, Blogs, and more). Learn how to research industries and employers and build networks.	Career Center	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> MLK 125
Writing	Thu February 23, 2012	10:30am - 11:30am	Writing under Pressure: Time Management	Success on a timed-writing assignment depends not only on your composition skills but also your ability to manage your time properly. This workshop will teach you time management strategies for each stage of the writing process.	Writing Center	Clark 100H
Academic Support	Thu February 23, 2012	3pm - 4pm	Study Groups-The 411	This workshop will discuss how you can make study groups more effective and how they can really help you achieve!	Counseling Services	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> , Clark 100H
Academic Support	Fri February 24, 2012	12pm - 1pm	Overcoming Stress	College can be a very stressful experience on top of all your other life responsibilities. But there are things we can do to manage our stressors and to use them to help us succeed. Discover some helpful coping techniques and find a little bit of peace.	Counseling Services	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> , Clark 100H

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Workshop Type	Date	Time	Workshop Title	Description	Dept Info	RSVP, Registration Info, Event Location
<b>Pre-Probation</b>	Mon February 27, 2012	2pm - 3pm	Probation Workshop	Students on Academic Pre Probation (SJSU GPA between 2.0 -2.3) are required to attend one of these workshops.	EOP	MLK 255
<b>Writing</b>	Tue February 28, 2012	11:30am - 12:30pm	Trimming the Fat: Writing Concisely and Avoiding Wordiness	It's a common misconception among beginning writers that using more words makes one's writing sound more intelligent. The opposite is true. The trick to good writing is to say as much as you can in as few words as possible. This workshop will explore strategies for recognizing and removing this undesirable fattiness from your writing.	Writing Center	Clark 100H
<b>Academic Support</b>	Wed February 29, 2012	3pm - 4pm	First Generation Students: Ask An Edu Counselor	Do you have questions about navigating the university, choosing a major, or probation. Come to "Ask an Educational Counselor!" and get helpful advice and support.	Counseling Services	RSVP @ events.sjsu.edu Royce Hall Formal
<b>Academic Support</b>	Thu March 1, 2012	12pm - 1pm	Communicating with Professors	Do you find it difficult to approach and/or communicate with your professors? This workshop will address how to prepare for meetings with your professors, and why connecting with professors while you are a student is so important to your success.	Counseling Services	RSVP @ events.sjsu.edu Clark 100H
<b>Academic Support</b>	Thu March 1, 2012	3pm- 4pm	Learning & Memory Techniques: The Answer Is On pg. 436, But I Don't Remember What It Says	Some of the difficulty that you encounter in learning new information can be due to previous experiences, your organization and retrieval of information, your interest in the subject, your beliefs around your own capabilities and your intentions. In this workshop, you will be introduced to some strategies that when used properly, can maximize your study time.	Counseling Services	RSVP @ events.sjsu.edu SSC 603
<b>Career Readiness</b>	Thu March 1, 2012	4pm - 6pm	Education Panel	Gain valuable job search strategies and tips from local school district administrators including resume writing, interviewing techniques and teacher fair preparation	Career Center	RSVP @ events.sjsu.edu MLK 225/229
<b>Academic Support</b>	Fri March 2, 2012	12pm - 1pm	Test Taking Teddy Plays To Win	Do you know the best way to study for finals or to take those exams? No fear, Test Taking Teddy is here! Come play Testing Jeopardy with Teddy and find out some hot tips that will be sure to help you pass those exams.	Counseling Services	RSVP @ events.sjsu.edu Clark 100H
<b>Academic Support</b>	Mon March 5, 2012	12pm - 1pm	Help Me! I Have Test Anxiety!	Have you ever gone into a test well prepared and then when you sat down, you couldn't remember a thing? Does your heart start to race like a wild horse and your palms start to sweat? Then you may have test anxiety. Test Anxiety is normal, but you can control it. Come and learn how.	Counseling Services	RSVP @ events.sjsu.edu Clark 100H

