Course Description
This course will generally concern itself with examination of the drug problem, particularly as it relates to practitioners in criminal justice and health sciences. Class participants will be exposed to areas of drug classification, identification, pharmacology, and current trends. Current research in the field of chemical dependency will be presented.

This course will also deal to a large extent with the physical, psychological, social and legal ramifications of drug abuse and addiction; including areas of enforcement, education, recovery, and treatment. Students will be introduced to such treatment modalities as: local community based drug treatment programs, narcotic replacement therapies, and recovery peer support groups. Other areas of concern will include the study of decriminalization, harm reduction, and legalization.

Course Objectives
Students will acquire a basic knowledge of drugs, their classifications, and identification of drug use. Students will become familiar with current social problems precipitated by drug abuse and addiction, including areas of intervention and treatment. Students will also gain insight into the reasons why people abuse drugs and how society and the criminal justice system respond to such abuse. Students will gain an understanding of contemporary drug laws, such as Proposition 36, designed not only to reduce drug abuse, but to also treat individuals who are chemically dependent.

<table>
<thead>
<tr>
<th>Student Evaluation</th>
<th>Points</th>
<th>Due Date</th>
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</thead>
<tbody>
<tr>
<td>1st Midterm Exam</td>
<td>100</td>
<td>02/26/04</td>
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<tr>
<td>2nd Midterm Exam</td>
<td>100</td>
<td>04/06/04</td>
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<tr>
<td>1st Paper</td>
<td>50</td>
<td>03/16/04</td>
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<tr>
<td>2nd Paper</td>
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<tr>
<td>Extra Credit</td>
<td>20</td>
<td>05/11/04</td>
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<tr>
<td>Final Exam</td>
<td>100</td>
<td>05/20/04 (0715-0930 hrs.)</td>
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All tests will consist of multiple choice and true & false questions. Use Scantron #882.

Note: All written assignments and tests should be completed on time. No make-ups will be allowed unless the absence was necessitated by an emergency or prior arrangement.
Required Reading

Textbook Readings: 1st Midterm
Chapter 1 Psychoactive Drugs: History and Classification
Chapter 2 Heredity, Environment, Psychoactive Drugs
Chapter 4 Downers: Sedative-Hypnotics only, NOT Opiates/Opioids
Chapter 5 Downers: Alcohol

Textbook Readings: 2nd Midterm
Chapter 3 Uppers: Cocaine/Amphetamine/Methamphetamine
Chapter 6 All Arounder: LSD/Club Drugs, etc.
Chapter 7 Inhalants/Steroids/Other Addictions

Textbook Readings: Final Exam
Chapter 4 Downers: Opiates/Heroin
Chapter 6 All Arounder: Marijuana
Chapter 9 Treatment
Chapter 10 Mental/Emotional Health and Drugs

Field Paper/Family History
Students will complete two (2) papers, choosing from four (4) options. Students will be afforded an opportunity to attend either a 12-Step Meeting or interview a drug counselor at a local Residential Substance Abuse Program or Sober Living Environment. A critique of the movie “Traffic” is also an option. Lastly, students may write a family alcohol and/or drug history. A detailed explanation is attached. The field papers will expose students to outside programs that greatly assist substance-abusing individuals in remaining clean and sober. The last two options will allow students to either reflect on Hollywood’s view of the War on Drugs, or explore their own family history.

❖ At least one of the required papers must include actively participating by attending a 12-Step meeting, or interviewing a Substance Abuse Program director or staff.

Spelling or grammatical errors will result in point deductions.

Extra Credit
This research paper will consist of an 8-10 page paper using the American Psychological Association (APA) format. The instructor must approve the topic in advance to make sure the topic is not too broad in nature. A maximum total of 20 points will be allowed, and spelling or grammatical errors will result in point deductions.

