San José State University
Kinesiology Dept.
Scuba Diving Kin 008 01-02-03-04-05-06, Fall 2016

Instructor: Frank Barry
Office Location: By appointment
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Email: Frank.Barry85@gmail.com or frank.barry@sjsu.edu
Office Hours: By appointment
Class Days/Time: Wed 6-8:30PM, or Thurs 6-8:30PM, or Sat 1-3:30PM lecture/pool combo
Classroom: SPX 163 classroom/SPX 180 indoor pool combo

Prerequisites
A. *Medical History: self disclosure regarding medical history with no contra-indications for scuba participation
B. *Release of Liability, Waiver of Claims, Express Assumption of Risk and Indemnity Agreement
C. All students must demonstrate competency in the following swimming skills:
   1. Swim 200 yards (using any strokes) in less than 8 minutes without stopping and without swimming aids
   2. Tread water in the deep end of the pool for 10 minutes continuously, without the use of swim aids or touching the sides of the pool.
   * Forms provided first class meeting

Course Description
This course is an entry level scuba course designed for the individual with little or no previous scuba experience. It is designed to provide the knowledge and skills to prepare the student for open water scuba training in the local marine environment. Scuba certification will be offered as a separate activity for those who qualify.

Course Goals and Student Learning Objectives
Upon successful completion of course requirements students will:
A. Demonstrate correct technique in performing basic scuba skills.
B. Demonstrate an acceptable level of comfort in performing basic scuba skills.
C. Demonstrate knowledge of:
   1. All readings assigned and lecture material presented
   2. Proper procedure for use and care of scuba equipment
3. Proper scuba etiquette and procedures for all populations and ages

**Course Requirements**
- Successfully complete all confined water skills
- Read all assigned readings from textbook and handouts
- Successfully complete and pass written exams and quizzes
- Active class participation is essential to fulfill the course objectives
- Demonstrate recognizable and acceptable effort in class participation. This means you must actively participate in in-water activities at every pool session.

**Optional Ocean Training and Certification**
Requirements and qualification criteria to be discussed and outlined later in the course.

**Required Texts/Readings**
PADI Open Water Diver Manual, published by PADI, ISBN# 978-1-878663-16-0 (Rev. 05/2016, version 3.02). Make sure you have the latest edition which has been recently revised. Manual is only available as part of an instruction packet which also includes a log book and student record folder. Instructor will explain options for purchasing text and gear requirements.

**Final Examination**
Both a written final examination and a pool skills examination will be administered as indicated on the class schedule. Weighting for grading purposes is detailed below.

**Classroom Protocol**
Each session is a combination of lecture and in-pool instruction. **Lectures** will begin **promptly at 6:00PM** and the timing will vary depending on content. **Water skill instruction** will take place immediately after the lecture session, and students are responsible for providing any required gear as outlined by the instructor and for active participation. Students are responsible for being prepared according to the assignments on the syllabus. The timing will be flexible, and depends on the material being covered. If students miss a class, both a lecture and a pool session are missed, or two instruction sessions – see make up policy below.

If a student is present for the instruction, and requires additional assistance with a particular skill, it is the student’s responsibility to request assistance. However, if the deficiency is the result of missed class time, see make up policy below.

No cell phone use is allowed during class.

**Make up Policy**
A. There will be **no make ups** for missed quizzes, tests, or pool skill evaluations, except for documented, serious and compelling reasons. It is the student’s responsibility to contact the instructor should such a situation arise. Student is also responsible for all the material covered during any missed lectures and any pool skills taught during missed
pool sessions. Once we begin scuba skills in the pool, student must demonstrate proficiency in the skills missed before being allowed to progress to the next skills. Missed classes will result in falling behind – **don’t miss class!**

B. It may be possible to make up missed water sessions by attending another scuba class taught by the instructor. Make-ups will only be allowed/administered when serious and compelling reasons exist and the instructor’s approval has been obtained in advance.

