San José State University
College of Health & Human Sciences/Department of Kinesiology
KIN 185, Senior Seminar, Section 05, Spring 2019

Course and Contact Information

Instructor: Michelle Ruban, M.A.
Office Location: SPX 234
Email: michelle.ruban@sjsu.edu
Office Hours: Monday & Wednesday 1:50pm-2:50pm & by appointment
Class Days/Time: Thursday 9:00 am-9:50 pm
Classroom: SPX 153
Prerequisites: Prerequisite: KIN 070, Kinesiology Majors ONLY, KIN Minors with instructor consent. Major form completed and signed by an advisor, advising manager, and undergraduate coordinator, KIN 197 or KIN 198 pre-requisite or co-requisite.

Faculty Web Page and MYSJSU Messaging
Course materials such as syllabus, handouts, notes, assignment instructions, etc. can be found on my faculty web page at http://www.sjsu.edu/people/firstname.lastname and/or on Canvas Leaning Management System course login website at http://sjsu.instructure.com. You are responsible for regularly checking with the messaging system through MySJSU at http://my.sjsu.edu (or other communication system as indicated by the instructor) to learn of any updates.

Course Description
Active learning capstone course designed to synthesize students’ undergraduate preparation, including internship experiences.

Capstone course designed to integrate and synthesize students’ knowledge and skills gained in their undergraduate preparation through active participation in the class and reflection on the internship experience; requires completion of a professional portfolio and a movement project.
**Department of Kinesiology Student Program Learning Outcomes**

1. Students will be able to explain, identify, and/or demonstrate the theoretical and/or scientific principles that can be used to address issues or problems in the sub-disciplines in kinesiology.
2. Students will be able to effectively communicate in writing (clear, concise and coherent) on topics in kinesiology.
3. Students will be able to effectively communicate through an oral presentation (clear, concise and coherent) on topics in kinesiology.
4. Students will be able to utilize their experiences across a variety of health related and skill-based activities to inform their scholarship and practice in the sub-disciplines in kinesiology.
5. Students will be able to identify and analyze social justice and equity issues related to kinesiology for diverse populations.

**Course Goals and Learning Objectives**

Upon successful completion of the course, each student will be able to demonstrate:

1. Knowledge of the various sub-disciplines and related academic organizations within the field of Kinesiology;
2. Ability to locate and critique scholarly peer reviewed literature in Kinesiology and demonstrate an understanding of how evidence based practice applies to their emphasis and practice;
3. Understanding of current issues in Kinesiology and their sub-disciplines and demonstrate strategies to engage with these issues in practice;
4. Ability to research, synthesize, and present information on selected topics in Kinesiology;
5. Ability to reason, discuss, and communicate information pertinent to Kinesiology and related fields;
6. Understanding of diversity and social justice as they relate to human movement and within the various sub-disciplines;
7. Ability to assemble a personal e-portfolio;
8. Ability to apply their knowledge of Kinesiology in a clinical or practical setting.

**Required Texts/Readings**


All other readings will be available on the SJSU learning management system, Canvas.

**Library Liaison**

Adrian Poo is our library liaison. You can contact her for assistance at adriana.poo@sjtu.edu or (408) 808-2019. The Reference Desk number is (408) 808-2100 and the Student Computer Service number is (408) 808-2470.
Course Requirements and Assignments

Active Class Participation and Reading Responses  30%
This portion of the grade will be assessed by evaluating students’ active participation in each seminar session. No participation will result in a score of zero (0) for this part of the assessment. Further explanation: This means that you are expected and responsible for preparing materials for each seminar session. You are expected to speak and make effective class contributions by contributing to class discussions, and by listening and respecting opinions of others. **ABSOLUTELY no makeup points will be available for this component.**

Professional Portfolio  30%
Each student will be required to assemble a professional portfolio, which will include a professional resume and your participation in a mock interview. The portfolio shall contain all supporting documents related to the student’s program of study, work, and internship experiences. This includes the internship reflective journal and any other documentation of additional certifications, athletic or sport experiences, awards and honors, attended workshops and conferences, presentations and publications, and other relevant materials related to the student’s professional preparation for a career in the field of kinesiology. Preparation of the portfolio and professional resume will be reviewed and discussed in class.

