Instructor: Linda D. Wilkin, Ph.D.

Office Location: SPX301

Telephone: (408) 924-3010

Email: linda.wilkin@sjsu.edu

Office Hours: Tuesday 3:00 – 4:00 pm or by appointment

Class Days/Time: Tuesday and Thursday 9:00 – 10:15 am

Classroom: SPX068

Prerequisites: KIN 70, completion of 35 major units

Canvas and MYSJSU Messaging
Copies of the course materials such as the syllabus (green sheet), major assignment handouts, readings, etc. may be found on Canvas at http://www.sjsu.edu/at/ec/canvas/index. You are responsible for regularly checking with the messaging system through MySJSU or Canvas.

Course Description
KIN 185: Problem centered study of perspectives on human beings in motion; a culminating class for students to synthesize their undergraduate preparation, including completion of a professional portfolio and movement project.

KIN 185 Honors: Examination of a topic of current interest in human performance. A summary paper presented at student seminar. Prerequisite: 3.2 or better GPA and 3.5 or better average in major.

Course Goals and Student Learning Objectives
Upon successful completion of this course, students will be able to:
LO1 knowledge of the various sub disciplines of Kinesiology
LO2 knowledge of current issues relating to Kinesiology
LO3 the ability to research, synthesize, and present information on selected topics in Kinesiology
LO4 the ability to reason, discuss, and communicate information pertinent to Kinesiology and related fields
Required Texts/Readings
LO5 an understanding of various controversial issues in physical education and sport through an examination of the sub disciplines that comprise Kinesiology
LO6 an understanding of diversity and social justice as they relate to human movement
LO7 the ability to assemble a personal portfolio culminating in a professional resume
LO8 an understanding of the effects of the environment on physical activity and the effects of physical activity on the environment
LO9 leadership in the field of kinesiology

Textbook
None required

GREEN CLASSROOM
In an effort to save the environment, most course readings will be accessed electronically. Citations and/or full texts will be posted on Canvas.

Library Liaison (Optional)
Silke Higgins  e-mail: silke.higgins@sjsu.edu
(408) 808-2020

Classroom Protocol
This class is a seminar, which means:
every student assumes a primary responsibility for course outcomes;
lecture will be limited;
students contribute to course planning;
students are highly encouraged to bring in relevant media sources for class discussion;
the class is organized around a series of related problems and issues;
the class focuses on developing, sharing, and critically examining independent investigations by class members;
every student is expected to make effective class contributions by contributing to class discussions, listening and respecting opinions of others, developing critical questions and demonstrating critical thinking, synthesizing information, and exhibiting professional behavior.
Cell phone and mobile device policy
The use of cell phones and other mobile devices for personal communication is disruptive to the class, to both the instructor and classmates, and is therefore **strictly prohibited**.

First offense: Reminder.
Second offense: Loss of daily participation points.
Third offense: Loss of one grade level on final grade in class.

Dropping and Adding
Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic calendar web page located at http://www.sjsu.edu/academic_programs/calendars/academic_calendar/. The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latetotals/policy/. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

Assignments and Grading Policy

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<thead>
<tr>
<th>Assignment</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Professional Presentation I</td>
<td>20%</td>
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<tr>
<td>Professional Paper</td>
<td>20%</td>
</tr>
<tr>
<td>Professional Portfolio and Resume</td>
<td>15%</td>
</tr>
<tr>
<td>Movement Project (Literature Review + Deliverable)</td>
<td>30%</td>
</tr>
<tr>
<td>Class Assignments and Participation</td>
<td>15%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>100%</strong></td>
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</tbody>
</table>

100-97%=A+; 96-93%=A; 92-90%=A-; 89-87%=B+; 86-83%=B; 82-80%=B-; 79-77%=C+; 76-73%=C; 72-70%=C-; 69-67%=D+; 66-63%=D; 62-60%=D-; below 60%= F

**Professional Presentations (1)**
Each student is required to complete one professional presentation throughout the course. The presentation will be done with a partner. Further details will be posted on Canvas.

**Professional Paper**
Topics are chosen by each student and approved by the instructor. Written assignments are due at the beginning of the class session on the due date. Assignments handed in after class has begun, unless otherwise specified, will be considered late. There is a 5-point penalty for each work day (M-F), or partial calendar day, that assignments are late. Assignments will not be accepted one week past the due date.

All assignments must be typed, double spaced, and submitted to the assignment folder on Canvas.
The SJSU Writing Center ([http://www.sjsu.edu/writingcenter/about](http://www.sjsu.edu/writingcenter/about)) is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. The staff can assist students at all levels to become better writers.

