

**San José State University  
CASA/Department of Kinesiology  
KIN 107, Adapted Aquatics, Section 01, Spring 2013**

|                         |  |
|-------------------------|--|
| <b>Instructor:</b>      | Janet Clair  |
| <b>Office Location:</b> | SPX 60   |
| <b>Telephone:</b>       | (408) 924-3042   |
| <b>Email:</b>           | <a href="mailto:janet.clair@sjsu.edu">janet.clair@sjsu.edu</a> (preferred) |
| <b>Office Hours:</b>    | Sign up by appointment outside of office (SPX 60)                          |
| <b>Class Days/Time:</b> | M 5:00 – 6:50 PM   |
| <b>Classroom:</b>       | Lecture: SPX 75<br>Pool: SPX 79  |

**MYSJSU Messaging and Online Access to Course Materials**

In order to ensure that you receive all pertinent email communication, you must have a current and accurate email address in the MYSJSU system. Please check to make sure your email is updated in MYSJSU. Materials for KIN 107 are posted in Desire to Learn (D2L) <https://sjsu.desire2learn.com/>.

**Course Description**

The purpose of this course is to introduce students to theories, techniques, and practices in the instruction of persons with disabilities as they function in the aquatic environment.

**Course Content**

The content of this course will include the following:

1. swim progression and instructional techniques;
2. aquatic program considerations, including behavior management, for individuals with disabilities;
3. understanding specific disability categories and their teaching implications;
4. program organization and administration;

5. skill analysis and lesson planning;
6. appropriate transfers; and
7. adapted aquatic facility evaluation

## **Course Goals and Student Learning Objectives**

Upon completion of Kinesiology 107, through a high level of class participation and satisfactory completion of examinations, the student will demonstrate:

1. a philosophical understanding why aquatics are an important activity for individuals with disabilities;
2. a basic knowledge of various disability categories and their implications toward aquatic activities;
3. skills in the establishment and implementation of an effective and safe adapted aquatic environment;
4. a knowledge of various models of adapted aquatic and organizational development;
5. an awareness of appropriate facilities, equipment, and supplies for adapted aquatic programming;
6. skills in effective transfers and various teaching techniques/styles, including assessment and development of individualized instructional plan, that facilitate learning in an adapted aquatic environment; and
7. a positive attitude towards and practical experiences in working with special populations in an aquatic setting.

## **Definition of a Credit Hour**

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practice. Other course structures will have equivalent workload expectations as described in the syllabus.

As an example, the expectation of work for a 3-credit course is 150-minutes of direct faculty instruction and six hours of out-of-class student work each week.

## **Required Texts/Readings**

### **Textbook**

LePore, M., Gayle, G.W., & Stevens, S. (2007). *Adapted aquatics programming: A professional guide (2<sup>nd</sup> ed.)*. Champaign: Human Kinetics.

## Library Liaison

Ms. Peggy Cabrera: [peggy.cabrera@sjsu.edu](mailto:peggy.cabrera@sjsu.edu)

(408) 808-2034

(408) 808-2100 Reference Desk

(408) 808-2470 Student Computer Service

## Classroom Protocol

Each student must actively engage in the learning process. Be an active learner by:

- ✓ attending each scheduled class;
- ✓ arriving on time;
- ✓ coming alert and ready to learn;
- ✓ being willing to take chances by speaking up in class;
- ✓ reading assignments before class;
- ✓ **Turning off and storing all cell phones and other electronic devices in lecture and lab.**

### **\*\*Cell phone and mobile device policy\*\***

The use of cell phones and other mobile devices for personal communication is disruptive to the class, to both the instructor and classmates, and is therefore **strictly prohibited**.

- First offense: Reminder.
- Second offense: Loss of daily participation points.
- Third offense: Loss of one grade level on final grade in class.

## Student's Responsibilities

The undergraduate student will be expected to attend and actively participate in all class sessions and practicum. If a session is missed, it will be up to the student to secure all information/handouts from a classroom peer. All students are expected to arrive by 5:00 dressed for activity on Special Olympic swim practice days.

