

San José State University - Department of Kinesiology
KIN 185/185H, Senior Seminar Section 2, 3 credits
SPRING 2013: Class Codes: 22345 and 28929 (185H)

Days/Time:	Tuesday and Thursday 1:30pm-2:45pm
Classroom:	SPX 068

Instructor:	Dr. Sonja Lilienthal
Office Location:	SPX 75B, inside the Athletic Training Lab
Email:	sonja.lilienthal@sjsu.edu
Office Hours:	Tuesdays 12-1pm Wednesdays 12-2pm Other times by pre-confirmed and scheduled appointments ONLY.

Instructor:	Dr. Jessica Chin
Office Location:	SPX 106
Telephone:	(408) 924-3039
Email:	Jessica.chin@sjsu.edu
Office Hours:	Mondays and Wednesdays 1:30-2:30pm Other times by appointment.

Course Description

KIN 185: Problem centred study of perspectives on human beings in motion; a culminating class for students to synthesize their undergraduate preparation, including completion of a professional portfolio and movement project.

Prerequisite: **KIN 070, Kinesiology Majors ONLY, KIN Minors with instructor consent. 35 units of KIN upper division coursework; major form completed and signed by an advisor, advising manager, and undergraduate coordinator.**

KIN 185 Honors: Same as KIN 185 with additional examination and presentation of a topic of current interest in kinesiology.

Prerequisite: 3.2 or better GPA and 3.5 or better average in major.

No Required Textbook

To minimize cost to student and effect on the environment, most required readings will be available on the SJSU learning management system, Desire2Learn.

Undergraduate Degree Program Learning Objectives (PLOs)

At the end of a Bachelor of Science degree program in the Department of Kinesiology students should be able to:

1. Obtain a critical understanding and the ability to apply theoretical and scientific knowledge from the sub disciplines in kinesiology for personal fitness, healthy lifestyles, sport, and/or therapeutic rehabilitation;
2. Effectively communicate the essential theories, scientific applications, and ethical considerations related to kinesiology;
3. Apply scholarship and practice of different movement forms to enhance movement competence in kinesiology;
4. Recognize and apply sustainable approaches as they relate to kinesiology;
5. Identify social justice and equity issues related to kinesiology for various populations.

Course Objectives and Learning Outcomes:

Upon successful completion of the course, each student will be able to demonstrate:

1. Knowledge of the various sub disciplines and related academic organizations within Kinesiology;
2. An ability to locate and critique scholarly peer reviewed literature in Kinesiology.
3. An understanding of current issues in Kinesiology;
4. The ability to research, synthesize, and present information on selected topics in Kinesiology;
5. The ability to reason, discuss, and communicate information pertinent to Kinesiology and related fields;
6. An understanding of diversity and social justice as they relate to human movement.
7. The ability to assemble a personal e-portfolio culminating in a professional resume.

Assessment Methods and Evaluation:

Assessment Method		Learning Outcome
Active Course Participation	30%	1, 4, 5, 6, 7
Professional Presentation I	10%	1, 2, 3, 4, 5
Professional Electronic Portfolio	25%	1, 3, 5, 7
Movement Project, Literature Review and Deliverable	25%	1, 2, 4
Professional Presentation II – Movement Project	10%	1, 2, 3, 4, 5
	100%	

Assignment of Final Course Grade

100-97%=A+; 96-93%=A; 92-90%=A-; 89-87%=B+; 86-83%=B; 82-80%=B-; 79-77%=C+; 76-73%=C; 72-70%=C-; 69-67%=D+; 66-63%=D; 62-60%=D-; below 60%= F

Instructional Methods

This course is a SEMINAR, a form of academic instruction in which everyone present is requested to actively participate. The student assumes the primary responsibility for their own learning.

The idea behind the seminar system is to familiarize students more extensively with course material; students are **encouraged** to **vocally** interact with practical problems and issues. It is essentially a place where assigned readings are discussed, questions can be raised and debates can be conducted.

Assessment and Assignments

Active Class Participation and Reading Responses 30% **(assessed by Lilienthal and Chin)**

This portion of the grade will be assessed by students actively participating in each seminar sessions. The grade earned on this component will be assessed by your contribution to all class sessions. If you do not contribute, you will not score well in this portion of the assessment.

Further explanation: This means that you are expected (and responsible) to be prepared for each seminar session. You are expected to speak and make effective class contributions by contributing to class discussions, listening and respecting opinions of others. **ABSOLUTELY no makeup points will be available for this component.** NOTE: If you are not in class to interact or participate it will be difficult to achieve points in this area.

