

**San José State University  
CASA/Kinesiology  
KIN 197D, AT Practicum, Section 01, Spring, 2013**

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<b>Office Hours:</b>	M 10:30am – 11:30am T 2:00pm – 3:00pm W 7:30am- 8:20am
<b>Class Days/Time:</b>	
<b>Classroom:</b>	SPX 75
<b>Prerequisites:</b>	KIN 197C

**Course Description**

This course is designed to provide the student with introductory and diverse, supervised practical experiences within the athletic training profession. Selected on- and off-campus clinical settings are utilized to assist the student in the development of cognitive, psychomotor and affective domain competencies related to the athletic training profession. Students will be supervised on-site on a daily basis by Approved Clinical Instructors (ACIs). Meetings time with instructor will focus on preparation for the NATABOC Exam.

**Course Goals and Student Learning Objectives**

**Program Learning Outcomes (PLO)**

At the end of a Bachelor of Science degree program in the Department of Kinesiology students should be able:

PLO 1- to obtain a critical understanding and the ability to apply theoretical and scientific knowledge from the subdisciplines in kinesiology for personal fitness, healthy lifestyles, sport, and/or therapeutic rehabilitation.

PLO 2- to effectively communicate the essential theories, scientific applications, and ethical considerations related to kinesiology.

PLO 3- to apply scholarship and practice of different movement forms to enhance movement competence in kinesiology.

PLO 4- to recognize and apply sustainable approaches as they relate to kinesiology.

PLO 5- to identify social justice and equity issues related to kinesiology for various populations.

### **Course Learning Objectives**

At the completion of this course, the student will demonstrate:

- 1) Accumulation of a minimum of 200 hours of supervised clinical experiences engaged in the practice of various hands-on athletic training techniques at an affiliated practicum site.
- 2) Completion of required clinical proficiencies/competencies associated with this practicum course (see attached schedule) – proficiencies/competencies must be initialed and dated by an Approved Clinical Instructor (ACI) to indicate successful completion.
- 3) Completion of all course evaluation methods as noted in this document.
- 4) Active participation in the orientation meeting, weekly practicum meetings and the final semester meeting by sharing experiences and discussing solutions to problems encountered in the athletic training practicum experiences.
- 5) Professional Growth and Development
- 6) Preparation and practice for the NATABOC Exam

### **Suggested Texts/Readings**

Suggested Texts:

- Arnheim's Principles of Athletic Training: A Competency Based Approach.*  
Prentice, W.E. Boston, MA.
- Examination of Orthopedic and Athletic Injuries.* Starkey, C. et al. Philadelphia, PA: Lippincott, Williams & Wilkins.
- Foundations of Athletic Training: Prevention, Assessment, and Management.*  
Anderson, M.K. et al. Philadelphia, PA: Lippincott, Williams & Wilkins.
- General Medical Conditions in the Athlete.* Cuppett, M. and K.M. Walsh. St. Louis, MO: Elsevier/Mosby, Inc.
- Management Strategies in Athletic Training.* Ray, R. Champaign, IL: Human Kinetics.
- Orthopedic Physical Assessment.* Magee, D.J. St. Louis, MO: Saunders Elsevier.
- Rehabilitation Techniques for Sports Medicine and Athletic Training.* Prentice, W. E. Boston, MA: McGraw-Hill.
- Therapeutic Exercise: Foundations and Techniques.* Kisner, C., and L.A. Colby. Philadelphia, PA: F. A. Davis Company.
- Therapeutic Modalities.* Starkey, C., Philadelphia, PA: F. A. Davis Company.

### **Definition of a Credit Hour**

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.

As an example, the expectation of work for a 3-credit course is 150-minutes of direct faculty instruction and six hours of out-of-class student work each week.

### **Library Liaison**

Ms. Peggy Cabrera: [peggy.cabrera@sjsu.edu](mailto:peggy.cabrera@sjsu.edu), (408) 808-2034

### **Dropping and Adding**

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester's [Catalog Policies](#) section at <http://info.sjsu.edu/static/catalog/policies.html>. Add/drop deadlines can be found on the [current academic calendar](#) web page at [http://www.sjsu.edu/provost/Academic\\_Calendars/](http://www.sjsu.edu/provost/Academic_Calendars/). The [Late Drop Policy](#) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the [Advising Hub](#) at <http://www.sjsu.edu/advising/>.

