

SAN JOSE STATE UNIVERSITY  
AJ 122 - Narcotic and Drug Abuse  
Sec. 1, 0730-0845, T-TR

Instructor: Sharon Grennan  
Spring 2000: MH 523

Office Hours: T, TR 0700-0730 hrs. MH 527  
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**Course Description**

This course will generally concern itself with examination of the drug problem, particularly as it relates to practitioners in criminal justice and health sciences. Class participants will be exposed to areas of drug classification, identification, pharmacology, and current trends. Current research in the field of chemical dependency will be presented.

This course will also deal to a large extent with the physical, psychological, social and legal ramifications of drug abuse and addiction; including areas of education, recovery, and treatment. Students will be introduced to such treatment modalities as: local community based drug treatment programs, narcotic replacement therapies, and recovery peer support groups. Other areas of concern will include the study of decriminalization, harm reduction, and legalization

**Course Objectives**

Students will acquire a basic knowledge of drugs and their classifications. Students will become familiar with current social problems precipitated by drug abuse and addiction, including areas of control and management. Students will also gain insight into the many reasons why people abuse drugs and how society responds to such abuse. Students will gain an understanding of contemporary drug laws designed not only to inhibit drug abuse, but to also treat individuals who are chemically dependent.

**Student Evaluation**

| <u>Student Evaluation</u>    | <u>Points</u> | <u>Due Date</u>      |
|------------------------------|---------------|----------------------|
| 1 <sup>st</sup> Midterm Exam | 100           | 03/07/00             |
| 2 <sup>nd</sup> Midterm Exam | 100           | 04/06/00             |
| 1 <sup>st</sup> Paper        | 50            | 03/23/00             |
| 2 <sup>nd</sup> Paper        | 50            | 04/27/00             |
| Extra Credit                 | 25            | 04/27/00             |
| Final Exam                   | 100           | 05/22/00 @ 0715 hrs. |

All tests will consist of multiple choice and true & false questions. Use Scantron #882.

**Note:** All written assignments and tests should be completed on time and no make-ups will be allowed unless the absence was necessitated by an emergency.

### **Required Reading**

Inaba, Darryl, Pharm.D. and William E. Holstein, Ph.D. UPPERS, DOWNERS, ALL-AROUNDERS, 3<sup>rd</sup> Edition. Ashland, Oregon: CNS Publications, Inc., 1997.

### **Textbook Readings: 1<sup>st</sup> Midterm**

- Chapter 1 Psychoactive Drugs: History and Classification
- Chapter 2 Heredity, Environment, Psychoactive Drugs
- Chapter 4 Downers: Sedative-Hypnotics only, **NOT** Opiates/Opioids)
- Chapter 5 Downers: Alcohol

### **Textbook Readings: 2<sup>nd</sup> Midterm**

- Chapter 3 Uppers
- Chapter 7 Inhalants, Steroids, Other Addictions

### **Textbook Readings: Final Exam**

- Chapter 4 Downers-Opiates
- Chapter 6 All Arounders
- Chapter 9 Treatment
- Chapter 10 Mental/Emotional Health and Drugs

### **Field Paper/Family History**

Students will complete two (2) papers, choosing from four (4) options. Students will be afforded an opportunity to attend either Treatment Court Graduation, a 12-Step Meeting, or interview a counselor at a local residential or outpatient substance abuse program. An additional option involves writing a family history of alcohol and/or drug use. A detailed explanation will be provided the first day of class. The field papers will expose students to outside programs that greatly assist chemically dependent individuals in remaining clean and sober. The last option will allow students to explore their own family history.

Spelling or grammatical errors will result in point deductions.

### **Extra Credit**

This research paper will consist of an 8-10 page paper using the American Psychological Association (APA) format. The instructor must approve the topic in advance. A maximum total of 25 points will be allowed, and spelling or grammatical errors will result in point deductions.

**Note: Attendance will not be taken in this class; however, much of the exams will be based on lectures, videos, and guest speakers.**

***\*\*Important student opportunities. Mark your calendar!***

#### **EXPO 2000.**

March 8<sup>th</sup>, Event Center, 10 am to 3 pm

Employers will discuss career opportunities for SJSU students preparing to graduate. Especially appropriate for students in senior seminar classes.

March 9<sup>th</sup>, Event Center, 10 am to 3 pm

Employers will discuss internship and summer employment opportunities for SJSU students. This is an excellent opportunity to gain career-related work experience. Especially appropriate for students enrolled in AJ 179 and AJ 100W.

***\*\*Register on-line with the Career Center ASAP @ [www.careercenter.sjsu.edu](http://www.careercenter.sjsu.edu)***

SAN JOSE STATE UNIVERSITY  
AJ 122 - Narcotic and Drug Abuse: Spring, 2000  
Field Paper/Family History Handout

You may choose between **two (2)** of the following **five (5)** options. See Class Syllabus for due dates.

**Option #1 - Option #1-Field Paper** - Type a **three (3) page**, double-spaced paper on what you saw, heard and felt about the following experience.

