

San José State University
CHAHS/Kinesiology
KIN 165, Human Motor Development, Section 2, Fall 2018

Course and Contact Information

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Office Hours:	Tue/Thu 10:30 -11:30 & by appointment
Class Days/Time:	Tue & Thu, 9:00 am – 10:15am
Classroom:	SPX 151
Prerequisites:	KIN 70

Course Format

Course Description

Motor development of the individual from birth to maturity. Emphasis upon motor behavior, needs, capacities and interests.

Course Learning Outcomes (CLO)

- 1) To provide the student with knowledge of the:
 - a. Goals and objectives of the discipline of motor development (PLO #1).
 - b. Common terms in motor development (PLO #1).
 - c. Lifespan motor development "stages" and their characteristics (PLO #1 and #2).
 - d. Scientific literature in the field of motor development (PLO #1, #2, and #3).
 - e. Related cognitive, social, and moral development theory and implications for motor development (PLO #1, #2, #3, and #5).
 - f. ability to develop motor and physical activity programs (PLO #4).
- 2) To provide the student with the ability to:
 - a. Practically apply the knowledge gained concerning motor development(PLO #1 and #4).
 - b. Critically analyze research and theory prominent in motor development (PLO #1, #3, and #5).

Kinesiology Undergraduate Major Program Learning Outcomes (PLOs)

At the end of a Bachelor of Science degree program in the Department of Kinesiology, students will be able to:

- ✓ explain, identify, and/or demonstrate the theoretical and/or scientific principles that can be used to address issues or problems in the sub-disciplines in kinesiology (PLO #1)

- ✓ effectively communicate in writing (clear, concise and coherent) on topics in kinesiology (PLO #2)
- ✓ effectively communicate through an oral presentation (clear, concise and coherent) on topics in kinesiology (PLO #3)
- ✓ utilize their experiences across a variety of health-related and skill-based activities to inform their scholarship and practice in the sub-disciplines in kinesiology (PLO #4)
- ✓ identify and analyze social justice and equity issues related to kinesiology for diverse populations (PLO #5)

Required Textbook

Payne, V.G., & Isaacs, L.D. (2016). *Human motor development: A lifespan approach* (9th ed.), London: Routledge.

Library Liaison

Adriana Poo is the KIN reference librarian, adriana.poo@sjsu.edu. Phone number: (408) 808-2019.

Course Requirements and Assignments

SJSU classes are designed such that in order to be successful, it is expected that students will spend a minimum of forty-five hours for each unit of credit (normally three hours per unit per week), including preparing for class, participating in course activities, completing assignments, and so on. More details about student workload can be found in [University Policy S16-9](http://www.sjsu.edu/senate/docs/S16-9.pdf) at <http://www.sjsu.edu/senate/docs/S16-9.pdf>. All students have the right, within a reasonable time, to know their academic scores, to review their grade-dependent work, and to be provided with explanations for the determination of their course grades.

Final Evaluation Includes:

- Final Exam
- Final Project: Motor Development Case Study

Grading Information

Determination of Grades

Final course grade will be assigned according to the following scale based on the total accumulated percentage of available points during the semester.

A+	98-100%	A	93-97%	A-	90-92%
B+	88-89%	B	83-87%	B-	80-82%
C+	78-79%	C	73-77%	C-	70-72%
D+	68-69%	D	63-67%	D-	60-62%
F < 60%					

Grading Policies

1. Late papers will be accepted with **5 points deduction** for every day that paper is late.
2. No extra credit will be awarded.

Evaluation

1. Class activities: Group discussions x 6, each 2.5 pts = **15 pts**
2. Class activities: Labs x 6, each 5 pts = **30 pts** (PLO #1 and #4)
3. Quizzes: x6, each 5 points = **30 pts** (PLO #1, #2, and #5)

4. Exams: (#1= 40 pts, #2 = 40 pts, #3 = 50 pts) = **130 pts** (PLO #1, #2, and #5)
 5. Final Project: Case Study = **30 pts**
- Total Points: **235**

Classroom Protocol

All students should demonstrate respect for themselves, each other, and the instructor at all times.

1) Professionalism/Active Participation:

- a. Students are expected to arrive and settle at the beginning of lecture.
- b. While you are in class, the instructor expects that you participate. That means that you should:
 - Actively prepare by reading any assigned materials, asking questions and participating in class discussions.
 - Refrain from anything not class related during class (i.e., reading for another class, text messaging, etc.)
- c. Students who show unprofessional/disruptive behaviors (e.g., using electronic devices, texting, sleeping, chatting, browsing, reading/studying other materials) will be asked to leave the classroom.

