

**San José State University**  
**CASA/Department of Kinesiology**  
**KIN 160: History of Sport and Physical Education, Spring 2015**

**Instructor:** Dr. Vernon Andrews  
**Office Location:** SSC 400-20 (Student Services Building)  
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**Office Hours:** Thurs 3:00-4:00 pm  
**Class Days/Time:** T TH 12:00-1:15 pm  
**Classroom:** Boccardo Business Center 225

**Texts & Course Materials:**

- A History and Philosophy of Sport and Physical Education: From Ancient Civilizations to the Modern World, Robert A. Mechikoff. McGraw-Hill. **2010 edition** (5<sup>th</sup> edition).
- Course materials such as the syllabus, writing assignment, handouts, etc. are on Canvas.

**Course Description**

*This course will offer an historical re-conceptualization and analysis of physical education and sport from early cultures and societies through Greek and Roman periods to the 21st centuries. We will also look at the development of sport, physical education and recreation in North America, with a particular examination of factors affecting their growth, development and evolution in our contemporary landscape.*

**Course Goals and Student Learning Objectives**

After this course, you will be able to:

- explain the significance of events in the history of human performance and identify their influences in our current era.
- display understanding of and insight into the customs and mores of various countries, including the effect they have had on the development, creation and cultural sustainability of sport and physical activity.
- describe the contributions of leaders in kinesiology and sport around the world.
- explain in detail how sport and physical cultures developed in North America.
- provide evidence of understanding the history, philosophy, ethical and socio-political significance of the Olympic Games (ancient and modern) and other sport and physical activity organizations or practices through the use of multimedia technologies.

## Classroom Protocol

- You should plan to attend all classes. Yes, you...student with 3 jobs.
- You are responsible for knowing all material covered in class and in reading assignments, including all handouts. Yes, that means you.
- If you are absent, it is your responsibility to arrange to get class notes from another class member. Get four student phone numbers right now.
- The instructor will not spend time going over notes with an individual student until she/he has obtained and read such notes. Does this make sense?

## Course Content

- Past students indicate that you will get most out of this class if you get involved in class discussions. Don't worry about that. I'll call on you. You will be expected to have read the relevant chapters.

## Dropping and Adding

- Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester's [Catalog Policies](http://info.sjsu.edu/static/catalog/policies.html) section at <http://info.sjsu.edu/static/catalog/policies.html>. Add/drop deadlines can be found on the [current academic calendar](http://www.sjsu.edu/academic_programs/calendars/academic_calendar/) web page located at [http://www.sjsu.edu/academic\\_programs/calendars/academic\\_calendar/](http://www.sjsu.edu/academic_programs/calendars/academic_calendar/).
- [The Late Drop Policy](http://www.sjsu.edu/aars/policies/latedrops/policy/) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes. Information about the latest changes and news is available at the [Advising Hub](http://www.sjsu.edu/advising/) at <http://www.sjsu.edu/advising/>. Drop the class if needed – or get an “F.”

## Assignments and Grading Policy: LETTER GRADE SCALE & PERCENTAGE RANGE

A+	> 97
A	93-96
A-	90-92
B+	87-89
B	83-86
B-	80-82
C+	77-79
C	73-76
C-	70-72
D+	67-69
D	63-66
D-	60-62
F	< 59

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|-----------|-----------------------|-----|
| • Groups  | (20 pts max)          | 20% |
| • Test #1 | (20 pts, Feb 26)      | 20% |
| • Test #2 | (20 points, March 19) | 20% |

- Final essay (20 points, April 28) 20%
- Final exam (20 points, Fri/May 15/9:45 am) 20%
- Past experience indicates that **class attendance is the single most crucial factor in earning a good grade.** Attend all classes. When not in class, ask yourself “Why?”
- Other important criteria include taking part in discussions, asking questions, reading the assigned chapters, doing assignments on time, and not texting in class. **Ever.**

#### Important Websites

- Where to find interesting facts on benefits on physical activities:  
[http://www.sjsu.edu/kinesiology/programs/activity\\_program/index.htm](http://www.sjsu.edu/kinesiology/programs/activity_program/index.htm)

#### University Policies

- **Academic integrity:** Academic dishonesty occurs when a student attempts to show possession of knowledge or skill which she/he does not possess. The two most common forms are "cheating" and "plagiarism." Cheating includes copying part or all of someone else's test, using unauthorized materials during a test. A very bad idea.
- In this class, submitting work presented in another class is not permitted. Plagiarism includes using the words, ideas, etc. of another without giving proper credit, representing these as your own, and using papers obtained from a term paper service. The consequences of academic dishonesty range from having your grade lowered, to receiving an "F" for the course, being placed on disciplinary probation, or being expelled from the university. And that's for real.
- Plagiarism is a particularly serious problem in history classes because the data are most often written records--all those used must be credited with a citation. If in doubt about this policy, please either talk to me, or the University Judicial Coordinator, at 924-5900. Incidents of academic dishonesty are taken very seriously. Your family will be upset.
- Students should know that the University's [Academic Integrity Policy](http://sa.sjsu.edu/judicial_affairs/faculty_and_staff/academic_integrity/index.html) is available at [http://sa.sjsu.edu/judicial\\_affairs/faculty\\_and\\_staff/academic\\_integrity/index.html](http://sa.sjsu.edu/judicial_affairs/faculty_and_staff/academic_integrity/index.html). Your own commitment to learning, as evidenced by your enrollment at San Jose State University and the University's integrity policy, require you to be honest in all your academic course work. How about that. We need to tell you to be honest.
- Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development website](http://www.sa.sjsu.edu/judicial_affairs/index.html) is available at [http://www.sa.sjsu.edu/judicial\\_affairs/index.html](http://www.sa.sjsu.edu/judicial_affairs/index.html). Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. Just say “no.”
- For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you

have submitted, or plan to submit for another class, please note that SJSU's Academic Policy F06-1 requires approval of instructors. We run your essays through turnitin.com.