### **Assignments and Grading Policy**

#### **Evaluation Methods**

- 1) Clinical proficiency/competency completion – all required elements. (SLO 2)
- 2) Practicum hours log – accumulation of minimum 200 hours. (SLO 1)
  - a. **\*NOTE\*** - A **maximum** of 20 hours per week should be spent in the affiliated clinical practicum site – students **cannot be required** to participate in more than 20 hours per week at their assigned practicum site. In the event that a student voluntarily participates in more than 20 hours per week at their assigned practicum site, only 20 hours can be counted toward the required 200 hours for the semester.
- 3) Weekly practicum course attendance and active participation and completion of in class assignments related to BOC Preparation. (SLO 4,5, 6)
- 4) Evaluation of student by ACI at practicum site. (SLO 1)
- 5) Evaluation of ACI at practicum site.(SLO 1)
- 6) Self-evaluation of clinical and professional development. (SLO 1)
- 7) Written documentation of a full evaluation of an athletic injury signed off by an ACI. (SLO 1).
- 8) Updated Resume (SLO 5)
- 9) Signed handbook verification forms for each affiliated practicum site. (SLO 1, 2)

10) Completion of NATABOC Online Mock Exam by **May 13, 2013** (SLO 6) (PLO 1)

## **University Policies**

### **Academic integrity**

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The [University's Academic Integrity policy](http://www.sjsu.edu/senate/S07-2.htm), located at <http://www.sjsu.edu/senate/S07-2.htm>, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development website](http://www.sjsu.edu/studentconduct/) is available at <http://www.sjsu.edu/studentconduct/>.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Integrity Policy S07-2 requires approval of instructors.

### **Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. [Presidential Directive 97-03](http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) at [http://www.sjsu.edu/president/docs/directives/PD\\_1997-03.pdf](http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) requires that students with disabilities requesting accommodations must register with the [Disability Resource Center](http://www.drc.sjsu.edu/) (DRC) at <http://www.drc.sjsu.edu/> to establish a record of their disability.

### **Student Technology Resources (Optional)**

Computer labs for student use are available in the [Academic Success Center](http://www.at.sjsu.edu/asc/) at <http://www.at.sjsu.edu/asc/> located on the 1st floor of Clark Hall and in the Associated Students Lab on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include DV and HD digital camcorders; digital still cameras; video, slide and overhead projectors; DVD, CD, and audiotape players; sound systems, wireless microphones, projection screens and monitors.

### **SJSU Peer Connections (Optional)**

The Learning Assistance Resource Center (LARC) and the Peer Mentor Program have merged to become Peer Connections. Peer Connections is the new campus-wide resource for mentoring and tutoring. Our staff is here to inspire students to develop their potential

as independent learners while they learn to successfully navigate through their university experience. Students are encouraged to take advantage of our services which include course-content based tutoring, enhanced study and time management skills, more effective critical thinking strategies, decision making and problem-solving abilities, and campus resource referrals.

In addition to offering small group, individual, and drop-in tutoring for a number of undergraduate courses, consultation with mentors is available on a drop-in or by appointment basis. Workshops are offered on a wide variety of topics including preparing for the Writing Skills Test (WST), improving your learning and memory, alleviating procrastination, surviving your first semester at SJSU, and other related topics. A computer lab and study space are also available for student use in Room 600 of Student Services Center (SSC).

Peer Connections is located in three locations: SSC, Room 600 (10th Street Garage on the corner of 10<sup>th</sup> and San Fernando Street), at the 1st floor entrance of Clark Hall, and in the Living Learning Center (LLC) in Campus Village Housing Building B. Visit [Peer Connections website](http://peerconnections.sjsu.edu) at <http://peerconnections.sjsu.edu> for more information.

### **SJSU Writing Center (Optional)**

The SJSU Writing Center is located in Suite 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The [Writing Center staff](http://www.sjsu.edu/writingcenter/about/staff/) can be found at <http://www.sjsu.edu/writingcenter/about/staff/>.

## KIN 197D / Practicum, Spring 2013, Course Schedule

**Table 1 Course Schedule**

<b>Week</b>	<b>Date</b>	<b>Topics, Readings, Assignments, Deadlines</b>
1	1/23	Introduction, Administrative, and Jeopardy
2	1/30	NATA Position Statements, Code of Conduct, Ethics, Domains, Competencies
3	2/6	KIN 193 Review: Management Strategies for AT book
4	2/13	Modalities review: Any therapeutic modalities book
5	2/20	General Med: Review: Check D2L for readings
6	2/27	Arnheim Chapters 2-7
7	3/6	Arnheim Chapters 8-13
8	3/13	Arnheim Chapters 14-19
9	3/20	Remaining Arnheim Chapters
10	3/27	Spring Break – may want to take BOC exam in study mode during this time
11	4/3	Scenario review
12	4/10	Scenario review
13	4/17	Scenario and vocabulary review
14	4/24	Round robin questions: all topics fair game
15	5/1	Take MC test
16	5/8	Final review and discussion

<b>Week</b>	<b>Date</b>	<b>Topics, Readings, Assignments, Deadlines</b>
Final Exam		All materials due May 13 <sup>th</sup> by noon!!!