

**San José State University  
CASA/Kinesiology**

**KIN 165-01, Motor Development, Spring 2015**

<b>Instructor:</b>	Mrs. Janet Clair
<b>Office Location:</b>	YUH 244
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<b>Office Hours:</b>	By appointment – sign up outside YUH 244
<b>Class Days/Time:</b>	Monday & Wednesday 12:00 – 1:15 PM
<b>Classroom:</b>	CH 302

**Course Description**

Motor development examines the individual from birth to maturity with emphasis on behavior, need, capacities, and interest. 3 units. Prerequisite: Kinesiology 70, Introduction to Kinesiology

**Web Resource**

Course materials may be found on the e-campus Canvas learning management system: <http://www.sjsu.edu/at/ec/canvas/>. You are responsible for regularly checking the Canvas discussion board and email for information and messages. Login using your MySJSU username and password.

**Learning Outcomes and Course Goals**

To provide the student with knowledge of the:

- a. Goals and objectives of the discipline of motor development (PLO 1, 2)
- b. Common terms in motor development (PLO 1, 2)
- c. Lifespan motor development "stages" and their characteristics.
- d. Scientific literature in the field of motor development (PLO 1, 2)
- e. Related cognitive, social, and moral development theory and implications for motor development (PLO 1, 2, 5)

To provide the student with the ability to:

- a. Practically apply the knowledge gained concerning motor development (PLO 1, 2, 3)
- b. Critically analyze research and theory prominent in motor development (PLO 1, 2)

**Undergraduate Degree Program Learning Outcomes (PLO)**

At the end of a Bachelor of Science degree program in the Department of Kinesiology students should be able to:

1. obtain a critical understanding and the ability to apply theoretical and scientific knowledge from the sub disciplines in kinesiology for personal fitness, healthy lifestyles, sport, and/or therapeutic rehabilitation.
2. effectively communicate the essential theories, scientific application, and ethical considerations related to kinesiology.
3. apply scholarship and practice of different movement forms to enhance movement competence in kinesiology.
4. recognize and apply sustainable approaches as they relate to kinesiology.
5. identify social justice and equity issues related to kinesiology for various populations.

### Required Text

Payne, V.G., & Isaacs, L.D. (2012). *Human motor development: A lifespan approach* (8th ed.). New York: McGraw-Hill. Additional student resources are available at the Online Learning Center ([www.mhhe.com/payne8e](http://www.mhhe.com/payne8e)).

The text is available for short time use at the reserve desk in the MLK Library.

### Library Liaison

Kinesiology Librarian: Emily Chan  
 Phone: (408) 808-2044  
 Email: [emily.chan@sjsu.edu](mailto:emily.chan@sjsu.edu)

### Classroom Protocol

Each student must actively engage in the learning process. Be an active learner by:

- ✓ attending each scheduled class;
- ✓ arriving on time;
- ✓ coming alert and ready to learn;
- ✓ being willing to take chances by speaking up in class;
- ✓ reading assignments before class;
- ✓ **Turning off and storing all cell phones and other electronic devices in lecture.**

### **\*\*Cell phone and mobile device policy\*\***

The use of cell phones and other mobile devices for personal communication is disruptive to the class, to both the instructor and classmates, and is therefore **strictly prohibited**.

- First offense: Reminder.
- Second offense: Loss of daily participation points.
- Third offense: Loss of one grade level on final grade in class.

**\*\*Any student using a laptop to take notes in class must sit in the two front rows.**

### Course Requirements and Assignments

SJSU classes are designed such that in order to be successful, it is expected that students will spend a minimum of forty-five hours for each unit of credit (normally three hours per unit per week), including preparing for class,

participating in course activities, completing assignments, and so on. More details about student workload can be found in [University Policy S12-3](http://www.sjsu.edu/senate/docs/S12-3.pdf) at <http://www.sjsu.edu/senate/docs/S12-3.pdf>.

