

San José State University
Department of Kinesiology
KIN 178, Management Strategies for Physical Education, Fall 2018

Course and Contact Information

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| Instructor: | Erin Siebert |
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| Office Hours: | Tuesday/Thursday 2-3:30pm |
| Class Days/Time: | Tuesday/Thursday Gym 7:30-8:20am Lec 8:30-9:20am |
| Classroom: | SPXC 170B; 160 |
| Prerequisites: | KIN 070 for majors/minors only or instructor consent; KIN 172, KIN 171A or concurrent enrollment and upper division standing. |

Course Format

This course requires regular in class physical activity participation. Come to class dressed and prepared to be physically active (i.e., closed toe shoes, running pants/shorts, hair ties, etc.).

In addition to in class participation, students will submit assignments electronically via Canvas through the course site unless otherwise stated. Internet connectivity and a computer are needed to complete assignments.

As a part of this course, students are required to complete 20 hours, spread out over a minimum of 8 visits, of a middle school physical education class. Observations must take place at a PUBLIC school, no private schools are acceptable. The school you observe at must also be registered as an approved school site with SJSU. You will find a list of approved locations here: <http://www.sjsu.edu/kinesiology/internships/>; scroll to the bottom of the page under the header "Information for Community Organizations and Site Supervisors". It is also possible to add schools to the list.

Web Resource

Course materials may be found on the e-campus [Canvas learning management system](http://www.sjsu.edu/at/ec/canvas/) at <http://www.sjsu.edu/at/ec/canvas/>. You are responsible for regularly checking the Canvas discussion board and email for information and messages. Login using your My SJSU username and password.

Course Description

Examines current practices for managing student behaviors, instructional technology, legal regulations, and physical fitness needs as well as exploring adolescent development.

Course Goals

SJSU Department of Kinesiology Program Learning Objectives (PLO):

- Students will be able to effectively communicate in writing (clear, concise and coherent) on topics in kinesiology.
- Students will be able to effectively communicate through an oral presentation (clear, concise and coherent) on topics in kinesiology.

- Students will be able to utilize their experiences across a variety of health related and skill-based activities to inform their scholarship and practice in the sub disciplines in kinesiology.
- Students will be able to identify and analyze social justice and equity issues related to kinesiology for diverse populations.

Course Learning Outcomes (CLO)

Upon successful completion of this course, students will be able to:

1. An understanding of the standards for the teaching profession related to behavior management, use of technology in teaching, and legal aspects of teaching.
2. An understanding of theoretical perspectives for maintaining, decreasing, and increasing student behavior.
3. Appropriate use of methods and techniques to gain student discipline and appropriate student behavior.
4. The ability to use assessment tools in gathering and analyzing student performance data.
5. The ability to design lessons based on current research as it relates to time management.
6. The ability to reflect on a teaching event and make improvements/suggestions with regards to management of the learning environment based upon best practices.

Required Texts/Readings

Textbook

Carpenter, J., & Sinclair, C. (2011). Physical best activity guide: Middle and high school levels (3rd ed.), Champaign, IL: Human Kinetics (ISBN-13: 978-0-7360-8118-4).

Lavay, B.W., French, R., & Henderson, H.L. (2016). Positive behavior management in physical activity settings (3rd ed.), Champaign, IL: Human Kinetics (ISBN-13: 9781450465793).

Orlick, T. (2006). Cooperative games and sports: Joyful activities for everyone (2nd ed.), Champaign, IL: Human Kinetics (ISBN-13: 978-0-7360-5797-4).

Other Readings

California Department of Education. (2009). Physical education framework for California public schools: Kindergarten through grade twelve. Sacramento, CA: CDE Press. <http://www.cde.ca.gov/ci/cr/cf/documents/2009peframework.pdf>

Library Liaison

Adriana Poo; Adriana.Poo@sjsu.edu

Course Requirements and Assignments

All assignments will be turned in electronically via the course Canvas site unless otherwise stated. Elaborated assignment descriptions will be posted on Canvas. It is most beneficial to you to follow all directions carefully to maximize your opportunity to receive the highest grade possible. It is each students responsibility to know when each assignment is due, due dates are listed on the schedule and on Canvas. Each assignment is due by 11:59pm of the due date unless otherwise stated. NO late assignments will be accepted unless prior arrangements have been made with the professor.

