

**San José State University  
Department of Kinesiology  
KIN 160- HISTORY OF SPORT  
AND PHYSICAL EDUCATION  
Fall 2009**

<b>Instructor:</b>	dr. jay johnson
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<b>Office Hours:</b>	Tuesday and Thursday, 10:30-11:30 or by appointment
<b>Class Days/Time:</b>	Tuesday and Thursday 13:30-14:45 PM
<b>Classroom:</b>	SPX 077

**Blackboard**

Copies of the course materials such as the syllabus, major assignment handouts, etc. may be found on blackboard

<http://sjsu6.blackboard.com/webct/urw/lc5116001.tp0/logout.dowebct?insId=5116001&insName=San%20Jose%20State%20University&glcid=URN:X-WEBCT-VISTA-V1:309ffb7a-7f00-0001-0177-f4ea54da58ad>

**Course Description**

This course will offer an historical re-conceptualization and analysis of physical education and sport from early cultures and societies through classical and medieval periods to the 19th-20<sup>th</sup> and 21st centuries. We will also look at the development of sport, physical education, and recreation in the U.S. and factors affecting their growth, development and evolution.

**Course Goals and Student Learning Objectives**

The student will be able to:

- A. explain the significance of events in the history of human performance and to identify their influences.
- B. describe how the thoughts and actions of all (men, women, minorities, those with disabilities) have contributed to the total picture of worldwide human performance.

- C. display understanding of and insight into the customs and mores of various countries and to explain the effect they have had on human performance.
- D. describe the contributions of leaders in human performance around the world.
- E. explain in detail how human performance developed in the United States in general, and locally at SJSU.
- F. provide evidence of understanding the history, philosophy, and political significance of the Olympic Games (ancient and modern) and other international sports organizations.

### **Classroom Protocol**

You should plan to attend all classes. You are responsible for knowing all material covered in class and in reading assignments, including all handouts. If you are absent, it is your responsibility to arrange to get class notes from another class member. The instructor will not spend time going over notes with an individual student until she/he has obtained and read such notes. Make up examinations will not be given unless arranged with the instructor in advance of the planned test.

### Course Content

Please note: Past students indicate that you will get most out of this class if you get involved in class discussions. You will be expected to have read the relevant chapters, and other appropriate reading, BEFORE the class discusses a particular topic. YOU WILL BE CALLED ON TO TALK ABOUT WHAT YOU HAVE READ, so be prepared.

### **Dropping and Adding**

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester's [Catalog Policies](http://info.sjsu.edu/static/catalog/policies.html) section at <http://info.sjsu.edu/static/catalog/policies.html>. Add/drop deadlines can be found on the [current academic calendar](http://www.sjsu.edu/academic_programs/calendars/academic_calendar/) web page located at [http://www.sjsu.edu/academic\\_programs/calendars/academic\\_calendar/](http://www.sjsu.edu/academic_programs/calendars/academic_calendar/). The [Late Drop Policy](http://www.sjsu.edu/aars/policies/latedrops/policy/) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the [Advising Hub](http://www.sjsu.edu/advising/) at <http://www.sjsu.edu/advising/>.

## Assignments and Grading Policy

### Grading Scale

<u>LETTER GRADE</u>	<u>PERCENTAGE RANGE</u>
A+	> 97
A	93-96
A-	90-92
B+	87-89
B	83-86
B-	80-82
C+	77-79
C	73-76
C-	70-72
D+	67-69
D	63-66
D-	60-62
F	< 59

Group presentation (historical documentary)	30%
Participation in class discussion/reflections/in class	25%
6 page academic paper	20%
Final examination	25%

**\*\*\*\*All readings will be provided on Blackboard\*\*\*\***

WARNING! AS THIS IS OFTEN ONE OF THE EARLIEST UPPER DIVISION MAJOR COURSES TAKEN, I WANT TO MAKE CLEAR THE UNIVERSITY AND DEPARTMENT POLICY ON ACADEMIC DISHONESTY. Academic dishonesty occurs when a student attempts to show possession of knowledge or skill which he/he does not possess. The two most common forms are "cheating" and "plagiarism." Cheating includes copying part or all of someone else's test, using unauthorized materials during a test, and in this class, submitting work presented in another class is not permitted. Plagiarism includes using the words, ideas, etc. of another without giving proper credit, and representing these as your own, and using papers obtained from a term paper service. The consequences of academic dishonesty range from failing the test/paper, to having your grade lowered, to receiving an "F" for the course, to being placed on disciplinary probation, to being expelled from the university. Plagiarism is a particularly serious problem in history classes because the data are most often written records--all used must be credited with a citation. If in doubt about this policy, please either talk to me, or the University Judicial Coordinator, at 924-5900. Incidents of academic dishonesty are taken very seriously.

Past experience indicates that--although your grade is not determined by attendance

--**class attendance is the single most crucial factor in earning a good grade.** Other important criteria include taking part in class discussions, asking questions, reading the assigned chapters, doing assignments on time, and studying for exams!

**\*All assignments are expected to be turned in on time (online is fine). Late assignments will be accepted, but with a point penalty. Assignments that are not typed will not be eligible for full credit. (Can be handed in online)**

\* Origins of a sport

The paper is on the origins—how the sport came to be what it is today. Be creative, explore importance, significance etc...

