

**San José State University**  
**Department of Kinesiology**  
**KIN 185/H, Senior Seminar, Section 3, Spring 2015**

<b>Department</b>	<b>Faculty</b>	<b>Faculty</b>
<b>Instructor</b>	Stan Butler, Ed. D.	Tamar Z. Semerjian, Ph.D.
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<b>Web Page</b>	Canvas & <a href="http://www.sjsu.edu/kinesiology/GreenSheet/">http://www.sjsu.edu/kinesiology/ GreenSheet/</a>	Canvas
<b>Office hours</b>	(T 2-3P) (W 4-5P) (R 2-3P) email and by appointment	M/W 10:30-11:30 pm & by appointment
<b>Faculty Web Page and/or MYSJSU Messaging</b>	All written assignments are to be submitted to Canvas	Copies of the course materials such as the syllabus, major assignment handouts, etc. may be found on the course page through Canvas. For more information on setting up your account go to <a href="http://www.sjsu.edu/at/ec/">http://www.sjsu.edu/at/ec/</a> . You are responsible for regularly checking with the messaging system through MySJSU.
<b>Class days/time</b>	M/W 1:30-2:45 pm	
<b>Classroom</b>	MacQuarrie (MH) 322	
<b>Prerequisites</b>	KIN 70, 35 units of upper division coursework; major form completed and signed major form For KIN 185H: all of the above and a 3.2 or better GPA and 3.5 or better average in major	

## **Course Description**

**KIN 185:** Problem centered study of perspectives on human beings in motion; a culminating class for students to synthesize their undergraduate preparation, including completion of a professional portfolio and movement project.

**KIN 185 Honors:** Examination of a topic of current interest in human performance. Summarized paper to be presented at student seminar.

### **Kinesiology Program Learning Objectives addressed in this course:**

1. To obtain a critical understanding and the ability to apply theoretical and scientific knowledge from the subdisciplines in kinesiology for personal fitness, healthy lifestyles, sport, and/or therapeutic rehabilitation.
2. To effectively communicate the essential theories, scientific applications, and ethical considerations related to kinesiology.
3. To recognize and apply sustainable approaches as they relate to kinesiology.
4. To identify social justice and equity issues related to kinesiology for various populations.

## **Student Learning Objectives**

Upon completion of the course each student will demonstrate:

1. knowledge of the various sub disciplines of Kinesiology;
2. knowledge of current issues relating to Kinesiology;
3. the ability to research, synthesize, and present information on selected topics in Kinesiology;
4. the ability to reason, discuss, and communicate information pertinent to Kinesiology and related fields;
5. an understanding of various controversial issues in physical education and sport through an examination of the sub disciplines that comprise Kinesiology;
6. an understanding of diversity and social justice as they relate to human movement;
7. the ability to assemble a personal portfolio culminating in a professional resume;
8. an understanding of the effects of the environment on physical activity and the effects of physical activity on the environment;
9. leadership in the field of Kinesiology.

## Required Texts/Readings

Bradberry, T. & Greaves, J. (2009) *Emotional Intelligence 2.0*. San Diego: Talent Smart.

Johnson, S. (1998). *Who moved my cheese?* New York: G. P. Putnam's Sons.

Most course readings will be accessed electronically. Citations and/or full text will be made available to students.

## Definition of a Credit Hour

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practice. Other course structures will have equivalent workload expectations as described in the syllabus. As an example, the expectation of work for a 3-credit course is 150-minutes of direct faculty instruction and six hours of out-of-class student work each week.

## Library Liaison

Emily Chan is our library liaison. You can contact her for assistance at [Emily.chan@sjsu.edu](mailto:Emily.chan@sjsu.edu) or (408) 808-2044. The Reference Desk number is (408) 808-2100 and the Student Computer Service number is (408) 808-2470.

## Classroom Protocol

This class is a ***seminar***, which means:

1. every student assumes a primary responsibility for course outcomes;
2. lecture will be limited;
3. students contribute to course planning;
4. students are highly encouraged to bring relevant media sources for class discussion;
5. the class is organized around a series of related problems or issues;
6. the class focuses on developing, sharing, and critically examining independent investigations by class members;
7. every student is expected to make effective class contributions by participating in class discussions, listening and respecting the opinions of others, developing critical questions and demonstrating critical thinking, synthesizing information, and exhibiting professional behavior.