1. **Weekly Reading Quizzes:** Prior to each week's first class there will be an online quiz based on assigned readings. The questions will be similar to those on the midterm and final and will be a good assessment of your comprehension of the material prior to class. Quizzes will be open book but will be timed, you will not have enough time to look up every question. There will be 12 given; your top 10 scores will count towards your final grade. No make up quizzes will be given. Reading quizzes will start with the second week of classes.
2. **Journals:** Each student will keep a journal documenting their observation of a minimum of 20 hours spread out over a minimum of eight (8) visits of a middle Physical Education class. Observations must take place at a UOC approved public high school. The requirements of this portion of your grade include:

- a. Verification from the mentor teacher that a **MINIMUM** of 20 hours of observations were made via the hourly log sheet. This will be available on Canvas.
 - b. A journal of daily reflections. These journals should be brought to class (KIN 178) each meeting and will be checked periodically. These reflections should be insightful and related to behavior management issues observed, discussed in class, and recorded during the observation.
 - c. Adherence to the Professional Expectations (see below).
 - d. There will be specific topics/tasks for each observation you complete. A list of options and methods will be discussed in class and available on Canvas.
3. **Lesson Plans:** Students will teach at least 3 group lessons to their peers throughout the semester. The content of each lesson will be determined at least two weeks in advance. The lesson plan will be due one week prior to the lesson being taught. Students are required to use the provided lesson plan template and let the instructor know of any equipment they will be needing for their lesson one week prior to the lesson being taught. Groups and teaching days will be assigned on the first day of class. One lesson plan per group will be turned in and should clearly and concisely outline the activities, equipment, modifications, transitions, and all other pertinent information.
 4. **Teaching Lessons:** Each student will be evaluated on not only how well they prepare their lesson plans but how they teach their lessons. In general, students will be evaluated not only how well they present the information, but how well they address the management issues that arise during their lesson. Students will be provided with a rubric on how this portion of the grade will be determined. Each lesson will last for 30 minutes, students will be allowed time to setup and clean up the gym before and after their lesson.
 5. **Reflections:** Each student will write a detailed, concise, and succinct reflection on their teaching. Students will critically evaluate what went well, what didn't, and what they would change before they taught the lesson again. A brief discussion will occur in class after each lesson taught to help guide the reflection process.
 6. **Behavior Management Project:** Each student will be required to complete a behavior management project to earn a grade in this course. Failure to complete this project will result in an incomplete for this course. Upon completion of this project the student will have a portfolio of strategies to handle a variety of behavior issues. This will include, but is not limited to behavioral protocol related to attaining and returning equipment, starting/stopping instruction, going to the bathroom, minimizing off-task behavior techniques, how to gain support from others, etc. The purpose of this project is to make you aware of the complexities related to behavior management and also prepare you with an artifact you can utilize during your lesson preparation and during job interviews.
 7. **Exams:** There will be two exams, a midterm and a final (see below). The format of the exam will be discussed in class and cover all content discussed in class and from assigned readings.

University Credit Hour Requirement

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.

Final Examination or Evaluation

There will be a final exam. The final will cover material presented over the entire semester and will be discussed in greater detail in class. The final will be available online from 12/13 at 7am till 12/18 at 9:30am.

Grading Information

| Description | Points |
|-----------------|-------------|
| Reading Quizzes | 5% |
| Lesson plans | 20% |
| Teaching | 20% |
| Reflection | 10% |
| Journal | 5% |
| Final Project | 15% |
| Exams (2) | 20% |
| Total | 100% |

Determination of Grades

| | | |
|------------------------------|-------------|-------------|
| | A = 100-94% | A- = 93-90% |
| B+ = 89-87% | B = 86-84% | B- = 83-80% |
| C+ = 79-77% | C = 76-74% | C- = 73-70% |
| D+ = 69-67% | D = 66-64% | D- = 63-60% |
| F = Below 60% Unsatisfactory | | |

- At SJSU all grades are earned as either a base letter grade (i.e. B) or with a plus (i.e. B+) or minus (i.e. B-). To earn a plus on a letter grade the students will need to earn above the 7th percent in that grade category (i.e. 67%, 77%, etc.). To earn a minus on the letter grade the students will need to earn at or below the 3rd percent in that grade category (i.e. 63%, 73%, etc.).
- Final total grades will be rounded, .49 rounds down to next whole number and .5 rounds up. This is based on your grade, not points. So if you had 327.7 points total, your grade would be 93.62%, this would be rounded to 94% and receive a letter grade of A, not A-.
- Extra credit options, if available will be announced in class only.
- It is each students responsibility to know when each assignment is due, due dates are listed on the schedule and on Canvas. Each assignment is due by 11:59pm of the due date unless otherwise stated.
- NO late assignments will be accepted unless prior arrangements have been made with the professor.

Classroom Protocol

1. Check Canvas regularly!
2. Come to class prepared by completing required readings and assignments before the assigned date.
3. Respect your teacher, classmates, and guests by not talking while they are and be an active participant in class activities.
4. Dress and act professionally! This is a teacher preparation course and you will be treated as such. Students are expected to act and dress accordingly in the classroom setting and especially when we are working with local schools. When we are on campus you should wear clothing you can move in, we will be physically active during class. If you are unable to physically perform what is asked of you please let me know!
5. Cell phones and other distractions (i.e. laptops, newspapers, and other recreational materials) should not be present during class unless otherwise stated.
6. If you have any questions or concerns email me, I will respond to your email within 48 business hours (e.g., if you email me Friday at 5:30 I may not respond until the following Monday or Tuesday). All emails need to have the course number (i.e., KIN 178) at the beginning of the subject line.

