San José State University  
Department of Kinesiology  
KIN 107-01, Adapted Aquatics, Spring 2016

Instructor(s): Sarah Hawkins, MA and Brittany Manrubia, BS

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Office Hours: By Appointment

Classroom: Timpany Center, 730 Empey Way, San Jose, CA 95128

Course Description
Theories, techniques and practices in the instruction of persons with disabilities as they function in the aquatic environment.

Prerequisite: KIN 070 for majors/minors only or instructor consent.

Misc/Lab: Activity 2 hours.

Course Goals and Student Learning Objectives
Upon completion of Kinesiology 107, through a high level of class participation and satisfactory completion of examinations, the student will demonstrate:

1. a philosophical understanding why aquatics are an important activity for individuals with disabilities;
2. a basic knowledge of various disability categories and their implications toward aquatic activities;
3. skills in the establishment and implementation of an effective and safe adapted aquatic environment;
4. a knowledge of various models of adapted aquatic and organizational development;
5. an awareness of appropriate facilities, equipment, and supplies for adapted aquatic programming;
6. skills in effective transfers and various teaching techniques/styles, including assessment and development of individualized instructional plan, that facilitate learning in an adapted aquatic environment; and
7. a positive attitude towards and practical experiences in working with special populations in an aquatic setting.

Undergraduate Degree Program Learning Outcomes (PLO)
At the end of a Bachelor of Science degree program in the Department of Kinesiology students should be able to:

1. Students will be able to explain, identify, and/or demonstrate the theoretical and/or scientific principles that can be used to address issues or problems in the sub-disciplines in kinesiology.
2. Students will be able to effectively communicate in writing (clear, concise and coherent) on topics in Kinesiology.
3. Students will be able to effectively communicate through an oral presentation (clear, concise and coherent) on topics in Kinesiology.
4. Students will be able to utilize their experiences across a variety of health related and skill-based activities to inform their scholarship and practice in the sub disciplines in kinesiology.
5. Students will be able to identify and analyze social justice and equity issues related to kinesiology for diverse populations.

Course Requirements and Assignments

Definition of a Credit Hour
SJSU classes are designed such that in order to be successful, it is expected that students will spend a minimum of forty-five hours for each unit of credit (normally three hours per unit per week), including preparing for class, participating in course activities, completing assignments, and so on. More details about student workload can be found in University Policy S12-3 at http://www.sjsu.edu/senate/docs/S12-3.pdf.

Required Text
Timpany Center, $50 cash or check only
ATRI (https://squareup.com/market/ruth-sova), $49.95 plus tax and shipping

Additional Fees (optional):
ATRI Children with Challenges Specialty Certificate Online Exam Fee - $45.00 payable directly to ATRI (instructions will be issued following successful completion of the ATRI Children with Challenges Course).

Classroom Protocol
Each student must actively engage in the learning process. Be an active learner by:
- attending each scheduled class and/or meeting;
- arriving on time;
- coming alert and ready to learn;
- being willing to take chances by speaking up in class;
- reading assignments before class;
- turning off and storing all cell phones and other electronic devices in lecture and lab.

**Cell phone and mobile device policy**
The use of cell phones and other mobile devices for personal communication is disruptive to the class, to both the instructor and classmates, and is therefore strictly prohibited.

Student's Responsibilities
The undergraduate student will be expected to attend and actively participate in all class sessions and practicum. If a session is missed, it will be up to the student to secure all information/handouts from a classroom peer. All students are expected to be present and dressed 15 minutes prior to any scheduled co-teaching or practicum experiences.
Assignments and Grading Policy

Course Evaluation

Participation - 20%

Full points will be awarded only to students who are present for the entire session, and who actively participate (e.g. by spoken, relevant contribution to discussion and by physical participation with students in the pool or similar).

- Orientation Meeting (1 hour) – 1 point
- ATRI Children with Challenges Course (16 hours) – 16 points

Practicum Hours – 50%

- Adapted Aquatics Practicum (30 hours) – 30 points

Adapted Swim Lesson Plan Project – 20%

Final Exam (Practical) – 10%

Other Information

Extra credit is not available.

Grading

Percentage Grade

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<thead>
<tr>
<th>Percentage</th>
<th>Grade</th>
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<tbody>
<tr>
<td>93–100%</td>
<td>A</td>
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<tr>
<td>90–92%</td>
<td>A-</td>
</tr>
<tr>
<td>87–89%</td>
<td>B+</td>
</tr>
<tr>
<td>83–86%</td>
<td>B</td>
</tr>
<tr>
<td>80–82%</td>
<td>B-</td>
</tr>
<tr>
<td>77–79%</td>
<td>C+</td>
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<tr>
<td>73–76%</td>
<td>C</td>
</tr>
<tr>
<td>70–72%</td>
<td>C-</td>
</tr>
<tr>
<td>67–69%</td>
<td>D+</td>
</tr>
<tr>
<td>63–66%</td>
<td>D</td>
</tr>
<tr>
<td>60–62%</td>
<td>D-</td>
</tr>
<tr>
<td>less than 59%</td>
<td>F</td>
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University Policies

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html.