## Course Philosophy:

This is the last stop (or close to it) on your undergraduate journey, and our hope is that each of you will be able to finish on a high note, not for us but for

yourselves. This course represents a kind of culminating experience prior to graduation, and as such it is a time for you to demonstrate to us, your classmates, and most importantly yourself, that the past two to six years you've spent here have left some kind of indentation on your gray matter (i.e. brain!). We'll do a LOT of talking and thinking (probably in reverse order), and although there is work to be done, we should also remember to keep sight of the fact that you have done a lot to get this far—not everybody makes it, actually. So, a bunch of projects, a whole lot of critical dialogue, and some fun as well.

### **Classroom Protocol**

All students should demonstrate respect for themselves, one another, and the instructor at all time. Intense discussions are always encouraged, but never at the expense of respect and understanding. We may not agree with one another, but we do need to hear one another.

**A few words on cell phones, headphones, and lap tops:** Cell phones should be turned off during class. A vibrating cell phone is still an activated cell phone. If cell phones do ring, or vibrate, during class 1 pt of the total grade will be deducted each time the phone rings. This can simply be avoided by turning off your phone. Please also remove headphones or earpiece devices associated with phones or mp3 devices during class. It lets me know that you are listening and attentive to your class surroundings. Additionally texting on your cell phone or emailing or chatting with others on your lap top are not appropriate classroom activities. They will distract your attention, as well as the attention of those around you, who might be interested to see what you are writing. To ensure that individuals using their laptops are on task I request that you sit in the first two rows of the class room. If you would like to engage in these activities please do so outside of class. Students who engage in these activities will be asked to leave the classroom.

### **Recording of Class Lectures**

Common courtesy and professional behavior dictates that you notify someone when you are recording him/her. You must obtain the instructor's permission to make audio or video recordings in this class. This permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.

- Explicit written permission must be requested to make any recording of the class. An announcement will then be made to the class to ensure their comfort with recording the class. If any student objects to the recording then permission will not be granted. If there are no objections then written permission will be provided.

Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor-generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent.

## Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester's [Catalog Policies](http://info.sjsu.edu/static/catalog/policies.html) section at <http://info.sjsu.edu/static/catalog/policies.html>. Add/drop deadlines can be found on the [current academic calendar](http://www.sjsu.edu/academic_programs/calendars/academic_calendar/) web page located at [http://www.sjsu.edu/academic\\_programs/calendars/academic\\_calendar/](http://www.sjsu.edu/academic_programs/calendars/academic_calendar/). The [Late Drop Policy](http://www.sjsu.edu/aars/policies/latedrops/policy/) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the [Advising Hub](http://www.sjsu.edu/advising/) at <http://www.sjsu.edu/advising/>.

## Assignments and Grading Policy

Active Course Participation	20%
Professional Presentation	10%
Personal Portfolio and Professional Resume	10%
Debate(s)	10%
Movement Project and Literature Review	20%
Exams	30%
<b>TOTAL</b>	<b>100%</b>

100-97%=A+; 96-93%=A; 92-90%=A-; 89-87%=B+; 86-83%=B; 82-80%=B-; 79-77%=C+; 76-73%=C; 72-70%=C-; 69-63%=D; 62-60%=D-; below 60%=F

## COURSE EVALUATION COMPONENTS

### **Active Course Participation** **20%**

Each student is expected to actively participate in each seminar class. Active course participation will be assessed on student contributions to the seminar as well as class assignments. The grade earned on this component will be assessed by your contribution to all class sessions. This means that you are responsible for properly preparing for each seminar session (e.g. completing any reading and/or writing assignments *prior* to coming to class). You are expected to speak and make effective class contributions by contributing to in-class discussions, listening and respecting the opinions of others. Students may increase their participation by bringing in relevant newspaper, magazine, and journal articles to share with the class. NOTE: If you are not in class to interact or participate it will be difficult to achieve points in this area.

### **Professional Presentations** **10%**

Each student is required to complete a professional presentation. Further details will be distributed in class.

## **Debates**

**10%**

This assignment will require you to work as a team (3-4 people/group) and defend/debate selected issues. Teams, topics, and position (i.e. for or against) will be assigned by the instructor. Specific guidelines and criteria for evaluation will be given during the second class period. In general, teams will receive the same grade, and following each debate the rest of the class will “vote” on the winner. Though not required, primary research is a good idea, as is an adequate amount of preparation. The reason we do this process is to help prepare you to respond to tough questions from your friends, colleagues, and perhaps even a nemesis or two! You must be able to argue your points in life, especially in a pseudo-democratic society with more demands than resources.

