

San José State University

Kinesiology 159– Sport and Adapted Activities (3 units)

Colleague of Health and Human Sciences
Department of Kinesiology

Course and Contact Information

Instructor: Dr. Jihyun Lee
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Office Hours: T 2:00–4:00pm & by appointment
Class Days/Time: M 4:00–7:45pm
Classroom: SPX163

Course Description

Principles of kinesiology for adapting sport and activity for individuals with disabling conditions. **Prerequisite:** KIN 070 for majors/minors only or instructor consent. Lecture 2 hours/activity 2 hours.

MYSJSU Messaging and Canvas

In order to ensure that you receive all pertinent email communication, you must have a current and accurate email address in the [MySJSU](#) system. Please check to make sure your email is updated in [MySJSU](#) at <http://my.sjsu.edu>. You are responsible for regularly checking your emails and announcements posted on [Canvas](#) to learn of any updates. Copies of course materials such as the syllabus (greensheet), PowerPoint slides, and major assignment instructions and guidelines can be found on [Canvas](#) at <http://sjsu.instructure.com>. For more information on setting up your account go to [Canvas Student Resources](http://www.sjsu.edu/ecampus/teaching-tools/canvas/student_resources/index.html) at http://www.sjsu.edu/ecampus/teaching-tools/canvas/student_resources/index.html.

Kinesiology Undergraduate Degree Program Learning Outcomes

At the completion of a Bachelor of Science degree program in the Department of Kinesiology students should be able to:

1. obtain a critical understanding and the ability to apply theoretical and scientific knowledge from the subdisciplines in kinesiology for personal fitness, healthy lifestyles, sport, and/or therapeutic rehabilitation.
2. Effectively communicate the essential theories, scientific applications, and ethical considerations related to kinesiology.
3. Apply scholarship and practice of different movement forms to enhance movement competence in kinesiology.
4. Recognize and apply sustainable approaches as they relate to kinesiology.
5. Identify social justice and equity issues related to kinesiology for various populations.

Course Learning Outcomes

Upon successful completion of this course, students will be able to demonstrate:

1. An understanding of the sports movement for athletes with disability in relation to legislative impact and future directions (PLO1,2,3, & 5).
2. An awareness of community, state, national, and international resources in the area of disability sports (PLO1,2,3,4 & 5).
3. An awareness of the sports and competitive games available for the various disability groups (PLO1,2,3, & 5).
4. An understanding of sport classification systems and their implication towards adapted physical education/activity programming (PLO2,3, & 5).
5. The ability to identify parts of and differentiate between various types of wheelchairs (PLO1,3,4 & 5).
6. An understanding of wheelchair sports techniques and adaptations required for different disabilities (PLO1,2,3, & 5).
7. The ability to differentiate between orthoses, prostheses, and assistive devices with implications toward adapted physical education/activity (PLO1,2,3,4 & 5).
8. An understanding of interacting variables that need to be addressed for individuals with disabilities in the adaptation process for their participation/inclusion/transition in physical education/activity and sport (PLO1, 2, 3,4 & 5).
9. An exposure to different types of sport and equipment for various populations with disabilities (PLO1,3 & 5).

Course Requirements/Assignments & Evaluation Criteria:

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|------------------------------------------------------------------|-----|
| 1. Written Exams (PLO1, 2 & 5) | 40% |
| 2. Class Activities/Guest Speaker Sessions | 10% |
| 3. Disability Sport Project Lab Assignments (PLO1, 2, 3 & 5) | 15% |
| 4. Disability Sport Expo Contribution (PLO3 & 5) | 15% |
| 5. Lab Participation (PLO3) | 10% |
| 6. Adapted Sport Tournament Volunteer (6 hours) (PLO1, 2, 3 & 5) | 10% |

Required Textbook

- Davis, R.W.(2011). Teaching disability sport: A guide for physical educators (2nd Ed.). Champaign, IL: Human Kinetics.
- Other readings as assigned.

