

San José State University
CASA/Department of Kinesiology
KIN 160: History of Sport and Physical Education

Instructor: Dr. Vernon Andrews
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Office Hours: Tuesday 1:45-2:45 pm
Class Days/Time: T TH 12:00-1:15 pm
Classroom: SPX 068
Texts:

1) *A History and Philosophy of Sport and Physical Education: From Ancient Civilizations to the Modern World*, Robert A. Mechikoff. McGraw-Hill. 2010

2) *Reading Pack*

Course Materials

Copies of the course materials such as the syllabus, major assignment, handouts, readings, etc. are on D2L. Please make sure that you access this.

Course Description

This course will offer an historical re-conceptualization and analysis of physical education and sport from early cultures and societies through Greek and Roman periods to the 21st centuries. We will also look at the development of sport, physical education and recreation in North America, with a particular examination of factors affecting their growth, development and evolution in our contemporary landscape.

Course Goals and Student Learning Objectives

The student will be able to:

- A. explain the significance of events in the history of human performance and identify their influences in our current era.

- B. describe how the thoughts and actions of all (men, women and children of different ethnicities, sexualities, those with diverse abilities) have contributed to the total picture of worldwide human movement as it pertains to social justice and equity.

- C. display understanding of and insight into the customs and mores of various countries, including the effect they have had on the development, creation and cultural sustainability of sport and physical activity.

- D. describe the contributions of leaders in kinesiology and sport around the world.

- E. explain in detail how sport and physical cultures developed in North America.

F. provide evidence of understanding the history, philosophy, ethical and socio-political significance of the Olympic Games (ancient and modern) and other sport and physical activity organizations or practices through the use of multimedia technologies.

Classroom Protocol

You should plan to attend all classes. You are responsible for knowing all material covered in class and in reading assignments, including all handouts. If you are absent, it is your responsibility to arrange to get class notes from another class member. The instructor will not spend time going over notes with an individual student until she/he has obtained and read such notes.

Course Content

Please note: Past students indicate that you will get most out of this class if you get involved in class discussions. You will be expected to have read the relevant chapters and journal articles, and other appropriate reading, BEFORE the class discusses a particular topic. YOU WILL BE CALLED ON TO TALK ABOUT WHAT YOU HAVE READ, so be prepared.

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester's [Catalog Policies](http://info.sjsu.edu/static/catalog/policies.html) section at <http://info.sjsu.edu/static/catalog/policies.html>. Add/drop deadlines can be found on the [current academic calendar](http://www.sjsu.edu/academic_programs/calendars/academic_calendar/) web page located at http://www.sjsu.edu/academic_programs/calendars/academic_calendar/. The [Late Drop Policy](http://www.sjsu.edu/aars/policies/latedrops/policy/) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes. Information about the latest changes and news is available at the [Advising Hub](http://www.sjsu.edu/advising/) at <http://www.sjsu.edu/advising/>.

Assignments and Grading Policy: LETTER GRADE SCALE & PERCENTAGE RANGE

A+	> 97
A	93-96
A-	90-92
B+	87-89
B	83-86
B-	80-82
C+	77-79
C	73-76
C-	70-72
D+	67-69
D	63-66
D-	60-62
F	< 59

Quizzes (12 or so)		20%
Group Discussion		10%
Annotated bibliog.	(March 7)	10%
Midterm	(March 19)	10%
Paper Outline	(April 11)	10%
Final Essay	(May 2)	20%
Final exam	(May 16)	20%

Past experience indicates that--although your grade is not determined by attendance -- **class attendance is the single most crucial factor in earning a good grade.** Other important criteria include taking part in class discussions, asking questions, reading the assigned articles or chapters, doing assignments on time, and studying.

Important Websites

1. Where to download green-sheets for your classes:

<https://sjsu.desire2learn.com/>

2. Where to find interesting facts on benefits of physical activities

http://www.sjsu.edu/kinesiology/programs/activity_program/index.htm

University Policies

Academic integrity: Academic dishonesty occurs when a student attempts to show possession of knowledge or skill which she/he does not possess. The two most common forms are "cheating" and "plagiarism." Cheating includes copying part or all of someone else's test, using unauthorized materials during a test. In this class, submitting work presented in another class is not permitted. Plagiarism includes using the words, ideas, etc. of another without giving proper credit, representing these as your own, and using papers obtained from a term paper service. The consequences of academic dishonesty range from having your grade lowered, to receiving an "F" for the course, being placed on disciplinary probation, or being expelled from the university. Plagiarism is a particularly serious problem in history classes because the data are most often written records--all those used must be credited with a citation. If in doubt about this policy, please either talk to me, or the University Judicial Coordinator, at 924-5900. Incidents of academic dishonesty are taken very seriously.

