

San José State University
Kinesiology
Fall 2014, KIN 159 'Sport and Adapted Activities'

Contact Information

Instructor:	Nancy L. Megginson, Ph.D.
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Office Hours:	Wednesday 1200-100PM; TBA
Class Meetings & location	YUH 236/Timpany Center

Course Description

This course identifies and applies the principles of kinesiology to adapting sport and physical activity for individuals with disabilities.

Course Content

The continuum of human movement from play to competition, as well as individual, dual, and group activity will be addressed. Adaptation Theory and its variables are addressed with emphasis towards cooperative, adventure, and games design program models of inclusion. The history, philosophy, administration, and operation of various sport organizations for individuals with disabilities will be explored at the local, regional, and national levels. Sport classification systems for these organizations with related trends and issues will be discussed. International sport competition and its organization/administration will be addressed. Practicum/Laboratory experience in a sport for individuals with disabilities is required as an avenue for the student to gain insight and perspective as well as an opportunity to apply classroom concepts in an actual physical education/activity/sport setting.

KIN Undergraduate Degree Program Learning Outcomes

At the completion of a Bachelor of Science degree program in the Department of Kinesiology students should be able to:

1. obtain a critical understanding and the ability to apply theoretical and scientific knowledge from the subdisciplines in kinesiology for personal fitness, healthy lifestyles, sport, and/or therapeutic rehabilitation.
2. Effectively communicate the essential theories, scientific applications, and ethical considerations related to kinesiology.

3. Apply scholarship and practice of different movement forms to enhance movement competence in kinesiology.
4. Recognize and apply sustainable approaches as they relate to kinesiology.
5. Identify social justice and equity issues related to kinesiology for various populations.

Course Goals and Student Learning Objectives

At the conclusion of this course, the undergraduate student will demonstrate the following:

1. an understanding of the sports movement for athletes with disability in relation to legislative impact and future directions (PLO #1, #2, #3, & #5).
2. an awareness of community, state, national, and international resources in the area of disability sports (PLO #1, #2, #3, & #5).
3. an awareness of the sports and competitive games available for the various disability groups (PLO #1, #2, #3, & #5).
4. an understanding of sport classification systems and their implication towards adapted physical education/activity programming (PLO #1, #2, #3, & #5).
5. the ability to identify parts of and differentiate between various types of wheelchairs (PLO #1, #2, #3, & #5).
6. an understanding of wheelchair sports techniques and adaptations required for different disabilities (PLO #1, #2, #3, & #5).
7. ability to differentiate between orthoses, prostheses, and assistive devices with implications toward adapted physical education/activity (PLO #1, #2, #3, & #5).
8. ability to analyze different gaits in reference to sport and game adaptations (PLO #1, #2, #3, & #5).
9. an understanding of interacting variables that need to be addressed for individuals with disabilities in the adaptation process for their participation/inclusion/transition in physical education/activity and sport (PLO #1, #2, #3, & #5).
10. an exposure to exercise prescription and equipment for various populations with disabilities (PLO #1, #2, #3, & #5).

Text

Davis, R.W. (2011). *Teaching disability sport: A guide for physical educators*. (2nd Ed.)
Champaign, IL: Human Kinetics.

Course Notes

Student's Responsibilities:

The KIN 159 student will be expected to attend and actively participate in all class sessions, most specifically lab assignments. If s/he misses a session, it will be up to that student to secure all information/handouts from a classroom peer. **In addition, each KIN 159 student will assist in the set-up and break-down of all instructional labs. Labs require all students dress for physical activity!!!**

Late assignments will not be accepted. There will be no makeup tests for any of the exams without a written medical excuse and the expressed consent of the instructor.

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course. This would include preparing for class, participating in course activities, and completing assignments/projects. Generally this will amount to 1 hour a week outside of class.

Course Requirements and Grading Policy

Grading Plan

Written Exam (PLO #1, #2, & #5)	30%
Disability Sport Project Lab Assignments (PLO #1, #2, #3, & #5)	15%
Disability Sport Expo Contribution (PLO #3 & #5)	15%
Lab Participation [PLO #3]	10%
Timpany Center Wheelchair Basketball Camp Participation (2 hours) [PLO #1, #2, #3, & #5]	5%

TOTAL 75%

Grading Scale used to determine letter grade for each component above.

Percentage	Equivalent Grade
97% - 100%	A+
93% - 96%	A
90% - 92%	A-
87% - 89%	B+
83% - 86%	B
80% - 82%	B-
77% - 79%	C+
73% - 76%	C
70% - 72%	C-
67% - 69%	D+
63% - 66%	D
60% - 62%	D-
below 60%	F

University Policies

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester's Catalog in the [policies section](http://info.sjsu.edu/static/catalog/policies.html) at <http://info.sjsu.edu/static/catalog/policies.html>. Add/drop deadlines can be found on the current [academic year calendars](http://www.sjsu.edu/provost/services/academic_calendars/) document at http://www.sjsu.edu/provost/services/academic_calendars/. The [late drop policy](http://www.sjsu.edu/aars/policies/latedrops/policy/) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the [Advising Hub](http://www.sjsu.edu/advising/) at <http://www.sjsu.edu/advising/>.

Academic integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University's [Academic Integrity policy](http://www.sjsu.edu/senate/S07-2.htm) at <http://www.sjsu.edu/senate/S07-2.htm>, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development](http://www.sjsu.edu/studentconduct/) website at <http://www.sjsu.edu/studentconduct/>.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU's [Academic Integrity policy](http://www.sjsu.edu/senate/S07-2.htm) at <http://www.sjsu.edu/senate/S07-2.htm> requires approval of instructors.

Note: Outings/assignments completed for another class cannot be counted for this course.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. [Presidential Directive 97-03](http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) at http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf requires that students with disabilities requesting accommodations must register with the [Accessible Education Center](http://www.sjsu.edu/aec/) (AEC) at <http://www.sjsu.edu/aec/> to establish a record of their disability.

Accommodation to Students' Religious Holidays

San José State University shall provide accommodation on any graded class work or activities for students wishing to observe religious holidays when such observances require students to be absent from class. It is the responsibility of the student to inform the instructor, in writing, about such holidays before the add deadline at the start of each

semester. If such holidays occur before the add deadline, the student must notify the instructor, in writing, at least three days before the date that he/she will be absent. It is the responsibility of the instructor to make every reasonable effort to honor the student request without penalty, and of the student to make up the work missed. See University Policy S14-7 at <http://www.sjsu.edu/senate/docs/S14-7.pdf>.