

San José State University
College of Social Sciences, Department of Geography & Global Studies
GEOG165 - National Parks, Section 01, Course #27723, Spring, 2016

Course and Contact Information

Instructor:	Kerry Rohrmeier, Ph.D.
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Office Hours:	Mondays 2:00-3:00 pm + 6:00-7:00pm, and by appointment
Class Days/Time:	Mon 2/8 from 1:30-2:45pm in Clark Hall 224 Fri – Sun 2/19 - 2/21 Death Valley National Park Fri – Sun 3/4 - 3/6 Channel Islands National Park Fri – Sun 4/22 - 4/24 Yosemite National Park
Classroom:	We will meet for the 2/8 Organization Session in Clark Hall 224, then for all the trip weekends we will meet at Washington Square Hall 111

Course Format

This course is a geographic exploration course, which means this class does not meet at regularly scheduled times. Instead course hours will be spent in the field experiencing three National Parks located in California. All course materials are provided to you on Canvas.

Course Description

(From SJSU Catalog) An exploration of the history, philosophy, and science of park and wilderness preservation. Includes site visits to selected parks and wilderness areas. 3-units.

Course Learning Outcomes (CLO)

Upon successful completion of this course, students will be able to:

- 1. Define and use basic geographic tools and techniques.*
Students must participate in logistics and field operations required for studying remote locales. Common field measurement tools will also be used for data collection and analysis, and students will keep a journal logging their explorations. Students will learn basic landscape photography and compile a digital archive for record.
- 2. Demonstrate professional communication skills.*
Students must work as small teams to introduce interesting background content to the class at selected sights, and also individually present their key course takeaway during a concluding reflection session.
- 3. Demonstrate understanding of and ability to analyze and critique human and environment interactions.*
Students will address this topic specifically in their final exam essays.

Required Texts, Readings & Materials

Textbook

In an effort to keep student costs low no textbook is required for this course. Supporting readings and web content listed on the course schedule are posted to the Canvas 'Files' for your convenience.

Required Equipment

In addition to appropriate outdoor clothing, footwear, and personal toiletries/accessories, student must have:

- Tent (single or shared)
- Sleeping Pad
- Sleeping Bag
- Flashlight or headlamp preferred
- Utensil Set
- Plate/Bowl/Mug

All belongings must be carried on your person or fit within, or strapped to, a backpack. Keep in mind Winter and Spring temperatures may reach +60°F during the daytime, but nights will be cold (possibly below freezing) so dress accordingly. With El Nino predictions you should expect rain, possibly even hail or snowfall, so waterproofed jackets with hoods and gore-tex athletic/ hiking shoes are ideal to stay dry.

Transportation, activities, snacks and meals will be provided to you as part of your \$300 student course fee except where (\$) is listed on the course schedule – anything listed as an extra expense (\$) is optional. In the case of food and beverages, if that which is provided is not suitable to you please bring your own alternatives.

Items necessary for camp (kitchen and backpacks) will be loaded into the cargo van first, then any remaining space may be used for student amenities such as lounge chairs, wetsuits, surfboards, etc.

Recommended Readings

- Brinkley, Douglas. 2010. *The Wilderness Warrior: Theodore Roosevelt and the Crusade for America*. New York: Harper Perennial.
- Bryan, Scott T. and Betty Tucker-Bryan. 2015. *The Explorer's Guide to Death Valley National Park, 3rd Edition*. Boulder, CO: University of Colorado Press.
- Chiles, Frederic Caire. 2015. *California's Channel Islands: A History*. Norman, OK: University of Oklahoma Press.
- Muir, John. 1912. *The Yosemite*. New York: The Century Co.
http://valut.sierraclub.org/john_muir_exhibit/writings/the_yosemite/
- Keiter, Robert. 2013. *To Conserve Unimpaired: The Evolution of the National Park Idea*. Washington: Island Press.
- Miles, John. 2009. *Wilderness in National Parks: Playground or Preserve?* Seattle, WA: University of Washington Press.
- Ogden, Kate Nearpass. 2015. *Yosemite*. London: Reaktion Books.
- U.S. House Committee on the Public Lands, Hetch Hetchy Dam Site*, 63rd Cong., 1st sess. (25–28 June 1913; 7 July 1913), (Washington D.C.: Government Printing Office, 1913), 25–29, 165–66, 213–14, 235–38.
<http://historymatters.gmu.edu/d/5721>
- Wilson, Randall K. 2014. *America's Public Lands: From Yellowstone to Smokey Bear and Beyond*. Lanham, MD: Rowman & Littlefield: 63-104.