Professional Presentation I - Emphasis Area Research 10% **(assessed by Lilienthal) Presentations are scheduled for FEBRUARY 19 and 21**

The presentations will be completed with a small group of 3-4 students. Each group will be assigned a date and one sub discipline within Kinesiology as the topic for their presentation. Further details in class.

Professional Electronic Portfolio 25% **(assessed by Lilienthal) DUE Tuesday April 2**

Each student will be required to assemble a professional e-portfolio, which will include a professional resume and your participation in a mock interview. The portfolio shall contain all supporting documents related to the student's program of study, work and internship experiences, certifications, athletic or sport experiences, awards and honors, attended workshops and conferences, presentations and publications, and other relevant materials related to the student's professional preparation for a career in the field of kinesiology. Preparation of the portfolio and professional resume will be reviewed and discussed in class.

Movement Project: Literature Review and Deliverable 25% **(assessed by Chin) DUE MONDAY April 30**

Each student will be required to complete a movement project. The movement project's final outcome (or product) may take one of many different formats, depending on the student's emphasis area as well as her or his career goals. Examples of acceptable final products may include a manual, pamphlet, website, podcast, YouTube video, PowerPoint presentation, or publication.

A review of literature using both primary and secondary references is required as a part of the movement project's final product. Further details will be distributed in class. The literature review shall be submitted through D2L via Turnitin.com to verify student originality.

Professional Presentation II – Movement Project 10% **(assessed by Chin) PRESENTATION DATES in class April 30 - May 9**

Each student will present the major findings of your research and the details of your project. Further guidelines will be provided in class.

COURSE POLICIES

WRITTEN ASSIGNMENT POLICIES

- All Assignments **MUST** be attempted to achieve a Passing Grade for this class.
- All materials must be original works of the student and not have been submitted for any other course.
- **NO** assignments will be accepted via email.
- Use a standard cover page on **ALL** assignments with: your own name and student ID, course number and course name.

Assignments MUST:

- be paginated, one inch margins, double spaced and use a 12 point font.
- have all references cited **IN TEXT** (APA Style) **AND** appear in a **REFERENCE LIST** at the end of the paper.
- be securely stapled in the top left corner and submitted with only the standard cover page described above. **DO NOT** submit assignments inside any additional folders.

Attendance

Students are strongly encouraged to attend and participate in all class sessions.

Students shall be excused from class or other scheduled academic activity to observe a religious holy day of their faith with prior written notification via email to the instructor.

Due Dates

Without documented serious and compelling reasons, no paper will be accepted late (late = after the beginning of class on the due date).

Late Penalty is 1% point of total grade for each 24 hour period late.

eg if assignment is due 12noon Mon. and is submitted 12 noon Wed. student grade will be deducted a full 2% of the entire grade for the course.

An email or phone message to the instructor **AND WRITTEN** documentation of any illness, medical emergency or death of a close relative will be expected should you miss any exam or assignment deadline.

All quizzes, exams are to be taken at the assigned time. A student late to class on the day of a quiz or announced in-class work will **NOT** be able to make it up.

No make-up exams will be administered and no Incomplete Grades will be assigned. No extra credit will be awarded. A missed exam or assignment will receive a zero grade.

MYSJSU Email, D2L Username and Course Communications

- In order to ensure that you receive all pertinent email communication, you must have a current and accurate email address in the MYSJSU system. Please check to make sure your email is updated in MYSJSU.
- A D2L account and username is also located within your MYSJSU.
- E-mail correspondence will occur throughout the semester. It is the student's responsibility to check their University email address for announcements, assignments, and other important class information.
- If at any time you feel the need for help, information concerning the course, and/or your standing (grade, attendance, etc.) in the course, **SEE YOUR INSTRUCTOR** in **OFFICE HOURS** as soon as possible!
- Final grade notification will be provided by the University Registrar's Office. Grades will not be posted or provided via telephone.

Computer Use and Classroom Etiquette

In the classroom, students may use computers only for class-related activities such as taking notes, following the lecture on Web-based PowerPoint slides that the instructor has posted, or finding Web sites to which the instructor directs students at the time of the lecture. Students should abstain from "surfing the web" and/or engaging in IM's during class, the teacher reserves the right to close the computer, or ask the student to leave the class. This will affect your participation in the class.