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Pre-Probation	Mon March 5, 2012	2pm - 3pm	Probation Workshop	Students on Academic Pre Probation (SJSU GPA between 2.0 -2.3) are required to attend one of these workshops.	EOP	MLK 255
Writing	Tue March 6, 2012	2:30pm - 3:30pm	Common Grammar and Punctuation Errors	In this workshop, we will review some of the most common grammar and punctuation errors in student writing, including run-ons, comma splices, fragments, subject-verb and pronoun-antecedent agreement issues, and punctuation misuse.	Writing Center	Clark 100H
Financial Education	Mon March 12, 2012	1:30pm - 2:30pm	Money Management For Students	There is always something more that is being asked of you tuition, books, food, housing, social activities, etc. How can you afford to be a student? Come and see how to put the jingle back in your pockets.	Counseling Services	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> SSC 603
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Writing	Tue March 13, 2012	2pm - 3pm	Paraphrasing	In this workshop, we analyze and discuss effective ways to paraphrase. Participants engage in individual and/or group practice to help them improve this valuable skill.	Writing Center	Clark 100H
Academic Support	Tue March 13, 2012	3pm - 4pm	Time Management 101	Does it feel like there are never enough minutes in the day? Do you wonder how everything gets away from you so quickly? Have no fear! This workshop is for you. Come learn how to manage your time and be more productive.	Counseling Services	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> Clark 100H
Career Readiness	Wed March 14, 2012	2pm - 4pm	Non Profit and Public Service Forum	Come to this interactive networking event and get tips from employers on starting a career in the public service and nonprofit sectors. Learn about opportunities to serve your community through work with	Career Center	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> Student Union Ballroom

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Writing	Thu March 15, 2012	3pm - 4pm	Selecting and Integrating Source Material	This workshop will help you learn how to select and integrate source material into formal writing assignments by exploring how to evaluate and introduce quotations and how to make analysis both clear and insightful.	Writing Center	Clark 100H
Academic Support	Fri March 16, 2012	11am - 12pm	Don't Judge a Book by Its Cover	Take part in several activities that will challenge the way you view others, reflect on why you may feel certain ways, and give you an opportunity to get to know other students in a nontraditional way.	Counseling Services	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> Clark 100H
Career Readiness	Mon March 19, 2012	2:30pm - 3:45pm	Exploring Careers	Learn how to explore careers in your major, as well as methods and resources for exploring other career areas.	Career Center	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> MOD A
Writing	Mon March 19, 2012	2pm - 3pm	APA In-text Citations	APA style is required in many majors, not just psychology. This workshop provides easy tips about in-text citation to ensure that your paper will be in compliance with the latest guidelines.	Writing Center	Clark 100H
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Writing	Wed March 21, 2012	10:30am - 11:30am	Vocabulary Building	This workshop incorporates Latin and Greek roots to help you increase vocabulary, reading speed and comprehension.	Writing Center	Clark 100H
Career Readiness	Wed March 21, 2012	1pm - 2:15pm	Job Search 2.0: Managing Your Online Presence	Develop your online presence and enhance your job search through the use of social media tools (Linkedin, Facebook, Visual CV, Blogs, and more). Learn how to research industries and employers and build networks.	Career Center	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> MLK 125
Academic Support	Wed March 21, 2012	3pm - 4pm	First Generation Students: Helpful Campus Resources	Come and learn about all the valuable resources we have here at SJSU to help to lead the way to a successful college experience.	Counseling Services	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> Royce Hall Formal
Academic Support	Thu March 22, 2012	1:30pm - 2:30pm	The Tao of Procrastination	Yes, we all do it. But why? Can procrastination really be productive? Come and see for yourself how to beat procrastination and be productive with it.	Counseling Services	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> Clark 100H
Career Readiness	Thu March 22, 2012	12pm - 1:15pm	Job and Internship Search	Gain job search strategies and techniques that are key to finding a job or internship.	Career Center	RSVP @ <a href="http://events.sjsu.edu">events.sjsu.edu</a> MLK 125