2) Electronic Devices:

- a. Cell phones should be turned off during class. A vibrating cell phone is still an activated cell phone.
- b. All headsets/ear buds must be removed upon entering the class.
- c. Texting, e-mailing, or surfing on your cell phone or laptop are not appropriate classroom activities. Students who engage in these activities will be asked to leave the classroom.

University Policies

Please note that detailed information about the following information can be found at www.sjsu.edu/gup/syllabusinfo/. Please familiarize yourself with this information.

- General Expectations, Rights and Responsibilities of the SJSU Student
- Dropping and Adding
- Consent for Recording of Class and Public Sharing of Instructor Material
- Academic integrity
- Campus Policy in Compliance with the American Disabilities Act
- Student Technology Resources
- SJSU Peer Connections
- SJSU Writing Center
- SJSU Counseling and Psychological Services

The website for [Student Conduct and Ethical Development](http://www.sa.sjsu.edu/judicial_affairs/index.html) is available at http://www.sa.sjsu.edu/judicial_affairs/index.html.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Policy F06-1 requires approval of instructors.

KIN 165 (Human Motor Development), Fall 2018, Course Schedule

The schedule is subject to change with fair notice by in-class announcement, Canvas announcement or by

e-mail.

Course Schedule

Week	Date	Topics	Reading, Assignments, Deadlines
1	8/21	Course introduction /Review syllabus	
1	8/23	Introductory Concepts and Terminology	Ch 1 –pp. 1-11 Group Discussion #1
2	8/28	Continue Introductory Concepts and Terms Models of Motor Development	Ch. 1 –pp.11-21 Lab #1
2	8/30	Cognition & Motor development: Stages of Jean Piaget’s theory	Quiz #1 Ch. 2 –pp. 24-29
3	9/4	Continue Stages of Jean Piaget’s theory & Adulthood: General Theories	Ch. 2 –pp. 30-41 Group Discussion #2
3	9/6	Continue Piaget’s Theory and Implications for Motor Development	Ch. 2 –pp. 30-41
4	9/11	Socialization, Social Development and Implications for Motor Development: Infancy to Adolescence	Quiz #2 Ch. 3 –pp. 46-60
4	9/13	Social Development and Motor Development: Adulthood	Ch. 3 –pp. 60-70 Group Discussion #3
5	9/18	Continue with Social & Motor Development	Lab # 2: Gender Marketing in Sport Magazines
5	9/20	Exam #1 Review	<u>Ch. 1, Ch. 2, Ch. 3</u>
6	9/25	Exam 1	Scantron 882E
6	9/27	Infant Reflexes & Stereotypies (video)	Ch. 9
7	10/2	Continue Infant Reflexes	Ch. 9, Group Discussion #4
7	10/4	Voluntary Movement of Infancy (head control)	Quiz #3 Ch. 10
8	10/9	Voluntary Movement of Infancy (body control)	Lab #3 Ch. 10
8	10/11	NO Class-Attending Conference	Will assign an assignment
9	10/16	Fundamental Motor Skills (FMS): Locomotor and Object-Control Skills	Lab #4 Ch. 12, 13
9	10/18	Continue FMS, Assessment of FMS	Quiz #4, Group Discussion #5 Ch. 16
10	10/23	Assessment FMS (Object Control)	Ch. 16 Lab #5

Week	Date	Topics	Reading, Assignments, Deadlines
10	10/25	Exam #2 Review	<u>Chapters 9, 10, 6, 12, 13</u>
11	10/30	Exam #2	
11	11/1	Physiological Changes: Health-Related Physical Fitness	Ch. 7
12	11/6	Continue Physiological Changes: Health-Related Physical Fitness	Ch. 7
12	11/8	Continue Physiological Changes: Health-Related Physical Fitness	Ch. 7 Lab #6
13	11/13	Youth Sports	Quiz #5 Ch. 14
13	11/15	Youth Sports	Ch. 14
14	11/20	Movement in Adulthood	Ch. 15 Group Discussion #6
14	11/22	Thanksgiving- No Class	
15	11/27	Effects of Early Stimulation and Deprivation	Quiz # 6 Ch. 5
15	11/29	Continue with Effects of Early Stimulation and Deprivation	<u>Case Study Due</u> Ch. 5
16	12/4	Catch Up	
16	12/6	Exam Review # 3 (Final Exam)	<u>Chapters 5, 7, 14, 15, 16</u>
Final Exam	12/13	Thursday, 7:15 -9:30 am, SPX 151	