Apps

The Night Sky
California Tide Pools

Useful Data Sets

Several students will be concurrently taking courses requiring research projects and posters. Please consider this as an opportunity to take advantage of the following datasets to support your Geography 165 learning:

Channel Islands Regional GIS Collaborative <http://www.cirgis.org/home.html>

Desert Research Institute Death Valley, California Climate Data 1961-Present
<http://www.wrcc.dri.edu/cgi-bin/cliMAIN.pl?ca2319>

Kushner, David J., et al. 2011. A multi-decade time series of kelp forest community structure at the California Channel Islands. Ecology 94: 2655. [monitoring data with XY coordinates linked in article]
<http://esapubs.org/archive/ecol/E094/245/metadata.php>

NPSpecies <https://irma.nps.gov/npspecies>

U.S. Geological Survey. Channel Islands GIS Data Catalog.
<http://coastalmap.marine.usgs.gov/regional/contusa/westcoast/socal/cinms/data.html>

U.S. National Weather Service. Santa Cruz Island Automated Weather Station Data.
http://www.climateanalyzer.org/medn/raws/santa_cruz_raws/

U.S. National Park Service. Yosemite GIS (with links to other NPS GIS data sources at page bottom).
<http://www.nps.gov/yose/learn/nature/gis.htm>

U.S. National Park Service, Yosemite Statistics. <http://www.nps.gov/yose/learn/management/statistics.htm> &
<http://www.nps.gov/yose/learn/nature/natural-resource-statistics.htm>

Course Requirements and Assignments

SJSU classes are designed such that in order to be successful, it is expected that students will spend a minimum of forty-five hours for each unit of credit (normally three hours per unit per week), including preparing for class, participating in course activities, completing assignments, and so on.

- 1) Active **Group Participation** in this course is mandatory and imperative to the overall success of all three field trips (CLO 1). Students have been placed into groups and have been assigned camp meal and logistics responsibilities. All members of the group receive the same grade.
- 2) National Parks have scenic vistas and points of interest worth documenting. Basic landscape photography skills will be covered (CLO1). Then following each fieldtrip the class will collectively build a **Digital Archive** of their finest photographs with captions as on closed Facebook group webpage. Note: this will be an invite only group [not accessible by the public].
- 3) In the **Team Assignment** students will work in groups of three or four to research sights selected at Death Valley, and present the class useful and interesting background information for the first 15-minutes following arrival at each location (CLO 2). All members of the group receive the same grade.
- 4) Each student is tasked to keep a **Field Journal** logging their daily explorations and encounters during each fieldtrip (CLO 1). Notes may be in any format, but all writing must be clear and succinct to be worthy of review.
- 5) During our last evening together in Yosemite each student will share his or her most memorable takeaway from the course during a **Campfire Reflection** session (CLO2).

- 6) The **Final Exam** is a single essay prompt. You must clearly support and defend in a written essay how the toponym Yosemite [translation “they are killers’] or Death Valley exemplifies complexities of geography’s human-environment tradition (CLO 3).

Grading Policy

	Points Possible
Group Participation	600 (200-each)
Team Assignment	40
Digital Archive	60 (20-each)
Field Journal	100
Campfire Reflection	40
Final Exam Essay	60
TOTAL	1,000

SCALE:

A+ = ≥98%	A = 94-97%	A- = 90-93%
B+ = 87-89%	B = 84-86%	B- = 80-83%
C+ = 77-79%	C = 74-76%	C- = 70-73%
D+ = 67-69%	D = 60-66%	D- = 51-59%
		F = ≤50%

All students have the right, within a reasonable time, to know their academic scores, to review their grade-dependent work, and to be provided with explanations for the determination of their course grades. In keeping with this policy, and to making grading responsive. All assignments are due as stated on the Course Schedule and Canvas. **Late work is not accepted, and if you miss a field weekend then this is a significant portion of your grade which cannot be made up.** If you have questions about your final grade please make an appointment to see me.

