San José State University
Kinesiology 165 (Section 3) - Motor Development
College of Applied Sciences and Arts
Department of Kinesiology

Instructor: Dr. Seung Ho Chang
Office Location: SPX 111
Telephone: 408-924-8154
Email: seungho.chang@sjus.edu
Office Hours: MW 12:00 – 1:00 pm & by appointment
Class Days/Time: MW 1:30pm -2:45pm
Classroom: SPX 151

Course Description
Motor development of the individual from birth to maturity. Emphasis upon motor behavior, needs, capacities and interests. Prerequisite: KIN 070 / 3 units.

Course Learning Outcomes
Goals of this course are:
1) To provide the student with knowledge of the:
   a. Goals and objectives of the discipline of motor development.
   b. Common terms in motor development.
   c. Lifespan motor development "stages" and their characteristics.
   d. Scientific literature in the field of motor development.
   e. Related cognitive, social, and moral development theory and implications for motor development.
2) To provide the student with the ability to:
   a. Practically apply the knowledge gained concerning motor development.
   b. Critically analyze research and theory prominent in motor development.

Required and Recommended Texts:

Course Requirements and Assignments
SJSU classes are designed such that in order to be successful, it is expected that students will spend a minimum of forty-five hours for each unit of credit (normally three hours per unit per week), including preparing for class, participating in course activities, completing assignments, and

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so on. More details about student workload can be found in University Policy S12-3 at http://www.sjsu.edu/senate/docs/S12-3.pdf. All students have the right, within a reasonable time, to know their academic scores, to review their grade-dependent work, and to be provided with explanations for the determination of their course grades.

**Class Protocol**

All students should demonstrate respect for themselves, each other, and the instructor at all times.

1) **Professionalism/Active Participation:**
   a. Students are expected to arrive and settle by the beginning of lecture.
   b. While you are in class, the instructor expects that you participate. That means that you should:
      - Actively prepare by reading any assigned materials,
      - TALK (ask and answer questions),
      - Bring your ideas, and
      - Refrain from anything not class related during class (newspapers, readings for another class, text messages, etc.)
   c. Students who show unprofessional/disruptive behaviors (e.g., using electronic devices, texting, sleeping, chatting, browsing, reading/studying other materials) will be asked to leave the classroom.

2) **Electronic Devices:**
   a. Cell phones should be turned off during class. A vibrating cell phone is still an activated cell phone.
   b. All headsets/ear buds must be removed upon entering the class.
   c. Texting, e-mailing, or surfing on your cell phone or laptop are not appropriate classroom activities.
   d. Students who engage in these activities will be asked to leave the classroom.

3) **Examination:**
   a. Exams will be administered only on the specified dates. No make-up exams are administered. However, the instructor reserves the right to give make-up exams because of unforeseen valid emergencies which can be officially documented in writing and notified to the instructor via email within 24 hours. Make-up work is only allowed upon presentation of valid medical or legal evidence.
   b. Should a make-up exam be given, it may differ in style from the original exam. If a student has a conflict due to an excused absence the exam, the instructor can arrange for the exam to be taken before the test date.

4) **Assignment:**
   a. All assignments (except in-class assignments) must be typed and submitted to the proper submission folder in Canvas.
   b. All assignments turned in late will result in a 10% grade reduction for each class day the assignment is late, unless a documented and compelling reason is provided.
   c. All written work is intended to be the creation of the individual turning in the assignment; no student may use another student's work and claim it as his/her own. Correctly use referenced materials. Do not plagiarize. It is the role and obligation of each student to be aware of the University’s Academic Integrity Policy (S04-12).

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5) **Email Etiquette:**
   When communicating with the instructor via email, you must follow the etiquette below; otherwise the instructor reserves the right of not replying to your email.
   a. Be sure to include a meaningful subject line; this helps clarify what your message is about and may also help the instructor prioritize reading your email.
   b. Just like a written letter, be sure to open your email with a greeting such as Hello Dr. Chang.
   c. Introduce yourself (your name and what class you are taking).

**Course Assignments:**
1. Assignments = **30pts**
2. Class Participation = **20pts**
3. Quizzes (2) = **40pts**
4. Exams (Exam #1= 80pts/ Exam #2= 80pts / Exam #3= 120pts) = **240pts**
5. Group Project = **70pts**
   a. Final Paper= 40 pts
   b. Group Presentation = 20 pts
   c. Peer evaluation = 10 pts

**TOTAL: 400 points**

**Grading**
Final course grade will be assigned according to the following scale based on the total accumulated percentage of available points during the semester.