Professional Expectations & Dispositions:

1. At NO TIME shall the field experience student teach a full lesson. At NO TIME shall the field experience student be unsupervised or responsible for the class being observed. Your role is to OBSERVE only, no teaching.
2. I will be professionally dressed every day in accordance with the school's faculty/staff dress code.
3. I will work under the direct supervision of the mentor teacher.
4. I will seek advice from the mentor teacher and university faculty with any questions and concerns I may have with this field experience.
5. I will call my mentor teacher if for an emergency I am not able to be at the school site when expected. Documentation is necessary.
6. I will reflect on the lessons I observe every day and write an appropriate reflection after its completion.
7. I will be prompt and on time.
8. I will act and talk in a professional manner while at the on-site school.

University Policies (Required)

Per University Policy S16-9, university-wide policy information relevant to all courses, such as academic integrity, accommodations, etc. will be available on Office of Graduate and Undergraduate Programs' [Syllabus Information web page](http://www.sjsu.edu/gup/syllabusinfo/) at <http://www.sjsu.edu/gup/syllabusinfo/> Make sure to review these university policies and resources.

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Course Schedule

This is a tentative schedule; changes may be made as the course progresses. No additional coursework or assignments will be given. Students will be notified of any changes at least one week in advance in-class and/or via Canvas.

Italicize text represents the topic for that week, underlined text represents when a reading is assigned, **bolded text** represents when an assignment is due (those dependent on teaching schedule are NOT shown).

Course Schedule

| Week <i>(Optional)</i> | Date | Topics, Readings, Assignments, Deadlines <i>(If appropriate, add any extra column(s) to meet your needs.)</i> |
|----------------------------------|-------------|---|
| 1 | 8/21 | <i>Welcome, introductions, course overview, defining behaviors</i> |
| 1 | 8/23 | |
| 2 | 8/28 | <i>Positive behavior management, <u>Lavay Chapter 1 and 2, Orlick Chapter 1</u></i> |
| 2 | 8/30 | |
| 3 | 9/4 | <i>Evaluating behavior, <u>Lavay Chapter 7</u></i> |
| 3 | 9/6 | |
| 4 | 9/11 | <i>The behavioral approach, Bullying, <u>Lavay Chapter 3, 4 and 8</u></i> |
| 4 | 9/13 | |
| 5 | 9/18 | <i>The behavioral approach, Bullying, <u>Lavay Chapter 3, 4 and 8</u></i> |
| 5 | 9/20 | |
| 6 | 9/25 | <i>Fitness education, <u>Carpenter Chapters 1-6,</u></i> |
| 6 | 9/27 | |
| 7 | 10/2 | NO CLASS due to NAFAPA Conference, Online Midterm |
| 7 | 10/4 | NO CLASS due to NAFAPA Conference, Online Midterm |
| 8 | 10/9 | <i>Fitness education, <u>Carpenter 7-10</u></i> |
| 8 | 10/11 | |
| 9 | 10/16 | <i>Developing a behavior plan, <u>Lavay Chapter 11,</u></i> |
| 9 | 10/18 | |
| 10 | 10/23 | <i>Developing a behavior plan, <u>Lavay Chapter 11</u></i> |
| 10 | 10/25 | |
| 11 | 10/30 | <i>The humanistic approach, <u>Lavay Chapter 5</u></i> |

| Week (Optional) | Date | Topics, Readings, Assignments, Deadlines (If appropriate, add any extra column(s) to meet your needs.) |
|----------------------------|-------------|---|
| 11 | 11/1 | |
| 12 | 11/6 | <i>The humanistic approach, Lavay Chapter 5</i> |
| 12 | 11/8 | NO CLASS due to NAPE conference |
| 13 | 11/13 | <i>The biophysical approach, Lavay Chapter 6, Journal, Final Project</i> |
| 13 | 11/15 | |
| 14 | 11/20 | Optional – make-up day |
| 14 | 11/23 | NO CLASS - Thanksgiving Holiday |
| 15 | 11/27 | <i>Professional ethics Lavay Chapter 10,</i> |
| 15 | 11/29 | <i>In class review/project work time, make-up teaching</i> |
| 16 | 12/4 | <i>In class review/project work time, make-up teaching</i> |
| 16 | 12/6 | <i>In class review/project work time, make-up teaching</i> Final Project & Journals Due |
| Final Exam | 12/18 | Completed online through Canvas. Due by 9:30am on 12/18. Exam will open on 12/13 at 7:00am. |