

SAN JOSE STATE UNIVERSITY
AJ 122 - Narcotic and Drug Abuse
Sec. 1, 0730-0845, T-TR

Instructor: Sharon Grennan
Spring 2000: MH 523

Office Hours: T, TR 0700-0730 hrs. MH 527
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Course Description

This course will generally concern itself with examination of the drug problem, particularly as it relates to practitioners in criminal justice and health sciences. Class participants will be exposed to areas of drug classification, identification, pharmacology, and current trends. Current research in the field of chemical dependency will be presented.

This course will also deal to a large extent with the physical, psychological, social and legal ramifications of drug abuse and addiction; including areas of education, recovery, and treatment. Students will be introduced to such treatment modalities as: local community based drug treatment programs, narcotic replacement therapies, and recovery peer support groups. Other areas of concern will include the study of decriminalization, harm reduction, and legalization

Course Objectives

Students will acquire a basic knowledge of drugs and their classifications. Students will become familiar with current social problems precipitated by drug abuse and addiction, including areas of control and management. Students will also gain insight into the many reasons why people abuse drugs and how society responds to such abuse. Students will gain an understanding of contemporary drug laws designed not only to inhibit drug abuse, but to also treat individuals who are chemically dependent.

<u>Student Evaluation</u>	<u>Points</u>	<u>Due Date</u>
1 st Midterm Exam	100	03/07/00
2 nd Midterm Exam	100	04/06/00
1 st Paper	50	03/23/00
2 nd Paper	50	04/27/00
Extra Credit	25	04/27/00
Final Exam	100	05/22/00 @ 0715 hrs.

All tests will consist of multiple choice and true & false questions. Use Scantron #882.

Note: All written assignments and tests should be completed on time and no make-ups will be allowed unless the absence was necessitated by an emergency.

Required Reading

Inaba, Darryl, Pharm.D. and William E. Holstein, Ph.D. UPPERS, DOWNERS, ALL-AROUNDERS, 3rd Edition. Ashland, Oregon: CNS Publications, Inc., 1997.

Textbook Readings: 1st Midterm

- Chapter 1 Psychoactive Drugs: History and Classification
- Chapter 2 Heredity, Environment, Psychoactive Drugs
- Chapter 4 Downers: Sedative-Hypnotics only, **NOT** Opiates/Opioids)
- Chapter 5 Downers: Alcohol

Textbook Readings: 2nd Midterm

- Chapter 3 Uppers
- Chapter 7 Inhalants, Steroids, Other Addictions

Textbook Readings: Final Exam

- Chapter 4 Downers-Opiates
- Chapter 6 All Arounders
- Chapter 9 Treatment
- Chapter 10 Mental/Emotional Health and Drugs

Field Paper/Family History

Students will complete two (2) papers, choosing from four (4) options. Students will be afforded an opportunity to attend either Treatment Court Graduation, a 12-Step Meeting, or interview a counselor at a local residential or outpatient substance abuse program. An additional option involves writing a family history of alcohol and/or drug use. A detailed explanation will be provided the first day of class. The field papers will expose students to outside programs that greatly assist chemically dependent individuals in remaining clean and sober. The last option will allow students to explore their own family history.

Spelling or grammatical errors will result in point deductions.

Extra Credit

This research paper will consist of an 8-10 page paper using the American Psychological Association (APA) format. The instructor must approve the topic in advance. A maximum total of 25 points will be allowed, and spelling or grammatical errors will result in point deductions.

Note: Attendance will not be taken in this class; however, much of the exams will be based on lectures, videos, and guest speakers.

*****Important student opportunities. Mark your calendar!***

EXPO 2000.

March 8th, Event Center, 10 am to 3 pm

Employers will discuss career opportunities for SJSU students preparing to graduate. Especially appropriate for students in senior seminar classes.

March 9th, Event Center, 10 am to 3 pm

Employers will discuss internship and summer employment opportunities for SJSU students. This is an excellent opportunity to gain career-related work experience. Especially appropriate for students enrolled in AJ 179 and AJ 100W.

*****Register on-line with the Career Center ASAP @ www.careercenter.sjsu.edu***

SAN JOSE STATE UNIVERSITY
AJ 122 - Narcotic and Drug Abuse: Spring, 2000
Field Paper/Family History Handout

You may choose between **two (2)** of the following **five (5)** options. See Class Syllabus for due dates.

Option #1- Option #1-Field Paper - Type a **three (3) page**, double-spaced paper on what you saw, heard and felt about the following experience.

Attend one of the following **Treatment Court Graduations**:

February 17, 2000 @ 6:00 p.m.

Old Court House

161 N. First St., S.J. (Dept. 17)

March 30, 2000 @ 6:00 p.m.

