

Physical Education Requirement – Instruction (Page 1)

1. Only for undergraduate students who have been formally admitted to and enrolled at SJSU for at least one semester. If you have extenuating circumstances that interfere with your ability to complete the 2-unit physical education requirement, you may apply for a waiver of one or both units. Physical disability and health do not automatically justify a waiver, as there are many alternative courses that meet the requirement. There is also a procedure whereby you may challenge one or more units of the requirement by demonstrating a variety of competencies. Consult with the Activities Coordinator, Department of Kinesiology.
2. Attach a statement explaining your request (please specify one or two courses) and why you are making it, including extenuating circumstances that have prevented completion of requirement with approved courses or challenge exams.
3. Attach ALL required documentation. You are not required to provide any confidential information, please use the: [Health Provider Verification of Medical Condition Form](#).

