SAN JOSE STATE UNIVERSITY
JS122 - Narcotic and Drug Abuse
Fall 2004
Sec. 2: Tu/Th, 0730-0845 hrs., MH Rm. 324

Lecturer: Sharon Grennan
Office Hours: 0645-0730/0845-0930 hrs. Tu/Th., MH 527
By appointment
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Course Description
This course will generally concern itself with examination of the drug problem, particularly as it relates to practitioners in criminal justice and health sciences. Class participants will be exposed to areas of drug classification, identification, pharmacology, and current trends. Current research in the field of chemical dependency will be presented.

This course will also deal to a large extent with the physical, psychological, social and legal ramifications of drug abuse and addiction; including areas of enforcement, education, recovery, and treatment. Students will be introduced to such treatment modalities as: local community based drug treatment programs, narcotic replacement therapies, and recovery peer support groups. Other areas of concern will include the study of decriminalization, harm reduction, and legalization.

Course Objectives
Students will acquire a basic knowledge of drugs, their classifications, and identification of drug use. Students will become familiar with current social problems precipitated by drug abuse and addiction, including areas of intervention and treatment. Students will also gain insight into the reasons why people abuse drugs and how society and the criminal justice system respond to such abuse. Students will gain an understanding of contemporary drug laws, such as Proposition 36, designed not only to reduce drug abuse, but to also treat individuals who are chemically dependent.

Student Evaluation | Points | Due Date
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1st Midterm Exam | 100 | 09/23/04
2nd Midterm Exam | 100 | 10/26/04
1st Paper | 50 | 10/12/04
2nd Paper | 50 | 11/11/04
Extra Credit | 20 | 12/02/04
Final Exam | 100 | 12/15/04 (0715-0930 hrs.)

All tests will consist of multiple choice and true & false questions. Use Scantron #882.

Note: All written assignments and tests should be completed on time. No make-ups will be allowed unless the absence was necessitated by an emergency or prior arrangement.
Required Reading

Textbook Readings: 1st Midterm
Chapter 1 Psychoactive Drugs: History and Classification
Chapter 2 Heredity, Environment, Psychoactive Drugs
Chapter 4 Downers: Sedative-Hypnotics only, NOT Opiates/Opioids
Chapter 5 Downers: Alcohol

Textbook Readings: 2nd Midterm
Chapter 3 Uppers: Cocaine/Amphetamine/Methamphetamine
Chapter 6 All Arounder: LSD/Club Drugs, etc.
Chapter 7 Inhalants/Steroids/Other Addictions

Textbook Readings: Final Exam
Chapter 4 Downers: Opiates/Heroin
Chapter 6 All Arounder: Marijuana
Chapter 9 Treatment
Chapter 10 Mental/Emotional Health and Drugs

Field Paper/Family History
Students will complete two (2) papers, choosing from four (4) options. Students will be afforded an opportunity to attend either a 12-Step Meeting or interview a drug counselor at a local Residential Substance Abuse Program or Sober Living Environment. A critique of the movie “Traffic” is also an option. Lastly, students may write a family alcohol and/or drug history. A detailed explanation is attached. The field papers will expose students to outside programs that greatly assist substance-abusing individuals in remaining clean and sober. The last two options will allow students to either reflect on Hollywood’s view of the War on Drugs, or explore their own family history.

- Several times during the semester, there may be an opportunity to attend a Drug Court Graduation. Information will be distributed in class as to the date, time and location.
- At least one of the required papers must include actively participating attending a 12-Step meeting, a Drug Court graduation, or interviewing a Substance Abuse Program director of staff.

Spelling or grammatical errors will result in point deductions.

Extra Credit
This research paper will consist of an 8-10 page paper using the American Psychological Association (APA) format. Clear your topic with the instructor in advance. A maximum total of 20 points will be allowed. Spelling or grammatical errors will result in point deductions.