1. Paper is to be no more than 6 pages, typed, double spaced, APA formatted.
2. Turn in **on the day of your report** a **typed** full listing of all the sources you referred to. The format for this is (consult APA Guide for more full directions):
  - a. Brasch, R. (1970). How did sports begin? New York: McKay. (format for book)
  - b. Kirsch, G.B. (1984). American cricket: Players and clubs before the Civil War. Journal of Social History, 11, 28-50. (format for article)
3. You will be evaluated on:
  - a. (10%)--its historical content (you are to give the ORIGINS of your chosen subject and a little of the subsequent history; the origins are more important so give that in detail and subsequent history in less detail) and its ease of understanding. Always EXPLAIN events and out in wider context of society.
  - b. **Any primary or scholarly sources (such as journals) will receive greater credit than secondary or non-scholarly ones (such as magazines). Web sites are usually non-scholarly. Do NOT use only web sites.** (10%) originality, creativity, relevance.
4. If you fail to give your paper on the date assigned, you will lose 5 pts.
5. Suggested authors/sources: Bennett, Brasch, Hackensmith, Gerber, Lee, Leonard, Rice, Journal of Sport History, International Journal of the History of Sport; "how to play" books sometimes have a brief introduction to the history of the sport, but these are secondary. Class text gets no points! An encyclopedia is a very general starting point, and is most certainly secondary.

aikido  
(American) football  
archery  
badminton  
baseball/softball (select one)  
basketball  
bowling  
boxing  
canoeing

sailing  
scuba  
skiing/snowboarding  
soccer  
surfing  
swimming//synchro (select one)  
table tennis  
tai chi  
tae kwon do

cricket  
cycling  
equestrian  
discus)  
fencing  
field hockey  
golf  
gymnastics  
handball (as distinct from team handball)  
ice hockey  
judo  
karate  
kayaking  
lacrosse  
modern pentathlon  
rowing  
rugby

team handball (as distinct from handball)  
tennis  
track/field (ONE event, e.g. marathon, or  
  
water skiing  
weightlifting  
windsurfing  
wrestling (various types; select one)  
volleyball  
xtreme sports (select one)  
yoga  
diving  
polo (horse)  
polo (water)  
shooting  
triathlon  
parcours

## Dates of Note

September 8<sup>th</sup>-No class (Furlough Day)  
September 17<sup>th</sup>-Goal page due  
September 22<sup>nd</sup>-No class (Furlough Day)  
October 8<sup>th</sup>-Program design due  
October 15<sup>th</sup>- No class (Furlough Day)  
November 11<sup>th</sup>-No Class (Veterans Day)  
November 26<sup>th</sup>-27<sup>th</sup>-No Class (Thanksgiving)  
December 8<sup>th</sup>-Final Exam (in class)

## Important Websites

1. Where to download green-sheets for your classes:  
<http://www.sjsu.edu/kinesiology/GreenSheet/>
2. Where to download the policy sheet  
[http://www.sjsu.edu/kinesiology/programs/activity\\_program/policies/class/](http://www.sjsu.edu/kinesiology/programs/activity_program/policies/class/)
3. Where to find interesting facts on benefits of physical activities  
[http://www.sjsu.edu/kinesiology/programs/activity\\_program/index.htm](http://www.sjsu.edu/kinesiology/programs/activity_program/index.htm)

## University Policies

### Academic integrity

Students should know that the University's [Academic Integrity Policy](http://sa.sjsu.edu/judicial_affairs/faculty_and_staff/academic_integrity/index.html) is available at [http://sa.sjsu.edu/judicial\\_affairs/faculty\\_and\\_staff/academic\\_integrity/index.html](http://sa.sjsu.edu/judicial_affairs/faculty_and_staff/academic_integrity/index.html). Your

own commitment to learning, as evidenced by your enrollment at San Jose State University and the University's integrity policy, require you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development website](http://www.sa.sjsu.edu/judicial_affairs/index.html) is available at [http://www.sa.sjsu.edu/judicial\\_affairs/index.html](http://www.sa.sjsu.edu/judicial_affairs/index.html).

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Policy F06-1 requires approval of instructors.

### **Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the [Disability Resource Center](http://www.drc.sjsu.edu/) (DRC) at <http://www.drc.sjsu.edu/> to establish a record of their disability.

### **Student Technology Resources**

Computer labs for student use are available in the Academic Success Center located on the 1<sup>st</sup> floor of Clark Hall and on the 2<sup>nd</sup> floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.

### **Learning Assistance Resource Center**

The Learning Assistance Resource Center (LARC) is located in Room 600 in the Student Services Center. It is designed to assist students in the development of their full academic potential and to motivate them to become self-directed learners. The center provides support services, such as skills assessment, individual or group tutorials, subject advising, learning assistance, summer academic preparation and basic skills development. The [LARC website](http://www.sjsu.edu/larc/) is located at <http://www.sjsu.edu/larc/>.

### **SJSU Writing Center**

The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA

requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The [Writing Center website](http://www.sjsu.edu/writingcenter/about/staff/) is located at <http://www.sjsu.edu/writingcenter/about/staff/>.

### **Peer Mentor Center**

The Peer Mentor Center is located on the 1<sup>st</sup> floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping students manage university life, tackling problems that range from academic challenges to interpersonal struggles. On the road to graduation, Peer Mentors are navigators, offering “roadside assistance” to peers who feel a bit lost or simply need help mapping out the locations of campus resources. Peer Mentor services are free and available on a drop –in basis, no reservation required. The [Peer Mentor Center website](http://www.sjsu.edu/muse/peermentor/) is located at <http://www.sjsu.edu/muse/peermentor/>