San José State University
CASA/Department of Kinesiology
Kinesiology 165-01 Motor Development, Spring 2014

Instructor: Janet Clair
Office Location: SPX 60
Telephone: (408) 924-3042
Email: janet.clair@sjsu.edu (preferred)
Office Hours: By appointment – sign up outside of office
Class Days/Time: Monday & Wednesday 12:00 – 1:15 PM
Classroom: SPX 068

Course Description

Motor development examines the individual from birth to maturity with emphasis on behavior, need, capacities, and interest. 3 units. Prerequisite: Kinesiology 70, Introduction to Kinesiology

Web Resource

Course materials may be found on the e-campus Canvas learning management system: http://www.sjsu.edu/at/ec/canvas/. You are responsible for regularly checking the Canvas discussion board and email for information and messages. Login using your MySJSU username and password.

Course Goals and Student Learning Objectives

To provide the student with knowledge of the:
   a. Goals and objectives of the discipline of motor development (PLO 1, 2)
   b. Common terms in motor development (PL0 1, 2)
   c. Lifespan motor development "stages" and their characteristics.
   d. Scientific literature in the field of motor development (PLO 1, 2)
   e. Related cognitive, social, and moral development theory and implications for motor development (PLO 1, 2, 5)

To provide the student with the ability to:
   a. Practically apply the knowledge gained concerning motor development (PLO 1, 2, 3)
b. Critically analyze research and theory prominent in motor development
(PLO 1, 2)

Undergraduate Degree Program Learning Outcomes (PLO)

At the end of a Bachelor of Science degree program in the Department of Kinesiology students should be able to:

1. obtain a critical understanding and the ability to apply theoretical and scientific knowledge from the sub disciplines in kinesiology for personal fitness, healthy lifestyles, sport, and/or therapeutic rehabilitation.
2. effectively communicate the essential theories, scientific application, and ethical considerations related to kinesiology.
3. apply scholarship and practice of different movement forms to enhance movement competence in kinesiology.
4. recognize and apply sustainable approaches as they relate to kinesiology.
5. identify social justice and equity issues related to kinesiology for various populations.

Course Requirements and Assignments

Definition of a Credit Hour

SJSU classes are designed such that in order to be successful, it is expected that students will spend a minimum of forty-five hours for each unit of credit (normally three hours per unit per week), including preparing for class, participating in course activities, completing assignments, and so on. More details about student workload can be found in University Policy S12-3 at http://www.sjsu.edu/senate/docs/S12-3.pdf.

Required Text


The text is available for short time use at the reserve desk in the MLK Library.

Library Liaison

Silke Higgins (silke.higgins@sjsu.edu)
(408) 808-2118
(408) 808-2100 Reference Desk
(408) 808-2470 Student Computing Service

Classroom Protocol
Each student must actively engage in the learning process. Be an active learner by:
- attending each scheduled class;
- arriving on time;
- coming alert and ready to learn;
- being willing to take chances by speaking up in class;
- reading assignments before class;
- **Turning off and storing all cell phones and other electronic devices in lecture.**

**Cell phone and mobile device policy**
The use of cell phones and other mobile devices for personal communication is disruptive to the class, to both the instructor and classmates, and is therefore **strictly prohibited.**
- First offense: Reminder.
- Second offense: Loss of daily participation points.
- Third offense: Loss of one grade level on final grade in class.

**Any student using a laptop to take notes in class must sit in the two front rows.**

**Assignments and Grading Policy**

**Course Evaluation**
1) Exam 1 (PLO 1, 2) 10%
2) Exam 2 (PLO 1, 2) 12%
3) Exam 3 (PLO 1, 2) 15%
4) Exam 4 (PLO 1, 2) 18%
5) Activities/ quizzes/ other (PLO 1, 2, 3, 4) 10%
6) Writing Assignment (PLO 1, 2, 3) 20%
7) Group Presentation (PLO 1, 2, 3) 15%

**Examinations**

Exams may consist of true and false, multiple choice, matching and short answer essays reflecting lecture material, assigned readings from text, presentations and handouts.
Make-up exams are permitted **ONLY** for serious and compelling reasons and will only be considered if the instructor has been contacted **prior to** the regularly scheduled exam.

**Other Information**

Extra credit is not available.

**Grading**

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Grade</th>
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<tbody>
<tr>
<td>93 – 100%</td>
<td>A</td>
</tr>
<tr>
<td>90 – 92.99%</td>
<td>A-</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Motor Development, KIN 165-01, Spring 2014</th>
</tr>
</thead>
</table>
87 – 89.99%  B+
83 – 86.99%  B
80 – 82.99%  B-
77 – 79.99%  C+
73 – 76.99%  C
70 – 72.99%  C-
67 – 69.99%  D+
63 – 66.99%  D
60 – 62.99%  D-
less than 59.99%  F

University Policies

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic year calendars document on the Academic Calendars webpage at http://www.sjsu.edu/provost/services/academic_calendars/. The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

Consent for Recording of Class and Public Sharing of Instructor Material

University Policy S12-7, http://www.sjsu.edu/senate/docs/S12-7.pdf, requires students to obtain instructor’s permission to record the course.