[Field] Classroom Protocol

- Attendance is mandatory.
- On-time arrival to all listed itinerary items is mandatory.
- Cell phone reception may be poor. During vehicular transportation and in allotted free time blocks you may use your electronic devices as much as you wish. Use during activities and lectures means they will be confiscated.
- Understand your camp responsibilities and always err on the side of safety.
- All activities in this field course are undertaken at your own risk. Should you have concerns please see the instructor to identify alternatives.
- Background materials must be reviewed prior to your field experience for successful participation in discussions and lectures.
- You might find environmental conditions unpleasant and/or tiring. Keep in mind that you may become more easily frustrated or less agreeable to other perspectives in these settings, but respect and adult behavior are still mandatory.
- Please keep any and all complaints to yourself. Remember, you could be spending 45 course hours watching PowerPoint lectures of National Parks instead.

University Policies

General Expectations, Rights and Responsibilities of the Student

As members of the academic community, students accept both the rights and responsibilities incumbent upon all members of the institution. Students are encouraged to familiarize themselves with SJSU's policies and practices pertaining to the procedures to follow if and when questions or concerns about a class arises. To learn important campus information, view University Policy S90-5 at <http://www.sjsu.edu/senate/docs/S90-5.pdf> and SJSU current semester's Policies and Procedures, at <http://info.sjsu.edu/static/catalog/policies.html>. In general, it is recommended that students begin by seeking clarification or discussing concerns with their instructor. If such conversation is not possible, or if it does not address the issue, it is recommended that the student contact the Department Chair as the next step.

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Add/drop deadlines can be found on the current academic year calendars document on the Academic Calendars webpage at http://www.sjsu.edu/provost/services/academic_calendars/. The Late Drop Policy is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at <http://www.sjsu.edu/advising/>.

Consent for Recording of Class and Public Sharing of Instructor Material

University Policy S12-7, <http://www.sjsu.edu/senate/docs/S12-7.pdf>, requires students to obtain instructor's permission to record the course and the following items to be included in the syllabus:

- “Common courtesy and professional behavior dictate that you notify someone when you are recording him/her. You must obtain the instructor's permission to make audio or video recordings in this class. Such permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.”
 - It is suggested that the greensheet include the instructor's process for granting permission, whether in writing or orally and whether for the whole semester or on a class by class basis.
 - In classes where active participation of students or guests may be on the recording, permission of those students or guests should be obtained as well.
- “Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent.”

Academic integrity

Your commitment, as a student, to learning is evidenced by your enrollment at San Jose State University. The University Academic Integrity Policy S07-2 at <http://www.sjsu.edu/senate/docs/S07-2.pdf> requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at <http://www.sjsu.edu/studentconduct/>.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 at http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf requires that students with disabilities requesting accommodations must register with the Accessible Education Center (AEC) at <http://www.sjsu.edu/aec> to establish a record of their disability.

GEOG165 / National Parks, Spring 2016, Course Schedule

List the agenda for the semester including when and where the final exam will be held. Indicate the schedule is subject to change with fair notice and how the notice will be made available.

Course Schedule

Meetings	Itineraries, Topics, Readings, Assignments, Deadlines
2/8 (Monday) 1:30-2:45 pm	CLARK HALL 224 - MANDATORY PREP MEETING Organizational meeting to go over all travel details, and answer questions.
2/9-2/18	U.S. National Park Service. Official Death Valley Map U.S. National Park Service. Record Temperatures Note: This list is purposely short list so that students research materials for their Team assignment.
2/19 (Friday) Check-in WSQ-111 @ 4:30 am	WILDFLOWERS: DEATH VALLEY NATIONAL PARK <i>Experience: Car-Camping, Furnace Creek Campground Tent Sites 115-118</i> 5:00 am Depart SJSU in transportation provided 11:00 am – 12:00 pm Lunch (\$) in Bakersfield or Mojave, California 3:30 pm – 6:00 pm Mosaic Canyon Trail { Team A } <i>Sunset @ 5:32 pm</i> Mesquite Flat Sand Dunes { Team B } Landscape Photography Lessons 6:00 pm – 7:00 pm Set up tent sites; limit 8 per site 7:15 pm – 7:45 pm Tapas & Drinks / Welcome Announcements 7:45 pm – 8:45 pm Dinner & Dessert 8:45 pm+ Free time <i>Nearly Full Moon</i>
2/20 (Saturday)	Death Valley Nat'l Park, Furnace Creek Campground Tent Sites 115-118 <i>Sunrise @ 6:30 am</i> 7:00 am – 8:00 am Continental breakfast; Packed lunches 8:30 am – 6:00 pm Furnace Creek Visitors Center Devil's Golf Course { Team C } Salt Creek Interpretive Trail { Team D } Badwater Pond & Salt Flats { Team E } Ubehebe Crater { Team F } <i>Sunset @ 5:33 pm</i> The Racetrack { Team G } 6:30 pm – 7:15 pm Tapas & Drinks /Living Death Valley by Kevin 7:15 pm – 8:30 pm Dinner & Dessert 8:30 pm+ Free time <i>Nearly Full Moon</i>
2/21 (Sunday) Return to SJSU approx. 9:00 pm	Death Valley Nat'l Park <i>Sunrise @ 6:29 am</i> 6:00 am – 8:30 am Zabriskie Pointe { Team H } Hole in the Wall { Team I } 8:30 am – 10:00 am Breakfast & Pack up camp 10:00 am Depart for SJSU / Lunch on the Road (\$)