## **Personal Portfolio and Professional Resume**

**10%**

Each student will be required to assemble a personal professional portfolio, which will include a professional resume. The portfolio shall contain all supporting documents related to the student’s program of study, work and internship experiences, certifications, athletic or sport experiences, awards and honors, attended workshops and conferences, presentations and publications, and other relevant materials related to the student’s professional preparation for a career in the field of kinesiology. Preparation of the portfolio and professional resume will be reviewed and discussed in class.

## **Movement Project and Literature Review**

**20%**

This assignment is a chance for you to be creative! There are some guidelines. First, the project must involve some aspect of Kinesiology or some related topic pertaining to human movement. Second, the project *must* involve some form of multimedia, either powerpoint or, preferably, video. If you choose to use video, please be sure to take sound into account. In short, students are encouraged to create a project *worthy of presenting at a conference*. Each student will be required to complete a movement project. The movement project’s final product may take one of many different formats, depending on the student’s emphasis area as well as her or his career goals. Examples of acceptable final products include a manual, pamphlet, website, DVD or videotape, PowerPoint presentation, or publication. A review of literature using both primary and secondary references is required as a part of the movement project’s final product. Further details will be distributed in class. The literature review shall be submitted to Turnitin.com to verify student originality. Students will present their movement project during the last several weeks of class.

## **Exams**

**30%**

Format and content will be discussed in class.

## **COURSE POLICIES**

• **Attendance:** Students are strongly encouraged to attend all class sessions. Regular attendance reflects a commitment to your academic career. Students

who do not regularly attend class sessions will have difficulty in keeping up with the class work.

- **Due Dates:** Without documented serious and compelling reasons, no assignment will be accepted late (late = after the beginning of class on the due date). An email or phone message to the instructor AND WRITTEN documentation of any illness, medical emergency or death of a close relative will be expected should you miss any exam or assignment deadline.
- A missed exam or assignment will receive a zero grade.
- E-mail correspondence will occur throughout the semester. It is the student's responsibility to check email regularly for announcements, assignments, and other important class information.
- If at any time you feel the need for help, information concerning the course, and/or your standing (grade, attendance, etc.) in the course, SEE YOUR INSTRUCTOR in OFFICE HOURS as soon as possible!
- Final grade notification will be provided by the University Registrar's Office. Grades will not be posted or provided via telephone.

### **Guidelines for all Written Assignments**

- Use a standard cover page with: a title, your own name, course number and course name. (**Exception:** you do not need a cover page for any assignment under two pages.)
- Written assignments must be paginated, one inch margins, double spaced and use a 12 point font. Note: do NOT include cover page in pagination.
- All references MUST be cited IN TEXT (APA Style) AND appear in a REFERENCE LIST at the end of the paper.
- Assignments must be securely stapled in the top left corner and submitted with only the standard cover page described above. DO NOT submit assignments inside any additional folders.
- All assignments MUST be attempted to achieve a passing grade for this class. All materials must be original works of the student and typed with text and references in APA format.
- NO assignments will be accepted via email, unless otherwise instructed or approved by the professor.

### **University Policies**

All SJSU Policies in the Catalog, Schedule of Classes and Academic Senate apply to this course (see <http://info.sjsu.edu/static/catalog/policies.html>)

### **Plagiarism**

One of our goals is to convey the importance of properly citing the work of others. With the increased use of the Internet, frequently students unknowingly violate the plagiarism policy. At SJSU, "plagiarism is the act of representing the work of another as one's own (without giving appropriate credit) regardless of how that work was obtained, and submitting it to fulfill academic requirements". It includes incorporating the ideas, words, sentences, paragraphs, or parts thereof, without giving appropriate credit. For more

information on SJSU's policy on cheating and plagiarism go to:  
[http://sa.sjsu.edu/download/judicial/Academic\\_Dishonesty\\_Policy.pdf](http://sa.sjsu.edu/download/judicial/Academic_Dishonesty_Policy.pdf).

### **Academic integrity**

Students should know that the University's [Academic Integrity Policy](http://sa.sjsu.edu/judicial_affairs/faculty_and_staff/academic_integrity/index.html) is available at [http://sa.sjsu.edu/judicial\\_affairs/faculty\\_and\\_staff/academic\\_integrity/index.html](http://sa.sjsu.edu/judicial_affairs/faculty_and_staff/academic_integrity/index.html). Your own commitment to learning, as evidenced by your enrollment at San Jose State University and the University's integrity policy, require you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development website](http://www.sa.sjsu.edu/judicial_affairs/index.html) is available at [http://www.sa.sjsu.edu/judicial\\_affairs/index.html](http://www.sa.sjsu.edu/judicial_affairs/index.html).