Add/drop deadlines can be found on the current academic year calendars document on the Academic Calendars webpage at http://www.sjsu.edu/provost/services/academic_calendars/.

The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/.

Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

Consent for Recording of Class and Public Sharing of Instructor Material

University Policy S12-7, http://www.sjsu.edu senate/docs/S12-7.pdf, requires students to obtain instructor’s permission to record the course.

“Common courtesy and professional behavior dictate that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. Such permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.”

“Course material developed by the instructor is the intellectual property of the instructor and
cannot be shared publicly without his/her approval. You may not publicly share or upload instructor generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent.”

**Academic Integrity**

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University Academic Integrity Policy S07-2 at http://www.sjsu.edu/senate/docs/S07-2.pdf requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sjsu.edu/studentconduct/.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Integrity Policy S07-2 requires approval of instructors.

**Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 at http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf requires that students with disabilities requesting accommodations must register with the Accessible Education Center at http://www.sjsu.edu/aec to establish a record of their disability.

**Campus Resources for You**

Student Technology Resources

Computer labs for student use are available in the Academic Success Center at http://www.sjsu.edu/at/asc/ located on the 1st floor of Clark Hall and in the Associated Students Lab on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library. A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include DV and HD digital camcorders; digital still cameras; video, slide and overhead projectors; DVD, CD, and audiotape players; sound systems, wireless microphones, projection screens and monitors.

SJSU Peer Connections

Peer Connections, a campus-wide resource for mentoring and tutoring, strives to inspire students to develop their potential as independent learners while they learn to successfully navigate through their university experience. You are encouraged to take advantage of their services which include course-content based tutoring, enhanced study and time management skills, more effective critical thinking strategies, decision making and problem-solving abilities, and campus resource referrals. In addition to offering small group, individual, and drop-in tutoring for a number of undergraduate courses, consultation with mentors is available on a drop-in or by appointment basis. Workshops are offered on a wide variety of topics including preparing for the Writing Skills Test (WST), improving your learning and memory, alleviating procrastination, surviving your first semester at SJSU, and other related topics. A computer lab and study space are also available for student use in Room 600 of Student Services Center (SSC).
SJSU Writing Center
The SJSU Writing Center is located in Clark Hall, Suite 126. All Writing Specialists have gone through a rigorous hiring process, and they are well trained to assist all students at all levels within all disciplines to become better writers. In addition to one-on-one tutoring services, the Writing Center also offers workshops every semester on a variety of writing topics. To make an appointment or to refer to the numerous online resources offered through the Writing Center, visit the Writing Center website at http://www.sjsu.edu/writingcenter. For additional resources and updated information, follow the Writing Center on Twitter and become a fan of the SJSU Writing Center on Facebook.

SJSU Counseling Services
The SJSU Counseling Services is located on the corner of 7th Street and San Fernando Street, in Room 201, Administration Building. Professional psychologists, social workers, and counselors are available to provide consultations on issues of student mental health, campus climate or psychological and academic issues on an individual, couple, or group basis. To schedule an appointment or learn more information, visit Counseling Services website at http://www.sjsu.edu/counseling.

Student Success Center
The Student Success Center in the College of Applied Sciences and Arts (CASA) provides advising for undergraduate students majoring or wanting to major in programs offered in CASA Departments and Schools:

- Health Science
- Hospitality, Recreation, and Tourism Management
- Journalism and Mass Communications
- Justice Studies
- Kinesiology
- Nursing
- Nutrition, Food Science, and Packaging
- Occupational Therapy
- Social Work

All CASA students and students who would like to be in CASA are invited to stop by the Center for general education advising, help with changing majors, academic policy related questions, meeting with peer advisors, and/or attending various regularly scheduled presentations and workshops. Looking for academic advice or maybe just some tips about how to navigate your way around SJSU? Check out the CASA Student Success Center! It’s also a great place to study, and you can check out laptops.

Location: Mac Quarrie Hall (MH) 533 - top floor of Mac Quarrie Hall
Contact information: 408-924-2910
Email: CASASuccessCenter@gmail.com Call or email for an appointment, or just stop by.

Course Schedule, Spring 2016
This is a tentative schedule and as such is subject to change with fair notice. Advance notice for any changes will be provided by the instructor(s).
<table>
<thead>
<tr>
<th>Event</th>
<th>Date(s)</th>
<th>Time(s)</th>
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<tbody>
<tr>
<td>Orientation Meeting</td>
<td>Wednesday, Feb. 3</td>
<td>3:30pm-4:30pm</td>
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<tr>
<td>ATRI CWC Course</td>
<td>Saturday, Feb. 13</td>
<td>12:30pm – 8:30pm</td>
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<td>Sunday, Feb. 14</td>
<td>9:00am-5:00pm</td>
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<tr>
<td>Adapted Aquatics Practicum</td>
<td>To be scheduled with Brittany Manrubia</td>
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<tr>
<td>ATRI Online Exam</td>
<td>Before May 9th</td>
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<tr>
<td>Final Exam (Practical)</td>
<td>TBA</td>
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