## Assignments and Grading Policy

### Course Evaluation

|  |     |
|--|-----|
| Exam   | 40% |
| Special Olympics Practical Experience/<br>Application of instructional techniques<br>& includes record keeping | 40% |
| Attendance at the Northern California<br>Special Olympic Regional Meet   | 10% |
| Visitation of Aquatic Site   | 10% |

## Examinations

- 1) Exam may consist of true and false, multiple choice, matching and short answer essays reflecting lecture material, assigned readings from text, presentations and handouts.
- 2) Make-up exam is permitted **ONLY** for serious and compelling reasons and will only be considered if the instructor has been contacted **prior to** the regularly scheduled exam.

**Other Information**

Extra credit is not available.

**Grading**

| Percentage       | Grade |
|------------------|-------|
| 93 – 100%        | A     |
| 90 – 92.99%      | A-    |
| 87 – 89.99%      | B+    |
| 83 – 86.99%      | B     |
| 80 – 82.99%      | B-    |
| 77 – 79.99%      | C+    |
| 73 – 76.99%      | C     |
| 70 – 72.99%      | C-    |
| 67 – 69.99%      | D+    |
| 63 – 66.99%      | D     |
| 60 – 62.99%      | D-    |
| less than 59.99% | F     |

**University Policies**

**Dropping and Adding**

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s [Catalog Policies](http://info.sjsu.edu/static/catalog/policies.html) section at <http://info.sjsu.edu/static/catalog/policies.html>. Add/drop deadlines can be found on the [current academic calendar](http://www.sjsu.edu/provost/Academic_Calendars/) web page at [http://www.sjsu.edu/provost/Academic\\_Calendars/](http://www.sjsu.edu/provost/Academic_Calendars/). The [Late Drop Policy](http://www.sjsu.edu/aars/policies/latedrops/policy/) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the [Advising Hub](http://www.sjsu.edu/advising/) at <http://www.sjsu.edu/advising/>.

## **Academic Integrity**

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The [University's Academic Integrity policy](http://www.sjsu.edu/senate/S07-2.htm), located at <http://www.sjsu.edu/senate/S07-2.htm>, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development website](http://www.sjsu.edu/studentconduct/) is available at <http://www.sjsu.edu/studentconduct/>.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Integrity Policy S07-2 requires approval of instructors.

## **Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. [Presidential Directive 97-03](http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) at [http://www.sjsu.edu/president/docs/directives/PD\\_1997-03.pdf](http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) requires that students with disabilities requesting accommodations must register with the [Disability Resource Center](http://www.drc.sjsu.edu/) (DRC) at <http://www.drc.sjsu.edu/> to establish a record of their disability.

## **Campus Resources for You**

### **Student Technology Resources**

Computer labs for student use are available in the [Academic Success Center](http://www.at.sjsu.edu/asc/) at <http://www.at.sjsu.edu/asc/> located on the 1st floor of Clark Hall and in the Associated Students Lab on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include DV and HD digital camcorders; digital still cameras; video, slide and overhead projectors; DVD, CD, and audiotape players; sound systems, wireless microphones, projection screens and monitors.

### **SJSU Peer Connections**

The Learning Assistance Resource Center (LARC) and the Peer Mentor Program have merged to become Peer Connections. Peer Connections is the new campus-wide resource for mentoring and tutoring. Our staff is here to inspire students to develop their potential

as independent learners while they learn to successfully navigate through their university experience. Students are encouraged to take advantage of our services which include course-content based tutoring, enhanced study and time management skills, more effective critical thinking strategies, decision making and problem-solving abilities, and campus resource referrals.

In addition to offering small group, individual, and drop-in tutoring for a number of undergraduate courses, consultation with mentors is available on a drop-in or by appointment basis. Workshops are offered on a wide variety of topics including preparing for the Writing Skills Test (WST), improving your learning and memory, alleviating procrastination, surviving your first semester at SJSU, and other related topics. Computer lab and study spaces are also available for student use in Room 600 of Student Services Center (SSC).

Peer Connections is located in three locations: SSC, Room 600 (10th Street Garage on the corner of 10<sup>th</sup> and San Fernando Street), at the 1st floor entrance of Clark Hall, and in the Living Learning Center (LLC) in Campus Village Housing Building B. Visit [Peer Connections website](http://peerconnections.sjsu.edu) at <http://peerconnections.sjsu.edu> for more information.

