Tea and Zen Have One Taste –
Introduction

茶禅同一味
Cha Zen Dō Ichi Mi
Bowl for Thick Tea named Nachiguro (Black from Nachi) made by Samukawa Seihō
The ritual preparation of tea is also a *hōben*, a skilled practice used as an aid to spiritual enlightenment.

*Chasen* – Tea Whisk
Chadō is one of the oldest, most complex, and carefully preserved ritual practices known.
The beverage we know as “tea” comes from the leaf of a species of camellia which is believed to have originated in Szechuan.
The tea is rolled and then dried, if the finished product is to be sold as leaf tea. The dry leaves may also be ground to a fine powder.
Thin tea in a Kyōto style bowl by Jōei

Thick tea in a Hagi bowl by Tessin

Thin tea in a Kyōto style bowl by Jōei