

San José State University
CASA/Department of Kinesiology
KIN 185/H, Senior Seminar, Section 02, Fall 2014

Instructor:	Dr. Jessica Chin
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Social Media:	https://twitter.com/kinprof1
Office Hours:	M/W 9:30 -10:30 am & by appt
Class Days/Time:	T/Th 1:30 – 2:45 pm
Classroom:	MacQuarrie Hall (MQH) 322

MYSJSU Messaging and Online Access to Course Materials

In order to ensure that you receive all pertinent email communication, you must have a current and accurate email address in the MySJSU system. Please check to make sure your email is updated in MySJSU. Also, copies of the course materials such as the syllabus (greensheet) and major assignment handouts may be found on Canvas. For more information on setting up your account go to <http://www.sjsu.edu/at/ec/>.

Course Description

KIN 185: Problem centered study of perspectives on human beings in motion; a culminating class for students to synthesize their undergraduate preparation, including completion of a professional portfolio and movement project.

KIN 185 Honors: Examination of a topic of current interest in human performance. Summarized paper to be presented at student seminar. Prerequisite: 3.2 or better overall GPA and 3.5 or better average in major.

Undergraduate Degree Program Learning Objectives (PLOs)

At the end of a Bachelor of Science degree program in the Department of Kinesiology students should be able to:

1. Obtain a critical understanding and the ability to apply theoretical and scientific knowledge from the subdisciplines in kinesiology for personal fitness, healthy lifestyles, sport, and/or therapeutic rehabilitation;
2. Effectively communicate the essential theories, scientific applications, and ethical considerations related to kinesiology;

3. Apply scholarship and practice of different movement forms to enhance movement competence in kinesiology;
4. Recognize and apply sustainable approaches as they relate to kinesiology;
5. Identify social justice and equity issues related to kinesiology for various populations.

Course Objectives

Upon completion of the course, each student will demonstrate:

1. knowledge of the various sub disciplines of Kinesiology;
2. knowledge of current issues relating to Kinesiology;
3. the ability to research, synthesize, and present information on selected topics in Kinesiology;
4. the ability to reason, discuss, and communicate information pertinent to Kinesiology and related fields;
5. an understanding of various controversial issues in physical education and sport through an examination of the sub disciplines that comprise Kinesiology;
6. an understanding of diversity and social justice as they relate to human movement.
7. the ability to assemble a personal portfolio culminating in a professional resume.
8. an understanding of the effects of the environment on physical activity and the effects of physical activity on the environment.
9. leadership in the field of kinesiology.

Required Texts/Readings

GREEN CLASSROOM

In an effort to save the environment, most course readings will be accessed electronically. Citations and/or full texts will be posted on Canvas.

Definition of a Credit Hour

Success in this course is based on the expectation that students will spend, for each unit of credit, a *minimum* of forty-five hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus. As an example, the expectation of work for a 3-credit course is 150-minutes of direct faculty instruction and six hours of out-of-class student work each week.

Library Liaison

Emily Chan: emily.chan@sjsu.edu
(408) 808-2044
(408) 808-2100 Reference Desk
(408) 808-2470 Student Computer Service

Classroom Protocol (Course Format)

This class is a *seminar*, which means:

1. every student assumes a primary responsibility for course outcomes;
2. lecture will be limited;
3. students contribute to course planning;
4. students are highly encouraged to bring in relevant media sources for class discussion;
5. the class is organized around a series of related problems and issues;
6. the class focuses on developing, sharing, and critically examining independent investigations by class members;
7. every student is expected to make effective class contributions by contributing to class discussions, listening and respecting opinions of others, developing critical questions and demonstrating critical thinking, synthesizing information, and exhibiting professional behavior.

Cell phone and mobile device policy

The use of cell phones and other mobile devices *for personal communication* is disruptive to the class, to both the instructor and classmates, and is therefore **strictly prohibited**.