### Course Evaluation

1) Exam 1 (PLO 1, 2)	10%
2) Exam 2 (PLO1, 2)	12%
3) Exam 3 (PLO 1, 2 )	15%
4) Exam 4 (PLO 1,2 )	18%
5) Activities/quizzes/other (PLO 1,2,3,4)	10%
6) Writing Assignment (PLO 1 ,2, 3)	20%
7) Group Presentation (PLO 1,2,3)	15%

### Examinations

Exams may consist of true and false, multiple choice, matching and short answer essays reflecting lecture material, assigned readings from text, presentations, class discussions and handouts.

Make-up exams are permitted ONLY for serious and compelling reasons and will only be considered if the instructor has been contacted prior to the regularly scheduled exam.

### Other Assignments

Each student will complete a summary of at least one research article that will be included in a group presentation. In addition, each student will participate in group activities, quizzes, and other in-class assignments.

[University policy F69-24](http://www.sjsu.edu/senate/docs/F69-24.pdf) at <http://www.sjsu.edu/senate/docs/F69-24.pdf> states that “Students should attend all meetings of their classes, not only because they are responsible for material discussed therein, but because active participation is frequently essential to insure maximum benefit for all members of the class. Attendance per se shall not be used as a criterion for grading.”

### Grading Policy

Table 1

Percentage	Grade
93 – 100%	A
90 – 92.99%	A-
87 – 89.99%	B+
83 – 86.99%	B
80 – 82.99%	B-
77 – 79.99%	C+
73 – 76.99%	C
70 – 72.99%	C-
67 – 69.99%	D+
63 – 66.99%	D
60 – 62.99%	D-

less than 59.99%	F
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## Other Information

Extra credit is not available.

“All students have the right, within a reasonable time, to know their academic scores, to review their grade-dependent work, and to be provided with explanations for the determination of their course grades.” See [University Policy F13-1](http://www.sjsu.edu/senate/docs/F13-1.pdf) at <http://www.sjsu.edu/senate/docs/F13-1.pdf> for more details.

Each assignment/exam assigned is weighted. The instructor will post points for each activity/assignment/exam in the Canvas gradebook for KIN 165-01 where students will have access to their view grades throughout the semester.

## University Policies

### Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s [Catalog Policies](http://info.sjsu.edu/static/catalog/policies.html) section at <http://info.sjsu.edu/static/catalog/policies.html>. Add/drop deadlines can be found on the current academic year calendars document on the [Academic Calendars webpage](http://www.sjsu.edu/provost/services/academic_calendars/) at [http://www.sjsu.edu/provost/services/academic\\_calendars/](http://www.sjsu.edu/provost/services/academic_calendars/). The [Late Drop Policy](http://www.sjsu.edu/aars/policies/latedrops/policy/) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the [Advising Hub](http://www.sjsu.edu/advising/) at <http://www.sjsu.edu/advising/>.

### Consent for Recording of Class and Public Sharing of Instructor Material

[University Policy S12-7](http://www.sjsu.edu/senate/docs/S12-7.pdf), <http://www.sjsu.edu/senate/docs/S12-7.pdf>, requires students to obtain instructor’s permission to record the course:

- “Common courtesy and professional behavior dictate that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. Such permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.”
- “Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent.”

### Academic integrity

Your commitment, as a student, to learning is evidenced by your enrollment at San Jose State University. The [University Academic Integrity Policy S07-2](http://www.sjsu.edu/senate/docs/S07-2.pdf) at <http://www.sjsu.edu/senate/docs/S07-2.pdf> requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of

Student Conduct and Ethical Development. The [Student Conduct and Ethical Development website](http://www.sjsu.edu/studentconduct/) is available at <http://www.sjsu.edu/studentconduct/>.

### **Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. [Presidential Directive 97-03](http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) at [http://www.sjsu.edu/president/docs/directives/PD\\_1997-03.pdf](http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) requires that students with disabilities requesting accommodations must register with the [Accessible Education Center](http://www.sjsu.edu/aec) (AEC) at <http://www.sjsu.edu/aec> to establish a record of their disability.

