SAN JOSE STATE UNIVERSITY
AJ 122 - Narcotic and Drug Abuse
Sec. 2: 0730-0845 hrs., T-Th

Instructor: Sharon Grennan
Spring, 2001: MH 523

Office Hours: T-Th, 0700-0730 hrs. MH 527
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Course Description
This course will generally concern itself with examination of the drug problem, particularly as it relates to practitioners in criminal justice and health sciences. Class participants will be exposed to areas of drug classification, identification, pharmacology, and current trends. Current research in the field of chemical dependency will be presented.

This course will also deal to a large extent with the physical, psychological, social and legal ramifications of drug abuse and addiction, including areas of education, recovery, and treatment. Students will be introduced to such treatment modalities as: local community based drug treatment programs, narcotic replacement therapies, and recovery peer support groups. Other areas of concern will include the study of decriminalization, harm reduction, and legalization.

Course Objectives
Students will acquire a basic knowledge of drugs and their classifications. Students will become familiar with current social problems precipitated by drug abuse and addiction, including areas of control and management. Students will also gain insight into the many reasons why people abuse drugs and how society responds to such abuse. Students will gain an understanding of contemporary drug laws designed not only to inhibit drug abuse, but to also treat individuals who are chemically dependent.

<table>
<thead>
<tr>
<th>Student Evaluation</th>
<th>Points</th>
<th>Due Date</th>
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<tbody>
<tr>
<td>1st Midterm Exam</td>
<td>100</td>
<td>03/01/01</td>
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<tr>
<td>2nd Midterm Exam</td>
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<td>04/17/01</td>
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<tr>
<td>1st Paper</td>
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<td>Extra Credit</td>
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<tr>
<td>Final Exam</td>
<td>100</td>
<td>05/23/01 0715-0930 hrs.</td>
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All tests will consist of multiple choice and true & false questions. Use Scantron #882.

Note: All written assignments and tests should be completed on time. No make-ups will be allowed unless the absence was necessitated by an emergency.
Required Reading

Textbook Readings: 1st Midterm
Chapter 1 Psychoactive Drugs: History and Classification
Chapter 2 Heredity, Environment, Psychoactive Drugs
Chapter 4 Downers: Sedative-Hypnotics only, NOT Opiates/Opioids
Chapter 5 Downers: Alcohol

Textbook Readings: 2nd Midterm
Chapter 3 Uppers: Cocaine/Amphetamine/Methamphetamine
Chapter 6 All Arounders: LSD/Club Drugs, etc.
Chapter 7 Inhalants/Steroids/Other Addictions

Textbook Readings: Final Exam
Chapter 4 Downers: Opiates/Heroin
Chapter 6 All Arounders: Marijuana
Chapter 9 Treatment
Chapter 10 Mental/Emotional Health and Drugs

Field Paper/Family History
Students will complete two (2) papers, choosing from four (4) options, and will be afforded an opportunity to attend either Treatment Court Graduation, a 12-Step Meeting, or interview a counselor at a local Residential Substance Abuse Program or Sober Living Environment. An additional option involves writing a family alcohol and/or drug history. A detailed explanation is attached. The field papers will expose students to outside programs that greatly assist chemically dependent individuals in remaining clean and sober and holding them accountable. The last option will allow students to explore their own family history.

Spelling or grammatical errors will result in point deductions.

Extra Credit
This research paper will consist of an 8-10 page paper using the American Psychological Association (APA) format. The instructor must approve the topic in advance. A maximum total of 25 points will be allowed, and spelling or grammatical errors will result in point deductions.

Note: Attendance will not be taken in this class; however, much of the exams will be based on lectures, videos, and guest speakers.
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AJ 122 - Narcotic and Drug Abuse: Spring, 2001
Field Paper/Family History Handout

You may choose between two (2) of the following four (4) options. See Class Syllabus for
due dates.

**Option #1-Field Paper** - Type a three (3) page, double-spaced paper on what you saw,
heard and felt about the following experience.

Attend the Treatment Court Graduation:

**Thursday, February 8, 2001**

Location: County Berger Drive Facility
1555 Berger Dr., Bldg. 2
San Jose, CA 95112

**or**

**Thursday, April 19, 2001**

Location: Isaac Newton Center, East Wing, County Building
70 W. Hedding St. (at First St.)
San Jose, CA 95110

**Option #2-Field Paper** - Type a three (3) page, double-spaced paper on what you saw,
heard, and felt about the following experience:

Attend one (1) 12 step-meeting peer support group: Location information will be
provided. You may choose any meeting that is not marked as "closed". All meetings are
anonymous and papers should be written from memory, not from notes taken.

- Alcoholics Anonymous
- Narcotics Anonymous
- Marijuana Anonymous
- Cocaine Anonymous
- Al-Anon

**Note: On-line meetings are NOT acceptable for this experience.**

**Option #3-Program Interview** - Type a four (4) page, double-spaced paper about the
interview conducted and your personal reaction.