Students should know that the University's [Academic Integrity Policy](http://sa.sjsu.edu/judicial_affairs/faculty_and_staff/academic_integrity/index.html) is available at http://sa.sjsu.edu/judicial_affairs/faculty_and_staff/academic_integrity/index.html. Your own commitment to learning, as evidenced by your enrollment at San Jose State University and the University's integrity policy, require you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development website](http://www.sa.sjsu.edu/judicial_affairs/index.html) is available at http://www.sa.sjsu.edu/judicial_affairs/index.html. Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Policy F06-1 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the [Disability Resource Center](http://www.drc.sjsu.edu/) (DRC) at <http://www.drc.sjsu.edu/> to establish a record of their disability.

Student Technology Resources

Computer labs for student use are available in the Academic Success Center located on the 1st floor of Clark Hall and on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library. A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.

Learning Assistance Resource Center

The Learning Assistance Resource Center (LARC) is located in Room 600 in the Student Services Center. It is designed to assist students in the development of their full academic potential and to motivate them to become self-directed learners. The center provides support services, such as skills assessment, individual or group tutorials, subject advising, learning assistance, summer academic preparation and basic skills development. The [LARC website](http://www.sjsu.edu/larc/) is located at <http://www.sjsu.edu/larc/>.

SJSU Writing Center

The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The [Writing Center website](http://www.sjsu.edu/writingcenter/about/staff/) is located at <http://www.sjsu.edu/writingcenter/about/staff/>.

Peer Mentor Center

The Peer Mentor Center is located on the 1st floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping students manage university life, tackling problems that range from academic challenges to interpersonal struggles.

WK	DATE	TOPIC (KIN 160, Spring 2013)	ASSIGNMENT
1	Jan 24	Introduction to Course: Responsibilities, expectations, and course objectives	Attend Class
2	Jan 29 Jan 31	Section I: Ancient Civilizations (Mechikoff) Chapter 1, continued	Chapter 1: History & Philosophy in Sport & Physical Education
3	Feb 5 Feb 7	Ancient Civilizations : Chapter 2: Sumer, Egypt, China, and Mesoamerica Egypt (Group #2)	Chapter 2: Sumer, Egypt, China, and Mesoamerica
4	Feb 12 Feb 14	Ancient Civilizations : Greece (Group #3) Greece	Chapter 3: Greece
5	Feb 19 Feb 21	Ancient Civilizations: Rome (Group #4) Film Screening: Gladiators	Chapter 4: Rome
6	Feb 26 Feb 28	Section II: From the Spiritual World to the Secular World: Changing Concepts of the Body Physical Ed. During the Middle Ages: 900-1400 (Group #5)	<i>Chapter 5: Philosophy, Sport, and Physical Education During the Middle Ages: 900-1400</i>
7	Mar 5 Mar 7	<i>Chapter 6: The Renaissance and the Reformation: 1300-1600 (Group #6)</i> Annotated Bibliography Due	Chapter 6: The Renaissance and the Reformation: 1300-1600
8	Mar 12 Mar 14	Science and Enlightenment Nineteenth Century Europe (Group #7) Midterm Prep	<i>Chapter 7: The Age of Science and Enlightenment</i>
9	Mar 19 Mar 21	Chapter 8: Philosophical Positions of the Body...Germans, Swedes, and Danes... (Group #8) Midterm Spring Break: March 25-29	Chapter 8: Philosophical Positions of the Body...Germans, Swedes, and Danes. On all material to this point
10	Apr 2 Apr 4	Film: Fire in Babylon Section III: The Theoretical and Professional Development of American Physical Education (Group #9) (Paper Outline Discussion)	Chapter 9: The Impact of Science and the Concept of Health on the Development of Physical Education, 1885-1930

11	Apr 9	Chapter 10: The Transformation of Physical Education: 1900-1939 (Group #10)	Chapter 10: The Transformation of Physical Education: 1900-1939
	Apr 11	Chapter 11: Sport/Colonial Period (Group #11) (Paper Outlines Due)	Chapter 11: Sport/Colonial Period
12	Apr 16	Chapter 12: Changing Concepts of the Body...Sport and Play in 19 th Century America (Group #12)	Chapter 12: Changing Concepts of the Body...Sport and Play in 19 th Century America
	Apr 18	Chapter 13: Sport in the Twentieth Century Women's issues in Modern Sport (Group #13)	Chapter 13: Sport in the Twentieth Century
13	Apr 23	<i>Bean Pods and Bod Mods</i> (Essay draft review day)	Dr. Shirley Reekie, Dept. Chair
	Apr 25	Black Protest at the Olympics	Film Screening
14	Apr 30	Chapter 14: Pioneers and Progress (Olympics)	
	May 2	Chapter 15: The Cold War Olympics (Final Essays Due)	
15	May 7	Chapter 16: After the Cold War (1992-2008) (Last day of class)	
16	May 16	Thursday, May 16 – 9:45 am Final Exam	
17	May 24	Final Grades Due	