### Campus Policy in Compliance with the American Disabilities Act

- If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the [Disability Resource Center](http://www.drc.sjsu.edu/) (DRC) at <http://www.drc.sjsu.edu/> to establish a record of their disability. If you need help, just ask. Please.

### Student Resources/Writing Center/Peer Mentor Center

- Computer labs for student use are available in the Academic Success Center located on the 1<sup>st</sup> floor of Clark Hall and on the 2<sup>nd</sup> floor of the Student Union. Additional computer labs may be available in your department/college. Computers are available in the MLK Library. Not everybody can afford a computer. Go!
- The Learning Assistance Resource Center (LARC) is located in Room 600 in the Student Services Center. It is designed to assist students in the development of their full academic potential and to motivate them to become self-directed learners. The center provides support services, such as skills assessment, individual or group tutorials, subject advising, learning assistance, summer academic preparation and basic skills development. The [LARC website](http://www.sjsu.edu/larc/) is located at <http://www.sjsu.edu/larc/>. Skill up!
- The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The [Writing Center website](http://www.sjsu.edu/writingcenter/about/staff/) is located at <http://www.sjsu.edu/writingcenter/about/staff/>. We ALL need writing help.
- The Peer Mentor Center is located on the 1<sup>st</sup> floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping students manage university life, tackling problems that range from academic challenges to interpersonal struggles. Who doesn't need a coach?

WK	DATE	TOPIC (KIN 160, Spring 2015)
0	Jan 22	<b>Introduction to Course:</b> Responsibilities & course objectives
1	Jan 27	<b>Tutorial in Public Speaking</b> Group assignments and discussion of presentations and tests
	Jan 29	<b>Chapter 1:</b> History & Philosophy in Sport & Physical Education: Ancient Civilizations (Mechikoff) (Group #1)
2	Feb 3	Chapter 2: Sumer, Egypt
	Feb 5	<b>Chapter 2A: China and MesoAmerica</b>
3	Feb 10	Chapter 3 Ancient Civilizations: Greece, “The Olympic Games”
	Feb 12	<b>Chapter 3A, part II: “Sparta”</b>
4	Feb 17	<b>Film on Ancient Sparta</b>
	Feb 19	Chapter 4 Ancient Civilizations: Rome Chapter 4A, Part II: Rome (Flavian Amphitheater)
5	Feb 24	Film: <b>Colosseum: A Gladiator’s Story</b>
	Feb 26	<b>Test #1 (Chapters 1, 2, 3, 4 and Films) 20 points</b>
6	Mar 3	Chapter 5: Philosophy, Sport, and Physical Education During the Middle Ages: 900-1400
	Mar 5	Chapter 6: Renaissance and Reformation
7	Mar 10	Chapter 7: The Age of Science and the Enlightenment
	Mar 12	Chapter 8: The Development of Physical Education <b>Essay Topics discussed, decided</b>

8	Mar 17	Chapter 9: The Impact of Science and the Concept of Health on the Development of Physical Education, 1885-1930
	Mar 19	<b>Test #2 (on Chapters 5, 6, 7, 8 and 9) 20 points</b>  * * * * * <b>Spring Break: March 23-27</b>
9	March 31	<b>Caesar Chavez Day: No class</b>
	April 2	Chapter 10: The Transformation of Physical Education: 1900-1939
10	April 7	Chapter 11: Sport in the Colonial Period
	April 9	Dr. Shirley Reekie, presentation/group discussion on her book: <i>Bean Pods and Bod Mods</i>
11	April 14	Chapter 12: Changing Concepts of the Body...Sport and Play in 19 <sup>th</sup> Century America
	April 16	<b>Chapter 12 Discussion, film clips</b>
12	April 21	Chapter 13: Sport in the Twentieth Century Women's issues in Modern Sport (Group: last)
	April 23	<b>Film: A league of their Own (Women and Baseball, WW II)</b>
13	April 28	Chapter 14: Pioneers and Progress <b>***Turn in final essays*** (Canvas + hard copy in class) (20 points)</b>
	April 30	<b>Film: Muhammad Ali (Post Olympics protest)</b>
14	May 5	Chapter 15: The Cold War Olympics
	May 7	<b>Black Protest at the Olympics (Smith &amp; Carlos, 1968)</b>
15	May 12	Chapter 16: After the Cold War (1992-2008) <b>Last day of class</b>
		Exams May 15-May 21
	May 20	<b>KIN 160 Final Exam, Friday, May 15, 9:45 am (20 points) Chapters 10, 11, 12, 13, 14, 15, 16</b>

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