Assignments and Grading Policy

Active Course Participation	30%
Professional Presentation	20%
Professional Electronic Portfolio	25%
Movement Project (Literature Review + Deliverable)	25%
Total	100%

A+ = 100-97%	A = 96.9-93%	A- = 92.9-90%
B+ = 89.9-87%	B = 86.9-83%	B- = 82.9-80%
C+ = 79.9-77%	C = 76.9-73%	C- = 72.9-70%
D+ = 69.9-67%	D = 66.9-63%	D- = 62.9-60%
F = 59.9-0%		

COURSE EVALUATION COMPONENTS

Active Course Participation **30%**

Each student is expected to actively participate in each seminar class. Active course participation will be assessed on student contributions to the seminar as well as class assignments. The grade earned on this component will be assessed by your contribution to all class sessions. This means that you are responsible for properly preparing for each seminar session (e.g., completing the reading and writing assignments *prior* to coming to

class). You are expected to speak and make effective class contributions by contributing to in-class and online discussions, listening and respecting opinions of others. Students may increase their participation by bringing in relevant newspaper, magazine, and journal articles to share with the class. NOTE: If you are not in class to interact or participate it will be difficult to achieve points in this area.

Professional Presentation **20%**

Each student is required to complete one professional presentation. Further details to be discussed in class and posted to Canvas.

Professional Electronic Portfolio **25%**

(LinkedIn profile, resume, and professional statement(s))

Each student will be required to assemble a professional electronic portfolio, which will include a professional resume and professional philosophy and/or personal statement. The portfolio shall contain documents related to the student's program of study, work and internship experiences, certifications, athletic or sport experiences, awards and honors, description of workshops and conferences, presentations and publications, and other relevant materials related to the student's professional preparation for a career in the field of kinesiology. Preparation of the e-portfolio and professional resume will be reviewed and discussed in class. Specific guidelines will be available on Canvas.

Movement Project (Literature Review + Deliverable) **25%**

Each student will be required to complete a movement project. The movement project's final product may take one of many different formats, depending on the student's emphasis area as well as her or his career goals. Examples of acceptable final products include a manual, pamphlet, website, DVD or videotape, PowerPoint presentation (recorded), or publication. A review of literature using both primary and secondary references is required as a part of the movement project's final product. Further details will be distributed in class and posted to Canvas. The literature review shall be submitted to Turnitin.com via Canvas to verify student originality.

COURSE POLICIES

- **Attendance:** Students are strongly encouraged to attend all class sessions. Regular attendance reflects a commitment to your academic career. Students who do not regularly attend class sessions will have difficulty in keeping up with the class work.
- **Due Dates:** Without documented serious and compelling reasons, no assignment will be accepted late (late = after the beginning of class on the due date), unless otherwise noted by instructor. An email or phone message to the instructor AND WRITTEN documentation of any illness, medical emergency or death of a close relative will be expected should you miss any exam or assignment deadline.
- A missed exam or assignment will receive a zero grade.
- Students shall be excused from class or other scheduled academic activity to observe a religious holy day of their faith with prior written notification via email to the instructor.

- Electronic correspondence will occur throughout the semester. It is the student's responsibility to check email and Canvas regularly for announcements, assignments, and other important class information.
- If at any time you feel the need for help or information concerning the course, contact your instructor as soon as possible.
- Final grade notification will be provided by the University Registrar's Office. Grades will not be posted or provided via telephone, though you may be able to follow your progress in the class via Canvas.

Guidelines for all Written Assignments

- Use a standard cover page with: a title, your own name and student ID, course number and course name. ***Exception:** you do not need a cover page for any assignment less than three pages.
- All assignments must be typed and paginated, with one inch margins, double spacing, and a 12 point font.
- All references must be CITED IN TEXT using APA style AND appear in a REFERENCE LIST at the end of the paper.
- Assignments must be securely stapled in the top left corner and submitted with only the standard cover page described above. DO NOT submit assignments inside any additional folders.
- All assignments MUST be attempted to achieve a passing grade for this class.
- **All assignment submissions must be original works of the student composed specifically for this course. Any assignment submitted that does not fully meet these requirements will receive a zero and will immediately be reported to the Office of Judicial Affairs.**
- NO assignments will be accepted via email, unless otherwise instructed or approved by the professor.