Meetings	Itineraries, Topics, Readings, Assignments, Deadlines
2/22-3/3	<p>Midael. "Diving California's Channel Island National Park"</p> <p>Schoenheer, Allan A. 1992. <i>A Natural History of California</i>. Berkeley: University of California Press. (Excerpt on Canvas in 'Files')</p> <p>U.S. National Park Service. Official Channel Islands National Park Map</p> <p>U.S. National Park Service. Channel Islands National Park Timeline</p> <p>U.S. National Park Service. "Restoring Balance: Santa Cruz Island"</p>
<p>3/4 (Friday)</p> <p>Check-in WSQ-111 @ 8:00 am</p>	<p>WHALES: CHANNEL ISLANDS NATIONAL PARK</p> <p><i>Experience: Hike-in Camping (Gear Weight Restrictions 45lb)</i></p> <p>Emma Wood State Park, Ventura River Campground Group Site B</p> <p>8:30 am Depart SJSU</p> <p>12:30 pm – 1:30 pm La Super-Rica Taqueria, Santa Barbara (\$)</p> <p>2:30 pm – 4:00 pm Channel Islands Visitors Center, Ventura</p> <p>4:30 pm – 6:30 pm Set up overnight camp</p> <p><i>Sunset @ 5:56 pm</i></p> <p>6:30 pm – 7:30 pm Tapas & Drinks / CSU-CI Guest Speaker</p> <p>7:30 pm – 8:30 pm Sit Down Dinner & Dessert</p> <p>8:30 pm+ Free time</p>
	<p>Channel Islands Nat'l Park, Santa Cruz Island, Scorpion Campground Group Sites A + C</p> <p><i>Sunrise @ 6:20 am</i></p> <p>6:30 am – 7:30 am Continental breakfast and pack up camp</p> <p>8:00 am Check in Island Packer Cruises [1691 Spinnaker Drive]</p> <p>9:00 am – 10:15 am Ferry to Santa Cruz Island / Whale Watching</p> <p>10:15 am – 11:00 am Hike in to Scorpion Ranch campsite</p> <p>11:30 am – 12:30 pm Camp setup + lunch</p> <p>1:00 pm – 3:30 pm Tide Pools (Sea Level -1.0) with Dr. Davis</p> <p><i>Low Tide @ 2:00 pm</i></p> <p>3:30 pm – 6:00 pm Cavern Point Sunset Hike - Easy to Moderate</p> <p><i>Sunset @ 5:57 pm</i></p> <p>6:30 pm – 7:15 pm Tapas & Drinks / Loving the Uglies by Dr. Davis</p> <p>7:15 pm – 8:30 pm Sit Down Dinner & Dessert</p> <p>8:30 pm+ Free time (stargazing)</p>
<p>3/6 (Sunday)</p> <p>Return to WSQ-111 approx. 11:00 pm</p> <p>WSQ-111 approx. 11:00 pm</p>	<p>Channel Islands Nat'l Park, Santa Cruz Island</p> <p><i>Sunrise @ 6:19 am</i></p> <p>7:00 am – 8:00 am Breakfast</p> <p>8:30 am – 12:00 pm Scorpion Canyon Hiking - Moderate to Strenuous</p> <p>12:00 pm – 2:00 pm Snorkel (\$), Kayak, Paddle Board (\$), Surf (\$)</p> <p><i>OR</i></p> <p>12:00 pm – 2:00 pm North Bluff Hike</p> <p>2:00 pm – 3:00 pm Late Lunch & Pack up</p> <p>3:00 pm – 3:45 pm Hike camp gear to ferry landing</p> <p>4:00 pm – 5:15 pm Ferry back to Ventura / Whale Watching</p> <p>5:30 pm Depart for SJSU</p>

