General Education Annual Course Assessment Form

Course Number/Title  NuFS 9: Intro to Human Nutrition  GE Area:  E

Results reported for AY 2017-2018  # of sections  4  # of instructors  3

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Department Chair: Dr. Ashwini Wagle  College:  CHHS

Instructions: Each year, the department will prepare a brief (two page maximum) report that documents the assessment of the course during the year. This report will be electronically submitted to <curriculum@sjsu.edu>, by the department chair, to the Office of Undergraduate Studies, with an electronic copy to the home college by October 1 of the following academic year.

Part 1

To be completed by the course coordinator:

(1) What GELO(s) were assessed for the course during the AY?

GELO 1: Students will be able to recognize the physiological, social/cultural, and psychological influences on their well-being.

(2) What were the results of the assessment of this course? What were the lessons learned from the assessment?

Over the course of Fall 2017 and Spring 2018, 308 students submitted the Diet Self Study assignment, which was the tool used to assess GELO 1. Within the Diet Self Study assignment, there were three parts that the students completed; 1. They had to record the social/cultural environments they were in when they were consuming their food, which included information on where they were and who they were with; 2. They had to write >250 words reflecting on the interrelationship between their social/cultural environment and the impact it had on their food choices; and 3. They had to write >250 words reflecting on the relationship between their food choices and the impact it may be having on their wellbeing.

The results of this assessment indicate that the majority of students passed the assignment with a C or better. Specifically, 62% earned 90% or greater; 75% earned 80% or greater; and 80% earned 70% or better.

Lessons learned were that the students were able to get a more objective view of not only the nutritional quality of the food they were eating, but a better understanding of how the environments they were in impacted their choices. To be able to recognize patterns of behaviors that may lead to unhealthy eating gives them an opportunity to make changes in their behaviors and environments when making food choices in the future.

(3) What modifications to the course, or its assessment activities or schedule, are planned for the upcoming year? (If no modifications are planned, the course coordinator should indicate this.)
In the future, due to the government shutting down the nutritional assessment tool that was being used, students will now be using a different software tool for their dietary assessment. Because this tool is associated with the class textbook, and because it is geared towards those who are learning about nutrition, the analysis of their food intake should be easier to manage and understand. Additionally, due to this change in software tool, the assignment was modified to account for the various changes that the student will see when using the new software package. The result should be an assignment that is easier for the students to understand and implement.

Part 2

To be completed by the department chair (with input from course coordinator as appropriate):

(4) Are all sections of the course still aligned with the area Goals, Student Learning Objectives (GELOs), Content, Support, and Assessment? If they are not, what actions are planned?

All four sections of NuFS 9 are aligned related to GELOs, content, support, and assessment.

(5) If this course is in a GE Area with a stated enrollment limit (Areas A1, A2, A3, C2, D1, R, S, V, & Z), please indicate how oral presentations will be evaluated with larger sections (Area A1), or how practice and revisions in writing will be addressed with larger sections, particularly how students are receiving thorough feedback on the writing which accounts for the minimum word count in this GE category (Areas A2, A3, C2, D1, R, S, V, & Z) and, for the writing intensive courses (A2, A3, and Z), documentation that the students are meeting the GE GELOs for writing.

As this is an Area E course, this section is not applicable.