

San Jose State University: Fall 2009  
**KIN 171-A: NON TRADITIONAL GAME AND SPORT ACTIVITIES**  
8:30-10:20 T R, SPX 68 & 44A

**Instructor:** Alison N. White, Ph.D.

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**Office Hours:** T, Th 10:40- 12:00 and by appointment

**Course Description:**

Non-traditional and global game and sport activities appropriate for pre-adolescents and adolescents in instructional settings (3 units)

Prerequisites: KIN 70 for majors/minors only or concurrent enrollment.

**Required Textbooks:**

KIN171A Reader – Marble Press

**Other Resources**

Bbarash, L. (1997). Multicultural games. Champaign, IL: Human Kinetics.

Glover, D. R., & Midura, D. W. (1992). Team building through physical challenges. Champaign, IL: Human Kinetics.

Mitchell, S.A., Oslin, J.L., & Griffin, L.L. (2006). Teaching sport concepts and skills: A tactical games approach. Champaign, IL: Human Kinetics.

**Course Objectives:**

The student will demonstrate:

- an understanding of the role of non-traditional sport activities in promoting active participation
- the difference between competitive and cooperative activities
- a knowledge of rules and strategies for selected activities
- knowledge of planning to include such activities in a school program
- skill in planning such lessons based upon the CA Framework and Content Standards
- an understanding of how to use such activities in the development of movement skills and knowledge as lead-up activities to traditional sports
- the building of a repertoire of knowledge and resources of such activities
- an understanding of how to utilize assessment for student performance.
- the professionalism needed for potential success as a teacher

**Course Format:**

Class will meet T R in both a lecture and a gymnasium setting. Students should come to every class dressed professionally and appropriately for movement, and with notebooks/textbook. Class starts at 8:30 and ends at 10:20.

**Course Content:**

Example activities may be included, but not limited to: pickleball, cricket, lacrosse, stickball, team handball, ultimate Frisbee, disc golf, jump rope, quadball, sport stacking, bleachball, washers, team building and cooperative games, etc.

**Evaluation Methods:**

A. Assingments:

- a. Attendance/Participation 40 pts.
- b. Midterm 20 pts.
- c. Final 20 pts.
- d. Assessment Assignment 10 pts.
- e. Lesson Plan Assignment 10 pts.

B. Grading: A = 90+; B=89-80; C=79-70; D=69-60; F=59 and below

C. Course Content and Schedule:

**Tentative Class Schedule**

This schedule is tentative and may change during the course of the semester. All changes to the syllabus willtie discussed in class so that you have the appropriate amount of time to make adjustments to your schedules. Please bring your notebooks/textbook to class every day and consult it regularly.

<b>DATE</b>	<b>TOPICS</b>	<b>ASSIGNMENT</b>	<b>CLASS ROOM</b>
8/25	Introduction and review of syllabus		SPX 68
8/27	The Importance of Games in the Curriculum Traditional vs Nontraditional		SPX 68
9/1	Lesson Plans		SPX 68
9/3	Low Organization Games		SPX 44A
9/8	Multicultural Games/Activities		SPX 68 & 44A
9/10	Multicultural Games/Activities		SPX 44A
9/15	Aerobic Warm-up Games	<b>Lesson Plans Due</b>	SPX 44A
9/17	Games Using Scoops Bleachball		SPX 44A

9/22	SJSU Furlough Day – No Class		
9/24	Midterm	<b>Midterm Exam</b>	SPX 68
9/29	Assessing Outcomes		SPX 44A
10/1	Disc skills Ultimate Frisbee		SPX 44A
10/6	Disc skills Disc golf		SPX 44A
10/8	Cricket Skills and Games		SPX 68 & 44A
10/13	Cricket Skills and Games		SPX 44A
10/15	Paddle skills		SPX 44A
10/20	Pickle-ball – Class Tournament		SPX 44A
10/22	Large Group Games		SPX 44A
10/27	Volley Tennis		SPX 44A
10/29	Pingminton		SPX 44A
11/3	Team Handball	<b>Assessments Due</b>	SPX 44A
11/5	Furlough Day – No Class		
11/10	Pigskin Practice		SPX 44A
11/12	Sport Stacking (Cups)		SPX 68 & 44A
11/17	Pigball, Deck Tennis, Quadball		SPX 44A
11/19	Soccer Games		SPX 44A
11/24	Gridball		SPX 44A
11/26	Thanksgiving – No Class		
12/1	Class Olympics using Sport and Game Skills		SPX 44A

12/3	Class Olympics using Sport and Game Skills		SPX 44A
12/8	Furlough Day – No Class		
12/10	Wrap-up and review		SPX 68
12/15	Tuesday, December 15 7:15 – 9:30 am	<b>Final Exam</b>	SPX 68