**Professional Portfolio and Resume**

Each student will be required to assemble a professional portfolio, which will include a professional resume. The portfolio shall contain all supporting documents related to the student’s program of study, work and internship experiences, certifications, athletic or sport experiences, awards and honors, attended workshops and conferences, presentations and publications, and other relevant materials related to the student’s professional preparation for a career in the field of kinesiology. Preparation of the portfolio and professional resume will be reviewed and discussed in class.

**Movement Project (Literature Review + Deliverable)**

Each student will be required to complete a movement project. The movement project’s final product may take one of many different formats, depending on the student’s emphasis area as well as her or his career goals. Examples of acceptable final products include a manual, pamphlet, website, DVD or videotape, PowerPoint presentation, or publication. Students will present their movement project to the class at the end of the semester.

**Class Assignments and Participation**

This is a seminar class. Class participation is demonstrated by discussion of the assigned readings and attention to the instructor and guest lecturers. Quality of participation will be assessed via contributions to all class sessions. This includes speaking, interacting in group discussions, actively participating in classroom activities, and participation in discussions on Canvas. Students who do not contribute on a regular basis will score poorly on this component. If you are not in class to interact or participate it will be difficult to achieve points in this area. Students may increase their participation by bringing in relevant newspaper, magazine, and journal articles to share with the class.

**COURSE POLICIES**

**Attendance:** Students are strongly encouraged to attend all class sessions. Regular attendance reflects a commitment to your academic career. Students who do not regularly attend class sessions will have difficulty in keeping up with the class work.

**Due Dates:** Without documented serious and compelling reasons, no assignment will be accepted late (late = after the beginning of class on the due date). An email or phone message to the instructor AND WRITTEN documentation of any illness, medical emergency or death of a close relative will be expected should you miss any exam or assignment deadline.

A missing assignment will receive a zero grade. Students shall be excused from class or other scheduled academic activity to observe a religious holy day of their faith with prior written notification via email to the instructor.
E-mail correspondence will occur throughout the semester. It is the student’s responsibility to check email regularly for announcements, assignments, and other important class information.

If at any time you feel the need for help, information concerning the course, and/or your standing (grade, attendance, etc.) in the course, see your instructor during OFFICE HOURS as soon as possible!

Final grade notification will be provided by the University Registrar's Office. Grades will not be posted or provided via telephone.

**Guidelines for all Written Assignments**

All assignments must be typed and paginated, with one inch margins, double spacing, and a 12 point font.

All references must be CITED IN TEXT using APA style AND appear in a REFERENCE LIST at the end of the paper.

Assignments must be securely stapled in the top left corner and submitted with only the standard cover page described above. DO NOT submit assignments inside any additional folders.

All assignments MUST be attempted to achieve a passing grade for this class.

All assignment submissions must be original works of the student composed specifically for this course. Any assignment submitted that does not fully meet these requirements will receive a zero and will immediately be reported to the Office of Judicial Affairs.

NO assignments will be accepted via email, unless otherwise instructed or approved by the professor.

**SJSU POLICIES**

All SJSU Policies in the Catalog, Schedule of Classes and Academic Senate apply to this course (see [http://info.sjsu.edu/static/catalog/policies.html](http://info.sjsu.edu/static/catalog/policies.html))

**Plagiarism**

One of our goals is to convey the importance of properly citing the work of others. With the increased use of the Internet, frequently students unknowingly violate the plagiarism policy. At SJSU, “plagiarism is the act of representing the work of another as one's own (without giving appropriate credit) regardless of how that work was obtained, and submitting it to fulfill academic requirements”. It includes incorporating the ideas, words, sentences, paragraphs, or parts thereof, without giving appropriate credit. For more information on SJSU’s policy on cheating and plagiarism go to: [http://sa.sjsu.edu/download/judicial/Academic_Dishonesty_Policy.pdf](http://sa.sjsu.edu/download/judicial/Academic_Dishonesty_Policy.pdf).

**Academic integrity**

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The [University’s Academic Integrity policy](http://www.sjsu.edu/senate/S07-2.htm), located at http://www.sjsu.edu/senate/S07-2.htm, requires you to be honest in all your academic
course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sjsu.edu/studentconduct/.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Policy S07-2 requires approval of instructors.

**Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the Disability Resource Center (DRC) at http://www.drc.sjsu.edu/ to establish a record of their disability.

**Student Technology Resources** Computer labs for student use are available in the Academic Success Center located on the 1st floor of Clark Hall and on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library. A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.

