San José State University
College of Applied Sciences & Arts/Kinesiology
KIN 185, Senior Seminar, Section 05
Spring 2017

Course and Contact Information

Instructor: Karin Jeffery, Ph.D.
Office Location: SPXC 156
Telephone: (408) 924-8946
Email: karin.jeffery@sjsu.edu
Office Hours: Wednesday 10:30 a.m. to 1:15 p.m., or by appointment
Class Days/Time: Thursday 9:00-9:50 a.m.
Classroom: SPXC 153

Prerequisites: KIN 070, Kinesiology Majors ONLY, KIN Minors with instructor consent. Major form completed and signed by an advisor, advising manager, and undergraduate coordinator, KIN 197 or KIN 198 pre-requisite or co-requisite.

Course Description

Active learning capstone course designed to synthesize students’ undergraduate preparation, including internship experiences.

Capstone course designed to integrate and synthesize students’ knowledge and skills gained in their undergraduate preparation through active participation in the class and reflection on the internship experience; requires completion of a professional portfolio and a movement project.

Kinesiology Program Objectives

Program Learning Outcomes (PLOs)

At the end of a Bachelor of Science degree program in the Department of Kinesiology students should be able to:

PLO 1. Obtain a critical understanding and the ability to apply theoretical and scientific knowledge from the subdisciplines in kinesiology for personal fitness, healthy lifestyles, sport, and/or therapeutic rehabilitation.

PLO 2. Effectively communicate the essential theories, scientific applications, and ethical considerations related to kinesiology.

PLO 3. Apply scholarship and practice of different movement forms to enhance movement competence in kinesiology.

PLO 4. Recognize and apply sustainable approaches as they relate to kinesiology.

PLO 5. Identify social justice and equity issues related to kinesiology for various populations.
**Course Learning Objectives (CLOs)**

Upon successful completion of this course, students will be able to demonstrate:

**CLO 1.** Knowledge of the various sub disciplines and related academic organizations within the field of Kinesiology.

**CLO 2.** Ability to locate and critique scholarly peer reviewed literature in Kinesiology and demonstrate an understanding of how evidence-based practice applies to their emphasis and practice.

**CLO 3.** Understanding of current issues in Kinesiology and their sub disciplines and demonstrate strategies to engage with these issues in practice.

**CLO 4.** Ability to research, synthesize, and present information on selected topics in Kinesiology.

**CLO 5.** Ability to reason, discuss, and communicate information pertinent to Kinesiology and related fields.

**CLO 6.** Understanding of diversity and social justice as they relate to human movement and within the various sub disciplines.

**CLO 7.** Ability to assemble a personal e-portfolio.

**CLO 8.** Ability to apply their knowledge of Kinesiology in a clinical or practical setting.

**Required Texts/Readings**

All course readings will be available on the SJSU learning management system, Canvas.

**Course Requirements and Assignments**

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, and/or clinical practica.

As an example, the expectation of work for a 3-credit course is 150 minutes of direct faculty instruction and 6 hours of out-of-class student work each week.

More details about student workload can be found in [University Policy S12-3](http://www.sjsu.edu/senate/docs/S12-3.pdf).

**Active Class Participation and Reading Responses 30% (CLO 1, 4, 5, 6, 7)**

This portion of the grade will be assessed by evaluating students’ active participation in each seminar session. No participation will result in no score for this part of the assessment. Further explanation: This means that you are expected and responsible for preparing materials for each seminar session. You are expected to speak and make effective class contributions by contributing to class discussions, and by listening and respecting opinions of others.

**Professional Electronic Portfolio 20% (CLO 1, 3, 5, 7)**

Each student will be required to assemble a professional e-portfolio, which will include a professional resume and your participation in a mock interview. The portfolio shall contain all supporting documents related to the student’s program of study, work, and internship experiences. This includes the internship reflective journal and any other documentation of additional certifications, athletic or sport experiences, awards and honors, attended workshops and conferences, presentations and publications, and other relevant materials related to the student’s professional preparation for a career in the field of kinesiology. Preparation of the portfolio and professional
resume will be reviewed and discussed in class.

**Movement Project: Literature Review and Deliverable  30% (CLO 1, 2, 4)**
Each student will be required to complete a movement project. The movement project’s final outcome (or product) may take one of many different formats, depending on the student’s emphasis area as well as her or his career goals. Examples of acceptable final products may include a manual, pamphlet, website, podcast, YouTube video, PowerPoint presentation, or publication.
A review of literature using both primary and secondary references is required as a part of the movement project’s final product. Further details will be distributed in class.