Meetings	Itineraries, Topics, Readings, Assignments, Deadlines
3/7-4/21	<p>Duane, Daniel. 2015. "The armed theft of John Muir's Yosemite" <i>Los Angeles Times</i></p> <p>Burns, Ken. 2009. "John Muir and Theodore Roosevelt in Yosemite" <i>The National Parks: America's Best Idea</i></p> <p>Burns, Ken. 2009. "Yosemite's Buffalo Soldiers" <i>The National Parks: America's Best Idea</i></p> <p>GoogleEarth Trek. 2015. Climbing El Capitan</p> <p>Guerra, Stephanie. 2011. Piecing together the Past: Chinese Immigrants in Yosemite. <i>Yosemite Science: Innovations in Research & Resource Management</i>, 1(1) 14-16.</p> <p>Muir, John. 1911. <i>My First Summer in the Sierra</i>. New York: Houghton Mifflin Co.</p> <p>NBC News. May 5, 2015. California Drought: Century-Old Fight Over Hetch Hetchy Simmers On.</p> <p>Stock, Greg. 2011. High-resolution tools for Understanding Geologic Processes. <i>Yosemite Science: Innovations in Research & Resource Management</i>, 1(1) 4-5.</p> <p>U.S. National Park Service, Inventory & Monitoring. Seeking clarity: Tracking change in mountain lakes.</p> <p>U.S. National Park Service, Yosemite Map</p> <p>U.S. National Park Service, Yosemite Webcams</p> <p>U.S. National Park Service, Yosemite, Study the Scientist: Fire Archeologist</p> <p>U.S. National Park Service, Yosemite, Study the Scientist: Historical Architect</p>
<p>4/22 (Friday)</p> <p>Check-in WSQ-111 @ 9:00 am</p>	<p>WATERFALLS: YOSEMITE NATIONAL PARK</p> <p><i>Experience: Glamping, Housekeeping Camp (no tent necessary)</i></p> <p>9:30 am Depart SJSU</p> <p>11:30 am – 12:30 pm Lunch in Groveland</p> <p>2:30 pm – 3:30 pm Yosemite Village Visitors Center</p> <p>4:00 pm Check in Housekeeping Camp [6 per room]</p> <p>5:00 pm – 6:30 pm Lower Yosemite Falls Hike, Easy</p> <p>7:00 pm – 7:30 pm Tapas & Drinks / Thru-Hiking John Muir Trail by Jay</p> <p><i>Sunset @ 7:38 pm</i></p> <p>7:30 pm – 8:30 pm Sit Down Dinner & Dessert</p> <p>8:30 pm+ Free time / Star-Gazing</p> <p><i>Full Moon</i></p>
4/23 (Saturday)	<p>Yosemite Valley Nat'l Park, Housekeeping Camp</p> <p><i>Sunrise @ 6:13 am</i></p> <p>6:00 am – 7:15 am Sunrise Photography @ Cooks Meadow, Easy Walk</p> <p>7:30 am – 8:30 am Continental Breakfast; Pack Lunches</p> <p>9:00 am – 11:00 am Sightseeing Glacier Point, Half Dome, & El Capitan</p> <p>11:30 am – 6:30 pm Top of Nevada Falls Hike (Moderate to Strenuous)</p> <p><i>OR</i></p> <p>11:30 am – 2:00 pm Bicycling (\$), extended ride optional</p> <p>2:30 pm – 5:00 pm Optional Catch & Release Fishing or Fly-Fishing (\$)</p> <p>6:45 pm – 7:30 pm Tapas & Drinks / Hetch Hetchy Discussion</p>

Meetings	Itineraries, Topics, Readings, Assignments, Deadlines
4/22 (Saturday) Cont.	<i>Sunset @ 7:39 pm</i> 7:45 pm – 8:30 pm Sit Down Dinner & Dessert 8:30 pm+ Free time
4/22 (Sunday) Return to WSQ-111 approx. 8:30 pm	Yosemite Valley Nat'l Park <i>Sunrise @ 6:11 am</i> 6:00 am – 8:00 am Mirror Lake Sunrise Hike, Easy 8:30 am – 9:15 am Breakfast & pack up 10:30 am Check out of Housekeeping Camp 11:00 am – 2:00 pm Free Exploration Time & Relax 2:00 pm – 2:45 pm Late Lunch @ Valley Concessioner(s) 3:00 Depart for SJSU
5/16 (Online)	Journal Due - Upload to Canvas
5/18 (Online)	Final Exam Essay – Upload to Canvas

For the **Team Assignment** students will work in smaller groups of three or four to research sights selected at Death Valley National Park prior to departure. Then when we reach these locations the team will present to the class at large useful and interesting background information for the first 15-minutes at each location.