**Learning Assistance Resource Center** The Learning Assistance Resource Center (LARC) is located in Room 600 in the Student Services Center. It is designed to assist students in the development of their full academic potential and to inspire them to become independent learners. The Center's tutors are trained and nationally certified by the College Reading and Learning Association (CRLA). They provide content-based tutoring in many lower division courses (some upper division) as well as writing and study skills assistance. Small group, individual, and drop-in tutoring are available. Please visit the LARC website for more information at http://www.sjsu.edu/larc/.
**SJSU Writing Center** The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The [Writing Center website](http://www.sjsu.edu/writingcenter/about/staff/) is located at

**Peer Mentor Center** The Peer Mentor Center is located on the 1st floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping students manage university life, tackling problems that range from academic challenges to interpersonal struggles. On the road to graduation, Peer Mentors are navigators, offering “roadside assistance” to peers who feel a bit lost or simply need help mapping out the locations of campus resources. Peer Mentor services are free and available on a drop-in basis, no reservation required. The [Peer Mentor Center website](http://www.sjsu.edu/muse/peermentor/) is located at
KIN 185/H - 01 /Senior Seminar/Honors, Spring 2012, Course Schedule
This is a tentative schedule and as such is subject to change with fair notice. Notice for any changes will be provided in class and/or by email at least one week in advance of the class period(s) to be affected.

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
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<tbody>
<tr>
<td>1</td>
<td>1/23</td>
<td>Introductions; Administrative tasks; Review green sheet</td>
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<tr>
<td>2</td>
<td>1/28</td>
<td>Discuss professional journals and current issues in KIN emphasis areas</td>
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<tr>
<td></td>
<td>1/30</td>
<td>Readings A (cont.); <strong>Review presentation guidelines; assign presentation dates</strong></td>
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<tr>
<td>3</td>
<td>2/4</td>
<td>Readings A</td>
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<td></td>
<td>2/6</td>
<td>Readings B</td>
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<td>4</td>
<td>2/11</td>
<td>Readings B</td>
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<tr>
<td></td>
<td>2/13</td>
<td>Readings C</td>
</tr>
<tr>
<td>5</td>
<td>2/18</td>
<td>Personal Statement and Philosophy exercises and Review professional portfolio guidelines</td>
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<td></td>
<td>2/20</td>
<td>Writing a resume</td>
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<td>6</td>
<td>2/25</td>
<td>Professional presentation</td>
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<td></td>
<td>2/27</td>
<td>Presentations</td>
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<tr>
<td>7</td>
<td>3/4</td>
<td>Readings A</td>
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<tr>
<td></td>
<td>3/6</td>
<td>Resume preparation</td>
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<tr>
<td>8</td>
<td>3/11</td>
<td>Professional presentation</td>
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<td></td>
<td>3/13</td>
<td>Readings B</td>
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<tr>
<td>9</td>
<td>3/18</td>
<td>Readings B (cont.)</td>
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<td></td>
<td>3/20</td>
<td><strong>Paper Due</strong></td>
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<td>10</td>
<td>3/25</td>
<td><strong>Spring Break</strong></td>
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<td></td>
<td>3/27</td>
<td><strong>Spring Break</strong></td>
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<tr>
<td>11</td>
<td>4/1</td>
<td><strong>Movement Project Proposal Due</strong></td>
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<td>4/3</td>
<td><strong>Profession Portfolio Due</strong></td>
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<td>12</td>
<td>4/8</td>
<td>Readings C</td>
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<tr>
<td></td>
<td>4/10</td>
<td>Individual Movement Project Presentations</td>
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<tr>
<td>13</td>
<td>4/15</td>
<td>Individual Movement Project Presentations</td>
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<td>3/17</td>
<td>Individual Movement Project Presentations</td>
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<tr>
<td>14</td>
<td>3/22</td>
<td>Individual Movement Project Presentations</td>
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<td></td>
<td>3/24</td>
<td><strong>Thanksgiving Holiday</strong></td>
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<tr>
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<td>3/29</td>
<td>Individual Movement Project Presentations</td>
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<td></td>
<td>5/1</td>
<td>Individual Movement Project Presentations</td>
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<td>16</td>
<td>5/6</td>
<td>Individual Movement Project Presentations</td>
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<td></td>
<td>5/8</td>
<td>Individual Movement Project Presentations</td>
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<td></td>
<td>5/19</td>
<td><strong>Monday 7:15pm-9:30 am</strong> official final exam schedule</td>
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