### **Accommodation to Students' Religious Holidays**

San José State University shall provide accommodation on any graded class work or activities for students wishing to observe religious holidays when such observances require students to be absent from class. It is the responsibility of the student to inform the instructor, in writing, about such holidays before the add deadline at the start of each semester. If such holidays occur before the add deadline, the student must notify the instructor, in writing, at least three days before the date that he/she will be absent. It is the responsibility of the instructor to make every reasonable effort to honor the student request without penalty, and of the student to make up the work missed. See [University Policy S14-7](http://www.sjsu.edu/senate/docs/S14-7.pdf) at <http://www.sjsu.edu/senate/docs/S14-7.pdf>.

### **Campus Resources for You**

#### **Student Technology Resources**

Computer labs for student use are available in the [Academic Success Center](http://www.sjsu.edu/at/asc/) at <http://www.sjsu.edu/at/asc/> located on the 1st floor of Clark Hall and in the Associated Students Lab on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library. A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include DV and HD digital camcorders; digital still cameras; video, slide and overhead projectors; DVD, CD, and audiotape players; sound systems, wireless microphones, projection screens and monitors.

#### **SJSU Peer Connections**

Peer Connections, a campus-wide resource for mentoring and tutoring, strives to inspire students to develop their potential as independent learners while they learn to successfully navigate through their university experience. You are encouraged to take advantage of their services which include course-content based tutoring, enhanced study and time management skills, more effective critical thinking strategies, decision making and problem-solving abilities, and campus resource referrals.

In addition to offering small group, individual, and drop-in tutoring for a number of undergraduate courses, consultation with mentors is available on a drop-in or by appointment basis. Workshops are offered on a wide variety of topics including preparing for the Writing Skills Test (WST), improving your learning and memory, alleviating procrastination, surviving your first semester at SJSU, and other related topics. A computer lab and study space are also available for student use in Room 600 of Student Services Center (SSC).

Peer Connections is located in three locations: SSC, Room 600 (10th Street Garage on the corner of 10<sup>th</sup> and San Fernando Street), at the 1st floor entrance of Clark Hall, and in the Living Learning Center (LLC) in

Campus Village Housing Building B. Visit [Peer Connections website](http://peerconnections.sjsu.edu) at <http://peerconnections.sjsu.edu> for more information.

### **SJSU Writing Center**

The SJSU Writing Center is located in Clark Hall, Suite 126. All Writing Specialists have gone through a rigorous hiring process, and they are well trained to assist all students at all levels within all disciplines to become better writers. In addition to one-on-one tutoring services, the Writing Center also offers workshops every semester on a variety of writing topics. To make an appointment or to refer to the numerous online resources offered through the Writing Center, visit the [Writing Center website](http://www.sjsu.edu/writingcenter) at <http://www.sjsu.edu/writingcenter>. For additional resources and updated information, follow the Writing Center on Twitter and become a fan of the SJSU Writing Center on Facebook. (Note: You need to have a QR Reader to



scan this code.)

### **SJSU Counseling Services**

The SJSU Counseling Services is located on the corner of 7<sup>th</sup> Street and San Fernando Street, in Room 201, Administration Building. Professional psychologists, social workers, and counselors are available to provide consultations on issues of student mental health, campus climate or psychological and academic issues on an individual, couple, or group basis. To schedule an appointment or learn more information, visit [Counseling Services website](http://www.sjsu.edu/counseling) at <http://www.sjsu.edu/counseling>.