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Policy F06-1 requires approval of instructors.

### **Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the [Disability Resource Center](http://www.drc.sjsu.edu/) (DRC) at <http://www.drc.sjsu.edu/> to establish a record of their disability.

### **Student Technology Resources**

Computer labs for student use are available in the Academic Success Center located on the 1<sup>st</sup> floor of Clark Hall and on the 2<sup>nd</sup> floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.

### **SJSU Writing Center**

The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The [Writing Center website](http://www.sjsu.edu/writingcenter/about/staff/) is located at <http://www.sjsu.edu/writingcenter/about/staff/>.

## **Peer Mentor Center**

The Peer Mentor Center is located on the 1<sup>st</sup> floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping students manage university life, tackling problems that range from academic challenges to interpersonal struggles. On the road to graduation, Peer Mentors are navigators, offering “roadside assistance” to peers who feel a bit lost or simply need help mapping out the locations of campus resources. Peer Mentor services are free and available on a drop –in basis, no reservation required. The [Peer Mentor Center website](http://www.sjsu.edu/muse/peermentor/) is located at <http://www.sjsu.edu/muse/peermentor/>

## KIN 185/H, Senior Seminar, Spring 2015, Course Schedule

Table 1 Course Schedule

Week	Date	Topics, Readings, Assignments, Deadlines
1	1/26	<p>Introductions; Greensheet; Discuss major issues in KIN. Current events and KIN in the news—identifying problems affecting your emphasis</p> <p>(STEPS TO BECOMING A PROFESSIONAL 1/28) (SUSTAINABILITY OF KINESIOLOGY PROFESSION 1/28)</p>
2	1/28	<p>Discussion and evaluation of current events; major issues in KIN emphases</p> <p>(DISCUSS DEBATE TOPICS) (DISCUSS PRESENTATION TOPICS)</p>
3	2/2	<p>Professionalism. Assign debate &amp; presentation dates <b>Intro presentation guidelines; (DIVERSITY AND SOCIAL JUSTICE 2/4)</b></p>
	2/4	Diversity and social justice
4	2/9	<p>Diversity and social justice cont. <b>(PREP DEBATES 2/11)</b></p>
	2/11	Debate <b>Discuss portfolio</b> (resume)
5	2/16	Debate <b>(PREP LEGAL ASPECTS OF EMPHASIS 2/18)</b>
	2/18	<p>Discussion of legal aspects of emphasis areas <b>(PREP TECHNOLOGY IN ENPHASES 2/23)</b></p>
6	2/23	Legal aspects cont. Describe and demonstrate the use of technology in your emphasis
	2/25	Technology in Kinesiology cont.
7	3/2	TBA
	3/4	Presentations (4)
8	3/9	Presentations (4)
	3/11	Presentations (3)
9	3/16	<b>Midterm 1</b>
	3/18	<b>Professional Portfolio &amp; Professional Resume Due</b>
10	3/23 through 3/27	<b>SPRING RECESS</b> <b>SPRING RECESS</b>

Week	Date	Topics, Readings, Assignments, Deadlines
11	3/30 4/1	Citizenship in post-KIN life: Being an agent of (movement) change. <i>Readings posted on Canvas.</i> Gender. <i>Readings posted on Canvas.</i>
12	4/6 4/8	“Who Moved My Cheese” and Signature Strengths. Defining your own direction and problem solving skills. <i>Reading: Who Moved my Cheese.</i> <i>Assignment: Complete the VIA and bring results to class</i> WMMC and VIA Discussion continues
13	4/13 4/15	Professional etiquette & interview skills Disability. <i>Readings posted on Canvas</i>
14	4/20 4/22	Discussion of <i>Emotional Intelligence 2.0.</i> Discussion of <i>Emotional Intelligence 2.0.</i>
15	4/27 4/29	Ethics. <i>Readings posted on Canvas</i> Presentations (4)
16	5/4 5/6	Presentations (4) Presentations (2)
17	5/11 5/13	Discuss final exam, final review & final discussion Movement project presentations (4) <b>**Movement Project Due**</b>
Final Exam	5/20	12:15-2:30 pm Final Exam

This schedule is subject to change. Announcements will be made in class regarding any revisions of the schedule and will be reflected on the greensheet posted on my faculty web page.