Midterm Exam Review
KIN 169
Dr. Matthew Masucci

Reread or Read 😊
- Reader - (Chapter 1) Health and wellness: A multicultural perspective - Nakamura
- Reader - Why do we need a health psychology of gender/sexual orientation - T. Mann
- Reader - The Televised Manhood Formula - Messner, Dunbar, & Hunt
- Reader - Heterogeneity of health disparities - V. Mays
- Reader - The health of men: Structured inequalities and opportunities - D. Williams
- Reader - Critical Race Media Literacy - Yasso

Videos - Be familiar with the general concepts covered in these videos
- Stress: Portrait of a Killer
- Killing Us Softly III
- Wrestling with Manhood

Major Concepts:
- Why study issues of diversity in health psychology
  - How has the research been limited?
- Basic psychophysiology of stress & stress models (physiological changes)
- Progressive relaxation/strategies to manage stress
- Gender role socialization
- Gender role stress
- Critical media analysis
- Concepts of social construction of “gender” “sexual orientation”
- Sexual orientation and minority women (Mays article)
- Interventions for stressors related to gender role socialization
- Televised Manhood Formula - major findings and 10 themes
- Critical race media literacy & “Media Language” – 6 characteristics (from Yasso article)
- Deconstructing print advertisements - handout/in-class assignment
- Stereotypes - What’s at issue (from Italian/American talk)