

San José State University
Kinesiology
Spring 2015, KIN 15A, Beginning Basketball Section 03

Contact Information
Instructor: Therren Wilburn
Office: TBD
Telephone: TBD
Email: Therren.wilburn@sjsu.edu
Office Hours: By Appointment or Email
Class Days/ Time: T/Th 11:30am-12:20pm
Class location: YUH 106

Course Description

This course is designed to assist students in the development of fundamental skills necessary for effective involvement in playing the game of basketball.

Web Resource

Course materials may be found on the e-campus [Canvas learning management system](http://www.sjsu.edu/at/ec/canvas/) at <http://www.sjsu.edu/at/ec/canvas/>. You are responsible for regularly checking the Canvas discussion board and email for information and messages. Login using your mysjsu username and password.

Course Goals and Student Learning Objectives

Course-Specific Student Learning Outcomes

Upon completion of this course, the students will:

- Develop and Demonstrate a working knowledge of basketball strategy as well as demonstrate an understanding of common rules and etiquette via a written knowledge test;
- Demonstrate how the sport of basketball offers an avenue for cross-cultural, gender and generational interaction and communication;
- Analyze and understand the role of basketball as a social tool that has heightened the awareness and appreciation of cross cultural and cross gender contributions to the sport in society;
- Demonstrate a minimum functional ability or mastery at the 70% level on the performance skills introduced and practiced in the class;
- Identify the impact of basketball as a sport that provides appropriate lifetime fitness and physical activity outlets for diverse segments of the population (i.e., men, women seniors, disabled etc).

Activity Program Learning Outcomes

After completion of the physical activity graduation requirement, students shall be able to:

- Demonstrate proficiency in the execution of the motor/sport skills appropriate to the specific activities completed.
- Identify and/or explain the applicable history, rules, strategies, current research, safety, and etiquette related to the specific activities completed.
- Identify and/or explain the benefits of physical activity as related to physical and mental health.

Text/Readings:

Recommended Text: **Eleven Rings**, by Phil Jackson. Penguin Press

Course Notes:

- Class Protocol: Students are expected to arrive on time and participate fully in all activities throughout the class period. Turn cell phone off and put away for the duration of the class. Interactions
- Intellectual property: Course materials developed by the instructor (e.g., exam/quiz items, videos, lecture notes), are the instructor's intellectual property and cannot be shared or uploaded in any form publicly without the instructor's approval with classmates and the instructor are expected to be respectful at all times.
- *Course Grades* will be posted on Canvas by the end of finals week.
- Written Exam cannot be made up.
- Skills Test cannot be made up.
- Drop requests will not be accepted after the SJSU drop deadline.

Course Requirements and Grading Policy -

Grading Plan

- 10% Skills Test 1 (Dribbling)
- 10% Skills Test 2 (Passing)
- 10% Skills Test 3 (Lay Up)
- 20% Midterm
- 10% Skills Test 4 (Shooting)
- 10% Skills Test 5 (Rebounding)
- 10% Skills Test 6 (Defense)
- 10% Assignment/Project
- 10% Final Exam

Grading Scale used to determine letter grade for each component above.

Percentage	Equivalent Grade
97% - 100%	A+
93% - 96%	A
90% - 92%	A-
87% - 89%	B+
83% - 86%	B
80% - 82%	B-
77% - 79%	C+
73% - 76%	C
70% - 72%	C-
67% - 69%	D+
63% - 66%	D
60% - 62%	D-
below 60%	F

Tests:

- o Tests will be all multiple choice and/or short answer
- o Tests cannot be made up, unless there are extreme circumstances

Assignments/Projects:

- **Skills Test:** Will examine the students ability to execute concepts that are taught from instruction
- **Short Essay:** Student will be responsible for a one-page paper discussing the benefits of Physical Activity, and how this course is benefiting their health.

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course. This would include preparing for class, participating in course activities, and completing assignments/projects. Generally this will amount to 1 hour a week outside of class.