Note: Attendance will not be taken in this class; however, much of the exams will be based on lectures, videos, and guest speakers.
January
29  Introduction/Class syllabus/Handouts/This & that

February
3  Scope of the problem/Historical perspectives
5  Drug classifications/Definitions
10 Brain basics
12 Addiction Theories
17 Downers-GHB
19 Alcohol
24 Alcohol/Midterm study guide

March
26 1st Midterm
2  Midterm review/Cocaine
4 Crack Cocaine
9 Uppers/Amphetamine/Methamphetamine
11 Methamphetamine
16 Guest Speaker
1st Paper due
18 Inhalants/Steroids
23 All-Arounders/PCP
25 Class Projects-Outside Assignments

April
30 Spring Break
1 Spring Break
6 Club drugs/Ecstasy/Midterm study guide
2nd Midterm

Midterm review/Video

Guest Speaker
2nd Paper due

Marijuana

Medical Marijuana

Downers/Opiates

Downers/Heroin

May

4 Dual Diagnosis/HIV-AIDS

6 Treatment

11 Guest Speaker
Extra credit paper due

13 War on Drugs

18 Last day of class/Final study guide

20 Final Exam - 0715-0930 hrs.
SAN JOSE STATE UNIVERSITY
AJ 122 - Narcotic and Drug Abuse: Spring, 2004
Field Paper/Family History Handout

You may choose between two (2) of the following four (4) options. See Class Syllabus for
due dates. Note: One choice MUST be either Option #2 or Option#3.

Option #1-Movie review reflection paper - Type a four (4) page paper critiquing the
movie TRAFFIC, as it relates to the War on Drugs? You may use the following questions
as a guideline, if you wish.

Sample Questions: What are the issues in the War on Drugs? Are we winning the War on
Drugs? Using the same tactics, is this a “war” we can win? Is this a war against our own
families? Is treatment a viable option as opposed to sentencing addicts to jail or prison? Is
legalization a realistic option?

Option #2-Field research reflection paper - Type a three (3) page, double-spaced paper
on what you saw, heard, and felt about the following experience: Meeting information will
be provided.

Attend one (1) 12 step-meeting peer support group: Location information will be
provided. You may choose any meeting that is not marked as “closed”. All meetings are
anonymous and papers should be written from memory, not from notes taken.

Alcoholics Anonymous
Narcotics Anonymous
Marijuana Anonymous
Cocaine Anonymous
Al-Anon

** Note: On-line meetings are NOT acceptable for this experience.

Option #3-Program Interview - Type a four (4) page, double-spaced paper about the
interview conducted and your personal reaction.

Call ahead for an appointment with the director or counselor at one of the following programs:

In-Patient Residential:
Treatment Options (co-ed)
2345 Mather Dr.
San Jose, CA 95116 (at Jackson Av.)
(408) 937-7083
Contact person: Peggy Sims

Out-Patient:
Blossom’s (pregnant & young mothers)
3030 Alum Rock Ave.
San Jose, CA 95127
(408) 254-3396
Contact person: Ingrid Hemmingway

Sample Questions: What is the program modality; i.e. social model, medical model,
therapeutic community? Is the program certified by the county or state? What is the staff
training requirement? What is the program format; i.e. group, individual counseling?
What length is the program? What is the population make-up; i.e. gender specific, co-ed?
Does the program offer bilingual services? Do they use 12-step or other philosophy? How
do they define and measure their success rate? Does treatment work?
**Option #4-Reflection**

**Family Alcohol/Drug History** - Type a **four (4)** page, double-spaced paper on your family history. This exercise is confidential and will be returned to you. The format may include, but not limited to, any of the following:

1. If you know your family history, are there any relatives, distant or otherwise, which were thought to have issues with alcohol and/or any other drugs? This includes nicotine, prescribed medication, and any over-the-counter medication. This might be a grandparent on either side of your family, or Uncle Joe or Aunt Mary. Were they identified as an alcoholic or addict, or just known to imbibe or use sporadically?
2. Within your immediate family, is there any history of the above? What messages were you given growing up regarding any use of alcohol and/or any other drugs? Was this forbidden, considered something that would bring shame to the family, or was use normal behavior?
3. What are your own personal experiences and attitudes regarding use or abuse of alcohol and/or other drugs? Were you impacted by your family history?

**Spelling and grammatical errors will result in a point deduction.**
AJ 122
Narcotics and Drug Abuse
Handout: 12-Step Meeting Location Information

**AA-Alcoholics Anonymous**
Phone #: 408-374-8511
Web site: www.aasanjose.org

**AL-Anon**-Family & Friends of Alcoholic
Phone #: 408-379-1051
Web site: www.ncwsa.org

**CA-Cocaine Anonymous**
Phone #: 408-496-9107
Web site: www.ca.org

**MA-Marijuana Anonymous**
Phone #: 408-450-0796
Web site: www.marijuana-anonymous.org

**NA-Narcotics Anonymous**
Phone #: 408-998-4200
Web site: www.sjna.org

**On-line meetings are not acceptable for this assignment**