- “Common courtesy and professional behavior dictate that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. Such permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.”

- “Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publically share or upload instructor generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent.”
Academic Integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University Academic Integrity Policy S07-2 at http://www.sjsu.edu/senate/docs/S07-2.pdf requires you to be honest in all your academic coursework. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sjsu.edu/studentconduct/.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Integrity Policy S07-2 requires approval of instructors.

Campus Policy in Compliance with the Americans with Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 at http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf requires that students with disabilities requesting accommodations must register with the Accessible Education Center at http://www.sjsu.edu/aec to establish a record of their disability.

Campus Resources for You

Student Technology Resources

Computer labs for student use are available in the Academic Success Center at http://www.sjsu.edu/at/asc/ located on the 1st floor of Clark Hall and in the Associated Students Lab on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library. A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include DV and HD digital camcorders; digital still cameras; video, slide and overhead projectors; DVD, CD, and audiotape players; sound systems, wireless microphones, projection screens and monitors.

SJSU Peer Connections

Peer Connections, a campus-wide resource for mentoring and tutoring, strives to inspire students to develop their potential as independent learners while they learn to successfully navigate through their university experience. You are encouraged to take advantage of their services which include course-content based tutoring, enhanced study...
and time management skills, more effective critical thinking strategies, decision making and problem-solving abilities, and campus resource referrals.

In addition to offering small group, individual, and drop-in tutoring for a number of undergraduate courses, consultation with mentors is available on a drop-in or by appointment basis. Workshops are offered on a wide variety of topics including preparing for the Writing Skills Test (WST), improving your learning and memory, alleviating procrastination, surviving your first semester at SJSU, and other related topics. A computer lab and study space are also available for student use in Room 600 of Student Services Center (SSC).

**SJSU Writing Center**

The SJSU Writing Center is located in Clark Hall, Suite 126. All Writing Specialists have gone through a rigorous hiring process, and they are well trained to assist all students at all levels within all disciplines to become better writers. In addition to one-on-one tutoring services, the Writing Center also offers workshops every semester on a variety of writing topics. To make an appointment or to refer to the numerous online resources offered through the Writing Center, visit the [Writing Center website](http://www.sjsu.edu/writingcenter) at http://www.sjsu.edu/writingcenter. For additional resources and updated information, follow the Writing Center on Twitter and become a fan of the SJSU Writing Center on Facebook. (Note: You need to have a QR Reader to scan this code.)

**SJSU Counseling Services**

The SJSU Counseling Services is located on the corner of 7th Street and San Fernando Street, in Room 201, Administration Building. Professional psychologists, social workers, and counselors are available to provide consultations on issues of student mental health, campus climate or psychological and academic issues on an individual, couple, or group basis. To schedule an appointment or learn more information, visit [Counseling Services website](http://www.sjsu.edu/counseling) at http://www.sjsu.edu/counseling.

**Student Success Center**

The Student Success Center in the College of Applied Sciences and Arts (CASA) provides advising for undergraduate students majoring or wanting to major in programs offered in CASA Departments and Schools:

- Health Science
- Hospitality, Recreation, and Tourism Management
- Journalism and Mass Communications
- Justice Studies
- Kinesiology
- Nursing
- Nutrition, Food Science, and Packaging
- Occupational Therapy
- Social Work

All CASA students and students who would like to be in CASA are invited to stop by the Center for general education advising, help with changing majors, academic policy related questions, meeting with peer advisors, and/or attending various **regularly** scheduled presentations and workshops. Looking for academic advice or maybe just some tips about how to navigate your way around SJSU? Check out the CASA Student Success Center! It’s also a great place to study, and you can check out laptops.

Location: Mac Quarrie Hall (MH) 533 - top floor of Mac Quarrie Hall
Contact information: 408-924-2910
Email: CASASuccessCenter@gmail.com
Call or email for an appointment, or just stop by.

**Course Schedule, Spring 2014**

*This is a tentative schedule and as such is subject to change with fair notice.*

Advance notice for any changes will be provided by the professor.