### **SJSU Writing Center**

The SJSU Writing Center is located in Suite 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The [Writing Center staff](http://www.sjsu.edu/writingcenter/about/staff/) can be found at <http://www.sjsu.edu/writingcenter/about/staff/>.

### **Student Success Center**

The Student Success Center in the College of Applied Sciences and Arts (CASA) provides advising for undergraduate students majoring or wanting to major in programs offered in CASA Departments and Schools:

- Health Science
- Hospitality, Recreation, and Tourism Management
- Journalism and Mass Communications
- Justice Studies
- Kinesiology
- Nursing
- Nutrition, Food Science, and Packaging
- Occupational Therapy
- Social Work

All CASA students and students who would like to be in CASA are invited to stop by the Center for general education advising, help with changing majors, academic policy related questions, meeting with peer advisors, and/or attending various regularly scheduled presentations and workshops. Looking for academic advice or maybe just some tips about how to navigate your way around SJSU? Check out the CASA Student Success Center! It's also a great place to study, and you can check out laptops.

Location: Mac Quarrie Hall (MH) 533 - top floor of Mac Quarrie Hall  
<http://www.sjsu.edu/casa/ssc/>

## KIN 107/Adapted Aquatics

This is a **tentative** schedule and as such is subject to change with fair notice. Advance notice for any changes will be provided by the professor.

### Spring 2013, Course Schedule

Table 1

| Day & Date | Reading           | Lecture  |
|------------|-------------------|--|
| M 1-28     |                   | Introductions and Class Syllabus<br>Chapter 1 Lecture<br>Taking care of business |
| M 2-4      | Chapters<br>2/3   | Lecture<br><b>Pool at 6:00 Bring Swim Attire – Swim Test</b>                     |
| M 2-11     | Chapters<br>4/6/7 | Lecture only.<br>No pool practice.   |
| M 2/18     | Chapter<br>8/9    | Lecture at 5:00 Special O Training<br>Pool at 6:00 Bring Swim Attire             |
| M 2/25     | Chapter 12        | Lecture at 5:00 Special O Training<br>Pool at 6:00 Bring Swim Attire             |
| M 3/4      |                   | <b>Exam (40% of grade)</b>   |
| M 3/11     |                   | Special Olympics Practicum<br><b>(40% of grade)</b>                              |

|                             |                           |  |
|-----------------------------|---------------------------|--|
|                             |                           | <b>First Practice</b><br>SPX 79 – Pool<br>Bring swimsuit, towel, goggles                                       |
| M 3/18                      |                           | Special Olympics Practicum<br>SPX 79 – Pool<br>Bring swimsuit, towel, goggles<br><b>Site Visit Summary Due</b> |
| <b>M 3/25</b>               |                           | <b>Spring Break – Enjoy!</b>   |
| <b>M 4/1</b>                |                           | <b>Cesar Chavez Day – Campus Closed</b>  |
| M 4-8                       |                           | Special Olympics Practicum<br>SPX 79 – Pool<br>Bring swimsuit, towel, goggles                                  |
| M 4-15                      |                           | Special Olympics Practicum<br>SPX 79 – Pool<br>Bring swimsuit, towel, goggles                                  |
| M 4-22                      |                           | Special Olympics Practicum<br>SPX 79 – Pool<br>Bring swimsuit, towel, goggles                                  |
| M 4-29                      |                           | Special Olympics Practicum<br>SPX 79 – Pool<br>Bring swimsuit, towel, goggles                                  |
| M 5-6                       |                           | Special Olympics Practicum<br>SPX 79 – Pool<br>Bring swimsuit, towel, goggles                                  |
| M 5/13                      |                           | Special Olympics Practicum<br>SPX 79 – Pool<br>Bring swimsuit, towel, goggles                                  |
| <b>Saturday,<br/>May 18</b> | <b>Tentative<br/>Date</b> | <b>Spring Games</b><br><b>Gunderson High School</b><br><b>Attendance 10% of Grade</b>                          |

**Complete and print Special Olympics documents and bring to class on Monday 2-4-13. You may find the documents at [sonc.org](http://sonc.org).**