**Assignments and Grading Policy**

**Course Content**

A. Motor (Physical) Component – 60% of grade
   1. Pre-dive skills
   2. Surface skills
   3. Underwater skills
   4. Emergency skills

B. Cognitive (Knowledge) Component – 40% of grade
   1. Applied sciences
   2. Diving equipment
   3. Diving safety
   4. Diving environment

**Method of Evaluation**

A. Pool skills evaluation – quizzes 25%
B. Written quizzes 15%
C. Final Written Exam 25%
D. Pool skills evaluation – Final 35%

**Assignment of Final Course Grade**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+</td>
<td>98-100%</td>
</tr>
<tr>
<td>B+</td>
<td>88-89%</td>
</tr>
<tr>
<td>C+</td>
<td>78-79%</td>
</tr>
<tr>
<td>D+</td>
<td>68-69%</td>
</tr>
<tr>
<td>F</td>
<td>59% and below</td>
</tr>
<tr>
<td>A</td>
<td>92-97%</td>
</tr>
<tr>
<td>B</td>
<td>82-87%</td>
</tr>
<tr>
<td>C</td>
<td>72-77%</td>
</tr>
<tr>
<td>D</td>
<td>62-67%</td>
</tr>
<tr>
<td>A-</td>
<td>90-91%</td>
</tr>
<tr>
<td>B-</td>
<td>80-81%</td>
</tr>
<tr>
<td>C-</td>
<td>70-71%</td>
</tr>
<tr>
<td>D-</td>
<td>60-61%</td>
</tr>
</tbody>
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**University Policies**

“University Policies: Office of Graduate and Undergraduate Programs maintains university-wide policy information relevant to all courses, such as academic integrity, accommodations, etc.”

You may find all syllabus related University Policies and resources information listed on GUP’s Syllabus Information web page at [http://www.sjsu.edu/gup/syllabusinfo/](http://www.sjsu.edu/gup/syllabusinfo/)
Scuba Diving KIN 008, 01-02, Course Schedule

*Schedule is subject to change with fair notice and notices will be announced at the beginning of lecture sessions.*

<table>
<thead>
<tr>
<th>Week</th>
<th>Pool Activity</th>
<th>Lecture</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 – Aug 24</td>
<td>Orientation – no pool</td>
<td>Orientation – go over greensheets and requirements</td>
</tr>
<tr>
<td>2 – Aug 31</td>
<td>Water testing</td>
<td>Equipment - basics (equip needed for pool work following week)</td>
</tr>
<tr>
<td>3 – Sep 7</td>
<td>Begin skin diving skills (participants must provide basic equipment)</td>
<td>No lecture – all pool</td>
</tr>
<tr>
<td>4 – Sep 14</td>
<td>Skin diving skills</td>
<td>Lecture content TBA</td>
</tr>
<tr>
<td>5 – Sep 21</td>
<td>Skin diving skills testing /start SCUBA</td>
<td>Lecture content TBA</td>
</tr>
<tr>
<td>6 – Sep 28</td>
<td>SCUBA **</td>
<td>Knowledge Review 1/Quiz 1</td>
</tr>
<tr>
<td>7 – Oct 5</td>
<td>SCUBA **</td>
<td>Lecture content TBA</td>
</tr>
<tr>
<td>8 – Oct 12</td>
<td>SCUBA **</td>
<td>Knowledge Review 2 /Quiz 2</td>
</tr>
<tr>
<td>9 – Oct 19</td>
<td>SCUBA **</td>
<td>Lecture content TBA</td>
</tr>
<tr>
<td>10 – Oct 26</td>
<td>SCUBA **</td>
<td>Knowledge Review 3/ Quiz 3</td>
</tr>
<tr>
<td>11 – Nov 2</td>
<td>SCUBA ** Last date to complete CSU swim skills</td>
<td>Knowledge Review 4/Quiz 4</td>
</tr>
<tr>
<td>12 – Nov 9</td>
<td>SCUBA **</td>
<td></td>
</tr>
<tr>
<td>14 – Nov 23</td>
<td>Thanksgiving Break</td>
<td>Thanksgiving Break</td>
</tr>
<tr>
<td>15 – Nov 30</td>
<td>Pool practice</td>
<td>Written Final</td>
</tr>
<tr>
<td>16 – Dec 7</td>
<td>** Pool skill quizzes will be conducted upon completion of each pool module</td>
<td></td>
</tr>
</tbody>
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** All CSU requirements for ocean qualifications must be completed by Nov 2

*Optional Ocean Training Dates for certification:*

6 dives required for certification (3 dives per day), Dive days must be consecutive:

Nov 26 & 27 (Sat & Sun – Thanksgiving weekend)
Dec 3 & 4 (Sat & Sun)
Dec 17 & 18 (Sat & Sun)

*Requirements and qualification criteria to be discussed and outlined by instructor later in the course. Students must qualify for ocean training, and it is conducted as a separate activity for an additional cost.*

* A minimum of 6 participants are required for the ocean dates to take place