

**San José State University  
CASA/Kinesiology  
KIN 197D, Practicum, Spring 2012**

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<b>Office Hours:</b>	Monday and Thursday 130-330pm
<b>Class Days/Time:</b>	Wednesday 7:30am-8:20am
<b>Classroom:</b>	Spartan Complex 75

### **Course Description**

This course is designed to provide the student with introductory and diverse, supervised practical experiences within the athletic training profession. Selected on- and off-campus clinical settings are utilized to assist the student in the development of cognitive, psychomotor and affective domain competencies related to the athletic training profession. Students will be supervised on-site on a daily basis by Approved Clinical Instructors (ACIs). Meetings time with instructor will focus on preparation for the NATABOC Exam.

### **Program Learning Objectives:**

1. Obtain a critical understanding and the ability to apply theoretical and scientific knowledge from the subdisciplines in kinesiology for personal fitness, healthy lifestyles, sport, and/or therapeutic rehabilitation.
2. Effectively communicate the essential theories, scientific applications, and ethical considerations related to kinesiology.
3. Apply scholarship and practice of different movement forms to enhance movement competence in kinesiology.
4. Recognize and apply sustainable approaches as they relate to kinesiology.
5. Identify social justice and equity issues related to kinesiology for various populations.

### **Course Goals and Student Learning Objectives**

At the completion of this course, the student will demonstrate:

- 1) Accumulation of a minimum of 200 hours of supervised clinical experiences engaged in the practice of various hands-on athletic training techniques at an affiliated practicum site.
- 2) Completion of required clinical proficiencies/competencies associated with this practicum course (see attached schedule) – proficiencies/competencies must be initialed and dated by an Approved Clinical Instructor (ACI) to indicate successful completion.
- 3) Completion of all course evaluation methods as noted in this document.
- 4) Active participation in the orientation meeting, weekly practicum meetings and the final semester meeting by sharing experiences and discussing solutions to problems encountered in the athletic training practicum experiences.
- 5) Professional Growth and Development
- 6) Preparation and practice for the NATABOC Exam

#### Suggested Texts:

*Arnheim's Principles of Athletic Training: A Competency Based Approach.* Prentice, W.E. Boston, MA.

*Examination of Orthopedic and Athletic Injuries.* Starkey, C. et al. Philadelphia, PA: Lippincott, Williams & Wilkins.

*Foundations of Athletic Training: Prevention, Assessment, and Management.*

Anderson, M.K. et al. Philadelphia, PA: Lippincott, Williams & Wilkins.

*General Medical Conditions in the Athlete.* Cuppett, M. and K.M. Walsh. St. Louis, MO: Elsevier/Mosby, Inc.

*Management Strategies in Athletic Training.* Ray, R. Champaign, IL: Human Kinetics.

*Orthopedic Physical Assessment.* Magee, D.J. St. Louis, MO: Saunders Elsevier.

*Rehabilitation Techniques for Sports Medicine and Athletic Training.* Prentice, W. E. Boston, MA: McGraw-Hill.

*Therapeutic Exercise: Foundations and Techniques.* Kisner, C., and L.A. Colby. Philadelphia, PA: F. A. Davis Company.

*Therapeutic Modalities.* Starkey, C., Philadelphia, PA: F. A. Davis Company.

### **Dropping and Adding**

Students are responsible for understanding the policies and procedures about add/drops, academic renewal, etc. [Information on add/drops are available at http://info.sjsu.edu/web-dbgen/narr/soc-fall/rec-298.html](http://info.sjsu.edu/web-dbgen/narr/soc-fall/rec-298.html). [Information about late drop is available at http://www.sjsu.edu/sac/advising/latedrops/policy/](http://www.sjsu.edu/sac/advising/latedrops/policy/). Students should be aware of the current deadlines and penalties for adding and dropping classes.

