EARN SHRM RECERTIFICATION CREDITS AT SJSU: Building Emotional Intelligence

PROGRAM OVERVIEW:
PARTICIPANTS WILL LEARN TO RECOGNIZE AND UNDERSTAND EMOTIONS IN OTHERS AND THEMSELVES THROUGH CASE STUDIES, GROUP DISCUSSIONS AND INTROSPECTIVE EXERCISES.

THEY WILL USE THIS AWARENESS TO MANAGE BEHAVIOR AND BUILD POSITIVE RELATIONSHIPS, USING PROVEN TECHNIQUES.

THE SJSU ADVANTAGE: EXPERT SJSU FACULTY COMBINE INSTRUCTION WITH HANDS-ON LEARNING USING DISCUSSION, GROUP EXERCISES AND CASE STUDIES

RECERTIFICATION: THIS PROGRAM IS VALID FOR 7 PDC’S TOWARDS SHRM-CP AND SHRM-SCP RECERTIFICATION.

SEMINAR DETAILS

TOPICS COVERED:
› DECONSTRUCTING EMOTIONAL INTELLIGENCE SKILLS: SELF AWARENESS, EMPATHY, SELF MANAGEMENT AND RELATIONSHIP MANAGEMENT
› EARNING TRUST, BUILDING RELATIONSHIPS
› EMOTIONAL INTELLIGENCE & EFFECTIVE LEADERSHIP
› EMBRACING CHANGE AND INCREASING ADAPTABILITY

INSTRUCTOR: GRETCHEN VOGELGESANG LESTER, AN ACCOMPLISHED LEADERSHIP SCHOLAR AND CONSULTANT, SERVING CURRENTLY AS ASSOCIATE PROFESSOR AT SAN JOSE STATE UNIVERSITY.

WHEN: March 7, 2020 | Time: 8:30 AM - 4:30 PM
REGISTRATION DEADLINE: Feb 21, 2020
FEE: $300.00
REGISTER: www.sjsu.edu/ipp/shrm-recertification
VENUE: BBC 323, San Jose State University
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