South Bay Psychiatrists Referral List

Suicide Prevention and Crisis Hotline
1-855-278-4204, toll-free, available 24 hours/day, 7 days/week.

Emergency Psychiatric Services – 24 hours/day
(408) 885-6100

If covered by Medi-cal or Santa Clara Family Health Plan? Contact the Santa Clara County Mental Health Referral Hotline: 1-800-704-0900
- Services: Phone screening by licensed clinician, provides assessment of sxs and referral to appropriate clinic; case management available for more severe needs
- Fees: Medi-cal, ok if no insurance
- Other Languages: Spanish.
- Hours: M-F, 8 am to 5 pm, has “after hours” crisis support

Santa Clara County Social Services Agency
(408) 758-3600

If covered by Alameda County Medi-cal or need Alameda County referrals for Mental Health and Substance Abuse, Dial Call Center at (800) 491-9099
- Hours: M-F, 8:30 am – 5 pm

Alameda County Social Services Agency
(800) 698-1118

If covered by Contra Costa Medi-cal or need Contra Costa County referrals for Mental Health and Substance Abuse, Dial Call Center at (888) 678-7277
- Hours: M – F, 8 am to 5 pm

Contra Costa Medi-cal and CalFresh Service Center
(866) 663-3225

If covered by San Mateo County Medi-cal or need San Mateo referrals for Mental Health and Substance Abuse, Dial Call Center at (800) 686-0101
- Hours: M-F, 8:00 am – 5 pm

San Mateo Benefits and Eligibility Center
(800) 223-8383

If covered by San Francisco County Medi-cal or need San Francisco County Mental Health Services, Dial Call Center at (888) 246-3333
- Hours: Available 24 hours a day
For Alcohol and Drug Referrals, call (415) 503-4730
- Hours: Drop In: M-F, 9:30 am – 4:30 pm
San Francisco Department of Human Services
415-863-9892

If covered by Monterey County Medi-cal or need Monterey County referrals for Mental Health and Substance Abuse, Dial Call Center at (888) 258-6029
- Hours: M-F, 8:00 am – 5 pm
- Need to attend the Group Orientation held T, W, or Th at 1:30 pm; thereafter they are scheduled for MH evaluation appointment

Monterey County Social Services Center
(866) 323-1953

If covered by Santa Cruz County Medi-cal or need Santa Cruz County Mental Health Services, Dial Call Center at (800) 952-2335
- Hours: M-F, 8:00 am – 5 pm
For Alcohol and Drug Services, call (831) 454-4050
Santa Cruz Human Services Department
(888) 421-8080

If covered by Kaiser or Medi-cal/Kaiser Contact Kaiser Psychiatry, 8:30 am to 5:30 pm, M-F
San Jose (Cottle Rd.) – (408) 972-3095
Santa Clara (Homestead Rd.) – (408) 366-4400
Milpitas (Milpitas Blvd.) – (408) 945-2915
Redwood City (Veterans Blvd.) – (650) 299-4777
Gilroy (for 1st time scheduling) – (408) 972-3095

If covered by Medi-cal/Anthem Blue Cross
Contact Telephone Number on back of card or Go to www.anthem.com/ca and in the Useful Tools area click on “Find a Doctor”

Santa Clara County – Urgent Care Clinic
871 Enborg Court, San Jose, CA 95128
Phone: (408) 885-7855
- Services: Temporary clinic care, assessed by clinician, then referred as appropriate
- Fees: Medi-cal, ok if no insurance
- Other Languages: Spanish.
- Hours: M-F, 8 am to 10 pm, open holidays and weekends

LGBTQ Youth Space
452 South First St., San Jose, CA, 95112
Phone: (408) 343-7940 www.youthspace.org
- Services: LGBTQ youth ages 13-25. Call for services, or schedule online: youthspace.org/schedule-a-meeting-with-a-counselor/; need referral from Program Counselor for Psychiatrist
- Fees: Medi-cal or No insurance
- Psychiatrist available on Thursdays
Family and Children Services
950 West Julian St., San Jose, CA 95126
(408)-292-9353  www.fcservices.org

- Specialty: Counseling and other services for deaf and hard of hearing clients, & LGBTQ youth. Psychiatrist available when receiving services within their agency.
- Other Services: Substance Abuse Classes
- Fees: Counseling – Medi-cal. Classes range from $25 - $75/class, on sliding scale.
- Other Languages: Spanish, ASL

Family and Children Services Palo Alto
375 Cambridge Avenue, Palo Alto, CA 94306.
Phone: (650)-326-6576  www.fcservices.org

- Services: Individual, group, family therapy. Men’s - Domestic Violence and Substance Abuse Classes. Psychiatrist available when receiving services within their agency.
- Fees: Accepts most insurance. Sliding scale begins at $30/session and $20/class.
- Hours: M-F 9am-6pm.

Alum Rock Counseling
1245 E. Santa Clara St., San Jose, CA 95116
Phone: (408) 294-0500  www.alumrockcc.org

- Services: Individual counseling
- Specialty: Youth Ages 6-17
- Psychiatrist available 2x/week.
- 24 Hour Crisis Line (408) 294-0579
- Fees: Medi-cal eligibility only
- Other Languages: Spanish, Vietnamese
- Hours: M-Th 8:30 am – 8 pm,
  F 8:30am – 6 pm

https://www.mybenefitscalwin.org/
Website for California residents to learn about and apply for medical, food, and cash assistance programs. Also provides ongoing access to secure and private benefit information.

http://www.coveredca.com/
Covered California is the place where Californians can get brand-name health insurance under the Patient Protection and Affordable Care Act. Get federal premium assistance to help you buy private insurance or get health insurance through the state’s Medi-Cal program.

Last Modified: C.M. 7/27/17