Computer Use and Classroom Etiquette

In the classroom, students may use computers only for class-related activities such as taking notes, following the lecture on Web-based PowerPoint slides that the instructor has posted, or finding Web sites to which the instructor directs students at the time of the lecture. Students should abstain from surfing the web and texting during class. The teacher reserves the right to close the computer or ask the student to leave the class if the student is engaging in non-class related activities. This will affect your participation in the class.

University Policies

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester's [Catalog Policies](http://info.sjsu.edu/static/catalog/policies.html) section at <http://info.sjsu.edu/static/catalog/policies.html>. Add/drop deadlines can be found on the current academic year calendars document on the [Academic Calendars webpage](http://www.sjsu.edu/provost/services/academic_calendars/) at http://www.sjsu.edu/provost/services/academic_calendars/. The [Late Drop Policy](#) is

available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the [Advising Hub](http://www.sjsu.edu/advising/) at <http://www.sjsu.edu/advising/>.

Consent for Recording of Class and Public Sharing of Instructor Material

[University Policy S12-7](http://www.sjsu.edu/senate/docs/S12-7.pdf), <http://www.sjsu.edu/senate/docs/S12-7.pdf>, requires students to obtain instructor's permission to record the course.

- “Common courtesy and professional behavior dictate that you notify someone when you are recording him/her. You must obtain the instructor's permission to make audio or video recordings in this class. Such permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.”
 - In classes where active participation of students or guests may be on the recording, permission of those students or guests should be obtained as well.
- “Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent.”

Academic integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The [University Academic Integrity Policy S07-2](http://www.sjsu.edu/senate/docs/S07-2.pdf) at <http://www.sjsu.edu/senate/docs/S07-2.pdf> requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development website](http://www.sjsu.edu/studentconduct/) is available at <http://www.sjsu.edu/studentconduct/>.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Integrity Policy S07-2 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. [Presidential Directive 97-03](http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) at http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf requires that students with disabilities requesting accommodations must register with the

[Accessible Education Center](http://www.sjsu.edu/aec) (AEC) at <http://www.sjsu.edu/aec> to establish a record of their disability.

In 2013, the Disability Resource Center changed its name to be known as the Accessible Education Center, to incorporate a philosophy of accessible education for students with disabilities. The new name change reflects the broad scope of attention and support to SJSU students with disabilities and the University's continued advocacy and commitment to increasing accessibility and inclusivity on campus.

Student Technology Resources

Computer labs for student use are available in the [Academic Success Center](http://www.sjsu.edu/at/asc/) at <http://www.sjsu.edu/at/asc/> located on the 1st floor of Clark Hall and in the Associated Students Lab on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include DV and HD digital camcorders; digital still cameras; video, slide and overhead projectors; DVD, CD, and audiotape players; sound systems, wireless microphones, projection screens and monitors.

SJSU Peer Connections

Peer Connections, a campus-wide resource for mentoring and tutoring, strives to inspire students to develop their potential as independent learners while they learn to successfully navigate through their university experience. You are encouraged to take advantage of their services which include course-content based tutoring, enhanced study and time management skills, more effective critical thinking strategies, decision making and problem-solving abilities, and campus resource referrals.

In addition to offering small group, individual, and drop-in tutoring for a number of undergraduate courses, consultation with mentors is available on a drop-in or by appointment basis. Workshops are offered on a wide variety of topics including preparing for the Writing Skills Test (WST), improving your learning and memory, alleviating procrastination, surviving your first semester at SJSU, and other related topics. A computer lab and study space are also available for student use in Room 600 of Student Services Center (SSC).

Peer Connections is located in three locations: SSC, Room 600 (10th Street Garage on the corner of 10th and San Fernando Street), at the 1st floor entrance of Clark Hall, and in the Living Learning Center (LLC) in Campus Village Housing Building B. Visit [Peer Connections website](http://peerconnections.sjsu.edu) at <http://peerconnections.sjsu.edu> for more information.