### **Student Success Center**

The Student Success Center in the College of Applied Sciences and Arts (CASA) provides advising for undergraduate students majoring or wanting to major in programs offered in CASA Departments and Schools:

- Health Science and Recreation
- Hospitality Management
- Journalism and Mass Communications
- Justice Studies
- Kinesiology
- Nursing
- Nutrition, Food Science, and Packaging
- Social Work

All CASA students and students who would like to be in CASA are invited to stop by the Center for general education advising, help with changing majors, academic policy related questions, meeting with peer advisors, and/or attending various regularly scheduled presentations and workshops. Looking for academic advice or maybe just some tips about how to navigate your way around SJSU? Check out the CASA Student Success Center! It's also a great place to study, and you can check out laptops.

### **Call or stop by for appointments**

**Location:** Mac Quarrie Hall (MH) 533 - top floor of Mac Quarrie Hall

**Phone:** 408.924.2910

**Email:** [CASAsuccesscenter@sjsu.edu](mailto:CASAsuccesscenter@sjsu.edu)

**Follow us on:**



**Facebook:** <https://www.facebook.com/CASASTudentSuccessCenter>



**Twitter:** [@CASA\\_SSC](https://twitter.com/CASA_SSC)

**Instagram:** @CASA\_SSC

### **KIN 165-01 Course Schedule, Spring 2015**

This is a **tentative** schedule and as such is subject to change with fair notice. Advance notice for any changes will be provided by the professor.

**Table 2**

Date	Reading Assignment	Lecture
M 1/26		Course Introduction
W 1/28	Chapter 1	Introduction to Motor Development
M 2/2	Chapter 1 cont. Chapter 2	Introduction to Motor Development Cognitive & Motor Development
W 2/4	Chapter 2 cont.	Cognitive & Motor Development
M 2/9	Chapter 17 Chapter 16	Movement in Adulthood (499-503) Developmental Motor Delays (p. 448-460; 463-466)
W 2/11	Chapter 3	Social & Motor Development
M 2/16	Chapter 3 cont.	Social & Motor Development <b>Form Presentation Groups &amp; Choose Topics</b>
W 2/18		<b>Exam 1 Chapter 1-2; 16-17 (partial) Scantron 882-E</b>
M 2/23		<b>TBA</b>
W 2/25	Chapter 4	Moral & Motor Development

M 3/2	Chpt. 4 cont.	Moral & Motor Development
W 3/4	Chapter 15	Youth Sports
M 3/9	Chpt. 15 cont.	Youth Sports
W 3/11		<b>Exam 2 Chapters 3-4 Scantron 882-E</b>
M 3/16	Chapter 10	Infant Reflexes & Stereotypies
W 3/18	Chpt. 10 cont.	Infant Reflexes & Stereotypies
		<b>Research Summary Due on Canvas</b>
M 3/23 W 3/25		<b>Spring Recess – Enjoy!</b>
M 3/30	Chapter 11	Voluntary Movement of Infancy (p. 306-317)
W 4/1	Chapter 13	Fundamental Locomotion Skills of Childhood
M 4/6	Chpt. 13 cont. Chapter 17	Fundamental Locomotion Skills of Childhood Movement in Adulthood (p.473-489)
W 4/8	Chapter 13 Chapter 14	Voluntary Movement of Infancy (p. 317-325) Fundamental Object Control Skills of Childhood
M 4/13	Chpt. 14 cont.	Fundamental Object Control Skills of Childhood
W 4/15		<b>Exam 3 Chapters 11, 13, 14, 17 (partial) Scantron 882-E</b>
M 4/20		Group Presentations I
W 4/22		Group Presentations II
M 4/27		Group Presentations III
W 4/29		Group Presentations IV
M 5/4	Chapter 8	Physiological Changes: Health-Related Physical Fitness
W 5/6	Chpt. 8 cont. Chapter 17	Physiological Changes: Health-Related Physical Fitness Movement in Adulthood (p. 491-493; 497-509)
M 5/11	Chapter 9 Chapter 17	Movement and the Changing Senses Movement in Adulthood
W 5/13		Last day of lecture for KIN 165/Review for Exam 4
<b>Thur. 5/21</b>		<b>Exam 4 9:45 – 12:00 CH 302 Scantron 882-E</b>