Team A – Mosaic Canyon Trail

Team B – Mesquite Flat/Stovepipe Wells Sand Dunes

Team C – The Devil's Golf Course

Team D – Salt Creek Trail / Pup Fish Habitat

Team E – Badwater Basin / Lowest Point in North America

Team F – Ubehebe Crater

Team G – The Racetrack

Team H – Zabriskie Point

Team I – Hole in the Wall / Rock Art

Team J – Q & A Sessions

For logistical purposes this class has been divided into large **Participation Groups**. A leader has been assigned based on my knowledge of those students having field expertise, military training, or having previously lived in the park. If you have questions or need assistance with campsite setup or your gear, please ask the group lead first.

Each group will be responsible for specific meal preparations and clean up as outlined in the following pages. This is to provide you information upfront in case ingredients do not meet with your dietary preferences or restrictions. Whether or not you eat the meal provided you must still participate in assigned duties. All ingredients will be pre-portioned so this is really more meal assembly, and light clean up to share responsibilities for camping in a class of 32-persons. Meals not assigned to a group are tasked to your instructor.

MEALS

Meals are included with the student fee unless noted by (\$). All ingredients are listed below so that you can determine if these are suitable with any dietary restrictions or preferences you may have. If these do not meet your needs then you are welcome to bring your own meals, but are still required to pay the full course fee and participate in the group preparation responsibilities.

	Friday 2/19	Saturday 2/20	Sunday 2/21
Breakfast		Continental Breakfast GROUP 3 – Packed Lunches • Sandwich Bar • Apples • Assorted Chips	GROUP 3 • Sausage, Egg & Cheese Biscuits • Skillet Potatoes
Lunch	Lunch on the Road (\$)	Enjoy Packed Lunch	Lunch on the Road (\$)
Tapas & Drinks	GROUP 1 “Mexican Fiesta” • <i>Appetizer</i> : Tortilla Chips, Guacamole and Salsa	GROUP 2 Classic BBQ • <i>Appetizer</i> : Kettle Chips with French Onion Dip	
Dinner	GROUP 1 • <i>Entrée 1</i> : Sweet Potato Black Bean Chili • <i>Entrée 2</i> : Chicken or Cheese Quesadillas	GROUP 2 • <i>Entrée</i> : Classic Hamburger or VegiBurger • <i>Side A</i> : Potato Salad • <i>Side B</i> : Corn on the Cob	
Dessert	Mexican Chocolate S’mores	Apple Crisp	

Beverages: Water, Coffee, Hot Chocolate

Snacks: Granola Bars, Pretzels, Pistachios, Jerky

FRIDAY 2/19 – GROUP 1 PREP & CLEAN UP DINNER

Appetizer: Premade Salsa, Guacamole & Tortilla Chips

Dinner: “Mexican Fiesta”

- *Entrée 1: Sweet Potato Black Bean Chili [Soup]*

- 5 diced medium white onions + coconut oil
- 15 chopped (bite sized pieces) medium sweet potatoes (20 cups)
- 5 16-ounce jars chunky salsa (80 oz. total)
- 5 15-ounce cans black beans w/salt, slightly drained
- 10 cups vegetable stock
- 10 cups water

In a large pot over medium heat, sweat onions in oil and season with a healthy pinch each salt and pepper. Stir and continue cooking on medium heat until translucent and soft.

Add sweet potato. Cook for 3 minutes, then add salsa, water and vegetable stock.

Bring mixture to a low boil on medium high heat and then lower heat to medium-low and simmer. Add black beans, cover and cook for at least 30 more minutes - or until the sweet potatoes are fork tender and the soup and thickened.