**Exam  20% (CLO 1, 2, 3, 4)**
The exam will be given on Tuesday, May 23 from 7:15-9:30 a.m. in SPXC 153. Format and content will be discussed in class.

The complete final exam schedule is available at [http://info.sjsu.edu/static/catalog/final-exam-schedule-spring.html](http://info.sjsu.edu/static/catalog/final-exam-schedule-spring.html)

**Grading Policy**

**Assignment of Final Course Grade**

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>100-97%=A+</td>
<td>96-93%=A</td>
<td>92-90%=A-</td>
</tr>
<tr>
<td>89-87%=B+</td>
<td>86-83%=B</td>
<td>82-80%=B-</td>
</tr>
<tr>
<td>79-77%=C+</td>
<td>76-73%=C</td>
<td>72-70%=C-</td>
</tr>
<tr>
<td>69-67%=D+</td>
<td>66-63%=D</td>
<td>62-60%=D-</td>
</tr>
<tr>
<td>Below 60%= F</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Classroom Protocol**

**Attendance**
Students are strongly encouraged to attend and participate in all class sessions. Students shall be excused from class or other scheduled academic activity to observe a religious holy day of their faith with prior written notification via email to the instructor.

**Due Dates**
Without documented serious and compelling reasons, no paper will be accepted late (late = after the due date specified by the instructor).

**Computers, Cell Phones, Etc.**
During class, students may use computers only for class-related activities such as taking notes, following lectures posted on Canvas, or finding websites to which the instructor directs students during the lecture. Students should avoid “surfing the web”, texting, etc. during class. The instructor reserves the right to close the computer or ask the student to leave class. This will affect your participation grade for the class.
KIN 185 Section 05  
Senior Seminar, Spring 2017  
Tentative Course Schedule*

*Subject to change with fair notice. Changes will be announced in class and/or via email and Canvas.

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>Jan. 30</td>
<td>Introduction, review course syllabus, review administrative tasks, and begin discussion on current topics in KIN emphasis areas.</td>
</tr>
<tr>
<td>3</td>
<td>Feb. 6</td>
<td>Professional development: Continuing education and keeping up with research as it applies to the professional setting. Using evidence-based practices and research journals. Contributing to the research. Introduce Final Presentation Project. Readings posted on Canvas.</td>
</tr>
<tr>
<td>4</td>
<td>Feb. 13</td>
<td>KIN in the media, news, and current events. Understanding and discussion on cultural competence in the workplace. Being an agent of change in Kinesiology – understanding where there is a need for change and moving forward in your profession. Readings posted on Canvas.</td>
</tr>
<tr>
<td>5</td>
<td>Feb. 20</td>
<td>Discussion of Professional Portfolio – reviewing resumes, supportive materials. Interviewing skills. Readings posted on Canvas.</td>
</tr>
<tr>
<td>6</td>
<td>Feb. 27</td>
<td>Legal concerns as a Kinesiologist and responsible use of social media (protecting yourself, keeping client confidentiality, and complying with HIPAA). Readings posted on Canvas.</td>
</tr>
<tr>
<td>7</td>
<td>Mar. 6</td>
<td>Presentation project check-in; discussion of process and progress. Readings posted on Canvas.</td>
</tr>
<tr>
<td>8</td>
<td>Mar. 13</td>
<td>Legal concerns as a Kinesiologist &amp; sexual harassment in the workplace. Readings posted on Canvas.</td>
</tr>
<tr>
<td>9</td>
<td>Mar. 20</td>
<td>Finishing your professional portfolios – final discussion, presenting materials. Readings posted on Canvas.</td>
</tr>
<tr>
<td>10</td>
<td>Mar. 27</td>
<td>NO CLASS – SPRING BREAK</td>
</tr>
<tr>
<td>11</td>
<td>Apr. 3</td>
<td>Presentation project check-in; discussion of process and progress.</td>
</tr>
<tr>
<td>12</td>
<td>Apr. 10</td>
<td>Presentations.</td>
</tr>
<tr>
<td>13</td>
<td>Apr. 17</td>
<td>Presentations.</td>
</tr>
<tr>
<td>14</td>
<td>Apr. 24</td>
<td>Presentations.</td>
</tr>
<tr>
<td>15</td>
<td>May 1</td>
<td>Presentations.</td>
</tr>
<tr>
<td>16</td>
<td>May 8</td>
<td>Presentations.</td>
</tr>
<tr>
<td>17</td>
<td>May 15</td>
<td>Presentations.</td>
</tr>
<tr>
<td><strong>Exam</strong></td>
<td>May 23</td>
<td>Final Exam, Tuesday May 23 from 9:45 to noon in SPXC 153.</td>
</tr>
</tbody>
</table>