<table>
<thead>
<tr>
<th>Date</th>
<th>Reading Assignment</th>
<th>Lecture</th>
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</thead>
<tbody>
<tr>
<td>M 1/27</td>
<td></td>
<td>Course Introduction</td>
</tr>
<tr>
<td>W 1/29</td>
<td>Chapter 1</td>
<td>Introduction to Motor Development</td>
</tr>
<tr>
<td>M 2/3</td>
<td>Chapter 1 cont.</td>
<td>Introduction to Motor Development</td>
</tr>
<tr>
<td>W 2/5</td>
<td>Chapter 2 cont.</td>
<td>Cognitive &amp; Motor Development</td>
</tr>
<tr>
<td>M 2/10</td>
<td>Chapter 17</td>
<td>Movement in Adulthood (499-503)</td>
</tr>
<tr>
<td>W 2/12</td>
<td>Chapter 16</td>
<td>Developmental Motor Delays (p. 448-460; 463-466)</td>
</tr>
<tr>
<td>M 2/17</td>
<td>Chapter 3 cont.</td>
<td>Social &amp; Motor Development</td>
</tr>
<tr>
<td>W 2/19</td>
<td>Form Presentation Groups &amp; Choose Topics</td>
<td></td>
</tr>
<tr>
<td>M 2/24</td>
<td>Chapter 4</td>
<td>Social &amp; Motor Development</td>
</tr>
<tr>
<td>W 2/26</td>
<td>Chapter 4 cont.</td>
<td>Moral &amp; Motor Development</td>
</tr>
<tr>
<td>M 3/3</td>
<td>Chapter 15 cont.</td>
<td>Youth Sports</td>
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<tr>
<td>Date</td>
<td>Chapter(s)</td>
<td>Topic</td>
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<tr>
<td>W 3/5</td>
<td>Chapter 8</td>
<td>Physiological Changes: Health-Related Physical Fitness</td>
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<tr>
<td>M 3/10</td>
<td>Chapter 8 cont.</td>
<td>Physiological Changes: Health-Related Physical Fitness</td>
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<tr>
<td>W 3/12</td>
<td>Chapter 17</td>
<td>Movement in Adulthood (p. 491-493; 497-508)</td>
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<tr>
<td>M 3/17</td>
<td>Chapter 9</td>
<td>Movement &amp; the Changing Senses</td>
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<tr>
<td>W 3/19</td>
<td></td>
<td><strong>Exam 2 Chapters 3-4; 15 Scantron 882-E</strong></td>
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<tr>
<td>M 3/24 &amp; W 3/26</td>
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<td><strong>Spring Break</strong></td>
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<td><strong>Enjoy!</strong></td>
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<tr>
<td>M 3/31</td>
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<td><strong>Cesar Chavez – Campus Closed</strong></td>
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<tr>
<td>W 4/2</td>
<td>Chapter 16</td>
<td>Developmental Motor Delays</td>
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<tr>
<td></td>
<td>Chapter 17</td>
<td>Movement in Adulthood (p. 489-491)</td>
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<tr>
<td>M 4/7</td>
<td>Chapter 10</td>
<td>Infant Reflexes &amp; Stereotypies</td>
</tr>
<tr>
<td>W 4/9</td>
<td>Chapter 11</td>
<td>Voluntary Movement of Infancy (p. 306-317)</td>
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<tr>
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<td><strong>Research Summary Due on Canvas</strong></td>
</tr>
<tr>
<td>M 4/14</td>
<td>Chapter 13</td>
<td>Fundamental Locomotion Skills of Childhood</td>
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<tr>
<td>W 4/16</td>
<td></td>
<td><strong>Exam 3 8-9; 16-17 (partial) Scantron 882-E</strong></td>
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<tr>
<td>M 4/21</td>
<td></td>
<td>Group Presentations I</td>
</tr>
<tr>
<td>W 4/23</td>
<td></td>
<td>Group Presentations II</td>
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<tr>
<td>M 4/28</td>
<td></td>
<td>Group Presentations III</td>
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<tr>
<td>W 4/30</td>
<td></td>
<td>Group Presentations IV</td>
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<tr>
<td>M 5/5</td>
<td>Chapter 13 cont.</td>
<td>Fundamental Locomotion Skills of Childhood</td>
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<tr>
<td></td>
<td>Chapter 17</td>
<td>Movement in Adulthood (p. 473-489)</td>
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<tr>
<td>W 5/7</td>
<td>Chapter 13</td>
<td>Voluntary Movement of Infancy (p. 317-325)</td>
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<td></td>
<td>Chapter 14</td>
<td>Fundamental Object Control Skills of Childhood</td>
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<tr>
<td>M 5/12</td>
<td></td>
<td>Last day of lecture for KIN 165 Review for Exam 4</td>
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<tr>
<td>M 5/19</td>
<td></td>
<td><strong>Exam 4 9:45 – 12:00 SPX 68 Scantron 882-E</strong></td>
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<tr>
<td></td>
<td></td>
<td><strong>Chapters 9, 11, 13-14 &amp; 17 (partial); group presentations; essay</strong></td>
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