Attend one of the following **Treatment Court Graduations**:

**February 17, 2000 @ 6:00 p.m.**

**Old Court House**

**161 N. First St., S.J. (Dept. 17)**

**March 30, 2000 @ 6:00 p.m.**

**Board of Supervisors Chambers**

**70 W. Hedding St., S.J. (East Wing)**

**Option #2-Field Paper** - Type a **three (3) page**, double-spaced paper on what you saw, heard, and felt about the following experience:

Attend one (1) **12 step-meeting peer support group**: Location information will be provided. You may choose any meeting that is not marked as "closed". All meetings are anonymous and papers should be written from memory, not from notes taken.

**Alcoholics Anonymous**

**Narcotics Anonymous**

**Marijuana Anonymous**

**Cocaine Anonymous**

**Al-Anon**

**Option #3-Program Interview** - Type a **four (4) page**, double-spaced paper about the interview conducted and your personal reaction.

Interview a counselor at one of the following programs:

**In-Patient Residential:**

**Treatment Options (co-ed)**

2345 Mather Dr.

San Jose, CA 95116

(408) 937-7083

Contact person: **Peggy Sims**

**Out-Patient:**

**The Camp (adult/adolescent)**

65 W. Hamilton Ave.,

Campbell, CA. 95008

(408) 378-1799

Contact person: **Brenda Loring**

**or Steve Brugge**

**Sample Questions:** What is the program modality; i.e. social model, medical model, therapeutic community? How long is your program? What is the population; i.e. gender specific, co-ed? Does the program favor this gender make-up? Does the program offer bilingual services? What is the program format; i.e. group, individual counseling? Do they use 12-step or other philosophy? How do they define and measure their success rate?

**Option #4-Family Alcohol/Drug History** - Type a **four (4)** page, double-spaced paper on your family history. This exercise is confidential and will be returned to you. The format may include, but not limited to, any of the following:

1. If you know your family history, are there any relatives, distant or otherwise, which were thought to have issues with alcohol and/or any other drugs? This includes nicotine, prescribed medication, and any over-the-counter medication. This might be a grandparent on either side of your family, or Uncle Joe or Aunt Mary. Were they identified as an alcoholic or addict, or just known to imbibe or use sporadically?
2. Within your immediate family, is there any history of the above? What messages were you given growing up regarding any use of alcohol and/or any other drugs? Was this forbidden, considered something that would bring shame to the family, or was use normal behavior?
3. What are your own personal experiences and attitudes regarding use or abuse of alcohol and/or other drugs?

**Option #5-(Spring, 2000 only)** Attend forum on *Legalizing Marijuana*- Type a **three (3)** page, double-spaced paper on what you saw, heard and felt about the panel presentation:

**Presented by: Tau Delta Phi Fraternity**

*Legalizing Marijuana*

Wed., February, 23, 2000

Time approximate: 6:00 to 8:00 p.m.

SJSU-Morris Daly Auditorium

*\*\* Location and time may be subject to change.*

\*\*Errors in spelling and grammar will result in a point deduction.

San Jose State University  
AJ 122- Spring, 2000  
Instructor: Sharon Grennan  
Class Schedule  
*Note: Subject to change*

### **January**

27 Introduction/Class Syllabus/Handouts

### **February**

1 Scope of the problem  
Video: *Moyers on Addiction*  
3 Chapter 1: Historical Perspective/Psychoactive Drugs  
8 *No class-field papers*  
10 Chapter 1-Drug Classification  
Video: *Uppers, Downers, All Arounders*  
15 Chapter 2-Brain Basics/Neuroanatomy  
17 Chapter 2-Definitions  
Video: *Roots of Addiction*  
22 Chapter 2-Addiction Theories  
24 Chapter 4-Downers/Depressants/Sedative-Hypnotics  
29 Chapter 5-Downers/Alcohol  
Video: *Moyers on Addiction*

### **March**

2 Chapter 5-Downers/Alcohol/midterm review  
Video: *48 Hrs.-Binge*  
7 *1st Midterm*  
9 Chapter 3-Uppers/Cocaine  
Video: *High on Crack Street*  
14 Chapter 3-Uppers/Crack Cocaine  
Video: *High on Crack Street*  
16 Chapter 3-Uppers/Amphetamine/Methamphetamine  
21 Chapter 3-Uppers/Methamphetamine  
Video: *Rush to Crash*  
23 Guest Speakers: Addict panel  
*1st paper due*  
28 *Spring break*  
30 *Spring break*

## April

- 4 Chapter 7-Inhalants/Steroids/midterm review
- 6 *2nd Midterm*
- 11 Chapter 6-All Arounders/LSD/other drugs  
Video: *Stop the Raves*
- 13 Chapter 6-All Arounders/Marijuana  
Video: *Marijuana, the Mirror that Magnifies*
- 18 Medical Marijuana  
Video: *HEMP, B.C.*
- 20 Chapter 4-Downers/Opiates/Heroin
- 25 Chapter 4-Downers/Heroin
- 27 Guest Speaker: Santa Clara Police Dept./Narcotics  
*2nd paper/extra credit due*

## May

- 2 Chapter 10-Dual Diagnosis/HIV-AIDS
- 4 Chapter 9-Treatment  
Video: *Moyers on Addiction*
- 9 War on Drugs/Legal Issues
- 11 Last day of class/closure/final review
- 16 *No class*
- 22 *Final Exam*
- 30 Grades due