Movement Project: Literature Review and Deliverable  30%
Each student will be required to complete a movement project. The movement project’s final outcome (or product) may take one of many different formats, depending on the student’s emphasis area as well as her or his career goals. Examples of acceptable final products may include a manual, pamphlet, website, podcast, YouTube video, PowerPoint presentation, or publication.
A review of literature using both primary and secondary references is required as a part of the movement project’s final product. Further details will be distributed in class.

Exam 10%
Format and content will be discussed in class.

Grading Policy

Assignment of Final Course Grade
100-97%=A+; 96-93%=A; 92-90%=A minus; 89-87%=B+; 86-83%=B; 82-80%=B minus; 79-77%=C+; 76-73%=C; 72-70%=C minus; 69-67%=D+; 66-63%=D; 62-60%=D minus; below 60%= F

Active Course Participation 30%  CLO 1, 4, 5, 6, 7
Professional Portfolio 30%  CLO 1, 3, 5, 7
Movement project 30%  CLO 1, 2, 4
Exam 10%  CLO 1, 2, 3, 4
Classroom Protocol

Attendance
Students are strongly encouraged to attend and participate in all class sessions. Students shall be excused from class or other scheduled academic activity to observe a religious holy day of their faith with prior written notification via email to the instructor.

Due Dates
Without documented serious and compelling reasons, no paper will be accepted late (late = after the due date specified by the instructor).

In the classroom, students may use computers only for class-related activities such as taking notes, following the lecture on Web-based PowerPoint slides that the instructor has posted, or finding Web sites to which the instructor directs students at the time of the lecture. Students should abstain from “surfing the web” and/or engaging in IM’s during class, the teacher reserves the right to close the computer, or ask the student to leave the class. This will affect your participation in the class.

Recording of Class Lectures
Common courtesy and professional behavior dictates that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. This permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.

Explicit written permission must be requested to make any recording of the class. An announcement will them be made to the class to ensure their comfort with recording the class. If any student objects to the recording then permission will not be granted. If there are no objections then written permission will be provided.

Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor-generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent.

University Policies
Per University Policy S16-9, university-wide policy information relevant to all courses, such as academic integrity, accommodations, etc. will be available on Office of Graduate and Undergraduate Programs’ Syllabus Information web page at http://www.sjsu.edu/gup/syllabusinfo/"
<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
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<tbody>
<tr>
<td>1</td>
<td>1/24</td>
<td>Introduction, review course syllabus, review administrative tasks, and begin discussion on KIN in the media, news, and current events.</td>
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| 2    | 1/31 | Current topics in KIN emphasis areas, evidence based practices, research journals.  
Readings posted on Canvas (Zieff, 2011). |
| 3    | 2/7  | Discussion of Profession Portfolio – reviewing your resume and supportive materials. |
| 4    | 2/21 | Professional development – continuing education and keeping up with research as it applies to the professional setting, how you can contribute to the research.  
Readings posted on Canvas (Millington, 2014; Schary & Cardinal, 2015—Interdisciplinary Kinesiology). |
| 5    | 2/28 | Being an agent of change in Kinesiology – understanding where there is a need for change and moving forward in your profession.  
Readings posted on Canvas (Payne, 2009). |
| 6    | 3/7  | *Who Moved My Cheese?* Complete VIA and bring results to class.  
Movement project discussion and guidelines. |
| 7    | 3/14 | Administrative tasks in the professional setting – documentation, budgeting & responsible use of social media (not only protecting yourself but keeping client confidentiality and complying with HIPAA). |
| 8    | 3/21 | Interviewing skills for both sides of the interview, personnel, hiring process, negotiating your salary. *Professional portfolio due.* |
| 9    | 3/28 | Legal concerns as a Kinesiologist & Sexual harassment in the workplace.  
Readings posted on Canvas (Chandler & Miller, 2012; Pedersen et al, 2009) |
| 10   | 4/4  | *Spring Break* |
| 11   | 4/11 | Understanding and discussion on cultural competence in the workplace.  
Readings posted on Canvas (Cultural humility & Physical activity and cultural competence – Culp, 2013). |
| 12   | 4/18 | Brave Spaces reading. |
| 13   | 4/25 | Presentations (Power point and 5 multiple choice questions due on date of presentation). |
| 14   | 5/2  | Presentations. |
| 15   | 5/9  | Presentations. *Movement project due.* |
| 16   | 5/17 | Final exam 7:15 am - 9:30 am |

*The above schedule is subject to change with fair notice. Any changes to the schedule will be announced in class and reflected on the syllabus posted on the course web site.*