SAN JOSE STATE UNIVERSITY POLICIES

All SJSU Policies in the Catalog, Schedule of Classes and Academic Senate apply to this course (see <http://info.sjsu.edu/static/catalog/policies.html>)

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. The current year academic calendar should be consulted

<http://www.sjsu.edu/calendars/>

Information about the latest changes and news is available at the Advising Hub at

<http://www.sjsu.edu/advising/>

Academic integrity

Students should know that the **University's Academic Integrity Policy** is available at

http://www.sjsu.edu/studentconduct/Students/Student_Academic_Integrity_Process/

and the Senate Policy is located at <http://www.sjsu.edu/senate/S07-2.htm>

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified.

Your own commitment to learning, as evidenced by your enrollment at San Jose State University and the University's integrity policy, require you to be honest in all your academic course work. Faculty members are required to report ALL infractions to the office of Student Conduct and Ethical Development. <http://www.sjsu.edu/studentconduct/>

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the Disability Resource Center (DRC) at <http://www.drc.sjsu.edu/> to establish a record of their disability.

SJSU Writing Center

The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The Writing Center website is located at

<http://www.sjsu.edu/writingcenter/>

Peer Mentor Center

The Peer Mentor Center is located on the 1st floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping students manage university life, tackling problems that range from academic challenges to interpersonal struggles. Peer Mentor services are free and available on a drop –in basis, no reservation required. The [Peer Mentor Center website](#) is located at

<http://www.sjsu.edu/muse/peermentor/>

CASA Student Success Center

Provides advising for undergraduate students majoring in Kinesiology or other programs offered in CASA Departments and Schools.

<http://www.sjsu.edu/casa/ssc/>

SPRING 2013 COURSE CALENDAR - SUBJECT TO CHANGE

Week	Day	Date	Instructor	Topic	Reading and/or Assignment DUE
1	Thur	Jan 24	Lilienthal	Introductions, green sheet review, course plan for all seminar sessions, class expectations, explanation of all assignments and due dates. Name Plates.	
2	Tue	Jan 29	Lilienthal	Worldwide survey of fitness trends for 2013. Concept Mapping	Reading 1 Discussion 1 Name Signs
	Thur	Jan 31	Lilienthal	Organizations and Journals Networking and Professional Citizenship in Post-University Life Review the difference between Research, Trade and Popular Literature	Reading 2 Discussion 2
3	Tue	Feb 5	Lilienthal	Professional Etiquette Networking at Professional Meetings	Reading 3 Discussion 3
	Thur	Feb 7	Lilienthal	Presentation Skills to Improve your Confidence	
4	Tue	Feb 12	Lilienthal	Risk Management and Self-Protection for the Kinesiology Professions	Reading 4 Discussion 4
	Thur	Feb 14	Lilienthal		
5	Tue	Feb 19	Lilienthal	Professional Presentations Emphasis	Presentations DUE
	Thur	Feb 21	Lilienthal	Area Research	
6	Tue	Feb 26	Lilienthal	San Jose State Legacy – 1960's	Reading 5
	Thur	Feb 28	Lilienthal	Virtual Class on D2L	Discussion 5
7	Tue	Mar 5	Lilienthal	Being a Virtuous Colleague and Organizational Citizen: Bystander	Reading 6 Discussion 6
	Thur	Mar 7	Lilienthal	Awareness and Mandatory Reporting	Reading 7 Discussion 7
8	Tue	Mar 12	Lilienthal	Child Protection and Sexual Abuse in Sport and Kinesiology Settings	Reading 8
	Thur	Mar 14	Lilienthal		Discussion 8

Course Instructor Transition

9	Tue	Mar 19	Chin	Sustainability in Kinesiology Discuss movement project and mp proposal guidelines and topics	Reading 9 Discussion 9
	Thur	Mar 21	Chin		

SPRING BREAK March 25-March 29 Cesar Chavez Day April 1 - Campus Closed

11	Tue	Apr 2	Chin	Diversity and Social Justice Outcasts United: A Refugee Team, an American Town (intro + chs. 1-9)	Reading 10 Discussion 10
	Thur	Apr 4	Chin		

12	Tue	Apr 9	Chin	Diversity and Social Justice Sport for a Cause and Sport for International Peace	Reading 11 Discussion 11
	Thur	Apr 11	Chin		

13	Tue	Apr 16	Chin	Diversity and Social Justice Film: Pink Ribbons, Inc. or Training Rules	Reading 12 Discussion 12
	Thur	Apr 18	Chin		

14	Tue	Apr 23	Chin	Honor's choice	Reading 13 Discussion 13
	Thur	Apr 25	Chin		

15	Tue	Apr 30	Chin	Movement Project Presentations	
	Thur	May 2	Chin		

16	Tue	May 7	Chin	Movement Project Presentations	
	Thur	May 9	Chin		

Tue	May 14	DEAD DAY
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