San José State University  
College of Applied Sciences & Arts/Kinesiology  
KIN185 Section 01, Senior Seminar, Spring 2016

<table>
<thead>
<tr>
<th>Instructor:</th>
<th>Linda D. Wilkin, Ph.D.</th>
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<tbody>
<tr>
<td>Office Location:</td>
<td>SPX173D</td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:linda.wilkin@sjsu.edu">linda.wilkin@sjsu.edu</a></td>
</tr>
</tbody>
</table>
| Office Hours:     | Tuesday and Thursday – 8 – 9 am  
Or by appointment |
| Class Days/Time:  | Tuesday 9 – 9:50 am    |
| Classroom:        | SPX172                 |
| Prerequisites:    | Prerequisite: KIN 070, Kinesiology Majors ONLY, KIN Minors with instructor consent. Major form completed and signed by an advisor, advising manager, and undergraduate coordinator, KIN 197 or KIN 198 prerequisite or co-requisite. |

**Faculty Web Page and MYSJSU Messaging (Optional)**

Copies of the course materials such as the syllabus, major assignment handouts, etc. may be found on Canvas. You are responsible for regularly checking with the messaging system through MySJSU and Canvas.

**Course Description**

Active learning capstone course designed to synthesize students’ undergraduate preparation, including internship experiences.  
Capstone course designed to integrate and synthesize students’ knowledge and skills gained in their undergraduate preparation through active participation in the class and reflection on the internship experience; requires completion of a professional portfolio and a movement project.
Kinesiology Program Objectives Program Learning Outcomes (PLO)

At the end of a Bachelor of Science degree program in the Department of Kinesiology students should be able:

PLO 1- to obtain a critical understanding and the ability to apply theoretical and scientific knowledge from the subdisciplines in kinesiology for personal fitness, healthy lifestyles, sport, and/or therapeutic rehabilitation.

PLO 2- to effectively communicate the essential theories, scientific applications, and ethical considerations related to kinesiology.

PLO 3- to apply scholarship and practice of different movement forms to enhance movement competence in kinesiology.

PLO 4- to recognize and apply sustainable approaches as they relate to kinesiology.

PLO 5- to identify social justice and equity issues related to kinesiology for various populations

Course Goals and Student Learning Objectives

Upon successful completion of the course, each student will be able to demonstrate:

1. Knowledge of the various subdisciplines and related academic organizations within the field of Kinesiology;

2. Ability to locate and critique scholarly peer reviewed literature in Kinesiology and demonstrate an understanding of how evidence based practice applies to their emphasis and practice.

3. Understanding of current issues in Kinesiology and their subdisciplines and demonstrate strategies to engage with these issues in practice;

4. Ability to research, synthesize, and present information on selected topics in Kinesiology;

5. Ability to reason, discuss, and communicate information pertinent to Kinesiology and related fields;

6. Understanding of diversity and social justice as they relate to human movement and within the various sub disciplines;

7. Ability to assemble a personal e-portfolio;

8. Ability to apply their knowledge of Kinesiology in a clinical or practical setting.
**Required Texts/Readings**

**Textbook**

No textbook required

**Other Readings**

Available on Canvas under modules

**Definition of a Credit Hour**

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.

As an example, the expectation of work for a 3-credit course is 150-minutes of direct faculty instruction and six hours of out-of-class student work each week.

**Library Liaison**

The KIN library liaison is Geetali Basu 408-808-2651, geetali.basu@sjsu.edu

**Classroom Protocol**

**Attendance:** Students are strongly encouraged to attend and participate in all class sessions. Students shall be excused from class or other scheduled academic activity to observe a religious holy day of their faith with prior written notification via email to the instructor. Due Dates without documented serious and compelling reasons, no paper will be accepted late (late = after the due date specified by the instructor).

In the classroom, students may use computers only for class-related activities such as taking notes, following the lecture on Web-based PowerPoint slides that the instructor has posted, or finding Web sites to which the instructor directs students at the time of the lecture. Students should abstain from “surfing the web” and/or engaging in IM’s during class, the teacher reserves the right to close the computer, or ask the student to leave the class. This will affect your participation in the class.

**Dropping and Adding**

Students are responsible for understanding the policies and procedures about add/drops, academic renewal, etc. Information on add/drops is available at http://info.sjsu.edu/web-dbgen/narr/soc-fall/rec-324.html. Information about late drop is available at
http://www.sjsu.edu/sac/advising/latedrops/policy/. Students should be aware of the current deadlines and penalties for adding and dropping classes.
Assignments and Grading Policy

Active Class Participation and Reading Responses  30%

This portion of the grade will be assessed by evaluating students’ active participation in each seminar session. No participation will result in no score for this part of the assessment. Further explanation: This means that you are expected and responsible for preparing materials for each seminar session. You are expected to speak and make effective class contributions by contributing to class discussions, and by listening and respecting opinions of others. ABSOLUTELY no makeup points will be available for this component and of course DUE weekly.