## Assignments and Grading Policy

### Evaluation Methods

- 1) Clinical proficiency/competency completion – all required elements. (SLO 2)
- 2) Practicum hours log – accumulation of minimum 200 hours. (PLO 1,3,5; SLO 1)
  - a. **\*NOTE\*** - A **maximum** of 20 hours per week should be spent in the affiliated clinical practicum site – students **cannot** be **required** to participate in more than 20 hours per week at their assigned practicum site. In the event that a student voluntarily participates in more than 20 hours per week at their assigned practicum site, only 20 hours can be counted toward the required 200 hours for the semester.
- 3) Weekly practicum course attendance and active participation and completion of in class assignments related to BOC Preparation. (SLO 4,5, 6)
- 4) Evaluation of student by ACI at practicum site. (SLO 1)
- 5) Evaluation of ACI at practicum site.(SLO 1)
- 6) Self-evaluation of clinical and professional development. (SLO 1)
- 7) Written documentation of a full evaluation of an athletic injury signed off by an ACI. (PLO 1,2;SLO 1).
- 8) Updated Resume (PLO 1;SLO 5)
- 9) Signed handbook verification forms for each affiliated practicum site. (SLO 1, 2)
- 10) Completion of NATABOC Online Mock Exam by **March 19, 2012** (SLO 6)
- 11) Photocopy of current CPR/AED certification per BOC standards (Healthcare Provider, Professional Rescuer or like course) – **due first course meeting**. (SLO 1,2)
- 12) Photocopy of current personal professional liability insurance policy – **due first course meeting**. (SLO 1)

All relevant course materials utilized for evaluation of the student are due by **May 15, 2012** unless otherwise noted in this document or in class.

### Grading

This practicum course is graded as credit/no credit only (CR/NC). No credit (NC) in this practicum course will be given if **ALL** of the course requirements are not successfully completed in full detail. This supervised practicum course is approved for 1 (one) unit of academic credit. **ALL** proficiency/competency evaluations must be completed with a minimum score of 4/5 (80%) per the Athletic Training Education Program Competency Manual in order to successfully complete each evaluation associated with this practicum course.

## University Policies

### Academic integrity

Students should know that the University's [Academic Integrity Policy is available at http://www.sa.sjsu.edu/download/judicial\\_affairs/Academic\\_Integrity\\_Policy\\_S07-2.pdf](http://www.sa.sjsu.edu/download/judicial_affairs/Academic_Integrity_Policy_S07-2.pdf).

Your own commitment to learning, as evidenced by your enrollment at San Jose State University and the University's integrity policy, require you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The website for [Student Conduct and Ethical Development is available at http://www.sa.sjsu.edu/judicial\\_affairs/index.html](http://www.sa.sjsu.edu/judicial_affairs/index.html).

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this

class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Policy F06-1 requires approval of instructors.

**Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the DRC (Disability Resource Center) to establish a record of their disability.

## KIN 197D, Spring 2011

**Table 1 Course Schedule**

<b>Week</b>	<b>Date</b>	<b>Topics, Readings, Assignments, Deadlines</b>
1	01/25/12	Begin BOC Prep – NATA Information, Athletic Training History (Arnheim Chapters 1-3)
2	02/01/12	General Medical (Arnheim Chapters 28,29 & Cuppett & Walsh)
3	02/08/12	Administration, Legal and Ethical Considerations (Ray)
4	02/15/12	Tissue Response to Injury, Injury Mechanisms, Nutritional and Environmental Considerations (Arnheim Chapters 4-7,9, 10)
5	02/22/12	Psychological Considerations (Arnheim Chapter 11, Prentice Chapter 4, Ray & Wiese-Bjornstal)
6	02/29/12	Emergency Care & Off the Field Care(Arnheim Chapter 12,13)
7	03/07/12	Therapeutic Modalities (Arnheim Chapter 15, Starkey)
8	03/14/12	Therapeutic Exercise (Arnheim Chapter 16, Prentice, Kisner & Colby)
9	03/21/12	Bloodborne Pathogens and Wound Care, MRSA (Arnheim Chapter 14)
10	03/28/12	Spring Recess – No class
11	04/04/12	Care of Athletic Injuries – Various Body Parts (Arnheim, Anderson)
12	04/11/12	Assessment and Evaluation Upper Extremity (Magee, Starkey)
13	04/18/12	Assessment and Evaluation Lower Extremity (Magee, Starkey)
14	04/25/12	NCAA Sports Medicine Handbook
15	05/02/12	NATA Position Statements, Scenarios
16	05/09/12	Overall Review and Questions
Final Exam		All work due by May 15 <sup>th</sup> , 2012