- *Entrée 2: Chicken or Cheese Quesadillas*

Toppings: Sour Crème, Guacamole, Salsa, Cilantro, Shredded Cheese, Hot Sauce

SATURDAY 2/20 – GROUP 3 SET UP & CLEAN UP PACKED LUNCH BAR @ BREAKFAST

Turkey, Ham & Swiss Sandwich Bar on Sliced Whole Wheat Bread

Condiments: Mayonnaise, Dijon Mustard, Lettuce, Tomatoes, Pickles, Salt & Pepper

Sides: Apples & Assorted Bagged Chips

SATURDAY 2/20 – GROUP 2 PREP & CLEAN UP DINNER

Appetizer: Knorr French Onion Dip + Sour Crème with Kettle Chips

Dinner: “Classic BBQ”

- *Entrée: Hamburgers, Cheddar Cheeseburgers, or Vegeburgers on the Grill*

Toppings:

Toasted Buns

Sautéed White Onions

Ketchup

Dijon Mustard

Mayonnaise

Pickles

Lettuce

Tomatoes

- *Side B: Corn on the Cob*

Add husked corn ears to unsalted boiling water and cover to bring the water back to a boil on high heat. This takes about 3-4 minutes and once it is back to a boil, remove corn immediately using tongs.

Butter and salt to taste.

- *Side A: Pre-made potato salad*

SUNDAY 2/21 – GROUP 3 PREP & CLEAN UP BREAKFAST

Main: Fried Eggs

Warm sausage patties + Melt Cheddar Cheese on Top

Warm Biscuits

Assemble into a sandwich

Side: Warm Pre-made Breakfast Potatoes

Condiments: Ketchup, Hot Sauce, Salt & Pepper

	Friday 3/4	Saturday 3/5	Sunday 3/6
Breakfast		Assorted Muffins & Scones	NYC Breakfast: Assorted Bagels 'n Schmear
Lunch	Lunch on the Road (\$) La Super-Rica Taqueria, Santa Barbara	GROUP 2 • Sandwich Bar • Siracha Popcorn • Crudités with Hummus	GROUP 2 • Assorted Sausages on Toasted Buns • Kettle Chips
Tapas & Drinks	GROUP 3 “Italian Feast” • <i>Appetizer:</i> Goat Cheese & Tomato Toasts	GROUP 1 “British Invasion” <i>Appetizer:</i> Cucumber and Crème Cheese Toasts	
Dinner	GROUP 3 • <i>Entrée:</i> Spaghetti with Marinara Sauce • <i>Side A:</i> Meatballs • <i>Side B:</i> Grilled Zucchini and Yellow Squash	GROUP 1 • <i>Entrée:</i> Grilled Assorted Bangers (Sausages) • <i>Side A:</i> Mashed Potatoes • <i>Side B:</i> Cabbage Salad	Dinner on the Road (\$)
Dessert	Cheesecake Bites	Artisanal Chocolate Bars	

Beverages: Water, Coffee, Hot Chocolate

Snacks: Granola Bars, Pretzels, Pistachios, Jerky

FRIDAY 3/4 – GROUP 3 PREP & CLEAN UP DINNER

Appetizer: Toast Pre-sliced Baguettes with Culinary Torch
Spread Goat Cheese
Add Thin Tomato Slice
Drizzle with Olive Oil
Salt

Dinner: “Italian Feast”

- *Entrée: Spaghetti with Marinara Sauce*

Boil Spaghetti in Salted Water
Warm Marinara Sauce

- *Side A: Meatballs*

Heat Pre-cooked Meatballs in their Roasting Pan

- *Side B: Grilled Vegetables (Zucchini and Yellow Squash)*

Slice Vegetables Long Way
Coat with Olive Oil + Season Salt
Grill to Tender

SATURDAY 3/5 – GROUP 2 PREP & CLEAN UP LUNCH

Main: Roast beef, Chicken & Provolone Sandwich Bar on Sliced Sourdough Bread
Condiments: Mayonnaise, Dijon Mustard, Lettuce, Tomatoes, Pickles, Salt & Pepper

Side 1: Siracha Popcorn on the Stove

Add ¼ cup coconut oil to 2/3 cup popcorn kernel in pot
Cover and cook over medium-high heat until all kernels pop

Condiment: Drizzle melted butter mixed with in Siracha to taste

Side 2: Vegetable (Crudités) Platter + Hummus Dip

SATURDAY 3/5 – GROUP 1 PREP & CLEAN UP DINNER

Appetizer: Toast Pre-sliced Baguettes with Culinary Torch
Spread Crème Cheese
Add Thin Cucumber Slice
Salt

Dinner: “British Invasion: Bangers & Mash”

- *Entrée: Warm Assorted Sausages*
Serve with Brown Mustard
- *Side A: Mashed Potatoes*
Heat Pre-cooked Mashed Potatoes
Condiments: Salt + Butter
- *Side B: Cabbage Salad*
Dress Packaged Coleslaw with Vinaigrette Dressing