SJSU Writing Center

The SJSU Writing Center is located in Clark Hall, Suite 126. All Writing Specialists have gone through a rigorous hiring process, and they are well trained to assist all students at all levels within all disciplines to become better writers. In addition to one-on-one

tutoring services, the Writing Center also offers workshops every semester on a variety of writing topics. To make an appointment or to refer to the numerous online resources offered through the Writing Center, visit the [Writing Center website](http://www.sjsu.edu/writingcenter) at <http://www.sjsu.edu/writingcenter>. For additional resources and updated information, follow the Writing Center on Twitter and become a fan of the SJSU Writing Center on



Facebook. (Note: You need to have a QR Reader to scan this code.)

SJSU Counseling Services

The SJSU Counseling Services is located on the corner of 7th Street and San Fernando Street, in Room 201, Administration Building. Professional psychologists, social workers, and counselors are available to provide consultations on issues of student mental health, campus climate or psychological and academic issues on an individual, couple, or group basis. To schedule an appointment or learn more information, visit [Counseling Services website](http://www.sjsu.edu/counseling) at <http://www.sjsu.edu/counseling>.

KIN 185/H Senior Seminar, SP15, Course Schedule

** This is a tentative schedule and as such is subject to change with fair notice. At least one week's notice for any changes will be provided in class and/or by email.*

Week	Date	Topics, Readings	Assignment(s) Due
1	R 1/22	Introductions; Administrative tasks; Review greensheet	
2	T 1/27 R 1/29	Sustainability in KIN Reading A Career Building Skills A: Building a professional portfolio skills and passion inventory; writing personal statements/professional philosophies	1/27 Reading A: Gill (2007) Discussion questions and assignment #1 due 1/29 Bring resume Review professional LinkedIn/e- portfolio guidelines
3	T 2/3 R 2/5	Diversity and Social Justice I Reading B: <i>Outcasts United</i> Diversity and Social Justice II Reading B: <i>Outcasts United</i>	2/3 Read intro & chapter 1 2/5 Read chapters 2-5

Week	Date	Topics, Readings	Assignment(s) Due
4	T 2/10 R 2/12	Diversity and Social Justice III Reading B: <i>Outcasts United</i> “Acknowledged”. MLK 2nd floor	2/10 Read chapters 6-9 http://library.sjsu.edu/exhibits/acknowledged-portraits-people-impacted-homelessness-and-poverty
5	T 2/17 R 2/19	Career Building Skills B: Setting yourself apart as a KIN specialist; personal legacy I Peer Review	<i>Review movement project & proposal assignments</i> 2/24 Draft of personal statement and/or professional philosophy due
6	T 2/24 R 2/26	Personal Legacy II (cont): Film	**2/24 e-portfolio due by 12pm to Canvas
7	T 3/3 R 3/5	Citizenship in post-KIN life: Being an agent of (movement) change	Readings C
8	T 3/10 R 3/12	3/10 discuss mp proposals Topic TBA	**3/10 Movement project proposals due Readings D
9	T 3/17 R 3/19	Review presentation guidelines; assign presentation dates Movement project progress report	
10	T 3/24 R 3/26	SPRING BREAK	CAMPUS CLOSED
11	T 3/31 R 4/2	Cesar Chavez Day Readings E discussion	Campus Closed Readings E
12	T 4/7 R 4/9	Presentations	
13	T 4/14 R 4/16	Presentations	

Week	Date	Topics, Readings	Assignment(s) Due
14	T 4/21 R 4/23	Presentations MP Work Day	<i>4/23 Movement project comprehensive outline due with references (APA) to Canvas</i>
15	T 4/28 R 4/30	Presentations	
16	T 5/5 R 5/7 T 5/12	Senior Showcase Prep <i>Senior Showcase</i>	<i>**Final movement project due 5/12 by 12pm to Canvas</i>