University Policies

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester's Catalog in the [policies section](http://info.sjsu.edu/static/catalog/policies.html) at <http://info.sjsu.edu/static/catalog/policies.html>. Add/drop deadlines can be found on the current [academic year calendars](http://www.sjsu.edu/provost/services/academic_calendars/) document at http://www.sjsu.edu/provost/services/academic_calendars/. The [late drop policy](http://www.sjsu.edu/aars/policies/latedrops/policy/) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the [Advising Hub](http://www.sjsu.edu/advising/) at <http://www.sjsu.edu/advising/>.

Academic integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University's [Academic Integrity policy](http://www.sjsu.edu/senate/S07-2.htm) at <http://www.sjsu.edu/senate/S07-2.htm>, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development](http://www.sjsu.edu/studentconduct/) website at <http://www.sjsu.edu/studentconduct/>.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU's [Academic Integrity policy](http://www.sjsu.edu/senate/S07-2.htm) at <http://www.sjsu.edu/senate/S07-2.htm> requires approval of instructors.

Note: Outings/assignments completed for another class cannot be counted for this course.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. [Presidential Directive 97-03](http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) at http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf requires that students with disabilities requesting accommodations must register with the [Accessible Education Center \(AEC\)](http://www.sjsu.edu/aec/) at <http://www.sjsu.edu/aec/> to establish a record of their disability.

Accommodation to Students' Religious Holidays

San José State University shall provide accommodation on any graded class work or activities for students wishing to observe religious holidays when such observances require students to be absent from class. It is the responsibility of the student to inform the instructor, in writing, about such holidays before the add deadline at the start of each semester. If such holidays occur before the add deadline, the student must notify the instructor, in writing, at least three days before the date that he/she will be absent. It is the responsibility of the instructor to make every reasonable effort to honor the student request without penalty, and of the student to make up the work missed. See University Policy S14-7 at <http://www.sjsu.edu/senate/docs/S14-7.pdf>.

Course Calendar (subject to change with fair notice by announcement in class and/or email)

Week	Course Content (Assignments, Exams/Quizzes)
1 1/22	<ul style="list-style-type: none">• Green Sheet Review
2 1/27 1/29	<ul style="list-style-type: none">• Class Introduction—Basketball Fundamentals/ Benefits of Physical Activity• Tournament
3 2/3 2/5	<ul style="list-style-type: none">• Right Handed Dribbling• Left Handed Dribbling• Tournament
4 2/10 2/12	<ul style="list-style-type: none">• Skills Test 1 (2/10)• Chest Pass• Tournament
5 2/17 2/19	<ul style="list-style-type: none">• Bounce Pass• Full Court Pass• Tournament
6 2/24 2/26	<ul style="list-style-type: none">• Skills Test 2 (2/24)• Right Hand Lay Up• Tournament

Week	Course Content (Assignments, Exams/Quizzes)
7 3/3 3/5	<ul style="list-style-type: none"> • Left Hand Layup • Tournament
8 3/10 3/12	<ul style="list-style-type: none"> • Skill Test 3 (3/10) • Defensive Drills • Tournament
9 3/17 3/19	<ul style="list-style-type: none"> • MIDTERM (3/17) • Offensive Drills • Tournament
10 3/24 3/26	SPRING BREAK NO CLASSES!
11 3/31 4/2	<ul style="list-style-type: none"> • CESAR CHAVEZ DAY (No Class) 3/31 • Jump Shooting • Tournament
12 4/7 4/9	<ul style="list-style-type: none"> • Free Throw Shooting • Triple Threat Position • Skill Test (4/9) •
13 4/14 4/16	<ul style="list-style-type: none"> • PAPER DUE 4/14 • Rebounding Fundamentals • Defensive Rebounding • Tournament
14 4/21 4/23	<ul style="list-style-type: none"> • Offensive Rebounding • Skills Test 5 (4/23) • Defensive Positions • Tournament
15 4/28 4/30	<ul style="list-style-type: none"> • Team Defense • Skills Test 6 (4/30) • Tournament
16 5/3 5/5	<ul style="list-style-type: none"> • Tournament • Tournament
17 5/10 5/12	<ul style="list-style-type: none"> • Free Throw Challenge • FINAL EXAM 5/12