SUNDAY 3/6 – GROUP 2 PREP & CLEAN UP LUNCH

Warm Sausages
Toast Buns
Condiments: Ketchup, Brown Mustard, Mayonnaise, Pickles

Side: Assorted Chips

	Friday 4/22	Saturday 4/23	Sunday 4/24
Breakfast		Continental Breakfast GROUP 1 – Packed Lunched Sandwich Bar	GROUP 1 • Fruit Salad • Sausage • Pancakes • Scrambled Eggs
Lunch	Lunch in Groveland (\$)	Enjoy Packed Lunch	Valley Concessioner (\$)
Tapas & Drinks	GROUP 2 “Taste of the Mediterranean” • <i>Appetizer:</i> John Oliver Toasts	GROUP 3 “Meat & Potatoes” • <i>Appetizer:</i> Ricotta + Honey Toasts	
Dinner	GROUP 2 • <i>Entrée 1:</i> Garlic-Lemon Chicken Kabobs • <i>Entrée 2:</i> Grilled Eggplant • <i>Side A:</i> Greek Salad • <i>Side B:</i> Mediterranean Pasta Salad	GROUP 3 • <i>Entrée 1:</i> Beef with Lemon Butter Kabobs • <i>Entrée 2:</i> Vegetarian Tofu and Eggplant Bundles • <i>Side A:</i> Baby Red Rosemary Potatoes • <i>Side B:</i> Mixed Greens with Vinaigrette Dressing	
Dessert	Chocolate Dipped Strawberries	Strawberry Shortcake Kabobs	

Beverages: Water, Coffee, Hot Chocolate
Snacks: Granola Bars, Pretzels, Pistachios, Jerky

FRIDAY 4/22 – GROUP 2 PREP & CLEAN UP DINNER

Appetizer: Toast Pre-sliced Sweet French Baguettes with Culinary Torch Spread Goat Cheese
Add Kalamata Olive Tapenade

Dinner: “Taste of the Mediterranean”

- *Entrée 1: Garlic-Lemon Chicken Kabobs*
Brush a Mix of Olive Oil, Lemon Juice, and Minced Garlic on Chicken Kabobs
Season with Parsley, Salt & Pepper
Heat on grill until thoroughly cooked
- *Entrée 2: Grilled Eggplant*
Slice Eggplant into Rounds
Coat with Olive Oil + Season Salt
Grill to Tender
- *Side A: Pre-Made Mediterranean Pasta Salad*
- *Side B: Pre-Made Greek Salad*

SATURDAY 4/23 – GROUP 1 PREP & CLEAN UP PACKED LUNCH BAR @ BREAKFAST

Prosciutto, Salami & Mozzarella Sandwich Bar on Rolls

Condiments: Basil, Tomatoes, Olive Oil, Salt & Pepper

SATURDAY 4/23 – GROUP 3 PREP & CLEAN UP DINNER

Appetizer: Toast Pre-sliced Sourdough with Culinary Torch
Spread Ricotta Cheese
Drizzle with Honey

Dinner: “Classic Meat & Potatoes”

- *Entrée 1: Beef with Lemon Butter Kabobs*
Brush a Mix of Melted Butter and Lemon Juice on Beef Kabobs
Season with Salt & Pepper
Heat on grill until thoroughly cooked
- *Entrée 2: Vegetarian Tofu & Eggplant Bundles*
In an aluminum foil pouch add”
Cut package of firm tofu into 16 chunks
Add bite-sized eggplant
Minced Ginger
Minced Garlic
Low-Sodium Soy sauce
Olive Oil
Chopped Green Onions

Put foil pouch on grill for 10 minutes, turning over once.
- *Side A: Baby Red Rosemary Potatoes*

Cut potatoes into small pieces, put in large pot.
Add olive oil
Season with crushed Rosemary + Italian spices.

Cook over medium high heat until potatoes are browned and tender. Take lid cover off the last few minutes.
- *Side B: Tossed Mixed Greens with Vinaigrette Salad Dressing*

SUNDAY 4/24 – GROUP 1 PREP & CLEAN UP BREAKFAST

Scrambled Eggs

Sausage Links

Pancake Batter

Pre-maid Fruit Salad

Serve with Butter, Maple Syrup, Ketchup, Hot Sauce, Salt & Pepper