When are finals?

University [policy S17-1](#) states that "Faculty members are required to have a culminating activity for their courses, which can include a final examination, a final research paper or project, a final creative work or performance, a final portfolio of work, or other appropriate assignment." More details can be found in this University policy S17 document: <http://www.sjsu.edu/senate/docs/S17-1.pdf>

Grading Information

Final course grade will be assigned according to the following scale based on the total accumulated percentage of available points during the semester.

A+=100-97%	A=96-93%	A-=92-90%
B+=89-87%	B=86-83%	B-=82-80%
C+=79-77%	C=76-73%	C-=72-70%
D+=69-67%	D=66-63%	D-=62-60%
F= 59-0% Unsatisfactory		

Library Liaison

- **Adriana Poo**
 - **Email:** adriana.poo@sjsu.edu
 - **Phone:** (408)808-2019
 - Reference Desk: (408)808-2100
 - Student Computer Service: (408)808-2470

Course Policies

- Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.
- The course will consist of a combination of lecture and class discussion. Student participation is both a vital part of the learning process and an important way to enrich the classroom experience. The required textbooks will be used as a basis for understanding issues in disability sport and activity adaptation. Lectures will present the points that are the most important for students to understand about development. Students are encouraged to raise issues, provide information from their own experiences, and ask questions at any time during the class.
- Active participation in all lecture and laboratory sessions is expected. This requires that EACH class member makes an INDIVIDUAL COMMITMENT to be an active participant in the teaching/learning process. Individual contributions and differing viewpoints will be appreciated and respected.
- All assignments will be turned in electronically via the course Canvas site unless otherwise stated. Elaborated assignment descriptions will be posted on Canvas. It is most beneficial to you to follow all directions carefully to maximize your opportunity to receive the highest grade possible. It is each student's responsibility to know when each assignment is due, due dates are listed on the schedule and on Canvas. Each assignment is due by 11:59pm of the due date unless otherwise stated. NO late assignments will be accepted unless prior arrangements have been made with the professor.
- Make-up exams are permitted only for illness and emergency (truly extraordinary circumstances). The student is responsible for notifying the instructor and making arrangements at the earliest possible time. In most cases, the exam must be completed prior to the next class meeting. All requests for make-up exams will be evaluated on an individual basis.
- **Learning Environment:**

The classroom is a special environment in which students and faculty come together to promote learning and growth. It is essential to this learning environment that respect for the rights of others seeking to learn, respect for the professionalism of the instructor, and the general goals of academic freedom are maintained. Differences of viewpoint or concerns should be expressed in terms which are supportive of the learning process, creating an environment in which share of themselves without losing their identities, and to develop and understanding of the community in which they live. The instructor reserves the right to lower the grade if students do not meet class behavior expectations. All students are expected to actively participate. That means that students should:

- actively prepare by reading assigned materials

- bring class notes and reading materials to class
- refrain from anything not class related during class
- turn off cell phones
- close laptops during class sessions, presentations, and meetings
- respect each other's opinion

• **Field Work Professional Behavior Expectations**

Students will complete some fieldwork hours working with individuals with disabilities to complete fieldwork assignments. In this case, proper attire is required such as tennis shoes, sweat pants, collar shirt and/or SJSU T-shirt. No gum, no headphone, and no cell phone, please. Failure to meet the professional behavior expectations will result in 20% deduction of your total points for each occasion