- A+ 98-100%
- B+ 88-89%
- C+ 78-79%
- D+ 68-69%
- F < 60%
- A 93-97%
- B 83-87%
- C 73-77%
- D 63-67%
- A- 90-92%
- B- 80-82%
- C- 70-72%
- D- 60-62%

**University Policies**
Please note that detailed information about the following information can be found at [www.sjsu.edu/gup/syllabusinfo/](http://www.sjsu.edu/gup/syllabusinfo/) Please familiarize yourself with this information.
- General Expectations, Rights and Responsibilities of the SJSU Student
- Dropping and Adding
- Consent for Recording of Class and Public Sharing of Instructor Material
- Academic integrity
- Campus Policy in Compliance with the American Disabilities Act
- Student Technology Resources
- SJSU Peer Connections
- SJSU Writing Center
- SJSU Counseling and Psychological Services
<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topic</th>
<th>Readings, Assignments, Deadlines</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>8/24 (W)</td>
<td>Course introduction / Review syllabus</td>
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<tr>
<td>2</td>
<td>8/29 (M)</td>
<td>Introduction to MD: Terms, Trends</td>
<td>Ch. 1 - pp. 1-11 / 1&lt;sup&gt;st&lt;/sup&gt; Assignment Due</td>
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<td>3</td>
<td>8/31 (W)</td>
<td>Introduction to MD: Stages, Models</td>
<td>Ch. 1 - pp. 11-21</td>
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<td>9/5 (M)</td>
<td>Labor Day</td>
<td>No class</td>
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<td>4</td>
<td>9/7 (W)</td>
<td>Cognitive &amp; MD: Stages of Jean Piaget’s theory</td>
<td>Ch. 2 - pp. 24-29</td>
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<td>5</td>
<td>9/12 (M)</td>
<td>Cognitive &amp; MD: Stages of Jean Piaget’s theory &amp; Adulthood: General Theories</td>
<td>Ch. 2 - pp. 30-41</td>
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<td>6</td>
<td>9/14 (W)</td>
<td>Social &amp; MD: Social Influences on MD (Infancy to adolescence)</td>
<td>Ch. 3 - pp. 46-60</td>
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<td>9/19 (M)</td>
<td>Social &amp; MD: Social Influences on MD (Adulthood)</td>
<td>Ch. 3 - pp. 60-70</td>
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<td>7</td>
<td>9/21 (M)</td>
<td>Exam Review / Introduction to Group Project</td>
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<td>8</td>
<td>9/26 (M)</td>
<td>Exam #1</td>
<td>Ch. 1 –Ch. 3</td>
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<td>9</td>
<td>9/28 (W)</td>
<td>Selected Factors Affecting MD – Part 1</td>
<td>Related Chapters: 4 &amp; 5/ Ch 4 (UMD)</td>
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<td>Selected Factors Affecting MD – Part 2</td>
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<td>Infant Reflexes &amp; Stereotypies: Primitive Reflexes</td>
<td>Ch. 9 - pp. 203-211</td>
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<td>10/10 (M)</td>
<td>Infant Reflexes &amp; Stereotypies: Postural Reflexes &amp; Stereotypies</td>
<td>Ch. 9 - pp. 211-219 / Quiz 1</td>
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<td>12</td>
<td>10/12 (W)</td>
<td>Voluntary Movement of Infancy</td>
<td>Ch. 10</td>
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<td>13</td>
<td>10/17 (M)</td>
<td>FMS (Locomotor Skills)</td>
<td>Ch. 12</td>
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<td>14</td>
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<td>FMS (Object-Control Skills)</td>
<td>Ch. 13</td>
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<td>15</td>
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<td>Assessment of FMS – Part 1</td>
<td>Ch. 16 - pp. 375-381 / Quiz 2</td>
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<td>Assessment of FMS – Part 2</td>
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<td>11/2 (W)</td>
<td>Specialized Movement Skills</td>
<td>Ch. 17 (UMD)</td>
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<td>18</td>
<td>11/7 (M)</td>
<td>Youth Sports</td>
<td>Ch. 14</td>
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<td>11/9 (W)</td>
<td>Movement in Adulthood `</td>
<td>Ch. 15</td>
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<td>11/16 (W)</td>
<td>Exam #2</td>
<td>Specialized Movement Skills &amp; Ch. 14-15</td>
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<td>11/21 (M)</td>
<td>Growth &amp; Maturation</td>
<td>Ch. 6</td>
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<td>11/23 (W)</td>
<td>Thanksgiving Holiday</td>
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<td>23</td>
<td>11/28 (M)</td>
<td>Physical Development-Part 1</td>
<td>Related Ch. 7 / Ch.13 (UMD) / 2&lt;sup&gt;nd&lt;/sup&gt; Assignment Due</td>
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<td>Physical Development-Part 2</td>
<td>Related Ch. 7 / Ch.13 (UMD)</td>
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<td>12/12 (M)</td>
<td>Semester Overview / Final Review</td>
<td>Final Paper Due</td>
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<td>27</td>
<td>12/20 (T)</td>
<td>Final Exam - 12:15-2:30 (Section 3)</td>
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- Subject to change with fair notice.
- Changes will be announced in class and/or posted on Canvas.