

San José State University
Kinesiology
Spring 2014, KIN 27A Beginning Table Tennis

Contact Information

Instructor	Dr. Gong Chen, Professor
Office Location	SSC 517
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Office Hours	M-R 11-12am, or by appointment
Class Meeting Days/Time	M-F, 14:40-16:45pm in SPX 44B

Course Description

Emphasis will be on learning fundamental table tennis skills and drills, basic tactics and strategies, basic etiquette and rules, and applications of the knowledge and skills in games. It is assumed that students enrolled in the class have little or no experience in table tennis.

Link: <http://info.sjsu.edu/web-dbgen/catalog/departments/KIN-courses.html>

Web Resource

Course Goals and Student Learning Objectives

Following activities and assigned reading, students will be able to demonstrate through class activities/assignments, skill tests, and written exams,

1. demonstrate an understanding of physical and mental benefits of participation in table tennis for diverse populations,
2. demonstrate an understanding of the basic terminology, applicable history, rules, etiquette, safety, tactics, strategies, current research and practice, and applications of these cognitive knowledge in table tennis games and practice,
3. demonstrate the acquisition and application of basic table tennis warm-up, skills, and drills in table tennis games and practice, and
4. achieve moderate to vigorous exercise intensity during table tennis practice and games.

Activity Program Learning Outcomes

After completion of the physical activity graduation requirement, students shall be able to:

- Demonstrate proficiency in the execution of the motor/sport skills appropriate to the specific activities completed

- Identify and/or explain the applicable history, rules, strategies, current research, safety, and etiquette related to the specific activities completed
- Identify and/or explain the benefits of physical activity as related to physical and mental health
- Demonstrate a positive change in personal fitness as it relates to components such as cardiovascular endurance, muscular strength and endurance, flexibility, body composition, balance, coordination, and agility.

Text/Readings

Co Wang, Y.P., & Chen, G. (2006). Table Tennis, 2nd edition, National Archive Publishing Company. At Spartan Bookstore or at www.xanedu.com, ISBN 1-59399-223-8.

Course Notes

Classroom Protocol

- Active participation in all class activities, including lectures, practice, discussion, quizzes, written examinations, skill test, games and tournament, and assignment, etc..
 - Attending classes in a timely manner.
 - Loose fitting clothes and sport shoes for ease of movement and safety, no jeans or other street clothes/shoes in classroom.
 - Cooperation and mature behavior are expected in the class.
 - A warm-up period is required before any skill practice.
 - Department's paddles are available while students may bring their own paddles. It is everybody's responsibility to take care of the paddles and balls and return them when the class is over and to set up, take down, and store the tables.
 - No food and drink are allowed in the gym except water.
 - The last class meet will be the last day of the class before the "DEAD DAY" for the semester. All tests and exams will be conducted before the Dead Day. This class (and all activity classes) will not follow the university testing schedule.

Dropping and Adding

Course Requirements and Grading Policy

- a. Skill test.....40%
 --evaluated by subjective and objective observation
 --no make-up for missing tests except in extreme cases
- b. Written exam.....30%
 --based on the textbook, handouts, and lectures
 --no make-up for missing tests except in extreme cases
- c. Class Assignment (tournament games).....30%

Grading Scale used to determine letter grade for each component above.

Percentage	Equivalent Grade
97% - 100%	A+
93% - 96%	A
90% - 92%	A-
87% - 89%	B+
83% - 86%	B
80% - 82%	B-
77% - 79%	C+
73% - 76%	C
70% - 72%	C-
67% - 69%	D+
63% - 66%	D
60% - 62%	D-
below 60%	F

Tests and assignments:

University Policies

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester's Catalog in the [policies section](http://info.sjsu.edu/static/catalog/policies.html) at <http://info.sjsu.edu/static/catalog/policies.html>. Add/drop deadlines can be found on the current [academic year calendars](http://www.sjsu.edu/provost/services/academic_calendars/) document at http://www.sjsu.edu/provost/services/academic_calendars/. The [late drop policy](http://www.sjsu.edu/aars/policies/latedrops/policy/) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the [Advising Hub](http://www.sjsu.edu/advising/) at <http://www.sjsu.edu/advising/>.

Academic integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University's [Academic Integrity policy](http://www.sjsu.edu/senate/S07-2.htm) at <http://www.sjsu.edu/senate/S07-2.htm>, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development](http://www.sjsu.edu/studentconduct/) website at <http://www.sjsu.edu/studentconduct/>.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU's [Academic Integrity policy](http://www.sjsu.edu/senate/S07-2.htm) at <http://www.sjsu.edu/senate/S07-2.htm> requires approval of instructors.

Note: Outings/assignments completed for another class cannot be counted for this course.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. [Presidential Directive 97-03](http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) at http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf requires that students with disabilities requesting accommodations must register with the [Accessible Education Center](http://www.sjsu.edu/aec/) (AEC) at <http://www.sjsu.edu/aec/> to establish a record of their disability.

Course Calendar (subject to change with fair notice by announcement in class and/or email)

Week	Course Content (Assignments, Exams/Quizzes, ...)	
1	Policy sheet, greensheet, Warm-up, basic stances, footwork, swings, flat serves, flat shots,	
	Flat shot rally, smash, single game procedure, single game trial out	
	Rules on serves, shots, and lets. Single games. Practice of flat shot rally,	
	Slice serves, slice shots, combination of flat and slice, slice shot rally,	
2	Loop shots, Single tournament	
	Single strategies, sidespin serves, single tournament	
	Single tournament	
	Practice of flat shot rally, slice shot rally, and smash. Single tournament, Lecture on benefits	
	Double game procedure, try double games	
	Double rotations, strategies, double tournament	
	Double tournament	
	Double tournament	
3		
	Team tournament, skill test	
	Team tournament, skill test	
	Final written exam , challenging/makeup games	
4		
5		
6		
7		
8		
9		
10		

Week	Course Content (Assignments, Exams/Quizzes, ...)
11	
12	
13	
14	
15	
16	