Professional Electronic Portfolio  30%  Each student will be required to assemble a professional e-portfolio, which will include a professional resume and your participation in a mock interview. The portfolio shall contain all supporting documents related to the student’s program of study, work, and internship experiences. This includes the internship reflective journal and any other documentation of additional certifications, athletic or sport experiences, awards and honors, attended workshops and conferences, presentations and publications, and other relevant materials related to the student’s professional preparation for a career in the field of kinesiology. Preparation of the portfolio and professional resume will be reviewed and discussed in class.

Movement Project: Literature Review and Deliverable  30%

Each student will be required to complete a movement project. The movement project’s final outcome (or product) may take one of many different formats, depending on the student’s emphasis area as well as her or his career goals. Examples of acceptable final products may include a manual, pamphlet, website, podcast, YouTube video, PowerPoint presentation, or publication. A review of literature using both primary and secondary references is required as a part of the movement project’s final product. Further details will be discussed in class.

Final exam  10%

Date TBD. (1 unit class finals are not accommodated within the university exam schedule.)

Grading Policy Assignment of Final Course Grade

100-97%=A+; 96-93%=A; 92-90%=A-; 89-87%=B+; 86-83%=B; 82-80%=B-; 79-77%=C+; 76-73%=C; 72-70%=C-; 69-67%=D+; 66-63%=D; 62-60%=D-; below 60%= F
University Policies

Academic integrity

Students should know that the University’s Academic Integrity Policy is available at http://www.sa.sjsu.edu/download/judicial_affairs/Academic_Integrity_Policy_S07-2.pdf. Your own commitment to learning, as evidenced by your enrollment at San Jose State University and the University’s integrity policy, require you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The website for Student Conduct and Ethical Development is available at http://www.sa.sjsu.edu/judicial_affairs/index.html.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Policy F06-1 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the DRC (Disability Resource Center) to establish a record of their disability.

Student Technology Resources

Computer labs for student use are available in the Academic Success Center located on the 1st floor of Clark Hall and on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.

Learning Assistance Resource Center

The Learning Assistance Resource Center (LARC) is located in Room 600 in the Student Services Center. It is designed to assist students in the development of their full academic potential and to motivate them to become self-directed learners. The center provides support services, such as skills assessment, individual or group tutorials, subject advising, learning assistance, summer academic preparation and basic skills development. The LARC website is located at http://www.sjsu.edu/larc/.
**SJSU Writing Center**

The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The Writing Center website is located at [http://www.sjsu.edu/writingcenter/about/staff/](http://www.sjsu.edu/writingcenter/about/staff/).

**Peer Mentor Center**

The Peer Mentor Center is located on the 1st floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping students manage university life, tackling problems that range from academic challenges to interpersonal struggles. On the road to graduation, Peer Mentors are navigators, offering “roadside assistance” to peers who feel a bit lost or simply need help mapping out the locations of campus resources. Peer Mentor services are free and available on a drop-in basis, no reservation required. The Peer Mentor Center website is located at [http://www.sjsu.edu/muse/peermentor/](http://www.sjsu.edu/muse/peermentor/).
# KIN185 / Senior Seminar, Spring 2016

## Course Schedule

*The schedule is subject to change with fair notice and how the notice.*

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<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
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<tbody>
<tr>
<td>1</td>
<td>Feb. 2</td>
<td>Introduction: Readings A</td>
</tr>
<tr>
<td>2</td>
<td>Feb. 9</td>
<td>Readings A</td>
</tr>
<tr>
<td>3</td>
<td>Feb. 16</td>
<td>Readings A</td>
</tr>
<tr>
<td>4</td>
<td>Feb. 23</td>
<td>Readings A</td>
</tr>
<tr>
<td>5</td>
<td>Mar. 1</td>
<td>Readings B</td>
</tr>
<tr>
<td>6</td>
<td>Mar. 8</td>
<td>Readings B</td>
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<tr>
<td>7</td>
<td>Mar. 15</td>
<td>Readings B</td>
</tr>
<tr>
<td>8</td>
<td>Mar. 22</td>
<td>Presentations</td>
</tr>
<tr>
<td>9</td>
<td>Mar. 29</td>
<td><strong>Spring Break</strong></td>
</tr>
<tr>
<td>10</td>
<td>Apr. 5</td>
<td>Presentations</td>
</tr>
<tr>
<td>11</td>
<td>Apr. 12</td>
<td>Presentations</td>
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<tr>
<td>12</td>
<td>Apr. 19</td>
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<td>13</td>
<td>Apr. 26</td>
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<tr>
<td>14</td>
<td>May 3</td>
<td>Presentations</td>
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<tr>
<td>15</td>
<td>May 10</td>
<td>Presentations</td>
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<tr>
<td>16</td>
<td>Final</td>
<td><strong>Venue and time TBD</strong></td>
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