Call ahead for an appointment with the director or counselor at one of the following programs:

**In-Patient Residential:**
Treatment Options (co-ed)
2345 Mather Dr.
San Jose, CA 95116 (at Jackson Av.)
(408) 937-7083
Contact person: Peggy Sims

**Sober Living Environment:**
Rainbow Recovery
2162 Sufonet Dr.
San Jose, CA 95124 (85 @ Union)
(408) 371-2106
Contact person: James Brunner

**Sample Questions:** What is the program modality; i.e. social model, medical model,
therapeutic community, Sober Living Environment? What is the program format; i.e.
group, individual counseling? What training is required for staff? What length is the
program? What is the population make-up; i.e. gender specific, co-ed? Does the program
offer bilingual services? Do they use 12-step or other philosophy? How do they define and
measure their success rate?
Option #4 - Family Alcohol/Drug History - Type a four (4) page, double-spaced paper on your family history. This exercise is confidential and will be returned to you. The format may include, but not limited to, any of the following:

1. If you know your family history, are there any relatives, distant or otherwise, which were thought to have issues with alcohol and/or any other drugs? This includes nicotine, prescribed medication, and any over-the-counter medication. This might be a grandparent on either side of your family, or Uncle Joe or Aunt Mary. Were they identified as an alcoholic or addict, or just known to imbibe or use sporadically?
2. Within your immediate family, is there any history of the above? What messages were you given growing up regarding any use of alcohol and/or any other drugs? Was this forbidden, considered something that would bring shame to the family, or was use normal behavior?
3. What are your own personal experiences and attitudes regarding use or abuse of alcohol and/or other drugs?

**Spelling and grammatical errors will result in a point deduction.**
12-Step Meeting Information

Log on and locate a meeting close to your location and for general information about the program.

AA-Alcoholics Anonymous
Web Site: www.aasanjose.org

Al-Anon (for family and friends of alcoholics)
Web Site: www.al-anon.org

CA-Cocaine Anonymous
Web Site: www.ca.org

Marijuana Anonymous
Web Site: www.marijuana-anonymous.org

Narcotics Anonymous
Web Site: www.sjna.org

**On-line meetings are not acceptable for this assignment**
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AJ 122- Spring, 2001
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Class Schedule
Note: Subject to change

January
25 (Class 1) Introduction/Class Syllabus/Handouts
30 (Class 2) Scope of Problem
   Video: Moyers on Addiction

February
1 (Class 3) Chapter 1: Historical Perspective
   Video: Reefer Madness
   The Lost Weekend
6 (Class 4) Chapter 1: Drug Classification
   Video: Uppers, Downers & All Arounder
8 (Class 5) Chapter 2: Definitions
   Video: Roots of Addiction
13 (Class 6) Chapter 2: Brain Basics/Neuroanatomy
   Video: Moyers: Hijacked Brain
15 (Class 7) Chapter 2: Addiction Theories
   Video: parts of Clean & Sober, Jo Jo Dancer, This is your Life
20 (Class 8) Chapter 4: Downers/Depressants/Sedative-Hypnotics
   Video: Date Rape Drug
22 (Class 9) Chapter 5: Downers/Alcohol
   Video: Moyers on Addiction
27 (Class 10) Chapter 5: Downers/Alcohol
   Video: 48 Hrs.-Binge Drinking
   **1st midterm review

March
1 **(Class 11) 1st Midterm
6 (Class 12) Chapter 3: Uppers/Cocaine
   Video: HBO: High on Crack Street, part one
8 (Class 13) Chapter 3: Uppers/Crack Cocaine
   Video: HBO: High on Crack Street, part two
13 (Class 14) Chapter 3: Uppers/Amphetamine/Methamphetamine
   Video: Rush to Crash
15 (Class 15) Chapter 3: Methamphetamine/
   Video: Meth Madness
20 (Class 16) Chapter 3: Other Stimulants/Ritalin/Nicotine/Tobacco
22 (Class 17) Guest Speaker: San Jose Police Dept./11550 H&SC
   **1st Paper due
27 Spring break
29 Spring break
April

3  (Class 18) Guest Speaker: Lance H., recovering addict
5  (Class 19) Chapter 7: Inhalants/Steroids
10 (Class 20) Chapter 6: All-Arounders/LSD/PCP
    Video: cuts from: Fear and Loathing in Las Vegas
12 (Class 21) Chapter 6: Club Drugs/Ecstasy, etc.
    Video: Stop the Raves
    **2nd midterm review
17 **(Class 22) 2nd Midterm
19 (Class 23) Chapter 6: All-Arounders/Marijuana
    Video: Marijuana: The Mirror that Magnifies
24 (Class 24) Medical Marijuana
    Video: Hemp, B.C.
26 (Class 25) Chapter 4: Downers/Opiates/Heroin
    Video: From Pleasure to Pain

May
1  (Class 26) Chapter 4: Downers/Heroin
    Video: Turning Point: Hooked on Heroin
    MSNBC: Heroin: Along Comes the Horse
3  (Class 27) Guest Speaker: Santa Clara Police Dept./Narcotics
    **2nd paper/extra credit due
8  (Class 28) Chapter 10: Dual Diagnosis/HIV-AIDS
10 (Class 29) Chapter 9: Treatment/War on Drugs
    Video: Moyer on Addiction: Politics of Addiction
15 (Class 30) Last day of instruction/closure/
    **final review
23 **Final exam, 0715-0930 hrs.