Board of Supervisors Chambers

70 W. Hedding St., S.J. (East Wing)

Option #2-Field Paper - Type a **three (3) page**, double-spaced paper on what you saw, heard, and felt about the following experience:

Attend one (1) **12 step-meeting peer support group**: Location information will be provided. You may choose any meeting that is not marked as "closed". All meetings are anonymous and papers should be written from memory, not from notes taken.

Alcoholics Anonymous

Narcotics Anonymous

Marijuana Anonymous

Cocaine Anonymous

Al-Anon

Option #3-Program Interview - Type a **four (4) page**, double-spaced paper about the interview conducted and your personal reaction.

Interview a counselor at one of the following programs:

In-Patient Residential:

Treatment Options (co-ed)

2345 Mather Dr.

San Jose, CA 95116

(408) 937-7083

Contact person: **Peggy Sims**

Out-Patient:

The Camp (adult/adolescent)

65 W. Hamilton Ave.,

Campbell, CA. 95008

(408) 378-1799

Contact person: **Brenda Loring**

or Steve Brugge

Sample Questions: What is the program modality; i.e. social model, medical model, therapeutic community? How long is your program? What is the population; i.e. gender specific, co-ed? Does the program favor this gender make-up? Does the program offer bilingual services? What is the program format; i.e. group, individual counseling? Do they use 12-step or other philosophy? How do they define and measure their success rate?

Option #4-Family Alcohol/Drug History - Type a **four (4)** page, double-spaced paper on your family history. This exercise is confidential and will be returned to you. The format may include, but not limited to, any of the following:

1. If you know your family history, are there any relatives, distant or otherwise, which were thought to have issues with alcohol and/or any other drugs? This includes nicotine, prescribed medication, and any over-the-counter medication. This might be a grandparent on either side of your family, or Uncle Joe or Aunt Mary. Were they identified as an alcoholic or addict, or just known to imbibe or use sporadically?
2. Within your immediate family, is there any history of the above? What messages were you given growing up regarding any use of alcohol and/or any other drugs? Was this forbidden, considered something that would bring shame to the family, or was use normal behavior?
3. What are your own personal experiences and attitudes regarding use or abuse of alcohol and/or other drugs?

Option #5-(Spring, 2000 only) Attend forum on *Legalizing Marijuana*- Type a **three (3)** page, double-spaced paper on what you saw, heard and felt about the panel presentation:

Presented by: Tau Delta Phi Fraternity

Legalizing Marijuana

Wed., February, 23, 2000

Time approximate: 6:00 to 8:00 p.m.

SJSU-Morris Daly Auditorium

*** Location and time may be subject to change.*

**Errors in spelling and grammar will result in a point deduction.

San Jose State University
AJ 122- Spring, 2000
Instructor: Sharon Grennan
Class Schedule
Note: Subject to change

January

27 Introduction/Class Syllabus/Handouts

February

1 Scope of the problem
Video: *Moyers on Addiction*
3 Chapter 1: Historical Perspective/Psychoactive Drugs
8 *No class-field papers*
10 Chapter 1-Drug Classification
Video: *Uppers, Downers, All Arounders*
15 Chapter 2-Brain Basics/Neuroanatomy
17 Chapter 2-Definitions
Video: *Roots of Addiction*
22 Chapter 2-Addiction Theories
24 Chapter 4-Downers/Depressants/Sedative-Hypnotics
29 Chapter 5-Downers/Alcohol
Video: *Moyers on Addiction*

March

2 Chapter 5-Downers/Alcohol/midterm review
Video: *48 Hrs.-Binge*
7 *1st Midterm*
9 Chapter 3-Uppers/Cocaine
Video: *High on Crack Street*
14 Chapter 3-Uppers/Crack Cocaine
Video: *High on Crack Street*
16 Chapter 3-Uppers/Amphetamine/Methamphetamine
21 Chapter 3-Uppers/Methamphetamine
Video: *Rush to Crash*
23 Guest Speakers: Addict panel
1st paper due
28 *Spring break*
30 *Spring break*

April

- 4 Chapter 7-Inhalants/Steroids/midterm review
- 6 *2nd Midterm*
- 11 Chapter 6-All Arounders/LSD/other drugs
Video: *Stop the Raves*
- 13 Chapter 6-All Arounders/Marijuana
Video: *Marijuana, the Mirror that Magnifies*
- 18 Medical Marijuana
Video: *HEMP, B.C.*
- 20 Chapter 4-Downers/Opiates/Heroin
- 25 Chapter 4-Downers/Heroin
- 27 Guest Speaker: Santa Clara Police Dept./Narcotics
2nd paper/extra credit due

May

- 2 Chapter 10-Dual Diagnosis/HIV-AIDS
- 4 Chapter 9-Treatment
Video: *Moyers on Addiction*
- 9 War on Drugs/Legal Issues
- 11 Last day of class/closure/final review
- 16 *No class*
- 22 *Final Exam*
- 30 Grades due