• **Group Work Policy**

- A "group work" is meant to be worked on as a group. Therefore, do not divide the assignment into sections as people start arguing which section is more challenging to do than other parts of the assignment.
- Because some individuals have difficulty working with others, they have an option to work individually and submit an individual work.
- All group members will receive the same points for the assignment: clearly indicate on the title page ALL group members who have contributed to writing the paper, and thus will be handing in identical versions/
- If you choose to continuously miss group meetings or fail to maintain contact with your group, do NOT expect your group to include your name on the group work. In such a case, you will need to complete this assignment on your own.
- The instructor will NOT accept complaints about group members any later than one week before the assignment due date. You should have a well-developed draft by then and should be aware of any difficulties you have had working with someone. The instructor will NOT accept complaints about group members until you have discussed your complaint with that group member and discussed possible solutions. That is, you must first address your concerns with that group member and bring it to his/her attention that you feel he/she is not contributing equally to the project before you come to me. If you still think you need to come to me, you must be able to tell me the response you received from the group member, so that the instructor knows a legitimate attempt was made to resolve the issue on your own.

University Policies

Please note that detailed information on the following [university policies](#) can be found on the [Office of Graduate and Undergraduate Program's](#) website at <http://www.sjsu.edu/gup/syllabusinfo>. Please familiarize yourself with this information.

- General Expectations, Rights and Responsibilities of the SJSU Student
- Dropping and Adding
- Consent for Recording of Class and Public Sharing of Instructor Material
- Academic integrity
- Campus Policy in Compliance with the American Disabilities Act
- Student Technology Resources
- SJSU Peer Connections
- SJSU Writing Center

Fall 2018

- SJSU Counseling and Psychological Services
- Students with Disabilities: "If you need course adaptations or accommodations because of a disability, or if you need special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with AEC to establish a record of their disability." Academic Senate Policy F06-2 requires that students with disabilities requesting accommodations must register with AEC to establish a record of their disability." Academic Senate Policy F06-2

Course Schedule

* Schedule is subject to change

* Changes will be announced in class and/or posted on Canvas

Wk	Date	Topic	Task
1	8/27	Orientation	
2	9/3	Labor Day- No Class	
3	9/10	Legislation; Orthoses, Protheses, and Assistive Devices; Lab equipment	Appendix A
4	9/17	Types of Disability	Readings will be provided
5	9/24	Guest Speaker--All Access Sports & Recreation	Class Activity
6	10/1	Canvas: Sport Paralympics	Readings will be provided
7	10/8	Film Screening (TENATIVE)	Discussion
8	10/15	Guest Speaker--Coach Paul Jackson Wheelchair Basketball	Class Activity
Event 10/20 (Sat)		Power Soccer Tournament at Bascom Community Center <ul style="list-style-type: none"> 9am-2pm shifts (6 volunteers needed for minimum 5 volunteer hours) 1:15-6:30pm shifts (6 volunteers needed for minimum 5 volunteer hours) 	
9	10/22	Wheelchair Rugby Presentation and Lab Indoor Soccer Presentation	Davis, 115-144 pp.; Davis, 145-167 pp.
10	10/29	Midterm Exam Boccia Presentation and Lab	Davis, 115-144 pp.; Davis, 145-167 pp.
11	11/5	Sitting Volleyball Presentation and Lab Wheelchair Tennis Presentation and Lab	Davis, 115-144 pp.; Davis, 145-167 pp.
Event 11/10-11/11 (Sat-Sun)		The Bill and Julie Duncan Memorial Wheelchair tournament: Morning and afternoon shifts	
12	11/12	Veterans Day- No Class	
13	11/19	Guest Speaker - Derrick American Dance Wheels Foundation	Class Activity
14	11/26	Goalball Presentation and Lab Beep Baseball Presentation and Lab	Davis, 169-191 pp.
15	12/3	Disability Sport Expo Prep	Must Attend
12/8 (Sat)		Power Soccer Tournament at Bascom Community Center <ul style="list-style-type: none"> 9am-2pm shifts (6 volunteers needed for minimum 5 volunteer hours) 1:15-6:30pm shifts (6 volunteers needed for minimum 5 volunteer hours) 	
16	12/10	Disability Sport Expo; SPX 107A Gym; 5-7 PM; Mandatory Attendance beginning at 4:00 PM (Set-up)-7:30 PM(Clean-up)	
17	12/17	Final Exam	