

Scuba Diving Kin 008 01-02-03-04
Spring 2012

Kinesiology
San Jose State University
Instructor: Frank Barry
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Office Hrs: By appointment

I. Course Description

This course is an entry level scuba course designed for the individual with little or no previous scuba experience. It is designed to provide the knowledge and skills to prepare the student for open water scuba training in the local marine environment.

II. Course Objectives

Upon successful completion of course requirements students will:

- A. Demonstrate correct technique in performing basic scuba skills.
- B. Demonstrate an acceptable level of comfort in performing basic scuba skills.
- C. Demonstrate knowledge of:
 - 1. All readings assigned and lecture material presented
 - 2. Proper procedure for use and care of scuba equipment
 - 3. Proper scuba etiquette and procedures for all populations and ages

III. Prerequisites

- A. Medical History: self disclosure regarding medical history
- B. Release of Liability, Waiver of Claims, Express Assumption of Risk and Indemnity Agreement
- C. Basic Water Skills

To be eligible to participate in this course, all students must demonstrate competency in the following swimming skills:

- 1. Swim 200 yards (any stroke) in less than 12 minutes without stopping and without swimming aids
- 2. Without the use of swim aids or touching the sides of the pool, tread water in the deep end of the pool for 10 minutes continuously.

IV. Course Requirements

- A. Successfully complete all confined water skills
- B. Assigned readings from textbook and handouts
- C. Written exams and quizzes
- D. Active class participation is essential to fulfill the course objective
- E. Recognizable and acceptable effort in class participation. This means you must actively participate in in-water activities at every pool session.

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V. Course Content

- A. Motor (Physical) Component
 - 1. Pre-dive skills
 - 2. Surface skills
 - 3. Underwater skills
 - 4. Emergency skills
- B. Cognitive (Knowledge) Component
 - 1. Applied sciences
 - 2. Diving equipment
 - 3. Diving safety
 - 4. Diving environment

VI. Method of Evaluation

- | | |
|---|-----|
| A. Pool skills evaluation | 25% |
| B. Daily and active class participation points, acceptable effort | 40% |
| C. Knowledge reviews and quizzes | 15% |
| D. Final Written Exam | 20% |

VII. Recommended Text

PADI Open Water Diver Manual, published by PADI, ISB# 978-1-878663-16-0.
Instructor will explain options for purchasing text and gear requirements.

VIII. Make up Policy

A. There will be no make ups for missed quizzes, tests, or pool skill evaluations, except for documented, serious and compelling reasons. It is your responsibility to contact the instructor should such a situation arise. You are also responsible for all the material covered during any missed lectures and any pool skills taught during missed pool sessions. Once we begin scuba skills in the pool, you must demonstrate proficiency in the skills you have missed before being allowed to progress to the next skills. Missed classes will result in your falling behind – **don't miss class!**

B. It may be possible to make up missed water sessions by attending another scuba class taught by me. Make-ups will only be allowed/administered when serious and compelling reasons exist.

IX. Participation Points will be awarded as follows

Full participation **40 points**

Each session is a combination of pool and lecture. If you miss a night of class, you will miss both a lecture and a pool session, or two participation periods. For each period of unexcused non-participation, you will lose 1.425 points from the 40 points available for participation. For example, if you miss both the lecture and the pool session on a given class night, 2.85 will be deducted. If you attend the lecture, but miss the pool portion of the class, or visa versa, 1.425 will be deducted for that session.

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X. Assignment of Final Course Grade

A+ 98-100%	B+ 88-89%	C+ 78-79%	D+ 68-69%	F 59% and below
A 92-97%	B 82-87%	C 72-77%	D 62-67%	
A- 90-91%	B- 80-81%	C- 70-71%	D- 60-61%	

XI. Optional Ocean Training and Certification

Requirements and qualification criteria to be discussed and outlined later in the course.

XII. University Policies

A. Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Add/drop deadlines can be found on the [current academic calendar](#) web page located at http://www.sjsu.edu/academic_programs/calendars/academic_calendar/. The [Late Drop Policy](#) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes.

B. Academic integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The [University's Academic Integrity policy](#), located at <http://www.sjsu.edu/senate/S07-2.htm>, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development website](#) is available at http://www.sa.sjsu.edu/judicial_affairs/index.html.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Policy S07-2 requires approval of instructors.

C. Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the [Disability Resource Center](#) (DRC) at <http://www.drc.sjsu.edu/> to establish a record of their disability.