Note: Attendance will not be taken in this class; however, much of the exams will be based on lectures, videos, and guest speakers.
SAN JOSE STATE UNIVERSITY
Class schedule- JS 122- Fall, 2004
Lecturer: Sharon Grennan
Note: Subject to change

August
26 Introduction/Class syllabus/Handouts/This & that
31 Scope of the problem/Historical perspectives

September
2 Drug classifications/Definitions
7 Brain basics
9 Addiction theories
14 Downers-GHB
16 Alcohol
**Midterm study guide
21 Alcohol
23 1st Midterm
28 **Midterm review
Cocaine
30 Crack cocaine

October
5 Uppers/Amphetamine/Methamphetamine
7 Methamphetamine
12 Guest speaker
**1st Paper due
14 Inhalants/Steroids
19 All-Arounders/LSD/PCP
**Midterm study guide
21 Club drugs/Ecstasy
26  2nd Midterm

28  **Midterm review
    Marijuana

November
2   Medical Marijuana
4   Downers/Opiates
9   Downers/Heroin

11  Guest speaker
    **2nd Paper due

16   Dual Diagnosis/HIV-AIDS

18   Outside class assignments-Option papers

23   Outside class assignments-Options papers

25   Thanksgiving break

30   Treatment

December
2   Guest Speaker
    **Extra credit paper due

7   War on Drugs
    **Final study guide

9   Last day of class

15  Final Exam - 0715-0930 hrs.
You may choose between two (2) of the following four (4) options. See Class Syllabus for due dates. **Note: One choice MUST be either Option #2 or Option #3.**

**Option #1: Movie review reflection paper** - Type a four (4) page paper critiquing the movie *TRAFFIC*, as it relates to the War on Drugs. You may use the following questions as a guideline, if you wish.

**Sample Questions:** What are the issues in the War on Drugs? Are we winning the War on Drugs? Using the same tactics, is this a “war” we can win? Is this a war against our own families? Is treatment a viable option as opposed to sentencing addicts to jail or prison? Is legalization a realistic option?

**Option #2: Field research reflection paper** - Type a three (3) page, double-spaced paper on what you saw, heard, and felt about the following experience: Meeting information will be provided.

Attend one (1) 12 step-meeting peer support group: Location information will be provided. You may choose any meeting that is not marked as “closed”. All meetings are anonymous and papers should be written from memory, not from notes taken.

- Alcoholics Anonymous
- Narcotics Anonymous
- Marijuana Anonymous
- Cocaine Anonymous
- Al-Anon

**Note: On-line meetings are NOT acceptable for this experience.**

**Option #3: Program Interview** - Type a four (4) page, double-spaced paper about the interview conducted and your personal reaction.

Call ahead for an appointment with the director or counselor at one of the following programs:

**In-Patient Residential:**
- Treatment Options (co-ed)
  - 2345 Mather Dr.
  - San Jose, CA 95116 (at Jackson Av.)
  - (408) 937-7083
- Contact person: Peggy Sims

**Out-Patient:**
- Blossom’s (pregnant & young mothers)
  - 3030 Alum Rock Ave.
  - San Jose, CA 95127
  - (408) 254-3396
- Contact person: Ingrid Hemmingway

**Sample Questions:** What is the program modality; i.e. social model, medical model, therapeutic community, Sober Living Environment? What is the program format; i.e. group, individual counseling? What training or education is required by the staff? What length is the program? What is the population make-up; i.e. gender specific, co-ed? Does the program offer bilingual services? Do they use 12-step or other philosophy? How do they define and measure their success rate? Does treatment work?
Option #4-Reflection Family Alcohol/Drug History - Type a four (4) page, double-spaced paper on your family history. This exercise is confidential and will be returned to you. The format may include, but not limited to, any of the following:

1. If you know your family history, are there any relatives, distant or otherwise, which were thought to have issues with alcohol and/or any other drugs? This includes nicotine, prescribed medication, and any over-the-counter medication. This might be a grandparent on either side of your family, or Uncle Joe or Aunt Mary. Were they identified as an alcoholic or addict, or just known to imbibe or use sporadically?

2. Within your immediate family, is there any history of the above? What messages were you given growing up regarding any use of alcohol and/or any other drugs? Was this forbidden, considered something that would bring shame to the family, or was use normal behavior?

3. What are your own personal experiences and attitudes regarding use or abuse of alcohol and/or other drugs?

**Spelling and grammatical errors will result in a point deduction.**
JS 122
Narcotics and Drug Abuse
Handout: 12-Step Meeting Location Information

**AA-Alcoholics Anonymous**
Phone #: 408-374-8511
Web site: www.aasanjose.org

**AL-Anon**-Family & Friends of Alcoholic
Phone #: 408-379-1051
Web site: www.ncwsa.org

**CA-Cocaine Anonymous**
Phone #: 408-496-9107
Web site: www.ca.org

**MA-Marijuana Anonymous**
Phone #: 408-450-0796
Web site: www.marijuana-anonymous.org

**NA-Narcotics Anonymous**
Phone #: 408-998-4200
Web site: www.sjna.org

**On-line meetings are not acceptable for this assignment**